

For daily updates on services available in your area during COVID-19

**DAILY UPDATE**

**RESOURCE PACK  
FOR CHILDREN & YOUNG PEOPLE**

APRIL 2020

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A range of resources from Autism NI to help autistic individuals, professionals, parents/carers and family members.

[View Here](#)

We build better family lives together

[Fun things to try with disabled children](#)

[20 Fun Activities for Kids with Disabilities](#)

[10 Sensory Activities for children with Autism](#)

[Outdoor Activities for children with Special Needs](#)

[Activities for people with disabilities](#)

[Advice on sensory play for children with special needs](#)

**THE ANTI-BOREDOM PROJECT**

8-10AM: DAILY NEWS  
 10AM-12NOON: ACTIVE LEARNING  
 12NOON-2PM: HARRY POTTERS  
 2-4PM: TECHNO LEARNING  
 4-5:30PM: ACTIVE AFTERNOON  
 5:30-7:30PM: DINNER & 2/3  
 7:30-9PM: STORIES & BED

Trauma | ACES | Resilience – Resources  
 Resource to help raise awareness of existing information, research, multi-media information and links to work carried out with regards to Adverse Childhood Experiences, Resilience and Trauma Informed Practice.

[Download Here](#)

[Resources to support children and adults around anxiety, worry, stress, and fears; including specific covid resources](#)

[Guidance on how schools can support children and young people during COVID-19](#)

[Online resources, tools and advice to support families to make the best use of tech](#)

[Useful resources from AWARE to support your mental health at this time](#)

Wide Open School is a free collection of the best online learning experiences for kids curated by the editors at Common Sense. It is organized so teachers and families can easily find it and plan each day.

[Go to Website](#)

To help families bring some structure, learning and fun into their daily routine during this difficult time, CYPSP have created a resource pack which brings numerous resources and activities together in one place, [HERE](#)