

Welcome to Issue 40 of 'FYI'.

It is great to see the ongoing support which is being offered to children, young people and their families living in the SHSCT area during the summer months.

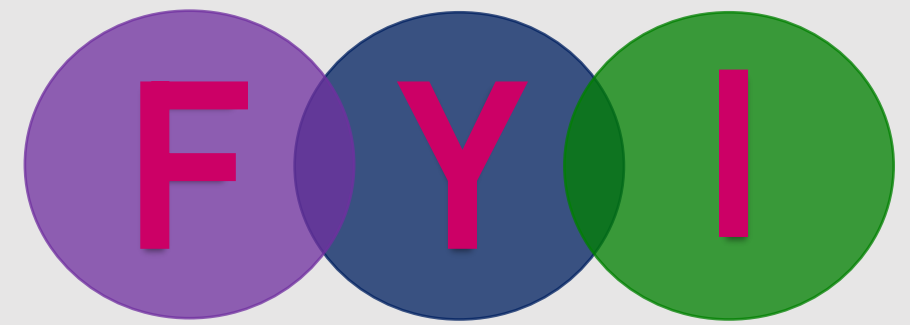
We invite organisations to submit information on any relevant upcoming programmes, activities, workshops or webinars, so that we can continue to keep our members and wider contacts updated on opportunities which are available across the remainder of July, August and beyond. (Please refer to the final page of this newsletter for guidance as to how best to submit your information.)

Stay safe and stay connected!

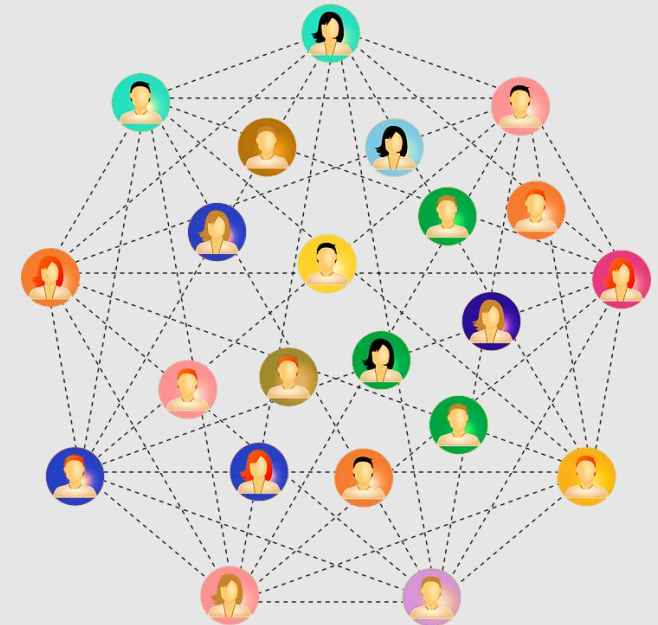
Joanne Patterson and Darren Curtis
Locality Development Team, Southern Trust Area

In this issue...

- Pages 2 to 20 - [Southern Trust Area](#)
- Page 21 - [ABC Council Area](#)
- Page 22 - [Armagh & Dungannon LPG Areas](#)
- Page 23 - [Dungannon LPG Area](#)
- Pages 24 & 25 - [Newry, Mourne & Down District Council Area](#)
- Page 26 - [South Armagh LPG Area](#)
- Page 27 - [Newsletter Submission Guidelines, Upcoming LPG Meetings & Links](#)



For Your Information



Stay **connected...**

Stay **informed...**

Stay **supported...**

www.cypsp.hscni.net




SUMMER ONLINE RESOURCES & INFORMATION



Filter by:

☒ All
 ☐ Autism
 ☐ BAME / Translations
 ☐ Bereavement
 ☐ Carers
 ☐ Child Protection
 ☐ Community
 ☐ Disability
 ☐ Domestic Violence
 ☐ Drug/Alcohol
 ☐ Early Years
 ☐ Education
 ☐ Food
 ☐ Funding
 ☐ Helplines
 ☐ Homeless / Housing
 ☐ HSC
 ☐ In Care
 ☐ Kids / Young People
 ☐ LGBTQ+
 ☐ Mental Health
 ☐ Newsletters
 ☐ Parenting
 ☐ Volunteers




CHILD
Community Help in Learning and Development

CHILD – Community Help in Learning and Development
July 22, 2020

The project has been running very successfully the last 4 years across the Faughan area of Derry city and...


[Read More](#)



Book Trust – Book of the Day
July 21, 2020

Fans of Tom's Midnight Garden, Emma Carroll or Geraldine McCaughrean will find lots to love in our magical, memorable #BookOfTheDay!


[Read More](#)



Family Support Hubs Newsletter – 17 July 2020
July 20, 2020


This week's Family Support Hub Newsletter (which has now moved to fortnightly) is attached and available to download at <http://www.cypsp.hscni.net/download/fs-hubs/COVID-19-Family-Support-Newsletter.pdf>

[Read More](#)



BCM Housing Support for Young People
July 17, 2020


BCM's Housing support for young people has not stopped throughout the pandemic



HSC Public Health Agency
July 17, 2020

Support for communities responding to the impact the COVID19 pandemic


The Public Health Agency and the Community Networks in



Tackling loneliness together
July 17, 2020

Children, young people, parents/carers and colleagues...

CYPSP invites you to visit its **central resource** [HERE](#) and **filter by theme** for fun activities, events, books, art, recipes, parenting support, help, contacts & advice, all **updated daily**



Locality Planning Group Members

Summer Provision Guide 2020
(Version 6)

This is a live document and will be updated regularly. The document includes services that have amended their provision for the summer months in line with the changing landscape of Covid-19 regulations

This is not an exhaustive list of services and should be used in conjunction with <http://www.cypsp.hscni.net/download/documents/LPG-Members-covid-19.pdf>

<http://www.cypsp.hscni.net/covid-19-daily-updates/>
And www.familysupportni.gov.uk

If you would like to include your summer provision please contact una.casey@hscni.net

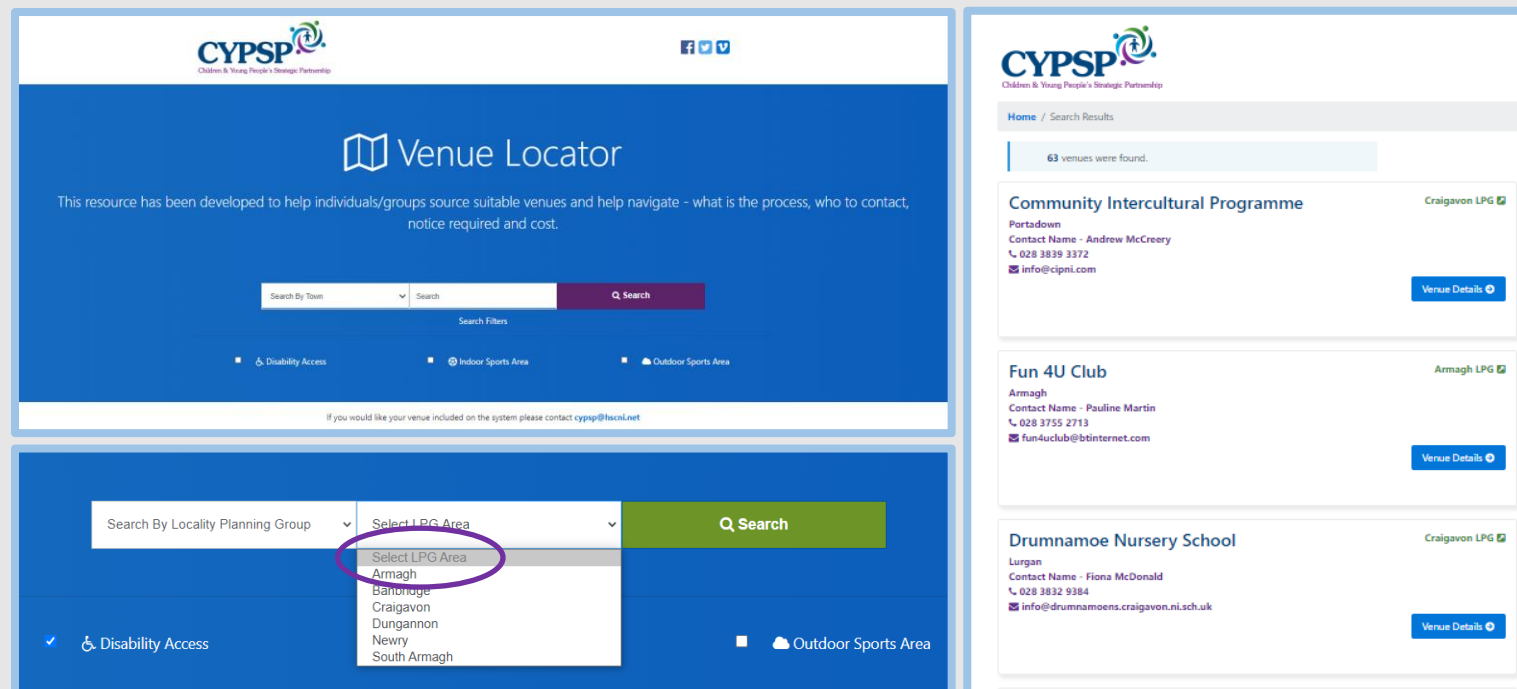
View the **Locality Planning Group Members Summer Provision** document, [HERE](#), which includes services that have amended their provision for the summer months in line with the changing landscape of COVID-19 regulations

If you would like to add your information to this resource, please e-mail una.casey@hscni.net

NEW VENUE LOCATOR RESOURCE

Due to support services wanting to introduce new social distancing services, CYPSP have developed a new resource to help individuals / groups source suitable venues and to help navigate processes

The searchable database covers all of the SHSCT area and can be accessed [HERE](#)



CYPSP
Children & Young People's Strategic Partnership

Venue Locator

This resource has been developed to help individuals/groups source suitable venues and help navigate - what is the process, who to contact, notice required and cost.

Search By Town: Search

Search Filters

- ☐ Disability Access
- ☐ Indoor Sports Area
- ☐ Outdoor Sports Area

If you would like your venue included on the system please contact cypsp@hscni.net

Search By Locality Planning Group: Select LPG Area Search

Disability Access ☒ Outdoor Sports Area ☐

Search Results: 63 venues were found.

Community Intercultural Programme Craigavon LPG

Portadown
Contact Name - Andrew McCreery
☎ 028 3839 3372
✉ info@cipni.com

Fun 4U Club Armagh LPG

Armagh
Contact Name - Pauline Martin
☎ 028 3755 2713
✉ fun4club@btinternet.com

Drumnamoe Nursery School Craigavon LPG

Lurgan
Contact Name - Fiona McDonald
☎ 028 3832 9384
✉ info@drumnamoens.craigavon.ni.sch.uk

If you would like to add your venue to this resource, please email cypsp@hscni.net and we will send you out a form to complete



CORONAVIRUS (COVID-19)

www.nidirect.gov.uk

**WE ALL
MUST DO IT
TO GET
THROUGH IT**



STAY HOME



KEEP DISTANCE



WASH HANDS

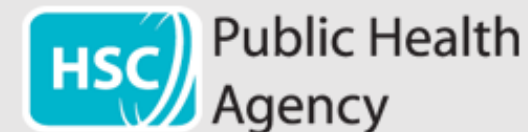
FOR ONGOING CORONAVIRUS INFORMATION, ADVICE & UPDATES VISIT:



[HERE](#)



[HERE](#)



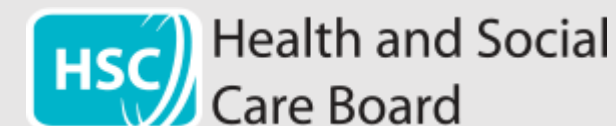
[HERE](#)



[HERE](#)



[HERE](#)



[HERE](#)



[HERE](#)



[HERE](#)



[HERE](#)

COUNCILS ARE CONTINUING TO MONITOR THE EVOLVING SITUATION WITH COVID-19 FOR ONGOING LOCAL INFORMATION, UPDATES & ADVICE VISIT:

Armagh City Banbridge & Craigavon Borough Council

RESIDENT COUNCIL BUSINESS NEWS JOBS

Home > Information and Advice Covid-19 (Coronavirus)

Information and Advice Covid-19 (Coronavirus)

Business Support

For information on business support and guidance from a variety of government departments and agencies during this unprecedented and difficult time [click here](#)

Community Engagement

We are pleased to support community groups and local organisations in their positive response to the Covid-19 pandemic, giving help to those most vulnerable and in need [click here](#)

Health & Wellbeing

Taking care of your health and wellbeing is essential during the Covid-19 pandemic. To stay safe, physically active, mentally strong and emotionally resilient, follow the advice on our Health and Wellbeing hub. [click here](#)

HERE

Comhairle Ceantair an Iúir, Mhúrn agus an Dúin Newry Mourne and Down District Council

New Telephone Numbers

Text Size Reset

Facebook Twitter

Home Residents Business Council

SEARCH Enter Keyword

Coronavirus

Access To Council Offices And Public Buildings

Bin Collections & Recycling

Births, Deaths, Marriages & Civil Partnerships

General News

Business Support & Self Employed

Car Parking, Charges & Enforcement

Communities & How You Can Help?

Coronavirus Updates

- Access to Council Offices and Public Buildings
- Bin Collections & Recycling
- Births, Deaths, Marriages & Civil Partnerships
- Business Support & Self Employed
- Car Parking, Charges & Enforcement
- Communities & How You Can Help?
- Dogs and Animal Welfare
- General News
- Grants & Funding
- Outdoor Recreation, Leisure & Sport
- Planning, Licensing & Building Control

Coronavirus Update

HERE

Comhairle Ceantair Lár Uladh Mid Ulster District Council

03000 132 132

Home Your Council Resident Business Visitor Leisure Jobs Contact Us

How can we help?

Search Mid Ulster District Council

You are here: Home / Resident / Health and Wellbeing / COVID-19: Advice And Information

Coronavirus: Advice And Information

In our on-going response to COVID19 and in line with the latest advice, we are prioritising the delivery of our essential services.

Essential services include services such as:

- Bin collections
- Registration services (deaths)
- Burial services
- We'll continue to receive planning and building control applications.

Community Help and Support

We are monitoring the evolving situation with COVID-19 and are following the advice of the Public Health Agency (PHA).

As more people become affected by COVID-19, lots of local organisations are offering help and support for their local communities.

Other useful pages

- > COVID-19: Advice And Information
 - > Emergency Community Support Fund
 - > Local Community Support
 - > Counselling and Advice Services
 - > Food Box Scheme and Food Banks
 - > Business Advice and Support
 - > Mental Health and Wellbeing
- > Fuel Stamps
- > Energy Efficiency Scheme
- > Home Safety Scheme
- > Make A Change
- > Blind Cord Safety

HERE

Youth disability campaigning opportunity

You could be the change you want to see in your community!

Would you like to:

- Develop your campaigning skills?
- Build confidence and meet new people?

Are you:

- Aged 16-25?
- If you answered yes...

Then you are who we are looking for!

Contact us

Email:
changemakers@leonardcheshire.org



Leonard Cheshire
in Northern Ireland

e: changemakers@leonardcheshire.org

Download the latest
Mentally Healthy Schools
coronavirus toolkit:

supporting the
return to school



MENTALLY HEALTHY SCHOOLS

 **Anna Freud**
National Centre for
Children and Families

Download [HERE](#)



Further info. [HERE](#)

If you are in emotional distress or despair call Lifeline on 0808 808 8000 and speak to a counsellor immediately

Mental Health Information | Self Help Toolkit | Take 5 steps to wellbeing | **covidwellbeing** ni.info | Helplines | Services & Support | Our Partners

Relationship Information

Information and practical advice for children and young people, families and relationships.

LOOK TO THE FUTURE - VICTIMS OF SEXUAL TRAUMA
Download PDF

CHILDREN AND YOUNG PEOPLE
Download PDF

HEALTHY RELATIONSHIPS DURING LOCKDOWN
Download PDF

PARENTING - SELF-HELP AND CARE
Download PDF

w: www.covidwellbeingni.info/relationships

We need your help!

Our Young Food Ambassadors have been working hard to produce an amazing new Right2Food podcast but now we really need your help to increase the number of listens and get their podcast into the iTunes 'New and Noteworthy' list.

You just need to listen to the podcast, give it a rating (up to five stars) and leave a short review, which is really easy to do.

Here is what you need to do:

- Search for **Right2Food** podcast on your podcast app or just google Right2Food podcast - you can find it directly here [on Apple podcasts](#)
 - To write a review, click 'Listen on Apple Podcasts' which will launch the podcast in iTunes
 - Listen to the podcast (there are a few episodes to choose between)
 - Go to the logo and you'll see to the right the option for 'Rating and Reviews'
 - Click five stars and write a great review!

Please **listen and share, share, share** - it's all about a spike in listeners so please do it today if you can.

Many thanks



ea Free School Meals and Uniform Grant
Education Authority

DID YOU KNOW?
If you receive a qualifying benefit, your child may be eligible for free school meals and assistance towards a school uniform.

ELIGIBILITY
Parent(s)/Guardian(s): you can apply if your child is in full-time education and you are in receipt of a qualifying benefit.
Student(s): you can apply if the course you are studying is a full-time course and you are receiving a qualifying benefit in your own name.

HOW TO APPLY
Application forms and instructions are available at:
www.eani.org.uk/financial-help Jobs and Benefits Offices
 Your child's school or college Community Advice Centres
 EA Offices

CONTACT US
You can call your local Education Authority office:
 EA Belfast Office 028 9056 4000
 EA Ballymena Office 028 2566 1355
 EA Dundonald Office 028 9056 6200
 EA Armagh Office 028 3751 2523
 EA Omagh Office 028 8241 1496

more information is available at:
www.eani.org.uk/financial-help
Eligibility to Free Schools Meals and the Uniform Grant is subject to Dept of Education Criteria and Education Authority approval

Further info. [HERE](#)

COVID-19 testing

Children under five years of age in Northern Ireland with symptoms of coronavirus are now eligible for testing.

For more information and to book a test visit
www.pha.site/coronavirus



Find out more [HERE](#)



Read full article [HERE](#)

Starting Back to School Resource Pack



Download [HERE](#)



The screenshot shows the Carers Trust website. The header includes the Carers Trust logo and navigation links: WHAT WE DO, HELP & INFO, and ABOUT US. Below the header, a breadcrumb trail reads: Home > What We Do > Our survey on the impact of Coronavirus on young carers and young adult carers. The main heading is "Our survey on the impact of Coronavirus on young carers and young adult carers". Below the heading is a photograph of a young man in a blue shirt holding a smartphone. To the right of the photo, the text states: "The results of a Carers Trust survey into the impact of Coronavirus on young carers aged 12 to 17 and young adult carers aged 18 to 25 was published in July 2020. They point to a steep decline in the mental health and wellbeing of the hundreds of thousands of young people across the UK who provide unpaid care at home for family members or friends."

Read survey results [HERE](#)



The screenshot shows the HSC Community Nutrition Programmes page. The HSC logo is at the top. Below it, the page title "Community Nutrition Programmes" is displayed in a dark blue banner. Underneath, the section "Overview" is followed by the subheading "Food & nutrition issues in your community – How can we help?". The main text reads: "We want to find out what nutrition issues are affecting your service users/community at this current time. We are aware that job roles and ways of working are likely to have changed due to COVID. We want to deliver a service that helps meets your service users needs."

Complete the survey [HERE](#)

ESOL NI

Regional Co-ordination Point
Guidance Document - Submission of
Proposal for FUNDING

Assistance to the provision of ESOL (English for
Speakers of other Languages) classes to Refugees through
the Northern Ireland Refugee Resettlement Scheme (NRRRS)



What help is available?



Category 1 - English Language Training (Childcare)

- ESOL providers can apply for financial assistance towards activities to facilitate the delivery of language training, such as traditional forms of childcare, crèches or playgroups, or existing childcare providers delivering English Language Training in addition to their services. More innovative approaches to Language Training are also welcome!

Submissions by 21st August 2020 (Childcare)



Category 2 - Additional Language Training Fund

- The Funding can provide support to increase NRRRS refugees' access to formal language training appropriate to their ability and needs. It can also be used to support informal language training that does not lead to an accredited qualification, but can help a learner progress to Entry Level ESOL, or on instances where deemed more appropriate. The principal outcome to be achieved through use of the Funding is to enhance the English language skills of adult refugees and to improve their resettlement, integration experience and employability prospects. FROM PRE-ENTRY UP TO ENTRY LEVEL 3 INITIATIVES ONLY.

- It could be used particularly for assistance accessing suitable and sustainable employment, including sector-specific support.

- The Funding can also be used to support activities that help overcome accessibility barriers and other infrastructural or logistical issues.



You & Your Experience of Working During Covid-19 Pandemic

Share Your Story,
Shape Our Service



During the COVID-19 pandemic in Northern Ireland staff have had to adapt quickly to different ways of working across all of our teams, significantly impacting upon our daily roles. At this time the 10,000 More Voices Initiative is focused on gathering stories from all staff, who work within Health & Social Care so that we can understand and learn about the impact of the pandemic and determine how we can improve the outcomes for all who work within Health & Social Care Northern Ireland (HSCNI)

The survey can be accessed through the website, **www.10000morevoices.hscni.net** or a hard copy requested from your local 10,000 More Voices Facilitator on 07789505502 (office hours) or email Mairead.Casey@southerntrust.hscni.net.

All data collected will be anonymous.



Take the survey [HERE](http://www.10000morevoices.hscni.net)

WE WOULD LIKE AS
MANY OF OUR STAFF
TO RESPOND TO THIS
SURVEY, SO FEEL FREE
TO SHARE THE SURVEY
LINK AND ENCOURAGE
OTHERS TO SHARE
THEIR STORY

e: lparizzi@belfastmet.ac.uk



Register to get involved [HERE](#)

APPLY TO THE
EU SETTLEMENT SCHEME
BEFORE THE DEADLINE ON

**30
JUNE
2021**

Find out more and apply now:
gov.uk/eusettlementscheme

IF YOU'RE AN EU CITIZEN LIVING IN THE UK APPLY TO EU SETTLEMENT SCHEME ONLINE

**Stronger Together EU Settlement
Scheme Support Project.**

We can help!

- Information & awareness sessions about EU Settlement Scheme
- Individual support and help with applying for Settled Status
- Specialised Immigration Advice from STEP, Law CentreNI and Children's Law Centre

**Free, confidential, multilingual,
local, OISC regulated**

Please contact Stronger Together on 02887750211 or info@strongertogetherni.org

e: info@strongertogetherni.org

The Mental Health Forum

would like to hear from
anyone who has accessed a
**Mental Health appointment, assessment,
review, triage, or consultation**
by video-link or telephone during COVID19
or has been a Supporter or Carer for
someone using this method to access services

Through a short and confidential conversation, we will listen to your experiences, feelings, and insights about these approaches. We will anonymise and collate what you share, and present that to those who have responsibility for planning and delivering services. Your voice matters, and your stories ideas and suggestions can help improve the experience of other Service Users and Carers in the future. Thank you.

This invitation for comment is open to all Mental Health Service users in SHSCT and their Carers. You do not have to be a registered member of the Forum to take part. Your conversation will be with someone who has themselves used Mental Health Services and not with a Trust Staff Member.

Responses welcome to:
Elaine: 0787-626-1033
elainefogarty42@gmail.com

Consultation closes: 5pm Friday 24 July



**MENTAL HEALTH
FORUM**

e: elainefogarty42@gmail.com



We know that support, connection and comfort when someone is bereaved is really important. We also know that during this COVID-19 pandemic, the restrictions around our mourning and funeral rituals can add to our sense of loss and isolation. In response to this we are offering a dedicated telephone listening service.

"Bereavement Helpline"

This service is available from Monday—Friday,
9am—5pm

028 375 67990

Professionals with knowledge, experience and insight into grief and loss will answer or return your call and offer a compassionate, listening ear. There may also be information we can help with or direct you to.

If you live in the Southern Trust and have been bereaved you can get in touch.

t: 028 375 67990

**BUSINESS CARDS
AVAILABLE UPON
REQUEST
(E-MAIL [HERE](#))**



Apply [HERE](#)

Small Capital Grants Programme

Small Capital Grants Programme 2020/21.

[APPLY HERE](#)

[GUIDANCE NOTES](#)

Co-operation Ireland has been appointed by the Department for Communities (DfC) as the Intermediary Funding Body for the 2020/21 Small Capital Grants Programme for Northern Ireland.

The purpose of this Programme is to promote Partnership and Collaboration among Voluntary and Community organisations. As such the amount of grant available to applicants will be dependent on the number of partners included on an application:

- 2 partner groups = can apply for £1,500
- 3 - 4 partner groups = can apply for up to £3,500
- 5+ partner groups = can apply for up to maximum £5,000

To be eligible for grant assistance organisations **must**:

- be constituted voluntary /community sector organisations located in Northern Ireland
- have an annual income of less than £100,000 per year.

This grant is only eligible for expenditure on capital items and groups must be able to incur the expenditure before **31 March 2021**.

Completed applications should be emailed to smallcapitalgrants@cooperationireland.org, and must be received by 5.00 pm on Friday 14th August 2020.

Apply [HERE](#)

Our People News Donate Contact Search

About Us Inspiring Generosity Achieving Impact Apply For Funding

The Community Foundation Northern Ireland

Community Foundation Northern Ireland > Ongoing > The Telecommunity Fund Grant

The Telecommunity Fund Grant

By [The Telecommunity Fund](#)

Who can apply:
Constituted grass roots community and voluntary groups

Ongoing - No Deadline

Area: Northern Ireland

Grant size: £500-£2,000

Priorities: Young people, older people or people with disabilities

Apply [HERE](#)

☰ NFU Mutual

THE NFU MUTUAL COMMUNITY GIVING FUND

Supporting community initiatives and charitable events



Apply [HERE](#)



SMALL GRANTS SCHEME - NOW OPEN

HELP FOR COMMUNITY & VOLUNTARY GROUPS

APPLY FOR UP TO £10K

30th 1990-2020
COMMUNITY RELATIONS COUNCIL

Apply [HERE](#)



PHA short term funding grants

- Making Life Better through COVID-19
- >£1k or £1-5K for non-profit community and voluntary groups
- Deadline: 6th Aug. at 3pm



[Guidance Notes](#) / [Application Form](#) / [Guidelines for Completing Application Form](#)



FREE LOCAL HELPLINE
0808 8020 400

July 2020 Update

Parentline NI delivers the Regional Parent Support Helpline throughout Northern Ireland.

Parentline have conducted a phased return plan to bring staff back into the office. We will be offering our face to face service within a safe and secure environment from August and will continue to offer zoom for parents with complex needs.
Please continue to send your referrals to parentline@ci-ni.org.uk.



We have been extremely busy during the pandemic and would like to thank our hard working team for going above and beyond their normal duties. Parentline staff have worked extremely hard supporting parents and carers across NI and we have decided to take a two week holiday to boost our own well-being. Parentline will close 5pm on Friday 10th July and re-open Monday 27th July at 9am.



Opening Hours
Mon - Thurs 9am - 9pm
Friday 9am - 5pm
Saturday 9am-1pm.



We offer webchat on
www.ci-ni.org.uk or
email parentline@ci-ni.org.uk.



We continue to
facilitate face to face
support via numerous
online platforms



Our top five parenting
issues at the moment are:

- Child Behaviour
- Childcare
- Low Mood/Anxiety
- Separation and Contact
- Family Tensions

Parentline continues to support the COVID-19 Helpline and the Bespoke Childcare Scheme. We are here to listen, guide and advise all parents/ carers throughout Northern Ireland on any issues they currently face.



Parents, carers, family members...

if you need us
we're here.

Freephone 0808 8020 400 / [Webchat](#) / [E-mail](#)

Services Available Through The Hub May Include...

"The hub linked me with services I didn't know existed"

"It was so simple to make a referral and I got the help I needed"

"After a friend recommended that I contact the hub, I rang and spoke to the hub co-ordinator who helped me to make a self-referral"

There Are 3 Family Support Hubs In the Southern Trust Area

ARMAGH & DUNGANNON HUB
Pat McGeough
Young People's Partnership Barnardos
39A Abbey Street, Armagh
BT61 7DY
T: 028 37622380
E: familysupporthub@barnardos.org.uk

CRAIGAVON & BANBRIDGE HUB
Lisa Grant
NIACRO
26 Carleton Street, Portadown Co. Armagh
BT62 3EP
T: 028 38331168
E: familysupporthub@niacro.co.uk

NEWRY & MOURNE HUB
Allison Slater
SPACE
24 Monaghan Street, Newry
BT36 6AA
T: 028 30836764
E: familysupporthub@space-ni.com

Southern Area FAMILY SUPPORT HUB

Many families need a little extra help sometimes

Information for Families

What is the Family Support Hub?

- The Family Support Hub is a meeting of representatives from community, voluntary and statutory organisations who deliver services for children and families in your area.
- Each Family Support Hub has a lead body who co-ordinates the meeting and receives the referrals.
- The members of the Family Support Hub are from a range of statutory and community/voluntary agencies who offer services in your area. These agencies include; Education Welfare, Health Visiting, Womens Aid, Homestart, Social Services, Surestart and Child and Adolescent Mental Health Services.
- Referrals will not be accepted without your consent. If the young person you are seeking support for is over 16, they must also sign the referral form.
- For more information follow this link <https://vimeo.com/216493917>

Your Family Support Hub Will

- Meet once a month to discuss referrals to identify and connect you and your family to the service you need at a time when you need it.
- Work in partnership with you and your family.
- Act professionally ensuring all information is treated in a confidential manner.

How The Hub Works

A referral form is submitted to your local hub-coordinator.

The Hub Co-ordinator may contact you for more information prior to the Hub meeting.

Hub Co-ordinator will present all referrals received to the monthly meeting. The Hub members will then discuss your referral and aim to match your family to the best service for you.

Only core Hub Members attend the meeting, you will not need to attend.

You will receive a letter from the Hub Co-ordinator to let you know what service was identified as most appropriate to meet your needs.

The service that was identified as most appropriate will then contact you directly.

You can choose whether or not you wish to accept the support that has been offered. You are in control.

What Are The Criteria For Making A Referral To The Hub?

- Your family would like support - this is a voluntary process and you can withdraw your referral at any time.
- You are a family with children aged 0 - 17 years.
- No social worker currently involved with your family.

Some of the challenges the Hub can help with

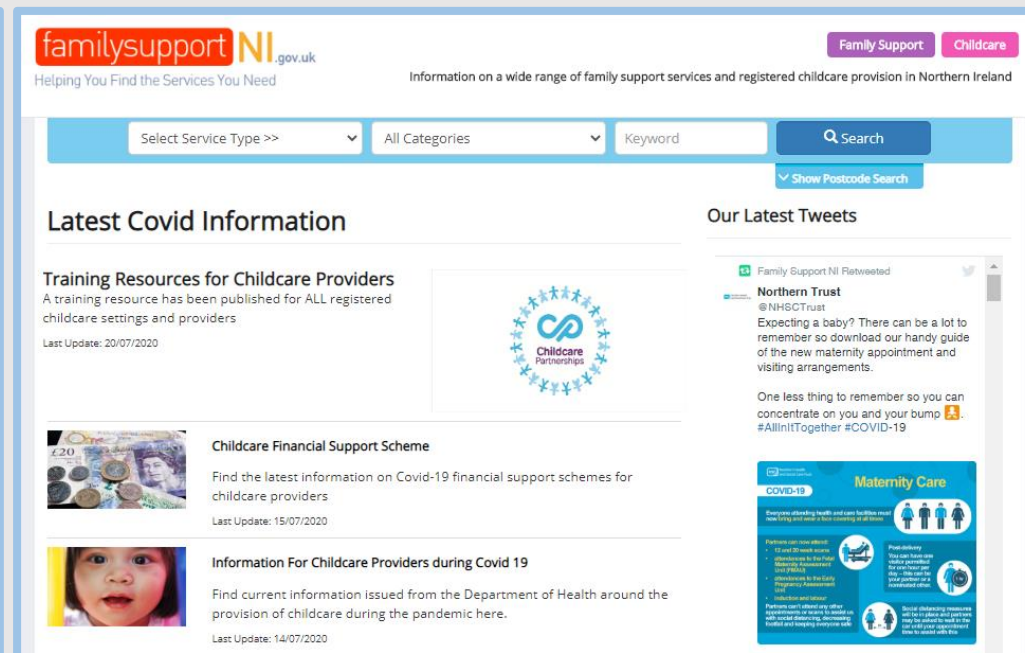
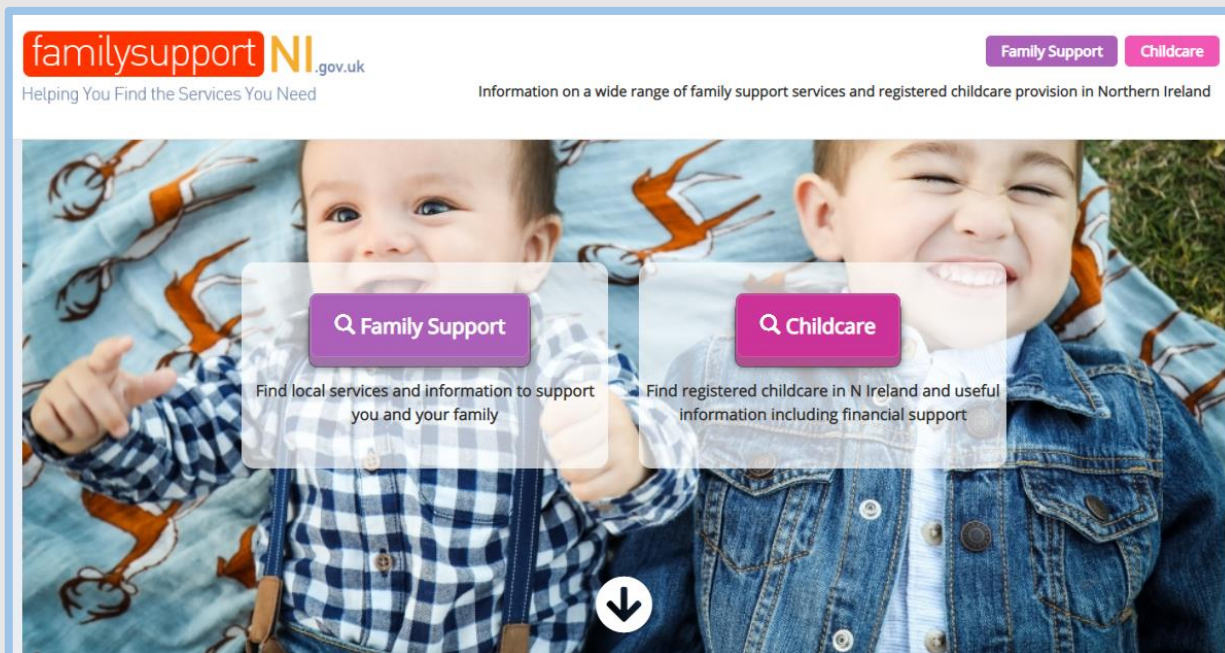
Who Can Refer To The Hub?

- You can make a self-referral to the family support hub or a referral can be made by anyone working on your behalf i.e. teacher, doctor, health visitor or community group.
- You can download a referral form from <http://www.cypsp.hscni.net/family-support-hubs/> or just pick up the phone and call your local family support hub co-ordinator. Details can be found on the back of this leaflet.

Our 3 **Family Support Hubs** in the Southern Area continue to operate and are open for referrals. Due to developments with Covid-19 there is a reduction in the level of support given, with support through telephone contact and signposting.

Please make any **referrals by e-mail** (E-mail addresses available [HERE](#))

The latest edition of the **NI Family Support Hubs Newsletter** is now available to download [HERE](#), providing advice, resources and project updates as of 17th July 2020



Check out the www.familysupportni.gov.uk website, making it easier for people in NI to find out about **family support services** and **ALL REGISTERED childcare providers** in NI

Childcare Providers, as your services are re-opening again, please **check your details are correct and up-to-date** (Quick Tip: Type name into Keyword Search in 'Childcare' Section)

Do you have vacancies? Have you indicated other offerings for parents looking for childcare?

Send additions / amendments to info@familysupportni.gov.uk

Latest **COVID-related information** now available in dedicated COVID Information Section [HERE](#)



ABC COMMUNITY NETWORK
ARMAGH BANBRIDGE CRAIGAVON

ABC Community Network is welcoming visitors to our premises on an appointment basis only.

To book an appointment, please get in touch with us by:

Tel: 028 3839 2777
Txt: 07522 424 708
Email: info@abccommunitynetwork.com

All visitors must follow ABC's health and safety procedures

W e l c o m e

PLEASE FILL IN
THE COMMUNITY
NEEDS & SKILLS
SURVEY [HERE](#)

e: info@abccommunitynetwork.com

WE HAVE MOVED!!




BCM's Housing Support for Young People has recently moved from Dungannon to:

Western House
1-2 Dungannon Road
Coalisland
BT71 4HR

Give us a call on 02887 750175 if you would like to say hello! ☺



We aim to provide floating support for young people aged 16-25 years, who are experiencing housing difficulties in:

Dungannon/Armagh

Newtownards

Magherafelt

This might include:

Homelessness

Leaving care

Struggling to maintain a home

Rent arrears

Risk of eviction

Moving into a new home

How we can help

- Applying for housing
- Benefits/Grants applications
- Independent living skills
- Education, training or employment opportunities
- Setting up your new home
- Knowing your rights
- Budgeting



We are a free and confidential service providing guidance, advice and support for up to two years, helping with the things YOU want help with.

How you can get involved...

Referrals can be made by social workers, the NI Housing Executive or any community, voluntary or statutory organisation or agency.

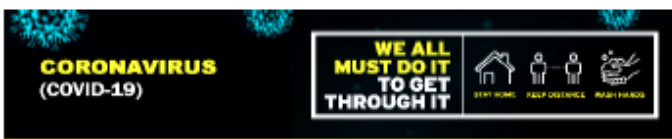
Alternatively, you can contact the programme directly or complete the application form on the BCM website.

What's next? Contact us!

Call 028 8775 0175 or visit www.belfastcentralmission.org

The project manager will contact you to have a chat about how we might help & assign you a Support Worker.

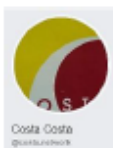
t: 028 8775 0175



COSTA Covid-19 Recovery to a New Normal

COSTA will be continuing to assist local groups to work towards 'normality' via provision of templates, guidance, information, funding information, on-line training sessions, virtual 'Open Door Days', and we are always available via phone 028 855 56880 and email info.costa@btconnect.com

- ✓ Covid 'Recovery Packs' for Groups / Community Venues / Halls
- ✓ Risk Assessments, Covid Plans & Templates
- ✓ Assistance with Zoom Meetings / Getting On-line
- ✓ Grant Tracker / Funding Searches
- ✓ Funding Application support
- ✓ CCNI Charity Registration
- ✓ CCNI Charity Annual Returns
- ✓ Information & Updates
- ✓ Guidance
- ✓ Signposting
- ✓ Training / Info Sessions & Governance (very wide variety of topics)
- ✓ Much more on request



Follow our FaceBook Pages
important information posted daily:

Costa Costa

<https://www.facebook.com/costa.network/>

&



COSTA Community Organisations of South Tyrone
& Areas

<https://www.facebook.com/COSTA-Community-Organisations-of-South-Tyrone-Areas-59593680543961/>

e: info.costa@btconnect.com




**network
personnel**
Specialist in Employment

**COMMUNITY FAMILY
SUPPORT PROGRAMME:**

**'TURNING CHALLENGES INTO
CHANCES'**

DURING THESE DIFFICULT TIMES WE HAVE
SPECIALIST MENTORS AVAILABLE TO SUPPORT YOU
AND YOUR FAMILY!

Some of the support we offer includes:

- Exploring funding/grants/access to local services that can help with essentials
- Guidance on self-care, tips to maintain motivation, good physical and mental health and info on specialist support available to you
- Help and advice to access free online training and prepare for future education or employment opportunities

FOR MORE INFORMATION CONTACT
MAXINE ON 07872838680

Maxine works for the Community Family Support Programme within Mid-Ulster Area. We work with families and individuals to help put support in place for those who need health and/or social support. We have experienced Family Mentors to help with a range of support from building confidence, goal setting, to addictions, as well as sourcing out relevant specialist support to help individuals progress, according to needs. Our aim is to help support those who aren't currently in employment or education progress towards their goal of either employment, education or training.

**PM for more information, or contact
Maxine on above number.**

t: 07872838680



Everybody Active 2020

Low Cost & Free Community Exercise Classes

Free Online Weekly Exercise Classes

Classes last 30-40minutes

MONDAY

9.30AM: Morning Fitness with Cathal

WEDNESDAY

10AM: Yoga with Majella*
11AM: Chair Yoga with Majella*
11.45AM: All-Ability Fitness

THURSDAY

9.15AM: Boxercise with Cathal Fegan
5.15PM: Tik Tok Dance for Kids with Sarah Hillen Dance

FRIDAY

11AM: Chair Exercises with Leah R

*Yoga commences 29th July

Low Cost Weekly Outdoor Classes

Classes last 30-40minutes

WEDNESDAY

12PM: Football Skills £1
Kilkeel Leisure Centre Pitch

12PM: Walking Group Free
St Colman's Track

2PM: Female Fitness with Emma McMahon PT £1
Newry Leisure Centre
Overflow Carpark

THURSDAY

12PM: Walking Group Free
Meeting at Ballymote Centre

1PM: Metafit £1
Suitable for Parents & Children
Newry Leisure Centre
Overflow Carpark

2PM: Outdoor Circuits £1
Down Leisure Centre Carpark

Free Outdoor Family Fitness

Contact Community Rep to register

MONDAY

6.30PM: Drumalane/Quayide Close Football Pitch 20th, 27th July & 3rd August

TUESDAY

2PM: Strangford, The Links Playing Field 21st, 28th July, 4th & 11th August

4PM: Ardglass, The Meadow Playing Field 21st, 28th July, 4th & 11th August

WEDNESDAY

2PM: Crossgar, Lislea Drive 22nd, 29th July, 5th & 12th August

4PM: Killyleagh, The Bridge Centre Playing Fields 22nd, 29th July, 5th & 12th August

THURSDAY

5.45PM: Barcroft Park, The Barley Field 16th, 23rd & 30th July

6.30PM: Martins Lane, Altnaveigh Park 16th & 23rd July

Sign up on www.clanryegroup.com/book-now
Any questions, call us on (028) 3089 8119



Book [HERE](#)



2020 Applications Open

Fortnightly Meetings	Ages 15-19	Deadline Fri 11th Sep
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Are you interested in issues affecting young people?
Do you want to make change in your community?

Contact us today to get your application form!!







About us

The Newry & Mourne Youth Council are a group of young people aged 15-19 from the Newry, Mourne and South Armagh area who act as the representative voice of young people to develop social action programmes based on the needs of young people in our area.

Why Join us

You can make a real difference in your community; gain new skills and qualifications; enhance employability; get opportunities to travel; meet new people and experience once in a lifetime opportunities.

What we do

We act as a representative voice of young people while raising the positive image of young people;
We create our own action plan to organise events for the areas youth to raise awareness on local issues;
We lobby service providers to enhance services for young people such as Education, Health and Environment.

 Newry & Mourne Youth Council
  @Newryyc
  @Newryyc
  @Newryyc
  rosie.carey@eani.org.uk

e: rosie.carey@eani.org.uk

NEWTOWNHAMILTON
COMMUNITY ASSOCIATION

Virtual
SUMMER
Scheme

AGES 5 - 10

MON 27TH - FRI 31ST JULY 2020

ONLINE ACTIVITIES & ACTIVITY PACKS

For registration and more information
check out our **Facebook** page
or Email: nthcc@hotmail.co.uk

Facebook / e: nthcc@hotmail.co.uk

Rural Health Partnership
SOUTH ARMAGH WALD Centre, Tullynavall Road, Cullyhanna, Newry, Co. Down BT35 0PZ
☎ 028 3086 1220 ✉ ruralhealthpartnership@hotmail.co.uk

**Supporting and strengthening
rural communities**

**Providing training, education
and personal development**

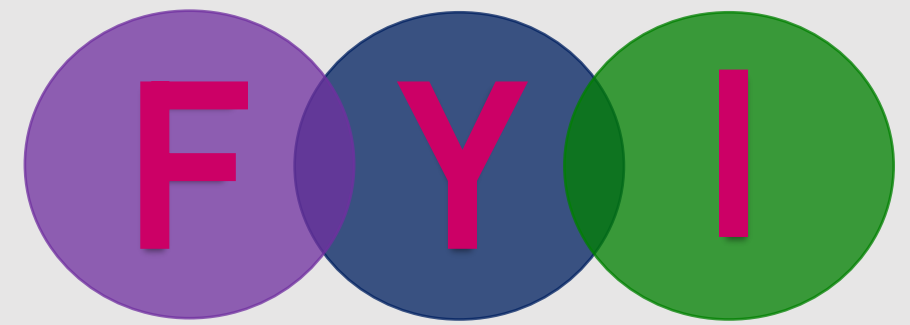
**Promoting good mental
health and wellbeing**

Rural Health Partnership provides a wide range of activities and programmes in the South Armagh Area including:

<p>TIME FOR ME SERIES</p> <p>(Self-care and creative expression) e.g. Mindfulness & Meditation, Capacitor, Colour therapy, classes in knitting and sewing, flower arranging or arts and crafts, Creative writing</p>	<p>PHYSICAL ACTIVITY SERIES</p> <p>(Opportunities to get active in group settings with facilitator/instructors on hand) e.g. Walking, Easy cycling, Couch to 5K jogging, Choose to loose, Balance and Strengthening, Yoga and Pilates, Reflexology for Cancer care, Yoga mindfulness in the woods. Combat, Cardio and Conditioning classes coming soon</p>
<p>MENTAL HEALTH AND WELLBEING SERIES</p> <p>(Awareness of wellbeing or mental health topics, personal exploration and practical self-care tools) e.g. Wellness toolbox, Gratitude gratefulness and hope, Stress awareness, Resilience through photography, B Positive, Dementia Awareness, Bounce, 5 ways to wellbeing, WRAP, ASIST, Mental Health First Aid, Living life to the full, Living a Grateful life, Teen mindfulness for exam stress, Shoulder to Shoulder, Suicide Safer Communities. In partnership with PIPs, a range of Wellness and mental health courses in partnership with the Recovery College)</p>	<p>IT AND WORK SKILLS SERIES</p> <p>(Awareness and skill development including beginner level) e.g. IT for farmers, IPAD Internet and Email, accredited learning on IT via Southern Regional College</p>
<p>FAMILY NURTURING SERIES</p> <p>(Family and parenting focussed skills and activities) e.g. Hopeful minds, Baby and parent yoga/massage, Nurturing and weaning, strengthening families, Effective parenting, Enneagram 1&2, Myres Briggs, Roots of empathy</p>	<p>CURIOUS MINDS SERIES</p> <p>(Information sessions, talks or Group discussion opportunities on diverse topics) e.g. Women through the ages, Mental Health perspectives</p>
<p>PHYSICAL HEALTH SERIES</p> <p>(Awareness sessions and practical programmes relating to health conditions) e.g. Cancer awareness for Bowel Breast Cervical and Skin, Menopause Matters, Smoking Cession, Cook-it, Health issues in the Community</p>	<p>LIFE SKILLS TOOLBOX</p> <p>(90mins courses providing practical tools and some craic along the way). In development in response to expressed need.</p>
<p>FIRST AID AND SAFEGUARDING SERIES</p> <p>(Practical first aid skills for different settings) e.g. First Aid for Farmers, Parents, Volunteers, Child protection, Designated person safeguarding</p>	<p>FAMILY AND CHILD HOLISTIC SERIES</p> <p>e.g. Chair Yoga and dance, Baby reflexology, Mammy & Me yoga, Mindful yogis, Baby massage, Babys sensory development, Dance and movement, Promoting speech and language through play. These classes can be adapted to children with special needs</p>

Contact us to learn about our full prospectus and to register. Our WALD Centre Hub also provides information and signposting on mental health and wellbeing issues and opportunity to subscribe to a Community newsletter

e: ruralhealthpartnership@hotmail.co.uk



For Your Information

Some friendly guidance to those who are submitting information to **FYI**:

1. Submit the information in the format you would like it to be included. We won't transform a word-heavy document into a flyer, please make it easy for us!
2. Less words, bigger pictures!
3. We do not advertise or endorse those events or programmes which are privately funded as a business.
4. Information will usually be included for x2 editions (1 month), unless requested or if your event takes place sooner.
5. FYI will be issued every fortnight, on a Thursday afternoon. Please send your articles for inclusion by 5pm of the Tuesday prior to this.
6. We may have to decline to advertise information which is not applicable to better outcomes for children and young people.
7. Your feedback is welcome. (We are not perfect, but will strive to be as good as we can.)
8. Please let us know if FYI has helped your service, event or activity in any way.

*** IMPORTANT NOTICE FOR LPG MEMBERS ***

We recently met all of our Locality Planning Groups virtually, via Zoom, and plan to do so again post-summer. (Details regarding future scheduled LPG meetings will follow in due course.)

In the meantime, we would like to take this opportunity to thank all of our members for their ongoing commitment to locality planning.

View / Share recent editions of 'FYI' newsletter:

[Issue 39 - 9th July 2020](#) | [Issue 38 - 25th June](#)
[Issue 37 - 11th June 2020](#) | [Issue 36 - 28th May 2020](#)

For general newsletter information, contact:

Darren Curtis (07725232566) or Joanne Patterson @ localityplanning@ci-ni.org.uk

CYPSP, 2nd Floor, Health & Social Care Board, Tower Hill, Armagh. BT61 9DR