

# **SOUTH EASTERN AREA OUTCOMES GROUP**

## **Action Plan Outcome Monitoring Report**

March 21



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### Priority one: Our children to reach their developmental potential (physically, emotionally and educationally)

**To raise awareness of the learning and sensory support that has been undertaken across the Outcomes Area**

**480** parents have attended Changing Lives workshops to date, and **16** Incredible Years ADHD-focused programmes have been run.

Colin SALT service being delivered in **6** primary schools

**% Primary School Pupils with a Statement**  
**2020 - 4.1%**



	2017	2018	2019	2020
South-Eastern HSCT	3.8	3.9	4	4.1
Northern Ireland	3.2	3.4	3.5	3.6

**% Post Primary School Pupils with a Statement**  
**2020 - 4.8%**



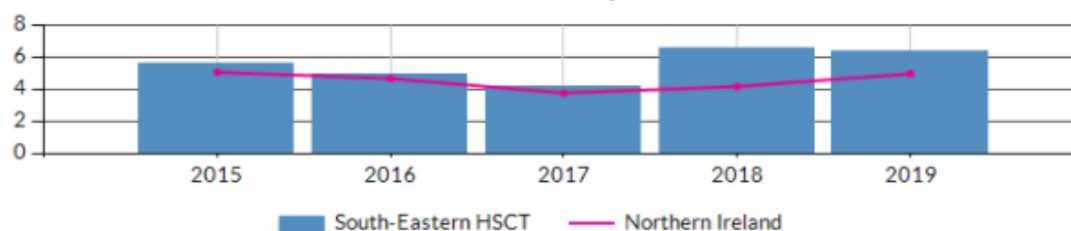
	2017	2018	2019	2020
South-Eastern HSCT	4	4.3	4.6	4.8
Northern Ireland	4.4	4.5	4.7	4.8

*A Statement of Special Educational Need is a legal term. It describes the needs of a child who has a difficulty or disability which makes learning harder for them than for other children their age.*

## To give children and young people the best start in life and ensure a healthy infant mental health

An infant mental health action plan agreed in line with Regional IMH Framework for next three years.

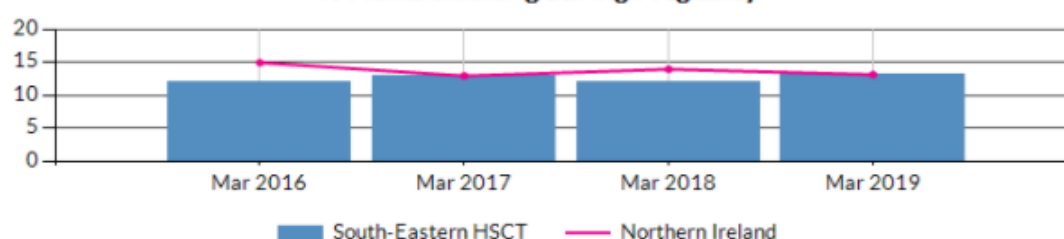
**Infant Deaths (Rate per 1000)**



	2015	2016	2017	2018	2019
South-Eastern HSCT	5.6	5.0	4.2	6.6	6.4
Northern Ireland	5.1	4.7	3.8	4.2	5.0

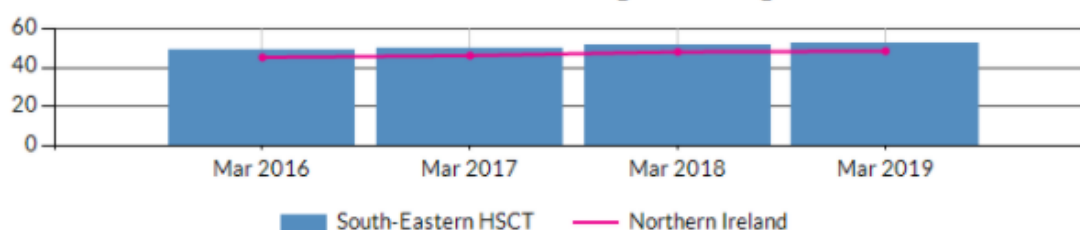
Infant Deaths is measured by the infant mortality rate (IMR), which is the number of deaths of children under one year of age per 1000 live births.

**% Mums Smoking during Pregnancy**



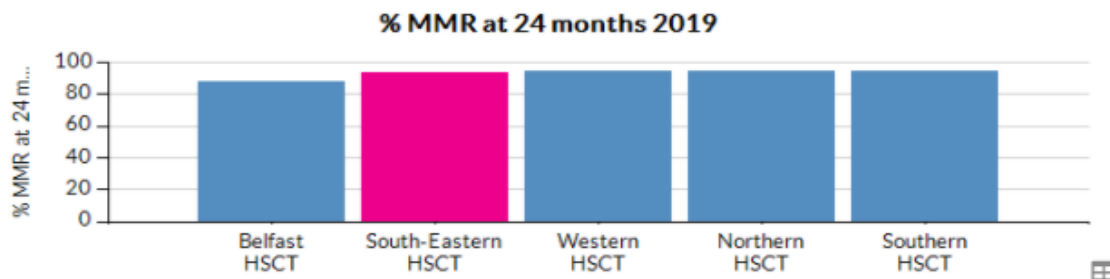
	Mar 2016	Mar 2017	Mar 2018	Mar 2019
South-Eastern HSCT	12	13	12	13.2
Northern Ireland	15	13	14	13.2

**% of Mums Breastfeeding at Discharge**

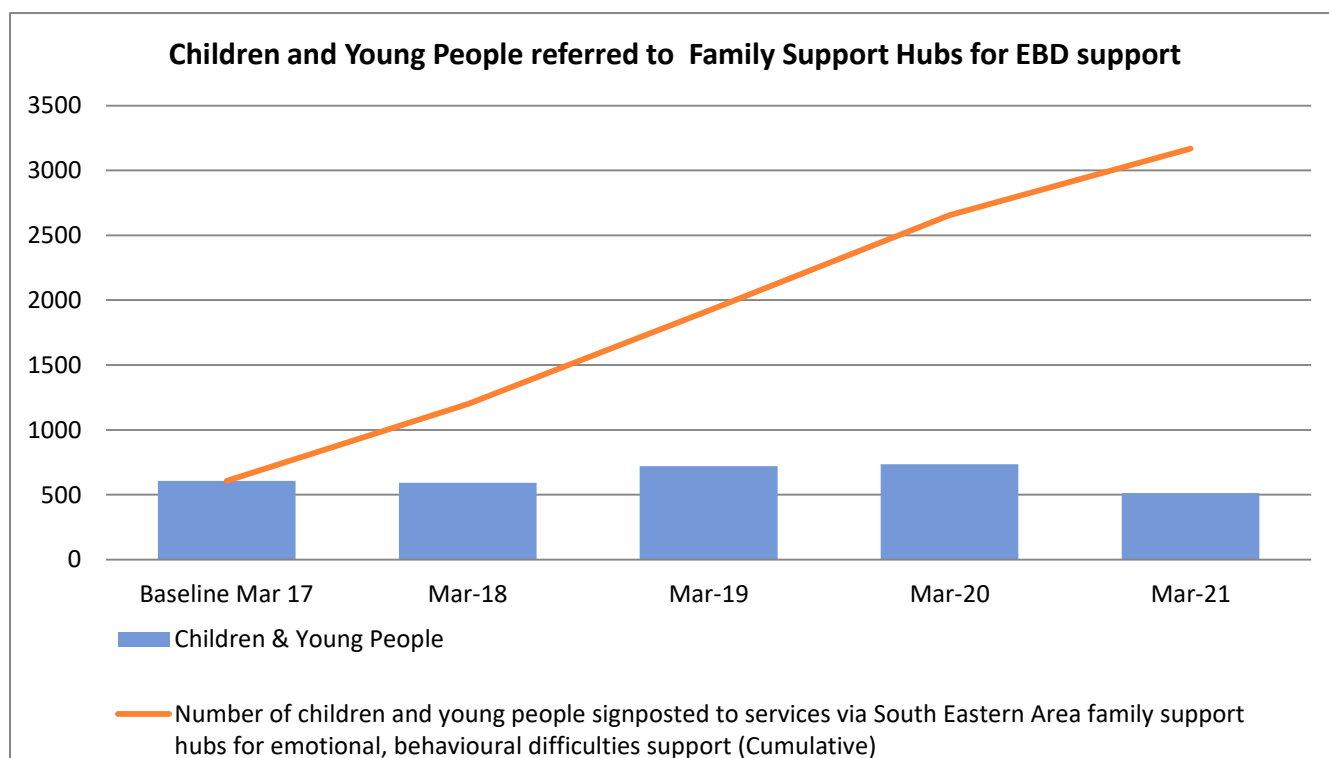


	Mar 2016	Mar 2017	Mar 2018	Mar 2019
South-Eastern HSCT	49.1	49.4	51.4	52.2
Northern Ireland	45.3	46.2	48.1	48.5

There has been significant reliable evidence produced over recent years to show that breastfeeding has important advantages for both infant and mother (UNICEF, Baby Friendly Initiative, 2010). Breastfeeding has been widely acknowledged as the best means of giving infants a healthy start to life. Breast milk is age specific and is produced at the correct temperature and without any need for preparation. It not only provides the correct amount and balance of nutrients for optimal growth and development; it also protects against illness. (Breastfeeding Strategy for Northern Ireland, 1999, reviewed in 2010).

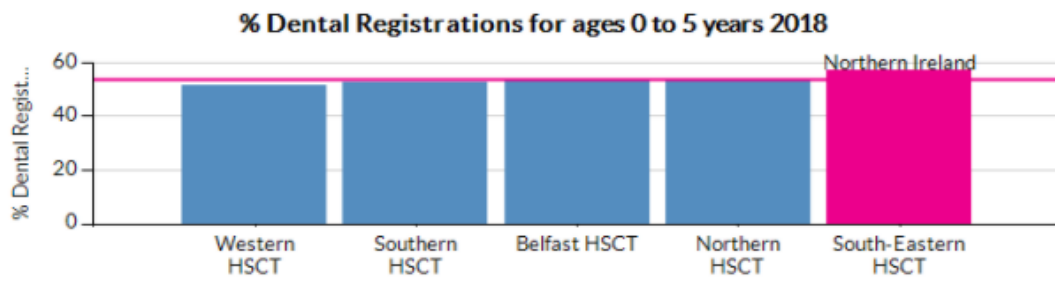


	2017	2018	2019
South-Eastern HSCT	95.3	94.8	92.9
Northern Ireland	95	94.4	92.7



A total of **3,169** children and young people were signposted to emotional and behavioural difficulties support services via South Eastern Area Family Support Hubs.

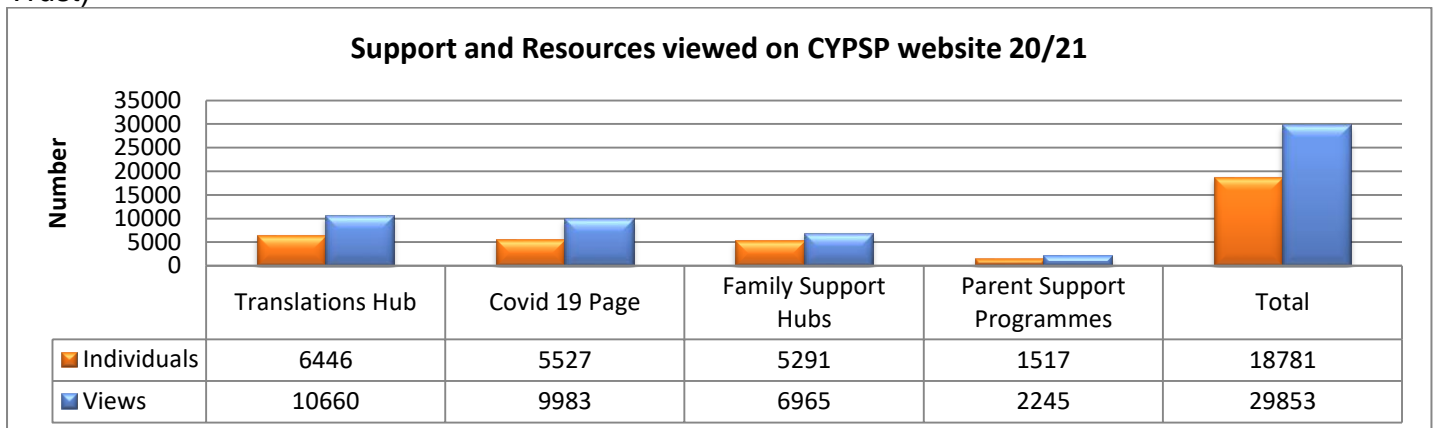
## To address childhood dental health in the South Eastern Outcomes Area



	2017	2018
Belfast HSCT	52.7	53.3
Northern HSCT	53.8	53.8
South-Eastern HSCT	55.4	56.9
Southern HSCT	52.3	52.5
Western HSCT	51.3	51.7
Northern Ireland	53.4	53.6

*\*Awaiting New Data. Dental decay (caries) in children is a significant public health problem in Northern Ireland. It is also completely preventable. Compared to the UK average, our 12-year old children have more than double the level of decay for this age group. Many of these children will suffer pain, will miss days at school and will require costly dental treatment.*

**Improve communication pathways to engage parents through the support of Parenting NI** CDIC counterparts in the other Trusts) continue to meet with Parenting NI on a quarterly basis to plan deliveries Parenting Your Teen (2 per year in each Trust) and Working Things Out (one per Trust)



*\*Note all resources viewed on CYPSP website are based on NI wide figures*

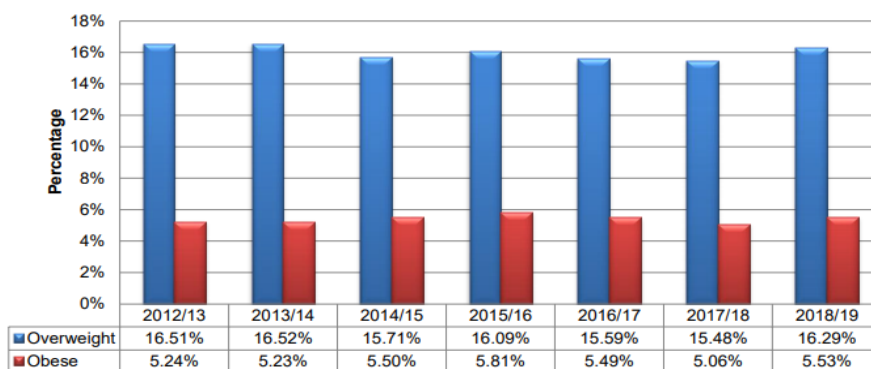
New Parent support page developed and launched at <http://www.cypsp.hscni.net/ebpp/>

## To address childhood obesity in the South Eastern Outcomes Area

- Sure Starts providing a selection of fruit and vegetables to early years settings. Produce is offered to all children. Sure Start also has a healthy break policy with engagement with parents to promote the healthy eating message.
- 10 week MEND childhood group obesity programme being delivered
- 6 week Cook It programme being delivered in both Sure Start areas for parents
- Daily Mile implementation supported in c.35 primary schools across SE area
- Two secondary schools piloting a dance programme

**Why is it Important?** The prevalence of overweight and obesity is assessed by using Body Mass Index (BMI). Many young children are not as physically active as they should be, nor do they have a healthy, balanced diet, both these issues contribute to levels of obesity. The Chartered Society of Physiotherapy stated "Physiotherapists are very concerned that as a society we are unknowingly putting children at risk of obesity and the development of life-threatening illnesses because people are unaware of the role and importance of physical activity in preserving good health. The growth of sedentary leisure activities, the 'car culture', time and financial constraints on busy working parents and our increasing fears about letting young children run around outdoors without adult supervision, have all contributed to the problem." (11, 12)

**P1 Children in NI who are Overweight or Obese**

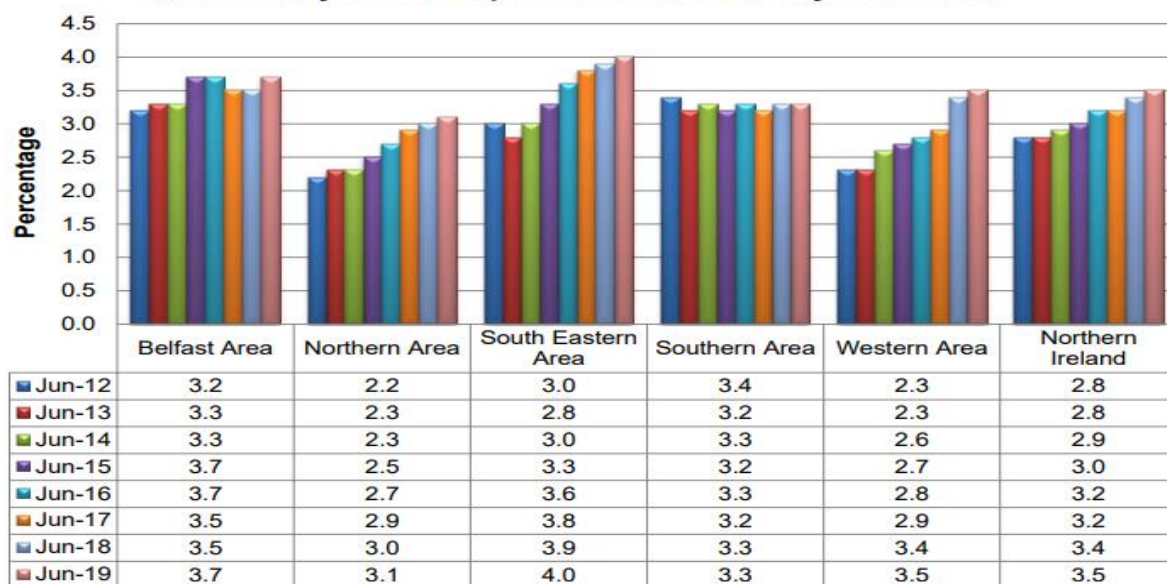


**The Story Behind the Trends** – In NI at March 2019 16.29% of P1 children were overweight, the highest since 2013/14. In NI 5.53% of P1 children were obese, the highest rate since 2015/16.  
**Please note:** "The above PHA data has been categorised using International Obesity Task Force (IOTF) measures. Data is also available using British 1990 Growth Reference (UK90) classification on request."

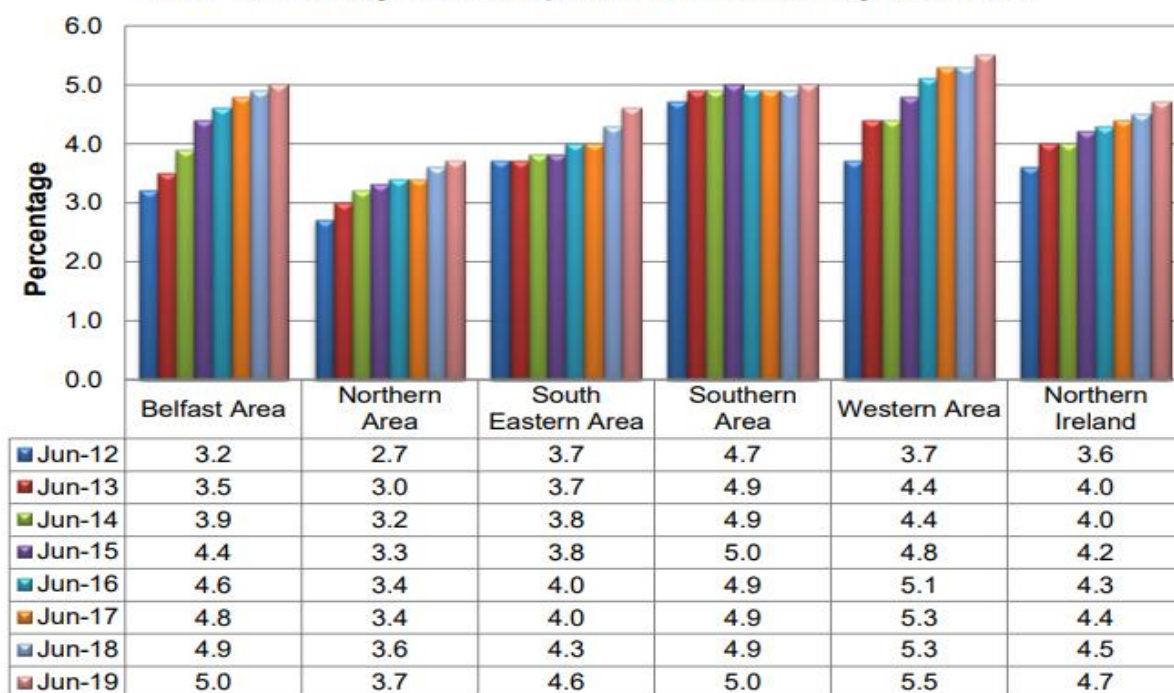
**Ensure all children and young people have a level of educational wellbeing by improving school attendance and educational attainment**

**430** primary children in Colin involved in Crescendo music programme for social and emotional wellbeing

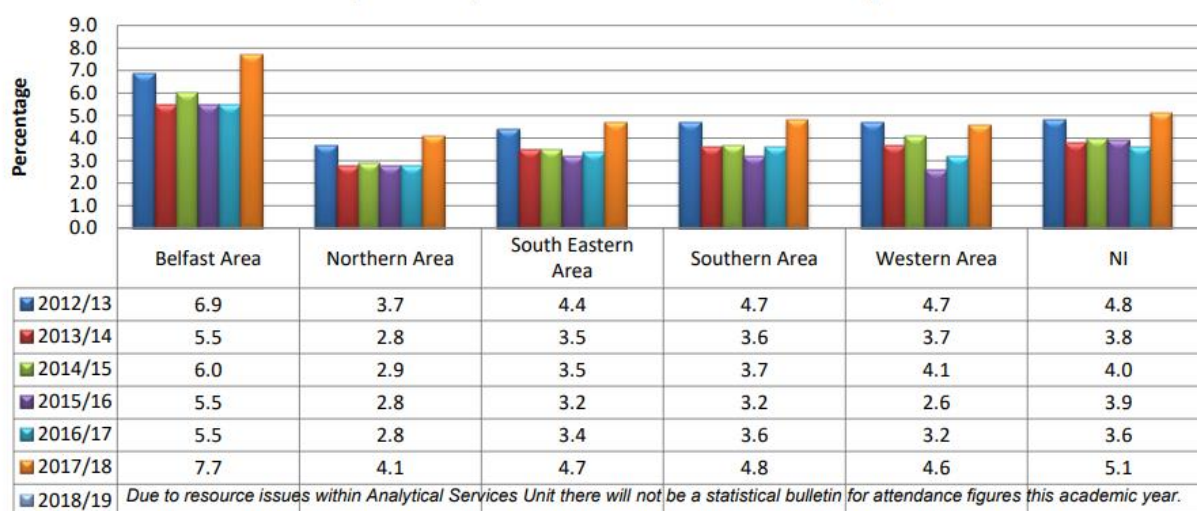
**% of Primary School Pupils with a Statement by HSCT Area**



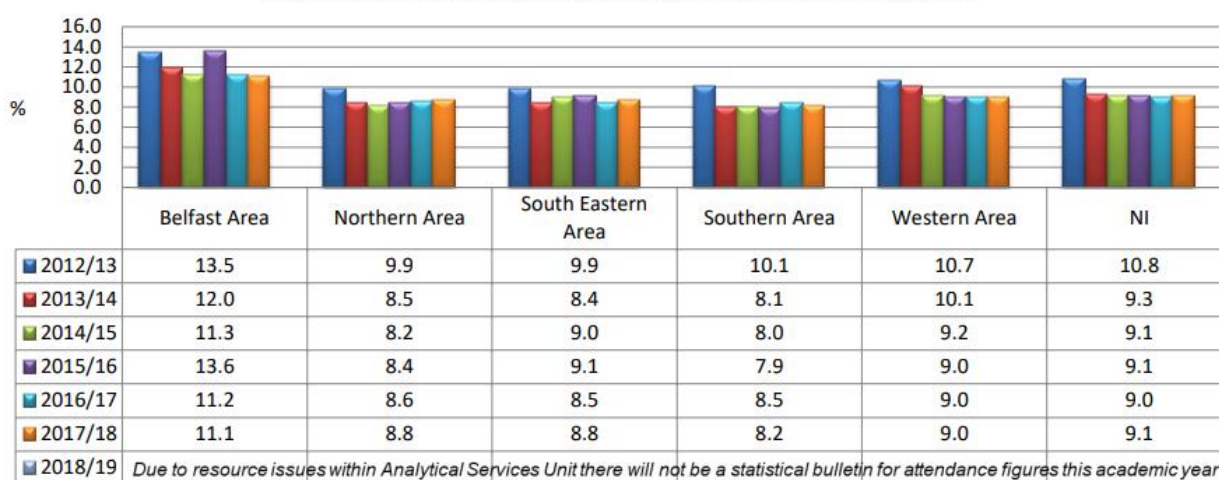
**% of Post Primary School Pupils with a Statement by HSCT Area**

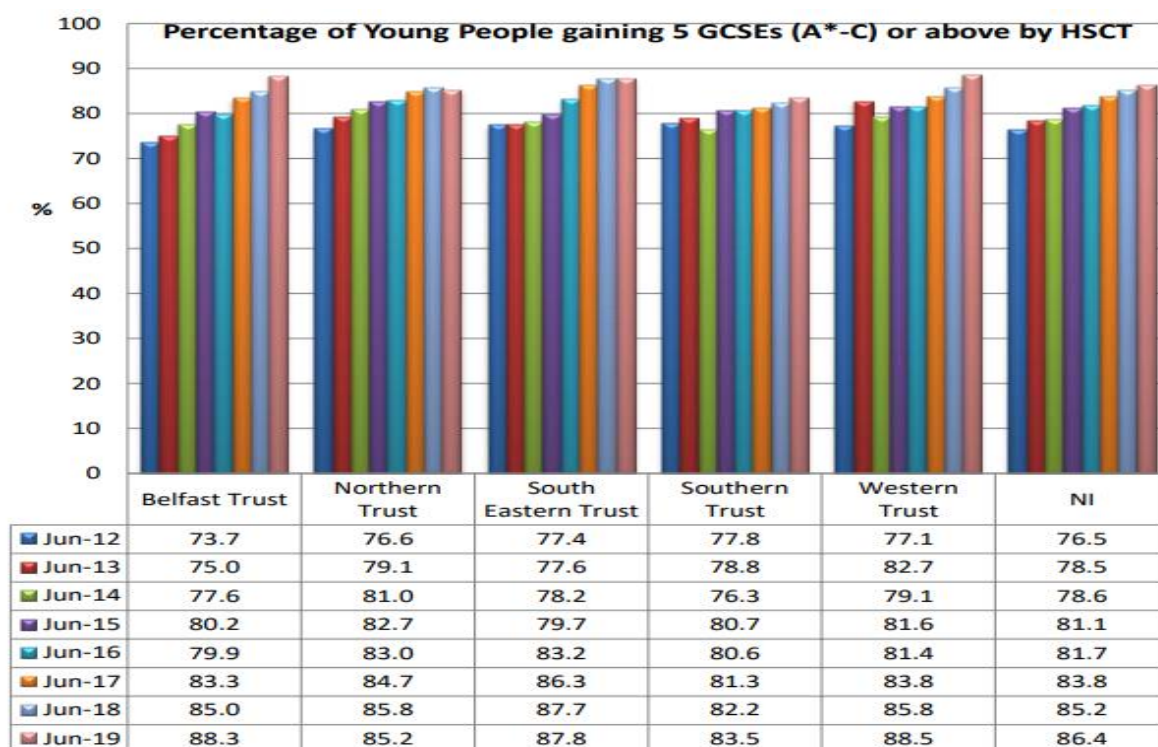


**Primary School Pupils with less than 85% attendance by Area**



**Post Primary School Pupils with less than 85% attendance by Area**



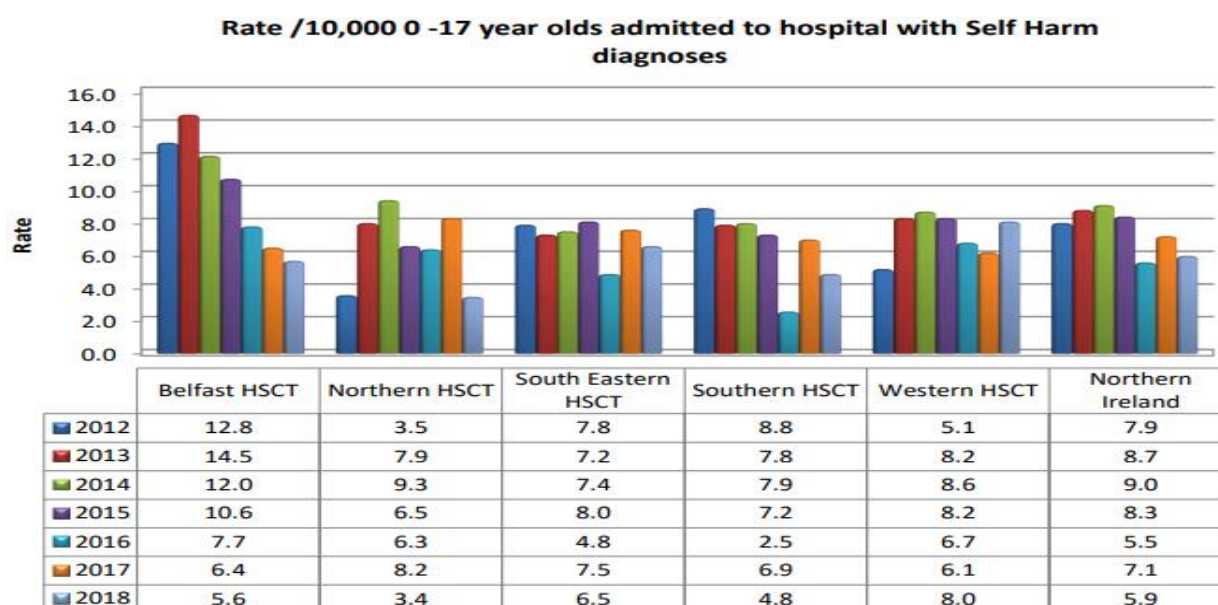


## Priority Two: Our Children will be resilient and have positive mental health and wellbeing

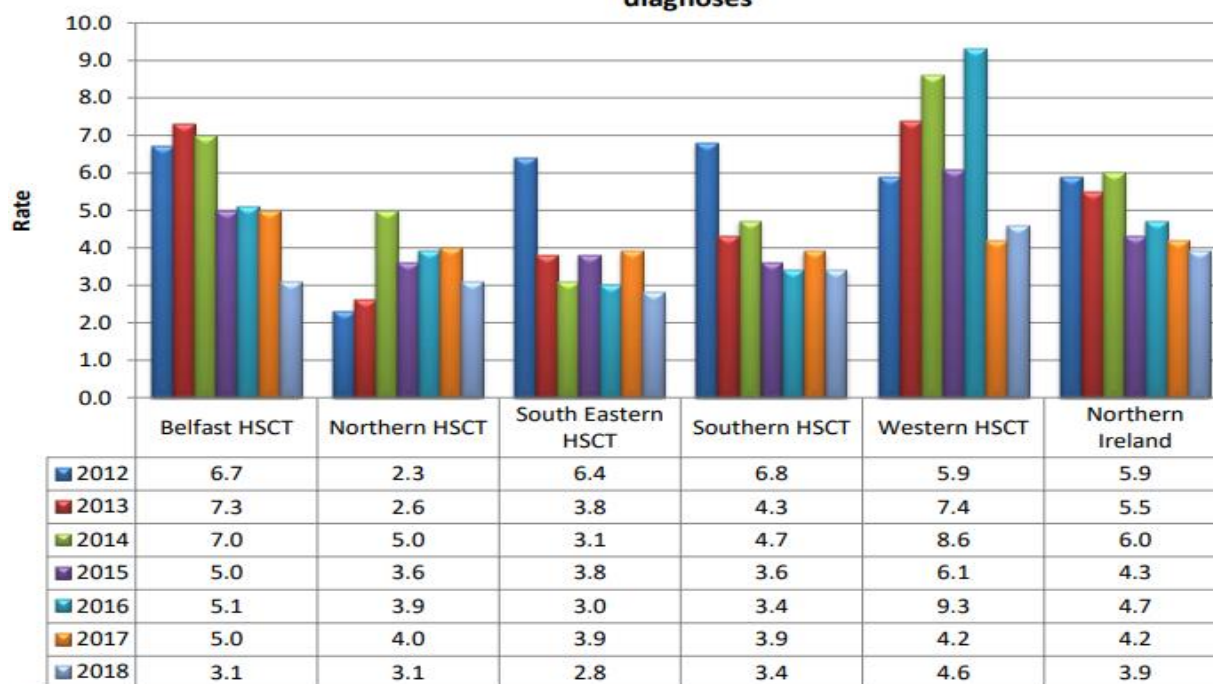
### Understanding the risks of hidden harm

The CYPSP South Eastern Outcomes Group with partners brought together over 90 delegates in April 2018 to understand the wealth of partnerships contributing to improving outcomes for vulnerable children and young people in the South Eastern Outcomes Area & how we work better together:-

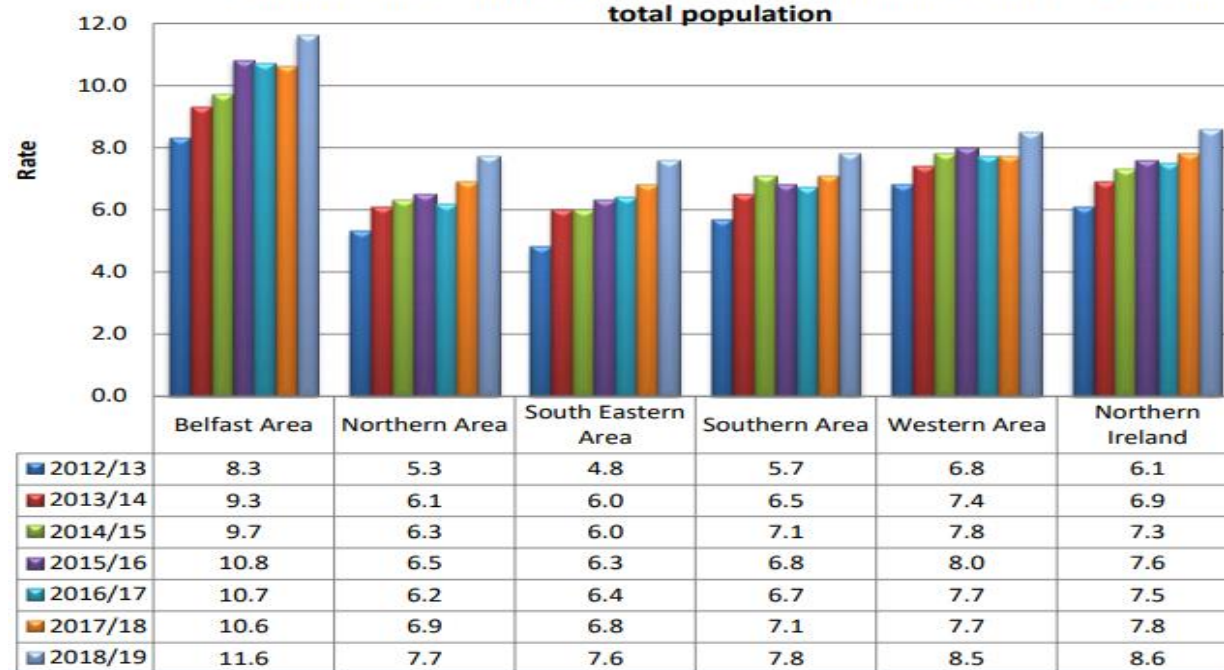
<http://www.cypsp.hscni.net/wp-content/uploads/2018/06/South-Eastern-Partnerships-Conference-April-2018.pdf>



**Rate /10,000 0 -17 year olds admitted to hospital with Alcohol related diagnoses**



**Crimes Recorded with a Domestic Abuse Motivation - Rate per 1000 of total population**



### **Build Capacity and Resilience across the Outcomes Area:**

The Kircubbin Family Fun and Wellbeing Day was the second in a series of three engagement events that have been hosted by the CYPSP Ards and North Down Locality Planning Group with partners to increase awareness of family support services available locally and to enable families to have their say on the role of the locality planning group.

<http://www.cypsp.hscni.net/wp-content/uploads/2018/08/Kircubbin-Family-Fun-Day-Report-Card-July-2018.pdf>

<http://www.drugsandalcoholni.info/services-near-you/>

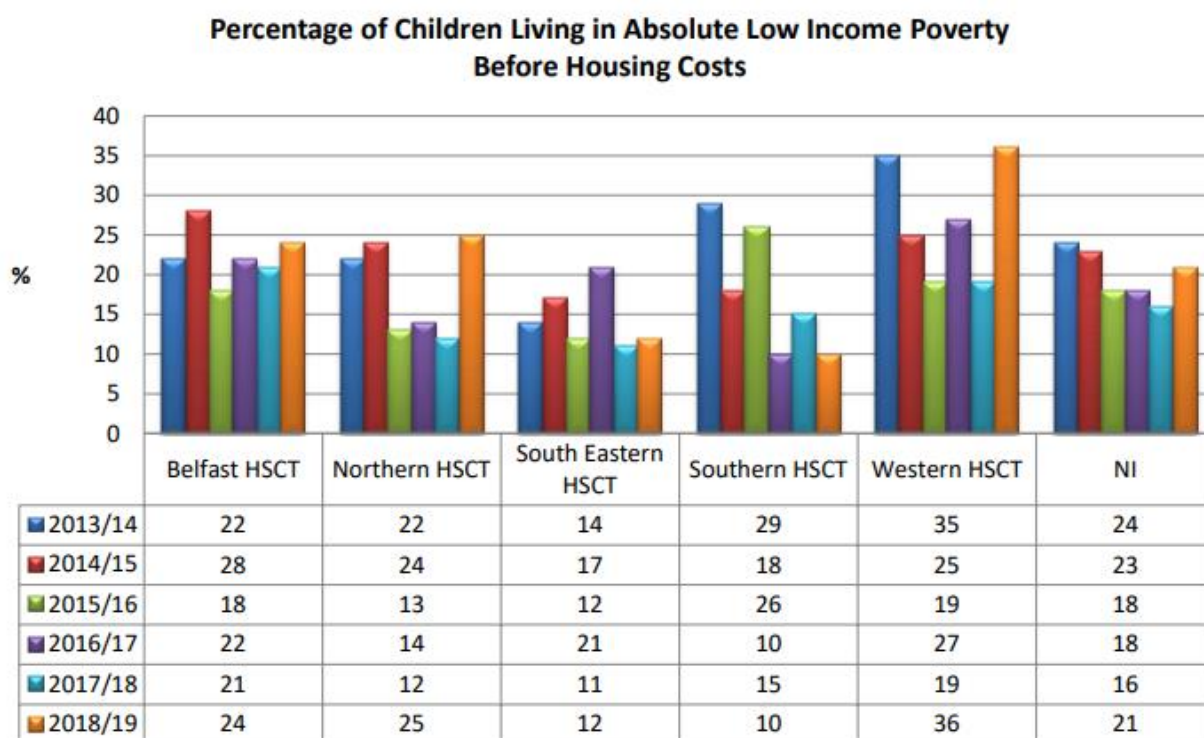
Facilitate **Safe Talk Sessions** with organisations working with children and families across the South Eastern Outcomes Area – 2017/18 – **9** sessions delivered with **134** participants. 2018/19 – **10** sessions delivered with **148** participants 2019/ 20 – **10** sessions delivered with **287** participants

### Priority Three : Our children to get the best possible early intervention support from their families (Ensuring a safe, stable and healthy home)

#### Maintain links between Outcomes Group and CCP in the South Eastern area e.g. training programme circulation

- CCP presented at 2 of 4 LPGs as required
- Down LPG:
- Ards & North Down LPG:

#### Addressing poverty across the South Eastern Area



The CYPSP Down Locality Planning Group coordinated the Back to School initiative from April to August 2017. The project encouraged families in Downpatrick to donate school uniforms that were still in good condition such as school blazers, shirts, ties, trousers and PE items. Four local primary schools, five post primary schools and two community centres supported this initiative in Downpatrick

<http://www.cypsp.hscni.net/wp-content/uploads/2017/11/Downpatrick-Back-to-School-Initiative-2017.pdf>

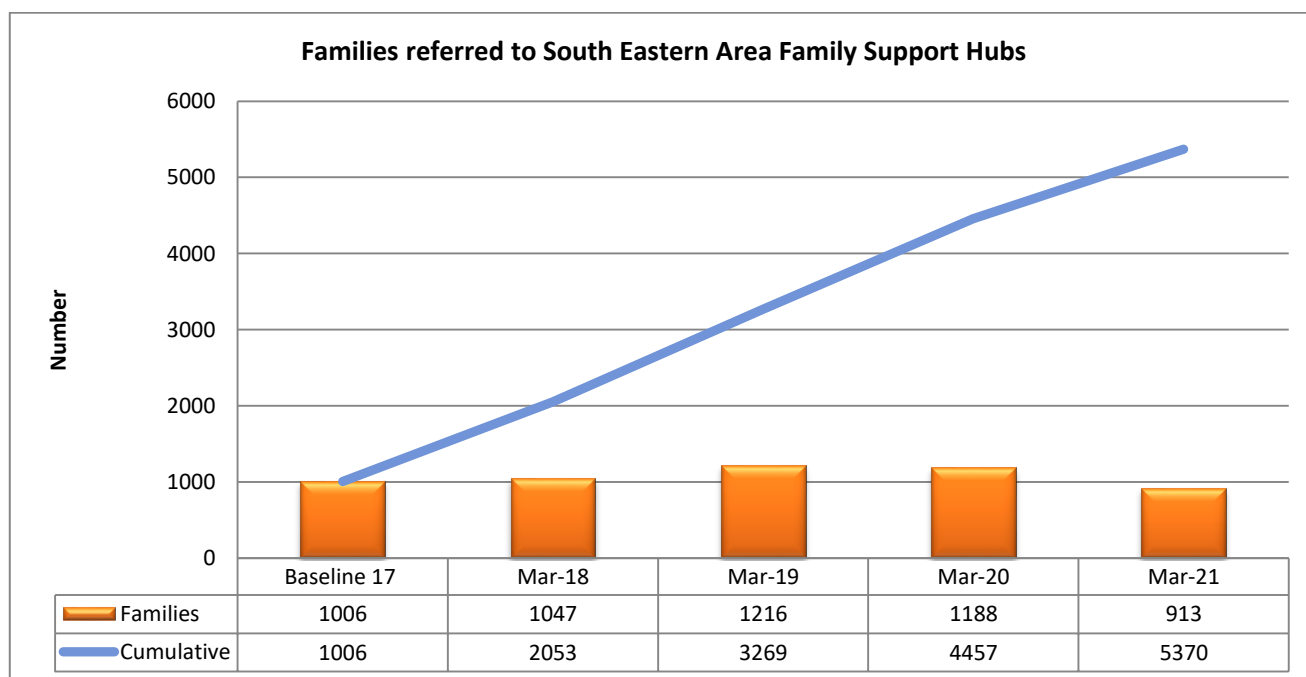
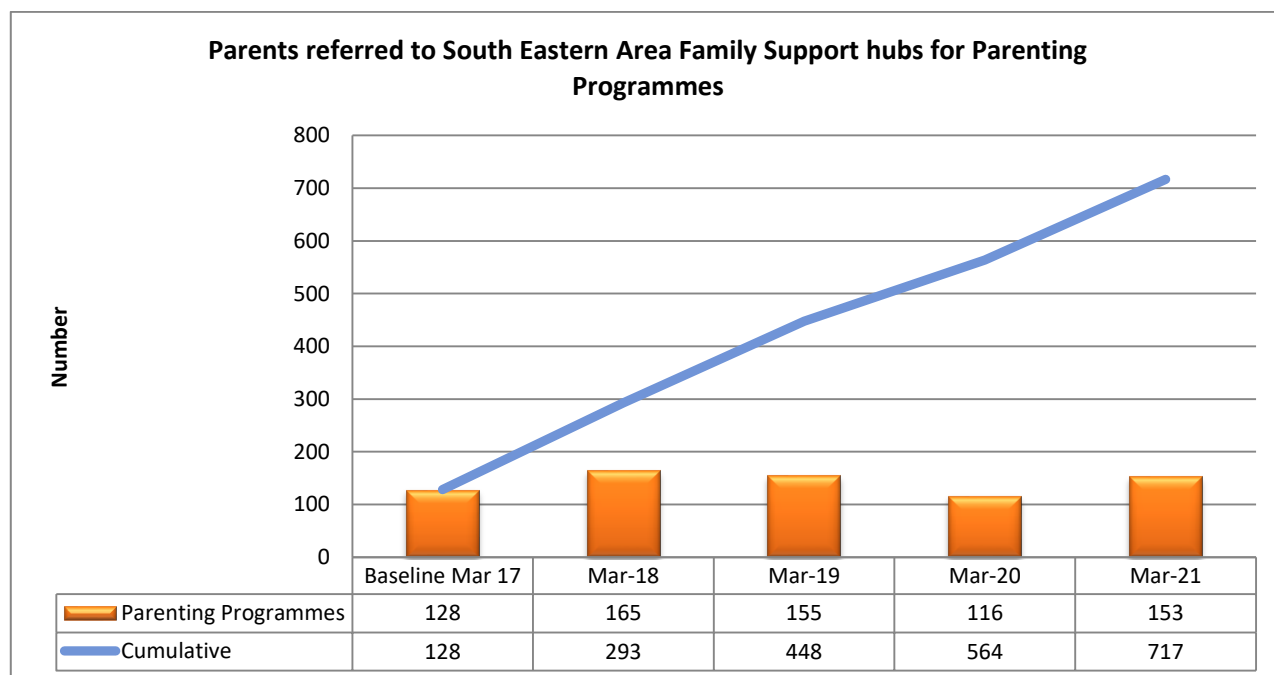
# Poverty Support Fund Impact Report (December 2020 to March 2021)

<http://www.cypsp.hscni.net/wp-content/uploads/2020/08/Family-Support-Evaluation-Report-SEAOG.pdf>

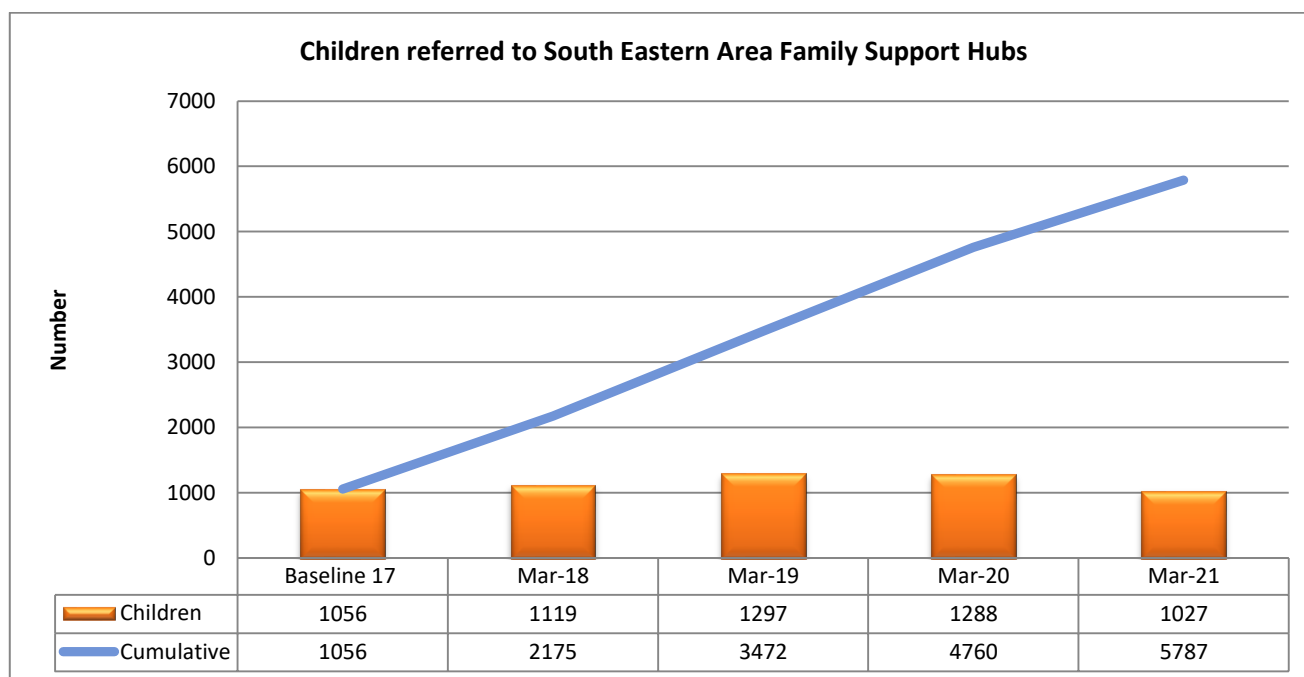
## Family Support

- Increase awareness of family support hubs and referral routes across the outcomes area
- Ensure families are provided with adequate parenting support
- Support families affected by multiple adversities

See Family Support Hubs report cards - <http://www.cypsp.hscni.net/family-support-hubs/#ffs-tabbed-23>



A total of **5370** families have been referred and supported by family support hubs



A total of **5787** families have been referred and supported by family support hubs