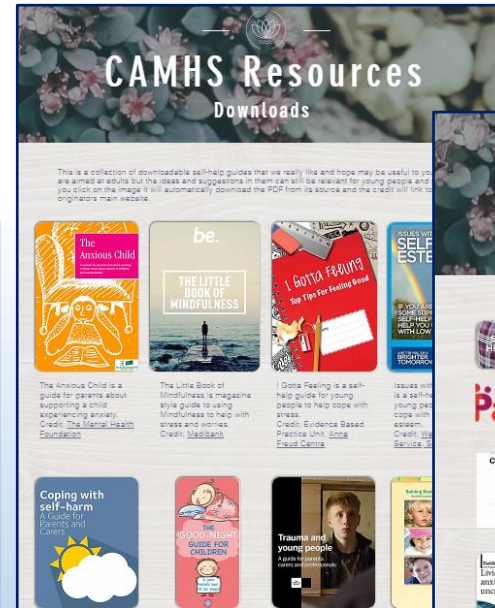
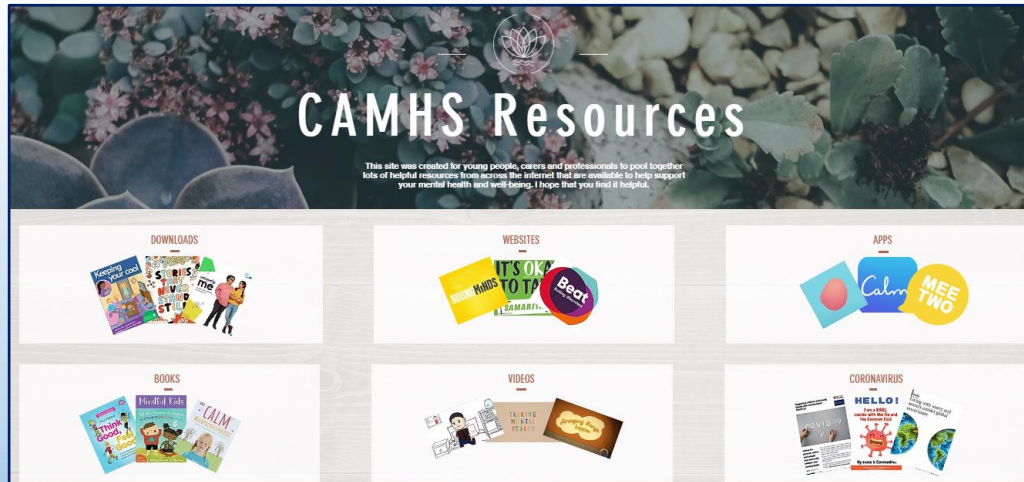


For daily updates on services available in your area  
 during COVID-19

~~DAILY  
UPDATE~~



Created for young people, carers and professionals to pool together lots of helpful resources from across the internet that are available to help support your mental health and well-being

Visit the CAMHS Resources website [HERE](#)