SOUTHERN AREA LOCALITY PLANNING GROUPS

CYPSP Children & Young People's Strategic Partnership

ISSUE 48 | 19th NOVEMBER 2020

FYI

For Your Information

Welcome to Issue 48 of 'FYI'.

Welcome to Issue 48 of FYI. We aim to keep information fresh and up-to-date, and of course relevant to families in the Southern area.

Please keep submitting your information for inclusion and we are very keen to hear from you if you have anything planned for the forthcoming festive holiday period. Please send us your information, updates & resources to localityplanning@ci-ni.org.uk, so that we can keep you informed of ongoing events and developments, as we work in new innovative ways together. Our next edition will be available on Thursday 3rd December.

Stay connected!

Kerry O'Hagan and Darren Curtis
Locality Development Team, Southern Trust Area activities,

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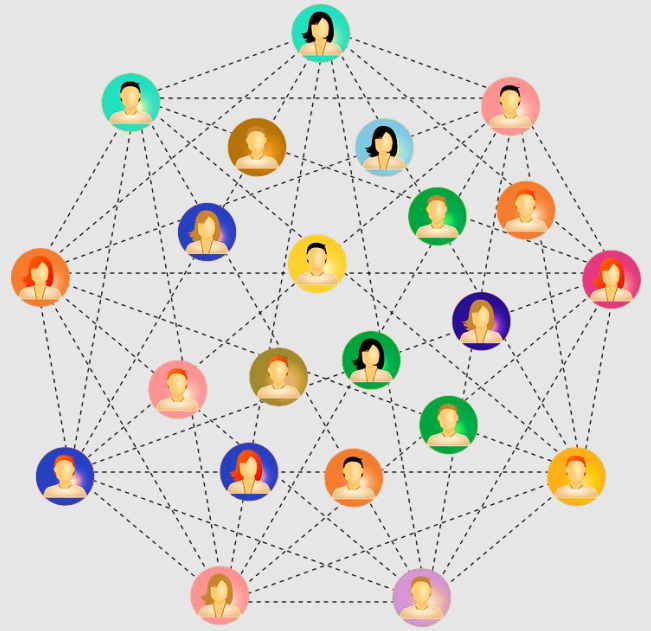
- Page 41 - Newsletter Submission Guidelines, Upcoming LPG Meetings & Links



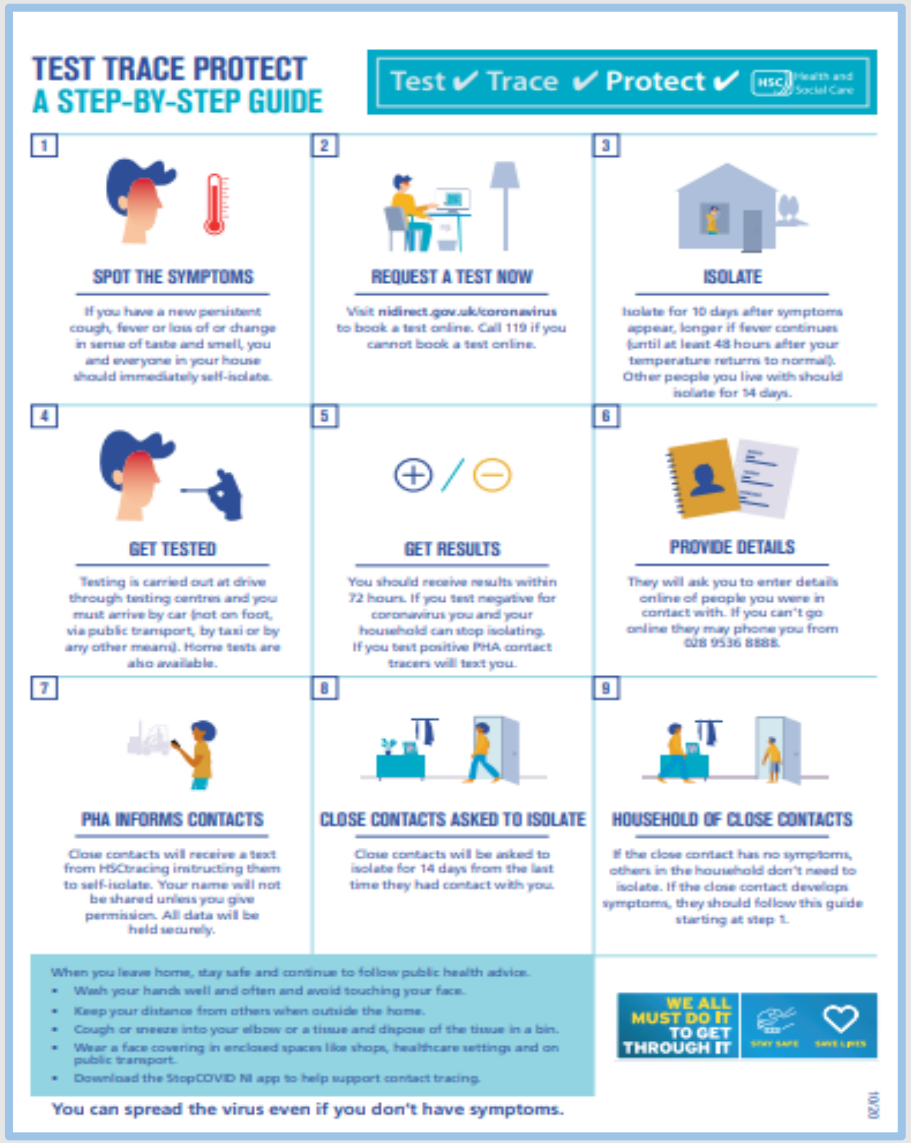
Stay **connected**…

Stay **updated**…

Stay **supported**…

www.cypsp.hscni.net

SOUTHERN TRUST AREA



This step-by-step infographic guide explains what you should do if you have symptoms, including self-isolating, getting tested and assisting the contact tracing service to identify people you have been in contact with by adding their details to the online service at https://trace.covid-19.hscni.net if you receive a text message.

Click **HERE** for a copy of the poster which is translated into several languages.

SOUTHERN TRUST AREA

Emergency Departments

For serious, acute symptoms that cannot wait

Craigavon Area Hospital

24 hours, seven days.

Adults should come to the main ED entrance.
Bring children to Paediatric ED
(beside maternity).

Daisy Hill Hospital

24 hours, seven days.

All patients should come to the main
Emergency Department reception.

Minor Injuries Services

Over 5 years old - with minor
injuries e.g. cuts, sprains, minor burns.

South Tyrone Minor Injuries Unit

Monday to Friday: 9.00am - 9.00pm

Saturday and Sunday: 10.00am - 6.00pm

Daisy Hill Hospital (attend ED reception)

Emergency Nurse Practitioners

Every day 9am to 10pm

Craigavon Area Hospital (follow signs)

Emergency Nurse Practitioners

Every day 9am to 10pm

GP Out of Hours:

for serious urgent symptoms that cannot wait until your own GP Surgery reopens

Tel: 028 3839 9201

HSC Southern Health and Social Care Trust

Quality Care - for you, with you

SOUTHERN TRUST AREA

FOR ONGOING CORONAVIRUS INFORMATION, ADVICE & UPDATES VISIT:

nidirect government services | tédíreach seirbhísí rialtais

HERE

Department of Health | An Roinn Sláinte | Männystrie O Poustie

HERE

HSC Public Health Agency

HERE

GOV.UK

HERE

Department of Education

HERE

HSC Health and Social Care Board

HERE

Helplines Network NI
listen. support. inform

HERE

nicva

HERE

advice ni
the independent advice network

HERE

CYPSP Children & Young People's Strategic Partnership

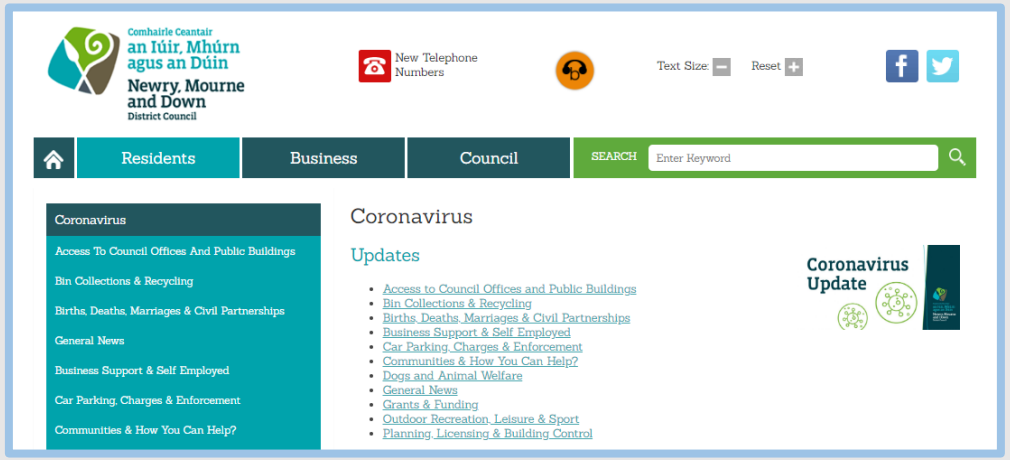
SUBMIT YOUR INFORMATION / UPDATES / RESOURCES TO: localityplanning@ci-ni.org.uk

SOUTHERN TRUST AREA

COUNCILS ARE CONTINUING TO MONITOR THE EVOLVING SITUATION WITH COVID-19

FOR ONGOING LOCAL INFORMATION, UPDATES & ADVICE VISIT:

HERE



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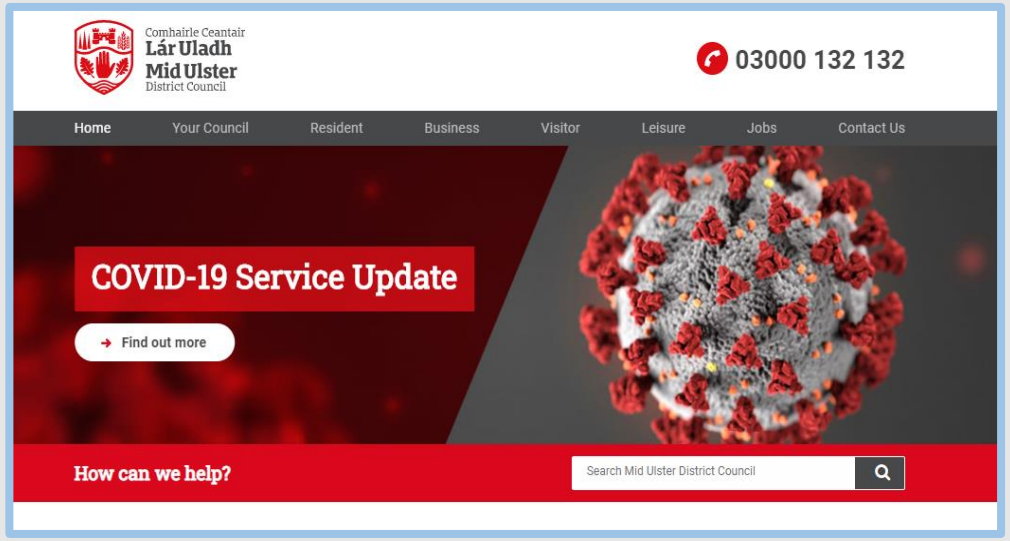

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SOUTHERN TRUST AREA

Organisational Survey of Poverty in the Southern Area

The Southern Area Welfare Reform Group is an interagency partnership aiming to address poverty in the local area. They are inviting you to complete a preliminary survey about poverty of the service users you are in contact with in the Southern Area.

The purpose of this survey is to provide a “snap shot” in the Southern area and enable the Group to look at potential areas on which to focus on

Complete the Survey HERE

NATIONAL CHILDREN'S BUREAU

What impact has COVID-19 had on your family and your children?

We are looking for parents and carers to be part of a 6 month project exploring the impact of covid-19 on children and families.

This is your opportunity to contribute to a unique research project with one of the UK's leading children's charities. Have your say about the government's support for children and families during the pandemic and influence future policymaking. We want to know about:

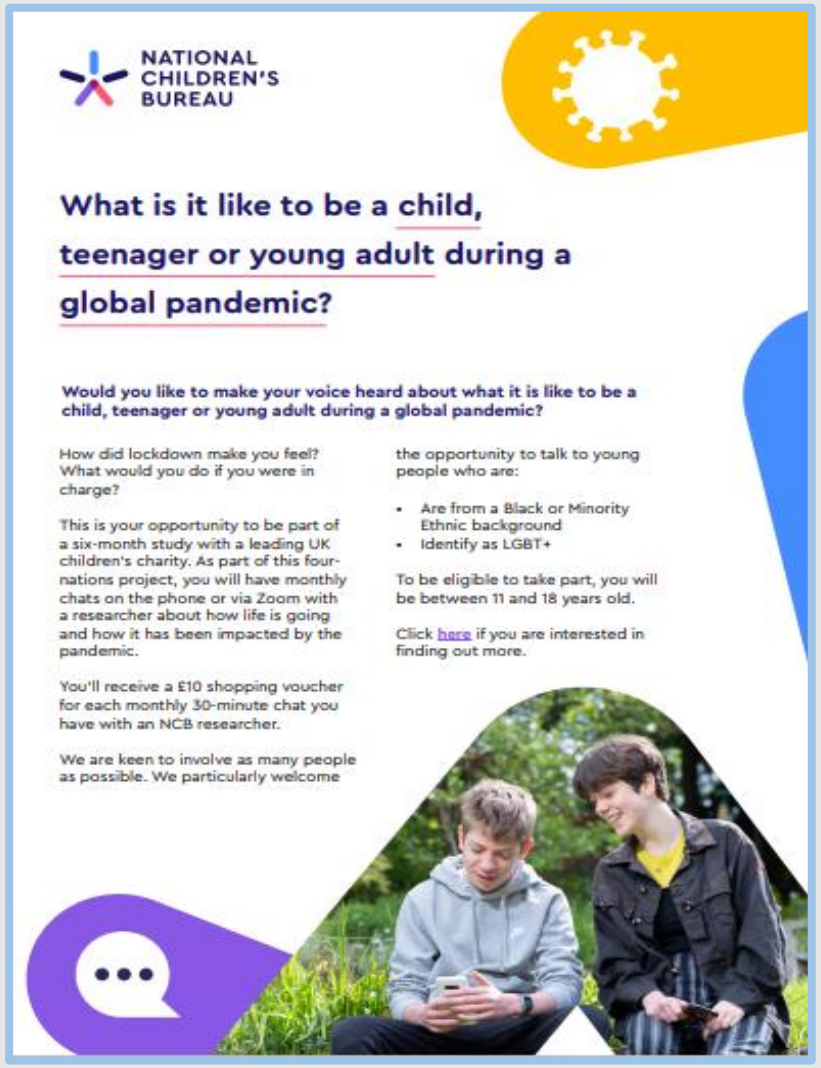
- How have you and your family been affected by nursery and school closures?
- How have the changes to children's services affected your family?
- How has the lockdown influenced your families' wellbeing?

In return for taking part in monthly phone calls with an NCB researcher for 30 minutes, you'll receive a £10 shopping voucher for each interview.

We are very keen to hear from all families. If you meet any of the following, we would like to hear from you:

- Your child is aged between 11 and 18
- Are from a Black or Minority Ethnic background
- Your child identifies as LGBT+

Click here if you are interested in finding out more.



NATIONAL CHILDREN'S BUREAU

What is it like to be a child, teenager or young adult during a global pandemic?

Would you like to make your voice heard about what it is like to be a child, teenager or young adult during a global pandemic?

How did lockdown make you feel? What would you do if you were in charge?

This is your opportunity to be part of a six-month study with a leading UK children's charity. As part of this four-nations project, you will have monthly chats on the phone or via Zoom with a researcher about how life is going and how it has been impacted by the pandemic.

You'll receive a £10 shopping voucher for each monthly 30-minute chat you have with an NCB researcher.

We are keen to involve as many people as possible. We particularly welcome the opportunity to talk to young people who are:

- Are from a Black or Minority Ethnic background
- Identify as LGBT+

To be eligible to take part, you will be between 11 and 18 years old.

Click here if you are interested in finding out more.

Further Info. Click HERE

SOUTHERN TRUST AREA

SOUTHERN AREA LOCALITY PLANNING GROUPS

Emotional Wellbeing and Mental Health Resource for Children and Young People

CYPSP
Children & Young People's Strategic Partnership

Children in Northern Ireland

The aim of this resource is to provide information on local services for children and young people which will be of benefit to their emotional wellbeing and mental health.

1. ARMAGH
2. BANBRIDGE
3. CRAIGAVON
4. DUNGANNON
5. NEWRY & MOURNE
6. SOUTH ARMAGH

Download this new resource for the Southern Area HERE

For further information contact Darren Curtis, Locality Development Officer, CYPSP on Darren@ci-ni.org.uk

Now available to download on the CYPSP website **HERE**

SOUTHERN TRUST AREA

CYPSP
Children & Young People's Strategic Partnership

CYPSP TRANSLATION HUB

Welcome to the Translation Hub

This page is best viewed with the Browsealoud application open, click on and select the language of your choice by clicking

Welcome to this central translations hub brought together by our partners to provide you with relevant information and direct links to important information on health, education, housing and employment.

Please feel free to bring to our attention any amendments, comments or if you would like to suggest more content or include your contact details email cypsp@hscni.net

We continue to update our new Translation Hub. If you support BAME communities across NI please share this link directly with your families. Also If you would like to add content, contact information or a link - email: cypsp@hscni.net Please share widely

To access the page Click HERE.

SOUTHERN TRUST AREA

CYPSP
Children & Young People's Strategic Partnership

ONLINE RESOURCES & INFORMATION

Calling all children, young people, parents/carers, colleagues!

Visit our **central resource** HERE & **filter by theme** for fun activities, education, books, art, recipes, parenting support, help, contacts & advice all **updated daily**

CYPSP
Children & Young People's Strategic Partnership

SUBMIT YOUR INFORMATION / UPDATES / RESOURCES TO: localityplanning@ci-ni.org.uk

New Online Patient Feedback Platform

Freephone on 0800122 3135 or CLICK HERE

SOUTHERN TRUST AREA

e: Training@pipshopeandsupport.org

The Youth Wellbeing Survey commissioned by the Health and Social Care Board
To Download a copy of Survey Findings Click HERE

Southern Health and Social Care Trust

Quality Care - for you, with you

We know that support, connection and comfort when someone is bereaved is really important. We also know that during this COVID-19 pandemic, the restrictions around our mourning and funeral rituals can add to our sense of loss and isolation. In response to this we are offering a dedicated telephone listening service.

"Bereavement Helpline"

This service is available from Monday—Friday, 9am—5pm

028 375 67990

Professionals with knowledge, experience and insight into grief and loss will answer or return your call and offer a compassionate, listening ear. There may also be information we can help with or direct you to.

If you live in the Southern Trust and have been bereaved you can get in touch.

t: 028 375 67990

MENTAL HEALTH FORUM

Suicide Awareness Training

- **Relaxed environment** (& no roleplay)
- **Basic skills everyone should have**
- **Confidence and language to open conversations that could save lives**
- **Opportunity to hear different perspectives and discuss language**

Certificate of completion issued

Zero Suicide Alliance | Because ONE life lost is ONE too many

Hosted by trainers with Personal Lived Experience of Suicidal Crisis

zoom

30th November 2020

9.30am - 12.30pm

(including comfort break)

Registration is by brief telephone call

Mental Health Forum : 0787 626 1033

Southern Health and Social Care Trust

Quality Care - for you, with you

For information on this Service user-led course : elainefogarty42@gmail.com

Registration Tel: 07876261033

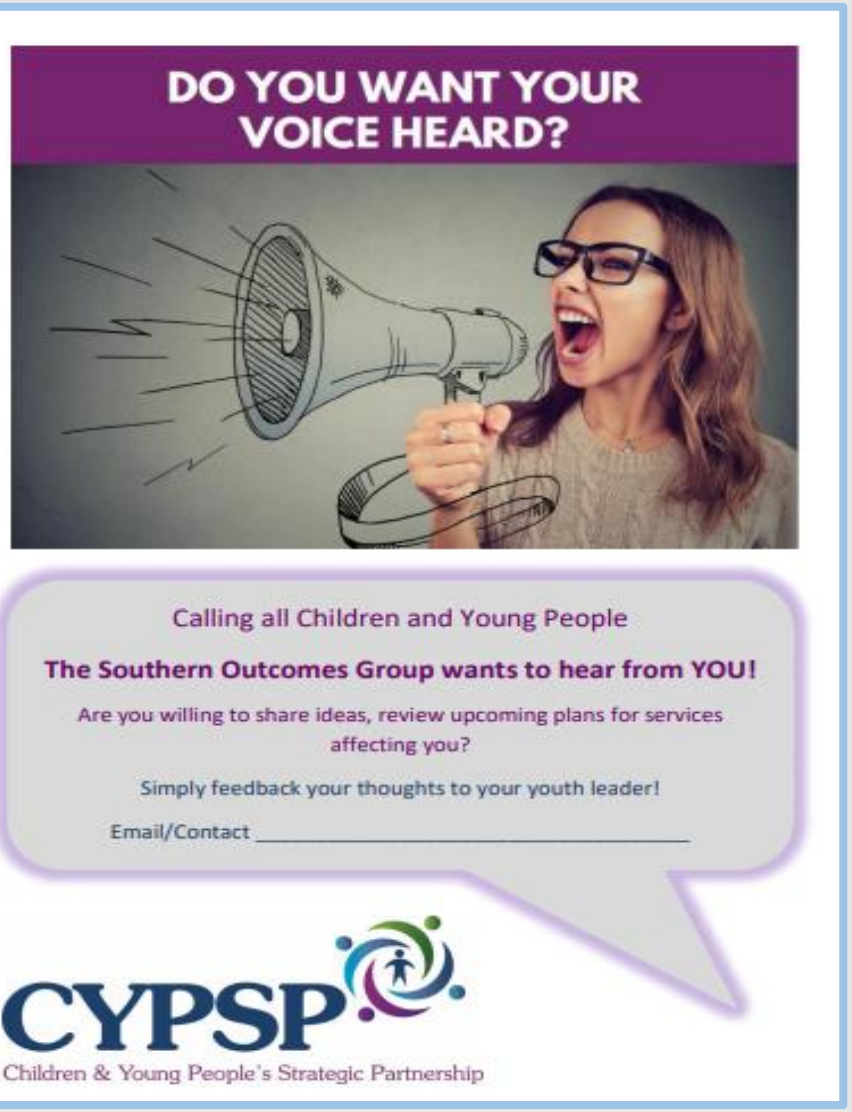
SOUTHERN TRUST AREA

Libraries NI Children's Pages [CLICK HERE]

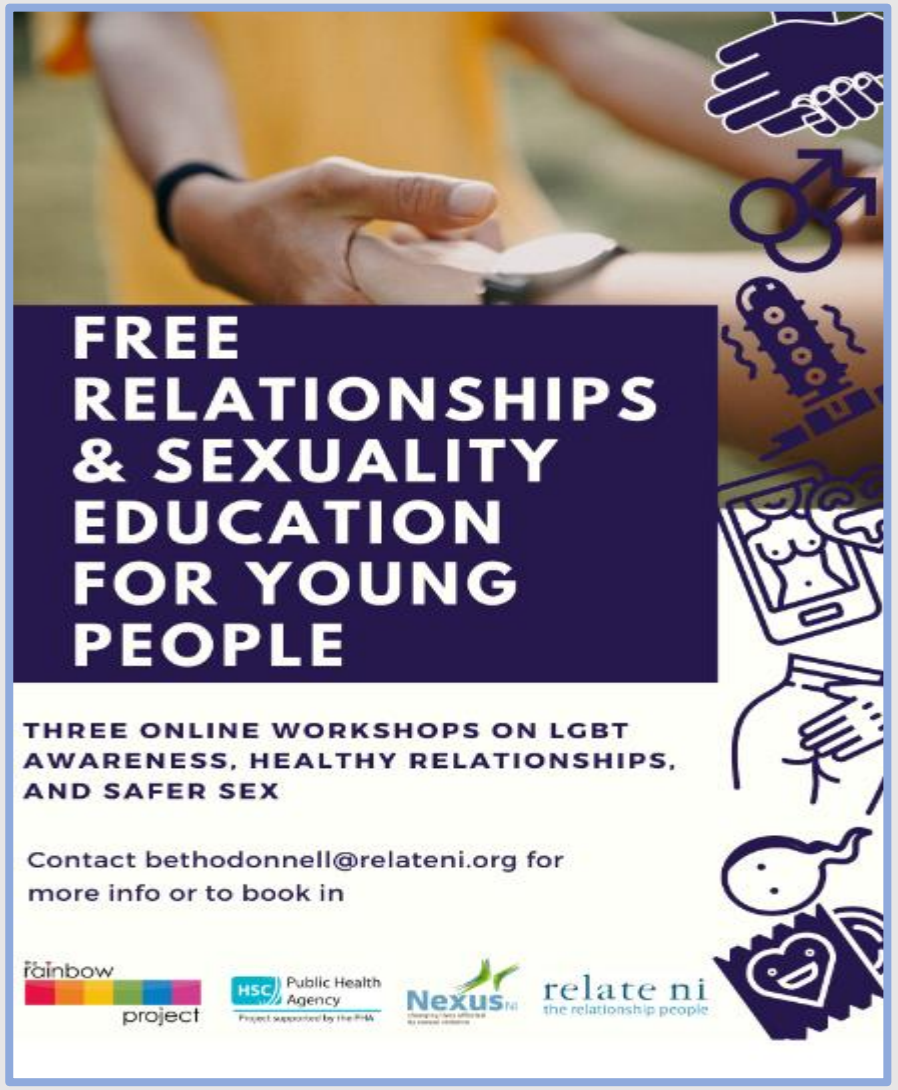
Further Info. 028 9029 7880
info@onsideproject.org
www.disabilityaction.org/onside

To book a place contact hello@bigdeal.org.uk

SOUTHERN TRUST AREA



Survey [CLICK HERE]



Booking info.

e: bethodonnell@relateni.org

SOUTHERN TRUST AREA

CARERS TRUST NORTHERN IRELAND

make carers count 213,980 reasons to care Northern Ireland

CARERS CHRISTMAS GARLANDS

Join us for our live Christmas Garland making with Linda from Parlour Designs

Friday 4th December 2020

10.30am – 12.30pm

ALL CARERS in the SOUTHERN TRUST AREA ARE WELCOME!

Please email mmoult@carers.org to receive your zoom link to join us!

You will receive an email list of items required for the workshop

HSC Southern Health and Social Care Trust

Quality Care - for you, with you

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CARERS TRUST NORTHERN IRELAND

make carers count 213,980 reasons to care Northern Ireland

CARERS TRUST – LIVE WORKSHOP –

CHRISTMAS WRAPPING –

Thurs 26TH Nov 20 @11.30AM-12.30pm

ALL CARERS in the SOUTHERN TRUST AREA ARE WELCOME!

POP ON FOR OUR LIVE WORKSHOP and A BIT OF CRAIC!

Keeping Connected - Keeping in Touch!

Please email rallen@carers.org to receive your link to Join Us for our Live Workshop!

Looking forward to meeting YOU!

You will receive by email a list of items required for the workshop

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Quality Care - for you, with you

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Further info: rallen@carers.org
mmoult@carers.org

Employers For Childcare

Family Benefits Advice Service

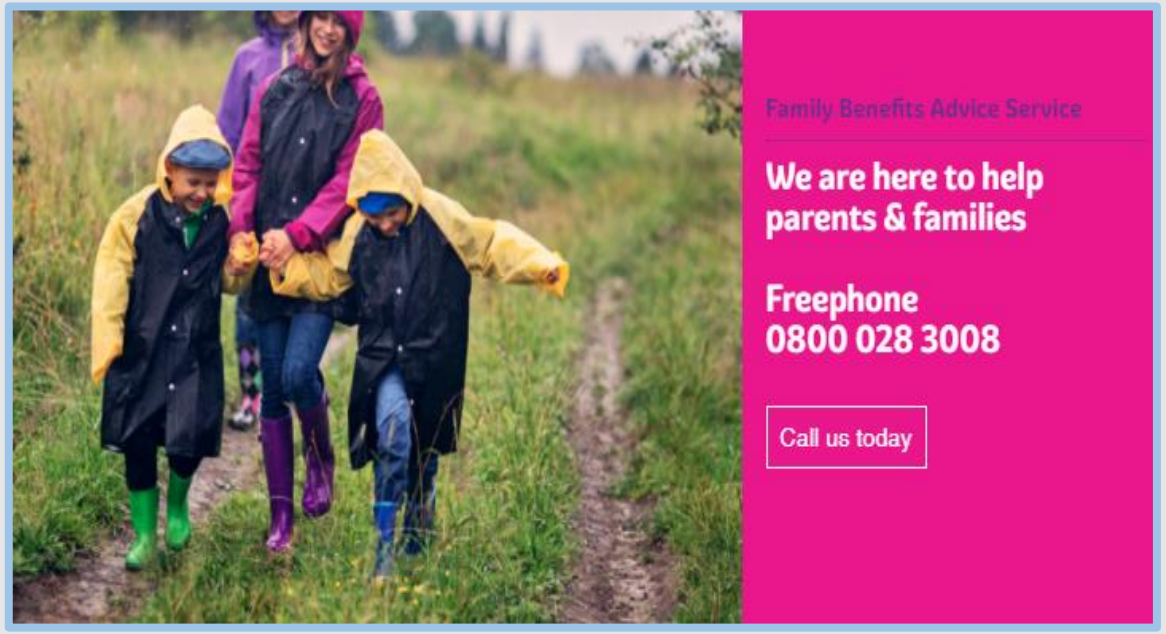
Freephone helpline:
0800 028 3008

Lines open Monday-Friday 10am-4pm

Email hello@employersforchildcare.org

www.employersforchildcare.org

Providing free, impartial and confidential advice to parents, employers and childcare providers on a wide range of childcare and work-related issues.



Register michellem@parentingni.org / elaine@parentingni.org

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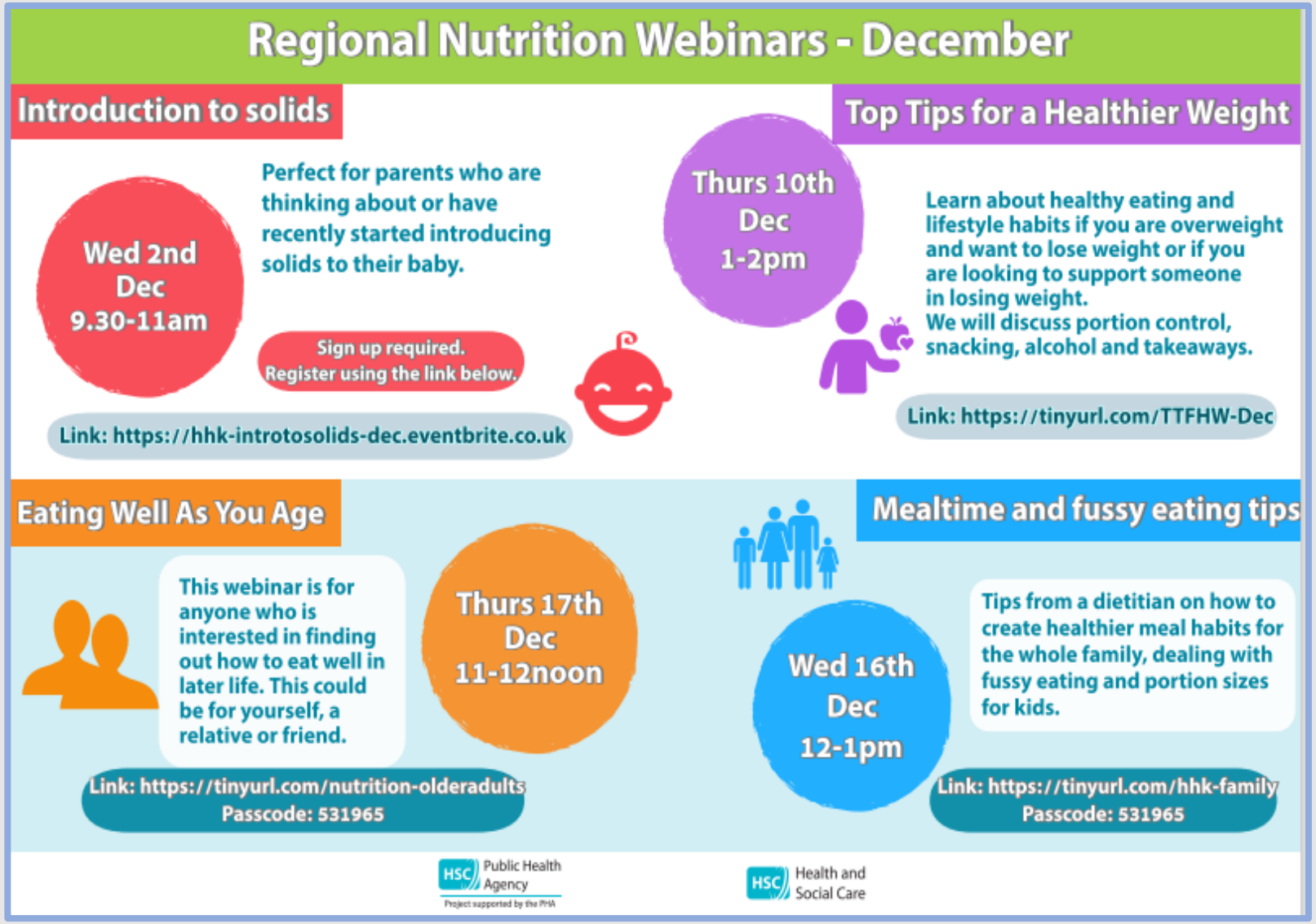


Webinar Links

Wed 2nd December 9.30-11am - Introduction to Solids https://hhk-introtosolids-dec.eventbrite.co.uk

Thurs 10th December 1-2pm – Top Tips for a Healthier Weight https://tinyurl.com/TTFHW-Dec

Wed 16th December 12-1pm – Mealtime and Fussy Eating Tips https://tinyurl.com/hhk-family Passcode: 531965

Thurs 17th December 11-12noon – Eating Well As You Age https://tinyurl.com/nutrition-olderadults Passcode: 531965

Southern Health and Social Care Trust
Quality Care - for you, with you

CAMHS

i-CAMHS Infant Mental Health Webinar

EAS-'C' Conversations in Infant Mental Health Work

As part of the ongoing infant mental health development work in the SHSCT area and in partnership with The Promoting Well-being Team, i-CAMHS Senior Infant Mental Health Practitioner and Team Leader Majella Connolly will facilitate two free webinars for practitioners exploring effective ways to support the early relationship between the child and their parent/primary caregiver. The workshop will showcase clinical examples of work related to the subject area and will take particular account of Covid and its impact

Topics covered include:

Context & Covid 19, Coping, Contract, Communication, Containment, Curiosity, Connections, Care, Criteria, Consequences and Celebrating.

Webinar Details

Date	Time	Location
17th December '20	11am-12.30pm	Zoom
	or	
7th January '21	11am-12.30pm	Zoom

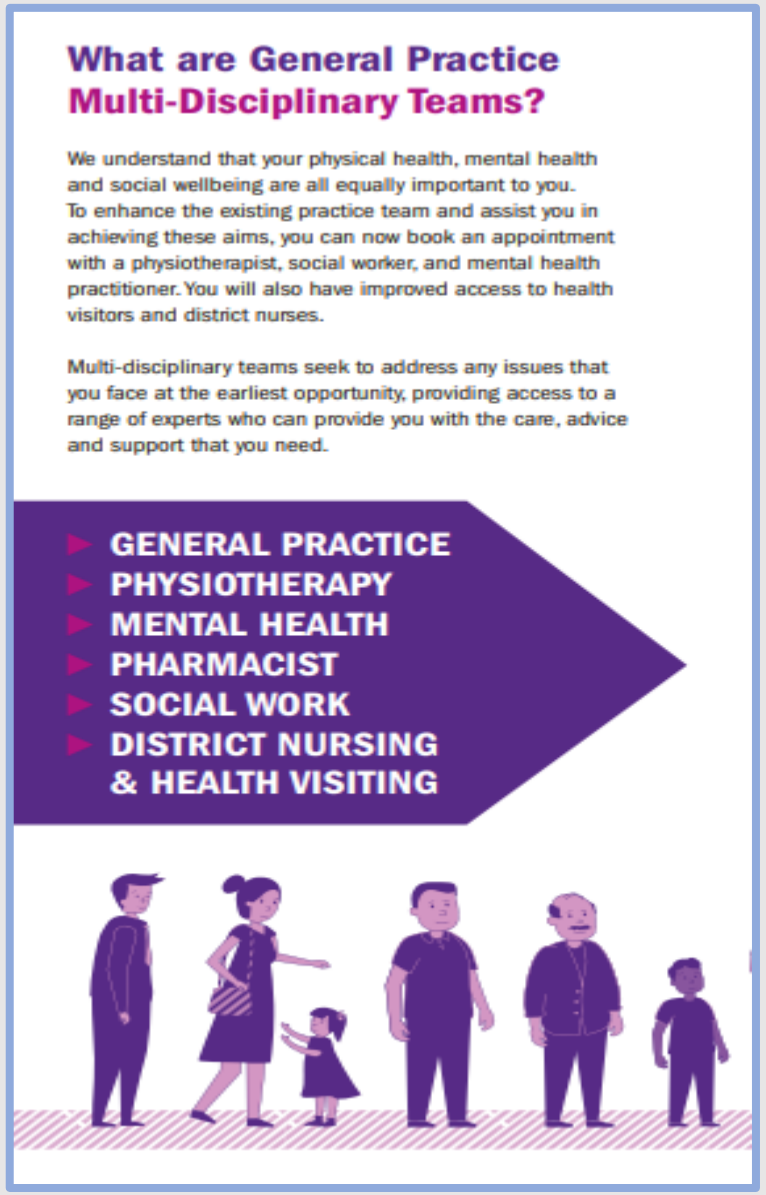
To register your interest, please reply by email to martina.mccooey@southerntrust.hscni.net **by Friday December 4th 2020.** Can we ask you please to identify your role & employer in your reply? Zoom links will be sent on confirmation of places

To Register

E: martina.mccooey@southerntrust.hscni.net

Now available to download on the website Click HERE

SOUTHERN TRUST AREA



Further Information on MDTs can be found HERE

Foundation News

£2 Million Community Arts, Culture and Heritage Fund

The £2 million fund in response to Covid-19. The Community Arts, Culture and Heritage fund, distributed by the Community Foundation will prioritise projects which support people with disabilities and those who are vulnerable.

Further Info. CLICK HERE

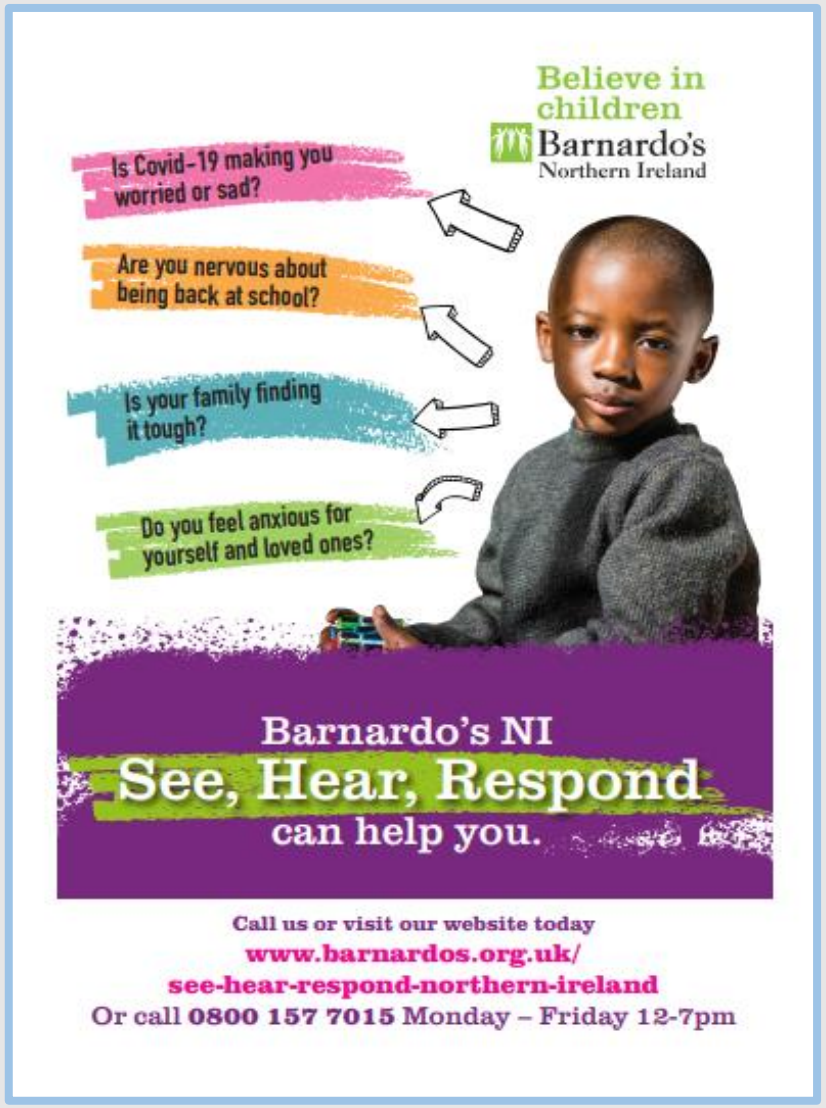
co-operationireland
working for a future together

VCSE Covid Recovery Fund

This fund will help to safely deliver essential services during the Covid-19 crisis, with an allocation of £2.5m to assist with the safe reopening of the VCSE sector and additional funds of £800,000 to provide IT and digital devices to VCSE groups which need to move services to an online platform.

Further information is available at CLICK HERE

SOUTHERN TRUST AREA



Further info. available

Click HERE

FAMILY FOUNDATIONS PROGRAMME ACTIVITES

Offering a wide range of activites and workshops for families and individuals.

To name JUST a few... stress mangement classes, parent support groups, family fun days and brilliant community regeneration projects. There's something for everyone.

We make sure to provide fun seasonal activites all year round to keep the content relevant for our participants.

To see all of the varied activites we provide visit:
www.clanryegroup.com/services/youth-family-service/family-foundations

To speak to us today contact Trina at:
trina.o'callaghan@clanryegroup.com or call on (028) 3089 8119

European Union European Social Fund

Department for the Economy

FAMILY FOUNDATIONS

Christmas Crafts

This time of the year can be stressful for all. Join this relaxing, fun and useful workshop to help ease your worries while making festive treats.

Workshop begins 4th of November 9:30 to 12:30 lasting 7 Weeks

Session 1
Preparing a healthy meal

Session 2
Christmas Cakes

Session 3
Christmas Pudding

Session 4
Clay Craft – Air hardening clay Christmas Decorations and Willow/branch tree for decorations

Session 5
Craft – Christmas Wreath

Session 6
Christmas Arrangements for table or hall

Session 7
Christmas dinner/ Party

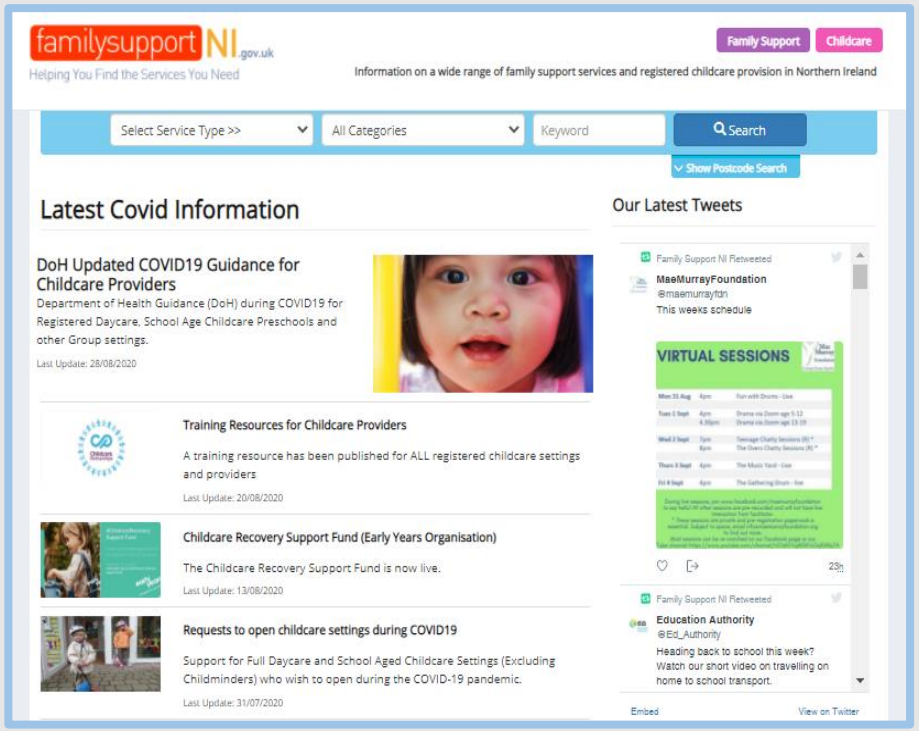
Attendance at all weeks is not necessary.
Just come and join us when you want and can.

To book your place contact Teresa at:
teresa.byrne@clanryegroup.com or call on (028) 3089 8119

European Union European Social Fund

Department for the Economy

SOUTHERN TRUST AREA

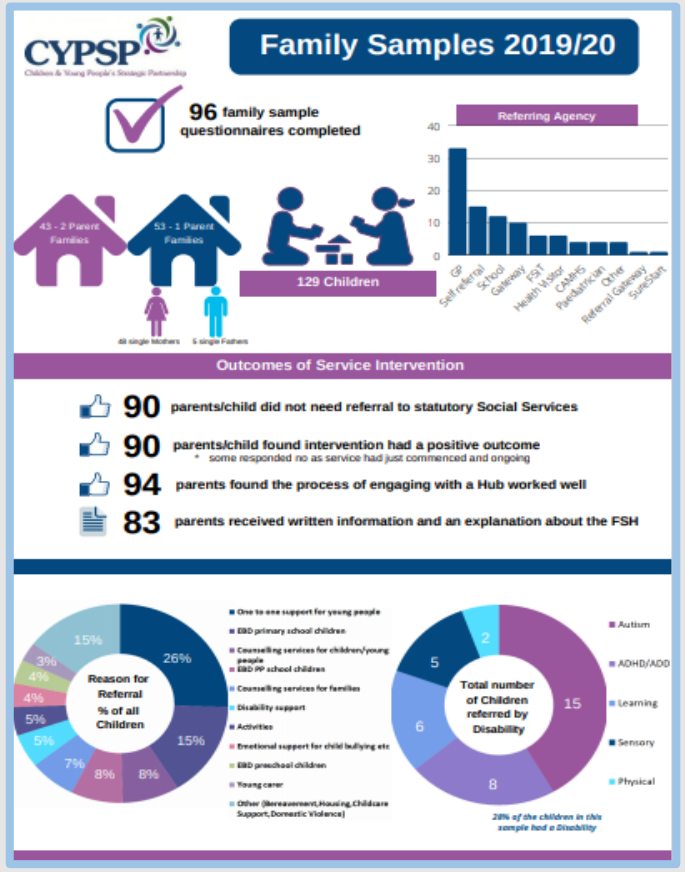


Check out the www.familysupportni.gov.uk website, making it easier for people in NI to find out about **family support services** and ALL REGISTERED **childcare providers** in NI

Childcare Providers, as services continue to re-open, please **check your details are correct and up-to-date**
(Quick Tip: Type name into Keyword Search in 'Childcare' Section)
Do you have vacancies? Have you indicated other offerings for parents looking for childcare?
Send additions / amendments to info@familysupportni.gov.uk

Latest **COVID-related information** available via dedicated COVID Information Section HERE

SOUTHERN TRUST AREA



Our 3 **Family Support Hubs** in the Southern Area continue to operate and are open for referrals

Due to ongoing developments with COVID-19, access to Family Support agencies during this time will be subject to individual projects ability to respond

Link to latest Family Support Hub Newsletter Click Here

Please make any **referrals by e-mail** (E-mail addresses available HERE)

SOUTHERN TRUST AREA

For more advice / support / guidance:

Call ParentLine **FREE** on **0808 8020 400**

Webchat / E-mail / Podcasts / YouTube

BOLSTER COMMUNITY

Previously SPACE NI

A LITTLE BIT ABOUT BOLSTER COMMUNITY

Bolster Community (www.bolstercommunity.org) is a practical, hands-on charity and social enterprise that works alongside individuals, families, and communities to improve health and wellbeing.

Through our charity services, we've had the privilege of helping countless children, parents, young people with mixed ability and seniors to reach their full potential. We support ordinary people facing extraordinary challenges from early years right through to later years. With an uncompromising, people-first approach, we go the extra mile to complement existing services.

In our social enterprise, our products are lovingly handcrafted by young adults of mixed ability and all profits go back into supporting our vital work. Shop and support us to do more good:
www.bolstercommunity.org/shop

Bolster Community has supported countless children, parents, individuals of mixed ability and seniors facing life's tough challenges. Since the beginning of the pandemic, it has adapted its services to strengthen and support those struggling to cope.

If you or a family member need help or you are able to help Bolster Community do more good, please get in touch with the team:
028 3083 5764 or info@bolstercommunity.org

WHAT ELSE IS HAPPENING AT BOLSTER COMMUNITY THIS AUTUMN?

PARENTING PROGRAMMES

- PARENTS PLUS ADOLESCENTS
- INCREDIBLE YEARS

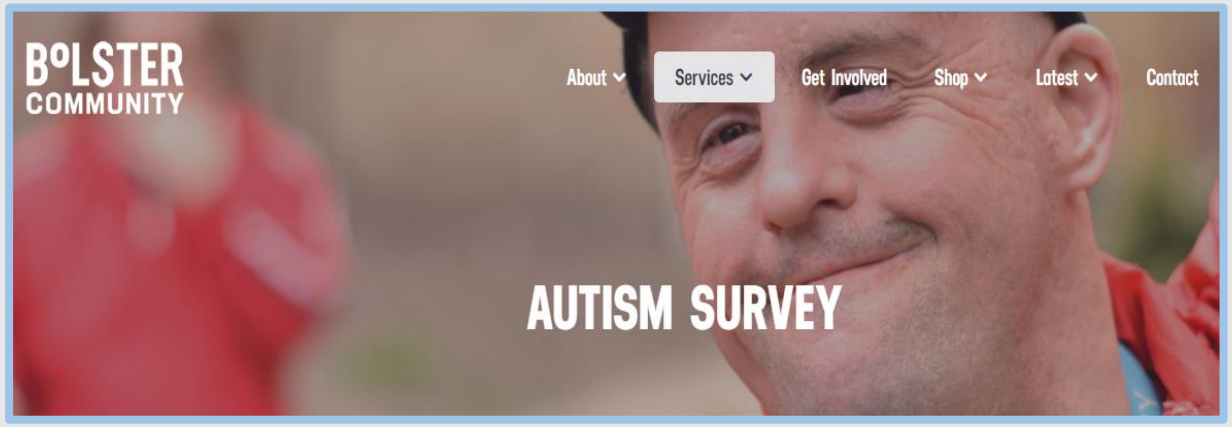
FRIENDS RESILIENCE

- FUN FRIENDS - AGES 4-7
- FRIENDS FOR LIFE - AGES 7-14
- MY YOUTH FRIENDS - AGES 12-15
- ADULT RESILIENCE - ADE 16+

IF YOU WOULD LIKE TO REGISTER FOR ANY OF THE ABOVE PROGRAMMES PLEASE CONTACT US ON 028 3083 5764

NEWRY & MOURNE LPG AREA

Further info. e: sarahmcg@youthaction.org



SURVEY - Local Provision for Adults with Autism Survey. Have your say and help shape the future design of these vital services across Newry & Mourne. Strictly Confidential Survey - Click Here

NEWRY & MOURNE LPG AREA

Primary Care Multi-Disciplinary Team

Primary Care Multi-Disciplinary Teams Introduced to GP Practices

Newry and District GP Federation is working in partnership with the Southern Trust to roll out the 'Multi-Disciplinary Teams' (MDT) initiative which aims to promote the physical, mental and social wellbeing of local communities.

What are General Practice Multi-Disciplinary Teams?

We understand that your physical health, mental health and social wellbeing are all equally important to you.

Multi-disciplinary teams aim to help you address these issues at the earliest opportunity, by giving you access to a range of experts who can offer you the care, advice and support that you need.

This innovative approach involves the appointment of practice-based First Contact Physiotherapy Practitioners, Senior Mental Health Practitioners and Social Work Practitioners within GP practices.

Through time, all 31 GP practices within the Newry and District GP Federation area will have a dedicated Social Work Practitioner, Social Work Assistant, Mental Health Practitioner and First Contact Physiotherapy Practitioner working in practice as part of the team.

The first GP Practices with a new Multidisciplinary team in place are:

- **Meadowlands Surgery, Newry**
- **Clanrye Surgery, Newry**
- **Dr McNiff and Partners, Banbridge Group Surgery.**

First Contact Physiotherapists and Senior Mental Health Practitioners are also working in the following GP Practices.

	Senior Mental Health Practitioners	First Contact Physiotherapy Practitioners
Newry City		
Clanyre Medical Practice	Yes	Yes
Clanrye Surgery	Yes	Yes
Meadowlands Surgery	Yes	Yes
South Armagh		
Rathkeeland GP Practice	Yes	No
Dr Fee GP Practice	Yes	No
South Down		
Summerhill Surgery	Yes	Yes
Mourne Family Clinic	Yes	No
Annalong GP Practice	Yes	No
Banbridge		
Dr McNiff & Partners	Yes	Yes
Dr McCandless & Partners	Yes	No
Dr Ramsey & Partners	Yes	No

ARMAGH & DUNGNNON AREA

Overview

Promoting Wellbeing DIVISION

The Community Development Workers in Armagh & Dungannon have developed this survey to capture details of Community and Voluntary groups/organisations and the activities/services they provide in the area.

This information will be used:

- To help us work together and make connections.
- Identify if and where there are gaps
- Identify what support if any is required

We appreciate you taking the time to complete this 10 minute survey.

Closes 11 Dec 2020

Opened 12 Nov 2020

Contact

Jacqueline Masterson & Tracey Powell

(Community Development Workers)

Promoting Wellbeing Team

028 37 564494

jacqueline.masterson@southerntrust.hscni.net

SURVEY CLICK HERE

BCM (BELFAST CENTRAL MISSION) PROVIDES HOUSING SUPPORT FOR YOUNGER PEOPLE AGED 16-25. WHO ARE EXPERIENCING HOUSING DIFFICULTIES ACROSS DUNGANNON, ARMAGH, NEWTOWNARDS AND MAGHERAFELT.

We are a free and confidential service providing guidance, advice and support for up to two years, helping with the things YOU want or need help with.

WHAT WE DO

- We can help you find a new home, get set up and settled
- We help you maintain a home
- Develop your independent living skills
- Signpost and support education, training or employment opportunities
- Developing support networks in your area
- Budgeting /maximise income / benefits advice

Contact Joanne on jmccourt@belfastcentralmission.org or by calling +447789518785

ABC COUNCIL AREA

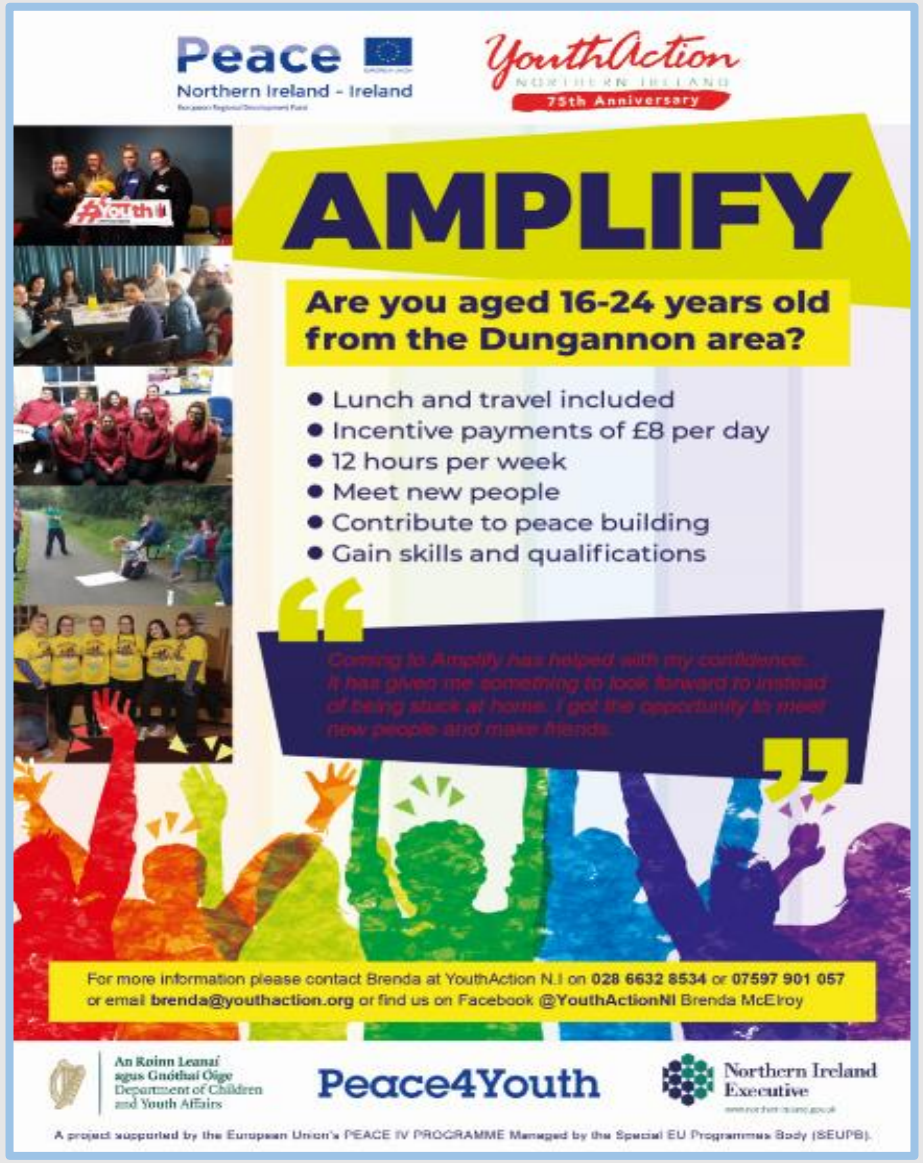
Community Support Line
Tel: 028 38312417

FREE community engagement project focusing on the environment, heritage, leisure & recreation and biodiversity. This programme is targeted at those aged 6-12 years old.

Sign up NOW by visiting
www.acbcoutdoorspaces.co.uk

E: fap@armaghbanbridgecraigavon.gov.uk

DUNGANNON LPG AREA



Email brenda@youthaction.org

SOUTHERN AREA LOCALITY PLANNING GROUPS

CYPSP Children & Young People's Strategic Partnership

ISSUE 48 | 19th November 2020

FYI

For Your Information

Some friendly guidance to those who are submitting information to **FYI**:

1. Submit the information in the format you would like it to be included. We won't transform a word-heavy document into a flyer, please make it easy for us!
2. Less words, bigger pictures!
3. We do not advertise or endorse those events or programmes which are privately funded as a business.
4. Information will usually be included for x2 editions (1 month), unless requested or if your event takes place sooner.
5. FYI will be issued every fortnight, on a Thursday afternoon. Please send your articles for inclusion by 5pm of the Tuesday prior to this.
6. We may have to decline to advertise information which is not applicable to better outcomes for children and young people.
7. Your feedback is welcome. (We are not perfect, but will strive to be as good as we can.)
8. Please let us know if FYI has helped your service, event or activity in any way.

***** UPCOMING 2020/21 LPG MEETINGS *****

Newry LPG:	TBC
Armagh LPG:	TBC
Craigavon LPG:	Tuesday 24th Nov
Banbridge LPG:	Tuesday 1st Dec
Dungannon LPG:	Thursday 10th Dec
South Armagh LPG:	Tuesday 15th Dec

Per ongoing guidance, all meetings are currently planned to take place via Zoom and will begin at 10am

View / Share recent editions of 'FYI' newsletter:

Issue 47 – 5th November Issue 46 – 15th October

For general newsletter information, contact:

Kerry O'Hagan @ localityplanning@ci-ni.org.uk or Darren Curtis (07725232566)

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