

BACKGROUND

Portadown Gets Active continued in 2019 with a 2 day Halloween programme on 31st October and 1st November at the Community Intercultural Project in Portadown. The aim was to continue to provide a positive and participatory response to the need to tackle holiday hunger and provide family support outside of school term time.

PGA is about fun, learning and food, encouraging young people to stay active outside of the school term time, learn something new and enjoy a healthy breakfast and lunch.

Oasis Youth, PGA's lead community partner, worked closely with key partners to provide another successful programme.

Participants were Primary School age children eligible for free school meals. Referrals also came through the Craigavon Family Support Hub. Children from Portadown, Craigavon, Lurgan and Banbridge attended the Programme.

Making a contribution to the following High Level Outcomes for Children:

- ✓ All Children and Young People are Healthy
- ✓ All Children and Young People Enjoy, Learn and Achieve
- ✓ All Children and Young People Contribute to their Community and Society



How Much Did We Do?



- ❖ 2 day programme from 31st October - 1st November 2019
- ❖ The programme was open to children of all Primary School ages
- ❖ Children who were eligible for PGA were entitled to free schools meals, or referred by the Family Support Hub
- ❖ Full Time staff members from Oasis supported the programme
- ❖ Staff from SHSCT, NIACRO, CiNI, CYPSP and ABC Council helped on the programme
- ❖ Activities on 1 day and trip on second day

How Much Did We Do?

Activities on both days included:

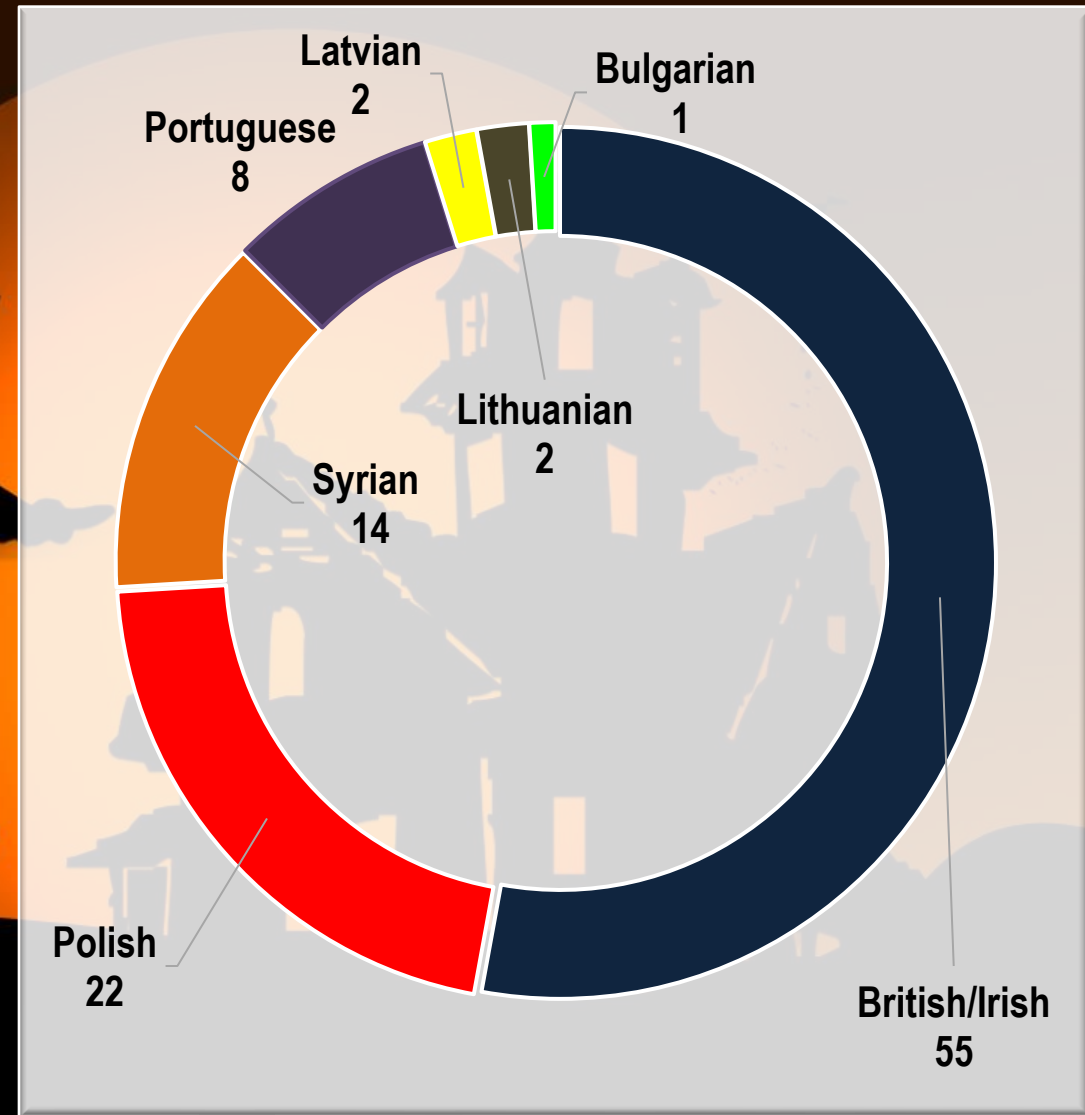
- ✓ Dental workshop
 - ✓ Ju Jitsu workshop
 - ✓ Traditional & Inclusive Games
 - ✓ Slime Making Workshop
 - ✓ Team Games
 - ✓ Trip to Cinema
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- ✓ Parents session on positive parenting issues facilitated by ParentLine staff (CiNI)



How Well Did We Do It?

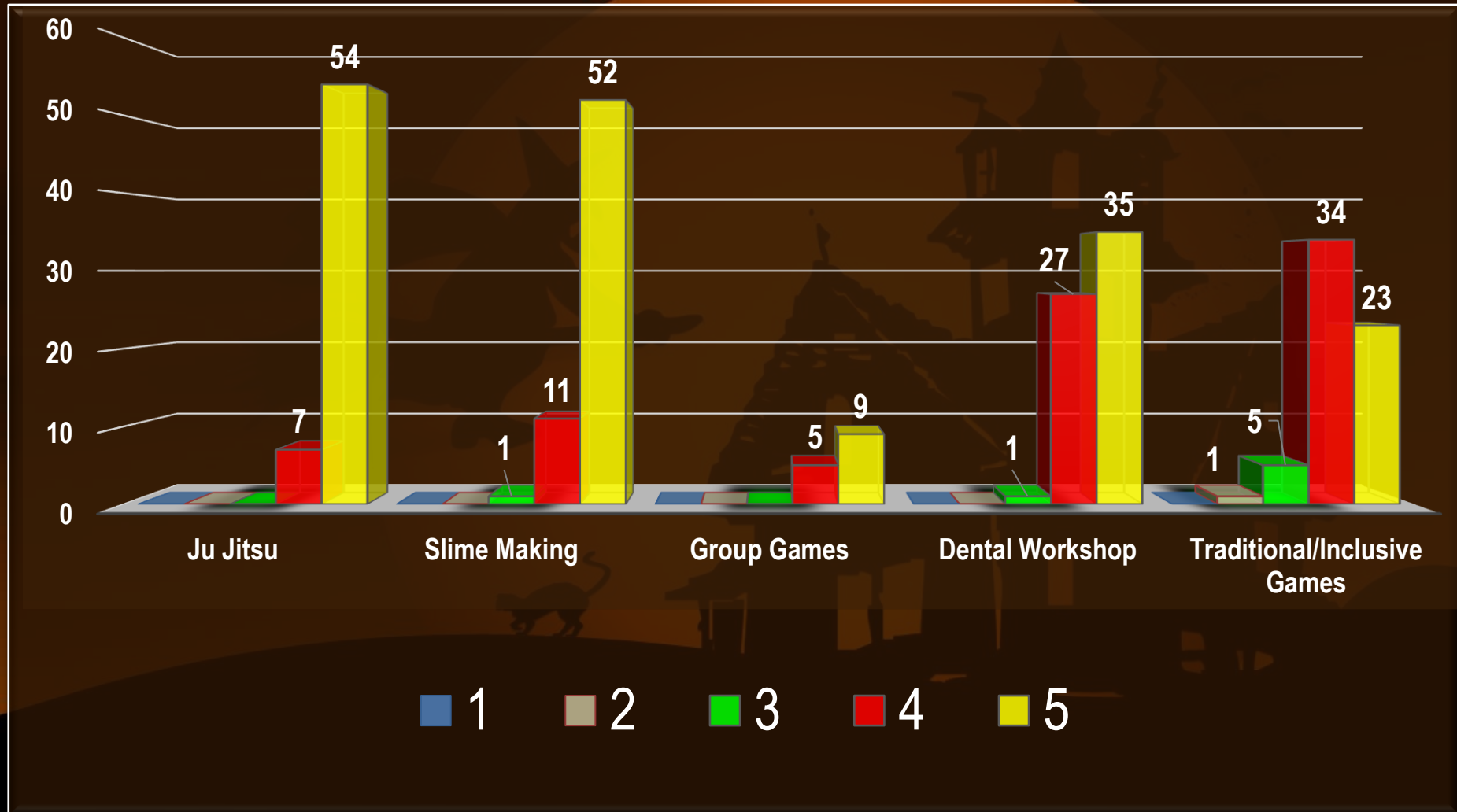
- ✓ A total of 72 children attended during the 2 days
- ✓ Total 32 Peer Mentors and Volunteers helped on the programme
- ✓ 192 volunteering hours completed over the 2 days
- ✓ 416 breakfast and lunches each were provided during days: total of meals provided
- ✓ The programme was evaluated daily (Peer Mentors were involved with the planning and the facilitation of the sessions)
- ✓ Partnership of organisations / agencies working together to support families in the Portadown, Craigavon, Lurgan and Banbridge areas

Nationalities of Participants, Peer Mentors and Volunteers



How Well Did We Do It?

Ratings of the Activities (5 = Excellent, 1 = Poor)



How Well Did We Do It?

Activities by Average Rating (out of 5) and Comments

| Activity | No of Participants | Average Rating | Comments |
|-----------------------------|--------------------|----------------|---|
| Ju Jitsu Workshop | 61 | 4.89 | "It was fun (17 replies)...enjoyed it (10)...want to do it again (5)...all sessions should be like this–best ever" |
| Slime Making | 64 | 4.8 | "Fun (28 replies)...really good (11)...awesome (3)...I loved making it" |
| Group Games | 14 | 4.64 | "Fun (3 replies), good...I liked colouring in...dancing was fun" |
| Dental Workshop | 63 | 4.54 | "We learnt...to clean teeth daily (14 replies)... sugar and sweets are bad for teeth (7) ...how to brush our teeth (6)" |
| Traditional Inclusive Games | 63 | 4.25 | "It was good/Fun (18 replies)...I liked it (3)...I've done it before (3)...there wasn't much space" |



Facebook Activity:

- ❖ 219 images posted on Oasis Facebook site
- ❖ 53 "Likes" , 235 "Loves"
- ❖ 13 Shares
- ❖ 7 Comments



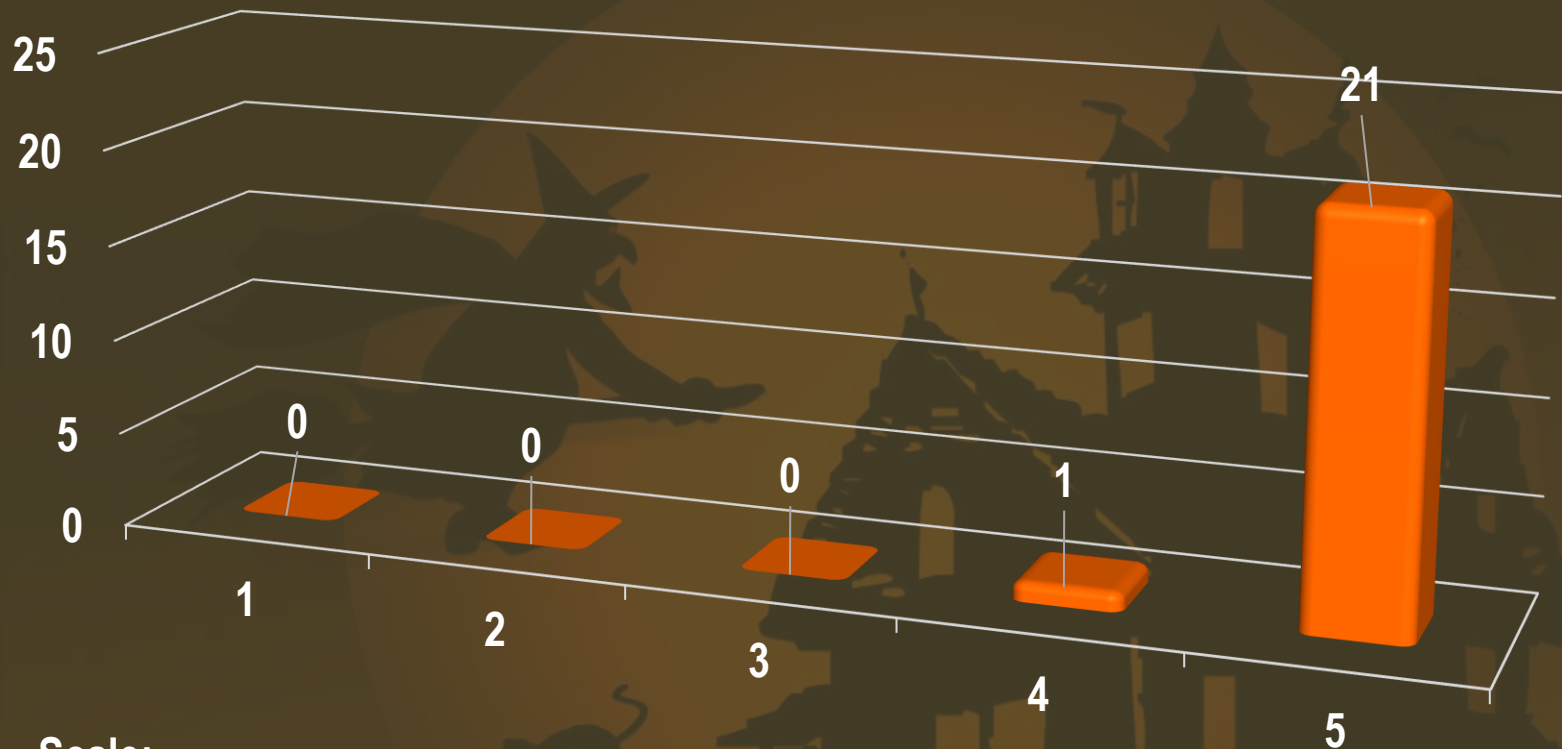
How Well Did We Do It?

Feedback from Peer Mentors

| Activity | No of Replies | Average Rating | Comments |
|-----------------------------|---------------|----------------|---|
| Ju Jitsu Workshop | 22 | 4.8 | "If I could rate this beyond 5 stars I probably would...Facilitators were absolutely class...All seemed to enjoy themselves quite a bit....Kids really got involved...One of the best workshops we've had so far...We should do it again" |
| Slime Making | 22 | 4.7 | "[Children] really enjoyed it and the facilitators were great...Kids loved it...It was the only one they were really excited about...I had great fun as I also got to take part alongside with the kids" |
| Traditional Inclusive Games | 22 | 4.2 | "Play instructor was very good and really engaged with the group...Definitely the best we have had...The facilitators were especially fantastic...It was a bit cramped in the hall" |
| Dental Workshop | 16 | 4.1 | "Kids loved asking questions about their teeth...Great to educate kids on how important it is to keep teeth clean...Very informative...I learnt a lot about teeth decay...I think by making it a bit more practical it could be more enjoyable" |

How Well Did We Do It?

Peer Mentors rating of overall PGA Halloween 2019 Experience



Scale:

1 = I didn't like it and won't be back

5 = I had the best time

- 100% of Peer Mentors rated their Halloween 2019 PGA experience in one of the 2 highest ratings
- Only 1 Peer Mentor rated their experience out of the highest rating

Is Anybody Better Off?

Peer Mentors: What Have You Learnt or Improved by Volunteering With Halloween PGA?

I've improved in convincing kids who aren't so keen on something to try it

I have improved on my leadership skills and my confidence has increased. I have also learnt to interact with kids more

All kids have different needs and wants, I learnt that I need to find a way to talk to the kids, a way that suits them and the situation. For example, talking too loudly or with a different tone can frighten a kid

How to communicate with kids better using a variety of techniques

Improved on teamwork and leadership skills

I've improved being able to work with children, and understanding how to look after them

I have developed my leadership skills

I have learnt to deal with more difficult children for example I was in a group with someone for the first time and I think I done really well with them and we got on

I have learnt that if there is anything you can't handle you can always go tell someone else

First time volunteering, feel a lot more confident than I originally felt on the first day

How to connect on a one to one with a child

I feel much better when I use English language (it is not my first language)

How to take care of kids

How to deal with children that may not speak good English

I have improved my communication skills and my confidence

I have gained a lot more confidence and learnt how to sort out situations properly

Parent's Activity: Positive Parenting Session facilitated by ParentLine NI



- 2 Hour Q&A session with Kate from ParentLine NI
- Parents chose the themes for discussion
- 17 parents participated
- 2 translators for discussion
- Feedback from parents was very positive: very interested in future programmes to supporting parenting



Peer Mentors: How Can PGA be Improved for the Future?

- Nothing: it's good as it is (6 replies)
- More training (4 replies)
- We really struggled with the language barrier as there was no one to translate for the kids who may have not been as confident using English: It may be useful to have a native speaker with younger groups
- I think it's brilliant especially the fact that we do have a lot responsibility and that it's mainly youth led
- Just a bigger space as I feel that the tables were cramped
- The kids got a bit bored and tired and wanted to move about and that's why the games on Friday were great because it got the kids interacting

**SUGGESTION
BOX**



