

For daily updates on services available in your area
during COVID-19

~~DAILY
UPDATE~~

Fact Check!



Help getting food during COVID-19

Anyone in need can phone the COVID-19 freephone
community helpline on **0808 802 0020**

If you have someone to help you with
your shopping and you can afford food...

...continue to get help from them

If you don't have anyone to help you with your
shopping and you can afford food...

*...get your food delivered from local shops or
supermarkets or ask local volunteers to pick
up your shopping*

If you can leave the house,
but you can't afford food...

*...help will be provided,
e.g. a referral to a foodbank*

If you are shielded or vulnerable, don't
have help and can't afford food...

*...you will be eligible to a food box
through your local council
coordination hub, local community
group or Red Cross*

Think. Check. Share.



Where can people get help with food and shopping
during COVID-19?

The Community Development & Health Network have
teamed up with FactCheckNI to help explain what
support is available

Read the full article here [HERE](#)

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