SOUTHERN AREA LOCALITY PLANNING GROUPS

CYPSP
Children & Young People's Strategic Partnership

ISSUE 25 | 6TH FEBRUARY 2020

FYI

For Your Information

Welcome to the 25th edition of our information bulletin, **FYI** (*For Your Information*).

In our last edition we asked for feedback on FYI, as we have been running for a year now and are evaluating its impact. The survey is again included with this edition so could you please take a few minutes to complete that, if you have not done so already? (Thank you to those who have.)

The survey includes ideas for future editions, so feel free to be creative and think about what can help you in your work or with your family.

Stay connected!

Darren Curtis and Joanne Patterson
Locality Development Team, Southern Trust Area

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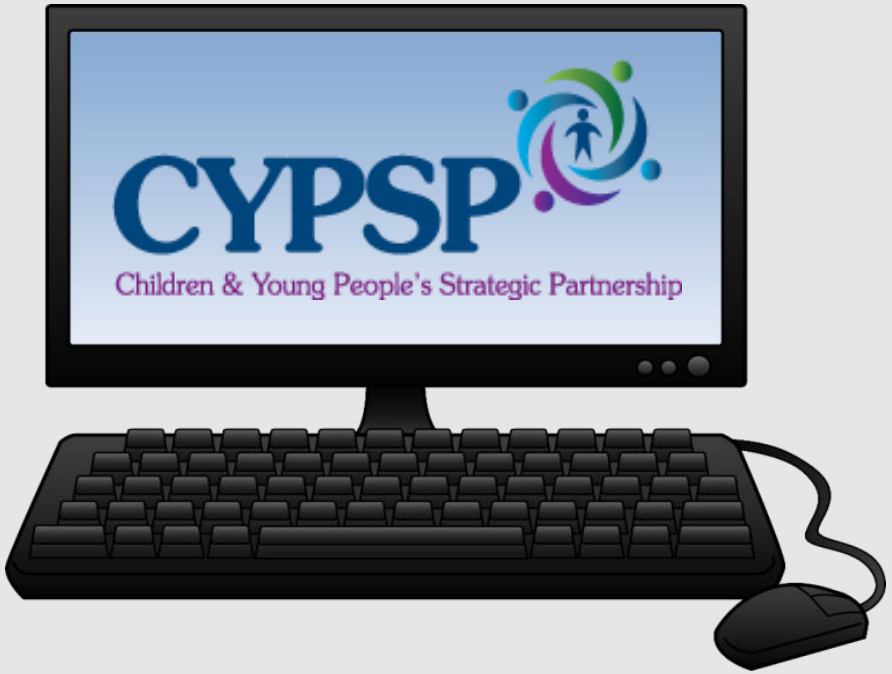
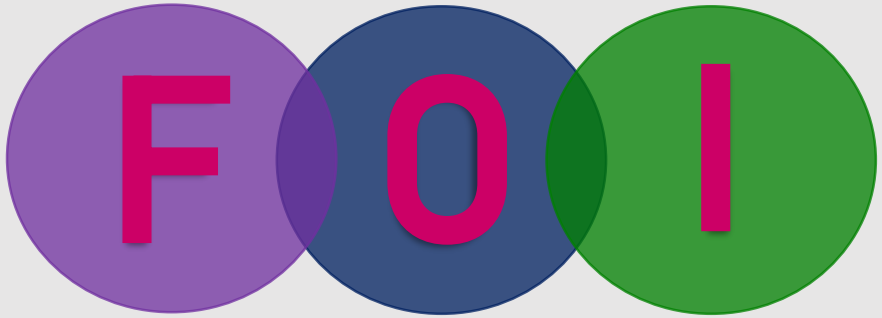
- Page 27 - Armagh
- Page 28 - Armagh / Dungannon
- Page 29 - Dungannon
- Pages 30 - Craigavon
- Page 31 - Newsletter Submission Guidelines & Upcoming LPG Meetings



www.cypsp.hscni.net

Now that 'FYI' is into its second year, we would like to get your feedback on our fortnightly newsletter and how it is making an impact to its direct recipients and to those with whom the e-bulletin is subsequently shared.

Therefore, 'FYI' (For Your Information), for a brief time, has also become:



For Our Information

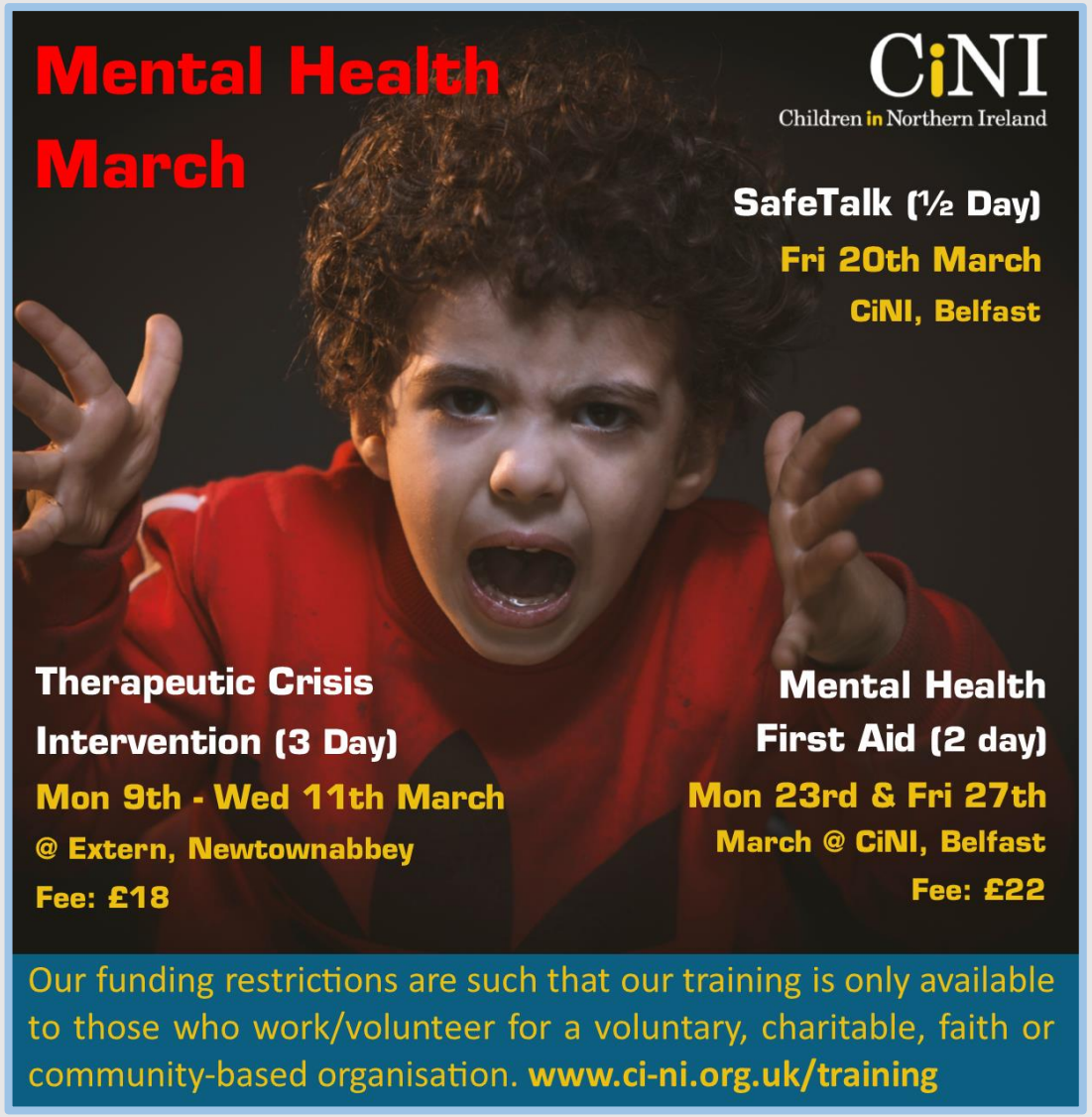
A **short feedback survey** is available, as an attachment and upon request, from localityplanning@ci-ni.org.uk, and the extended deadline for survey returns is **Friday 28th February 2020**.

Thank you for your continued support of this information sharing service, and, in advance, for giving us your feedback on 'FYI'.

SOUTHERN TRUST AREA

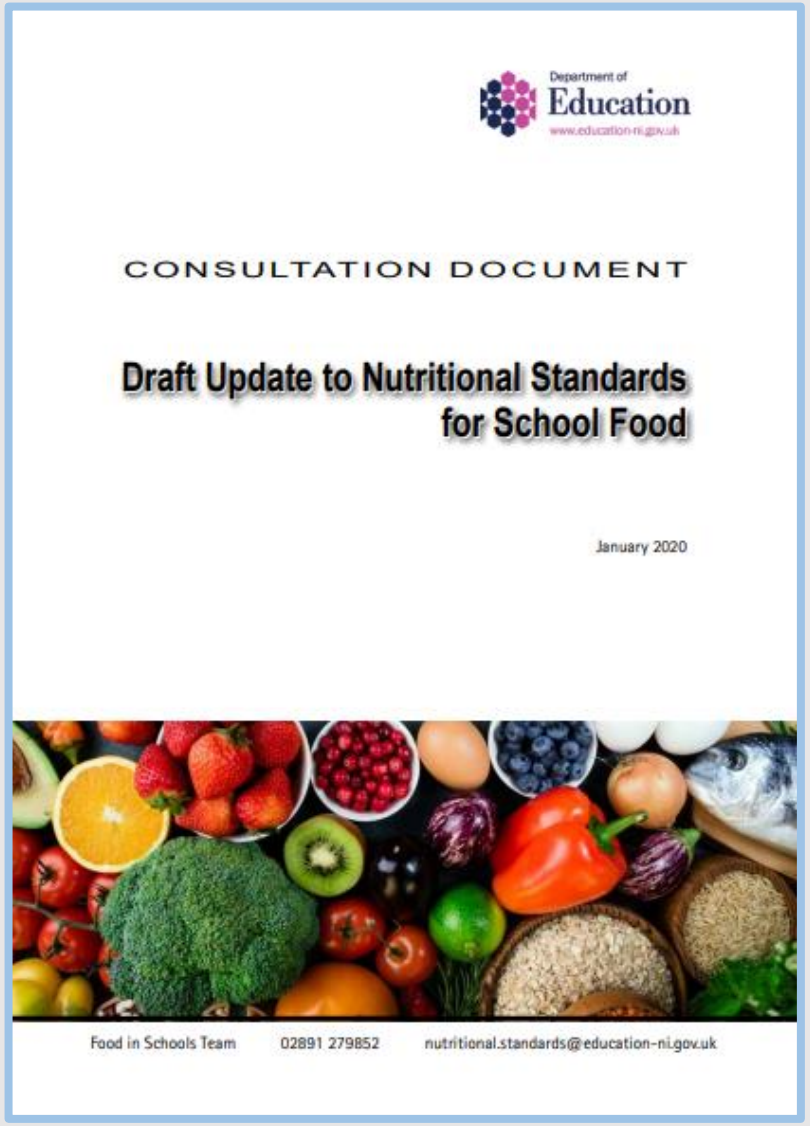
To book or enquire please contact Aine/Tracy @ SPACE on 02830835764 or email info@space-ni.com

e: info@space-ni.com



Click HERE to book

SOUTHERN TRUST AREA



Department of Education
www.education-ni.gov.uk

CONSULTATION DOCUMENT

Draft Update to Nutritional Standards for School Food

January 2020

Food in Schools Team 02891 279852 nutritional.standards@education-ni.gov.uk

The Department of Education is seeking views on proposals to update the nutritional standards of food provided in grant-aided schools.
In 2007, the Nutritional Standards for School Lunches and Other Food and Drinks in Schools were developed in keeping with government guidance on healthy eating at that time.

Education Minister, Peter Weir, said: **"Since the standards were introduced 12 years ago, evidence and research has shown that we should eat more fruit, vegetables and dietary fibre whilst reducing the amount of sugar, salt, fat and processed meats. It is important that we update the existing Nutritional Standards to ensure that all food provided in schools is in keeping with up-to-date government guidance on healthy eating."**

"The benefits of a healthy diet are well known and can not only help maintain a healthy weight but can reduce the risk of ill-health including diseases such as Type 2 diabetes. A healthy diet can have a critical role in cognitive development and can help improve the mental wellbeing of children and young people by increasing self-esteem and improving mood."

The consultation will run until **Friday 27 March**. It is planned, subject to the outcome of this consultation and the availability of funding, that these changes will be implemented with effect from September 2020.

Access the consultation HERE

SOUTHERN TRUST AREA

vibe Community hub

PRE-LOVED STORE
MON-FRI (9.30 TO 1PM)

COMMUNITY LUNCH
MON & FRI (12 TO 2PM)

AFTER SCHOOL HANGOUT
THU & FRI (3 TO 5PM)

PARENTS & TOTS
MON (10 TO 12PM)

COFFEE HOUSE
OPEN DAILY 9.30 - 2PM - DONATION BASED

1 LITTLE BARRACK ST, ARMAGH BT61 9AH

vibe Community Hub
1 Little Barrack Street, Armagh
info@vibeni.com
Open Mon - Fri 9.30am to 1pm

vibe Community hub
Emergency Support
(Clothes - Food - Furniture)

VOUCHER

CLOTHES ☐ FOOD ☐ FURNITURE ☐

One voucher can be redeemed 6 times within the space of 6 months.

AGENCY & REFERRER DETAILS

Referral Agency: Please ensure all white boxes are completed for client

Full Name:

Organisation:

Tel No:

Email:

Authorized Signature / Stamp:

Date of Issue:

CLIENTS DETAILS

First Name:

Surname:

Address:

Single ☐ Couple ☐ Family ☐

No of Adults:

No of Children (under 16):

Ages of any babies in the household: *(we have a limited store of nappies and will provide if we can)*

Email Address:

Phone Number:

Nature of Need: Waiting for Benefit to Start ☐ Benefits Changed ☐ Unemployed ☐

Asylum / Immigration ☐ Street Homeless ☐ Family Crisis ☐ Short Term Crisis ☐

Debt ☐ Sickness ☐ Other (please specify)

I confirm that I authorise the referring agency to share these details with **vibe**

Clients Signature:..... Date:.....

CONTACT VIBE DIRECTLY FOR PDF VOUCHER VERSION

e: info@vibeni.com

ASCERT 21 YEARS

Strengthening Families

Service Closure

It is with regret that we have to announce that the Strengthening Families Service facilitated by Ascert will end on 31st March 2020 and therefore is now closed for referrals. Strengthening Families has been providing support to families across the Southern Trust and Belfast Trust since 2013. This initiative has only been possible because of funding secured through the Public Health Agency and we are very grateful for the support it has afforded to families in the respective Trust areas. Unfortunately funding is no longer available so the service will cease as per date referenced above.

The Strengthening Families' management and staff wish to thank all of the community, practitioners and organisations that have utilised the service over the past 7 years and we are very proud and privileged to have been able to serve their needs during that time.

The service has run 26 programmes in total, helping more than 250 families across the Southern and Belfast Trust areas. It has provided help, support and knowledge in times when families needed guidance in how to strengthen their family, and has helped families achieve tremendous positive outcomes in their lives. In fact, LUTRA the body that evaluates the Strengthening Families Programme internationally found that the ASCERT programme delivered the best outcomes for families out of all its programmes in Ireland.

It provided a safe and supportive environment for families to reconnect not only with their families, but also with themselves and help build their trust, knowledge, boundaries and love for themselves and others. The Strengthening Families Programme staff feel very privileged that the families trusted them, and let us be a chapter in this part of their lives.

e: info@ascert.biz

Employers For Childcare

SURVEY NOW OPEN!

What is your experience of childcare in Northern Ireland, and what do you think is needed to support and enhance our vital childcare infrastructure here?

Employers For Childcare has launched the 2020 Northern Ireland Childcare Survey for parents and childcare providers, giving you an opportunity to share your views.

We are calling on all parents and childcare providers from across Northern Ireland to complete a short, online survey.

At a time when the newly restored Executive has identified childcare as a key priority, and has committed to publishing a Childcare Strategy, this survey provides an important platform for parents and childcare providers to share their views and have their voices heard.

It marks a real opportunity to inform the next steps for our elected representatives and policy makers to deliver greater investment in our childcare infrastructure.

Last year's report, marking a decade of this valuable research, revealed many of the challenges faced by parents in accessing and paying for the childcare they need, as well as by childcare providers in delivering a high quality service, that is sustainable.

Complete the Parent Survey &/or the Childcare Provider Survey

SOUTHERN TRUST AREA

Substance Misuse and Child Welfare Special Interest Group

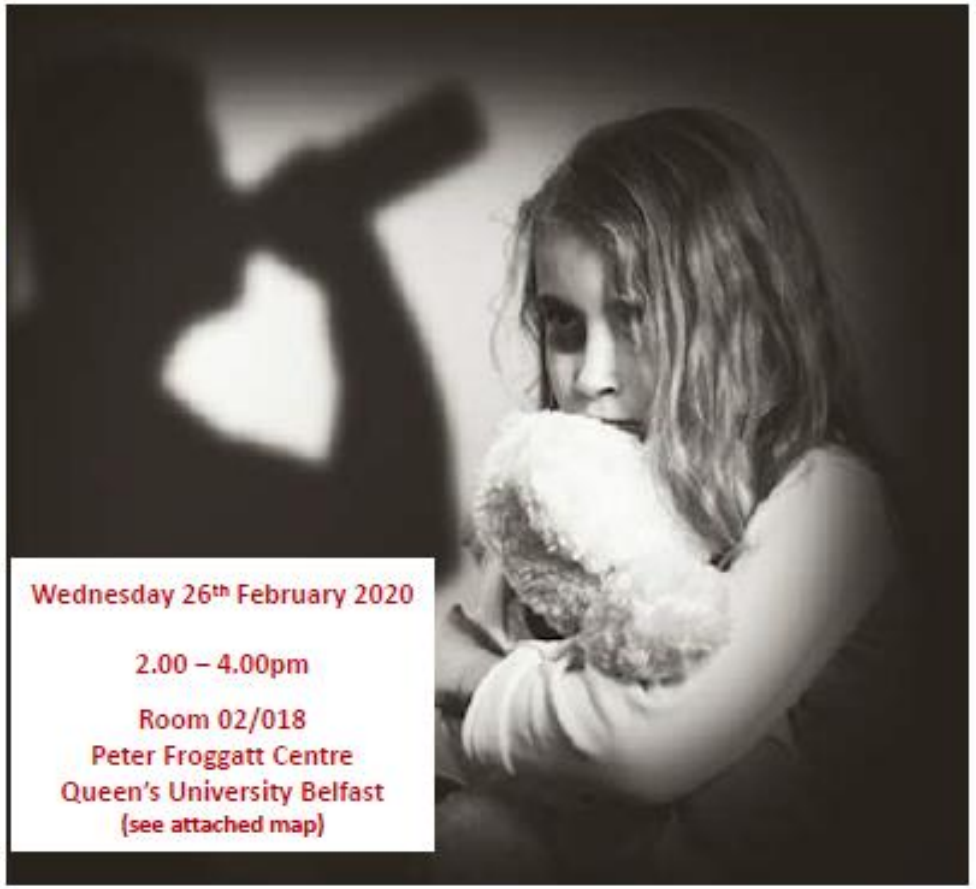
Seminar Invitation

Guest Speakers:

Professor Catherine Comiskey and Karen Galligan
School of Nursing and Midwifery
Trinity College Dublin

HSC Public Health Agency
Project supported by the PHA

HSC Health and Social Care Board



Wednesday 26th February 2020

2.00 – 4.00pm

Room 02/018
Peter Froggatt Centre
Queen's University Belfast
(see attached map)

Prevalence, Hidden Harms and the Voices of Children and of Parents Who Use Substances

This seminar is free of charge but places must be booked in advance by registering at:

https://www.eventbrite.co.uk/e/prevalence-hidden-harms-and-the-voices-of-children-and-of-parents-who-use-substances-tickets-87947145279

QUEEN'S UNIVERSITY BELFAST

Click HERE to book

USING MICROSOFT EXCEL TO ANALYSE, VISUALISE & REPORT DATA

A one-day workshop of hands-on practical exercises to support you in demonstrating the impact of your service on children, families & communities

11 Feb 20 @ 09.30 - 16.00

Community Learning Centre (CLC)

Belfast Metropolitan College, Springfield Road

Belfast. BT12 7DU

DEVELOPING PARTICIPATION SKILLS TO WORK WITH YOUNG PEOPLE

Seek, Listen To & Act

Thursday 13 February
09.30 - 13.00

NCB ensures that children and young people's views and experiences guide every aspect of our work, helping us to inform policy and practice in order to bring about lasting change for children and young people, families and communities. We do this to fulfil our obligations for the promotion of the rights of all children and young people, recognising that young people are experts in their own lives and that their direct input into issues affecting them is critical in developing services which are fit for purpose.

NCB is pleased to offer you the opportunity to attend a workshop to develop your own knowledge, skills and understanding of participation work with children and young people.

Book 11th Feb. workshop HERE | Book 13th Feb. workshop HERE

SOUTHERN TRUST AREA

THE DIANA AWARD®

HOW DO I NOMINATE?

Nominations must be made before the **12 March 2020 deadline** at www.diana-award.org.uk/nomination-centre/ where further information about the nomination process and our programmes can also be found. We would also welcome your support in helping us spread the word even further, encouraging others to nominate for The Diana Award so that we can celebrate the amazing things that your young people are doing!

WHAT IS THE DIANA AWARD?

The Diana Award is the most prestigious accolade a young person can receive for their social action or humanitarian work. The Award is the longest running award for young people that is given to individuals and groups through a retrospective nomination process only. We believe this is special. Young people do not work towards the award, rather they demonstrate their suitability through their actions, without any expectation of reward.

WHO CAN RECEIVE THE DIANA AWARD?

We are excited to invite you to shine a spotlight on an unsung hero by nominating a young person from your organisation. The Award is open to young people aged 9 - 25 who have been engaged in at least 12 months of activities, who are selflessly transforming the lives of others, often in the face of adversity. We know that there are many young people in Northern Ireland who fit this criteria and we believe that they deserve recognition on a global platform.

WHAT ARE THE BENEFITS?

Young people who receive The Diana Award are presented with a personalised certificate and invited to attend a sparkling award ceremony, if located in the UK. Diana Award Holders are also presented with an invitation to Althorp House, Princess Diana's childhood home. These invitations are gifted to Diana Award Holders in kind by Princess Diana's, brother Earl Spencer, in recognition of their continuation of Diana's legacy.

Organisations who make a successful nomination also gain the opportunity to raise their profile by being featured in The Diana Award Roll of Honour released to the media by The Diana Award in July every year.

The Award is also a vehicle for inspiring many more young people to engage in social action, mobilising new generations to make a positive change in the world, as Princess Diana believed they could. Click HERE for a full list of the 2019 Diana Award Holders.

women's aid armaghdown
the opportunity to make a difference

Volunteer Wellbeing Buddies Wanted

Women's Aid ArmaghDown Wellbeing Buddy Project

Would you like to support a woman on her recovery from domestic abuse to living life fully in the community?

Women's Aid ArmaghDown is currently looking for volunteer Wellbeing Buddies in the Newry and Portadown areas to help women to achieve their goals, increase their confidence, and establish links in their local community.

Role of Wellbeing Buddy

After being matched to a woman with similar interests, the Wellbeing Buddy and the woman will usually meet each week to take part in an activity. There may be particular activities that the woman would like to take part in, but we also encourage Wellbeing Buddies to introduce ideas for new activities when appropriate.

The Wellbeing Buddy and the woman can meet weekly for up to six months.

The difference a Wellbeing Buddy can make

By volunteering as a Wellbeing Buddy you can help a woman to continue to make positive changes to her life by supporting her to make connections within the community and widen her social and wellbeing network.

Many of the women Women's Aid Armaghdown work with have been affected by various health and wellbeing issues and have completed a core programme of support within the service.

The social support you provide as a Wellbeing Buddy can help a woman feel more comfortable and confident during the transition from core support services to community support and activities. By supporting a woman to achieve personal goals and make connections in her local community, a Wellbeing Buddy can help a woman continue towards a fulfilling life in the long-term.

How we will support you

We will provide quality training before you are matched with a woman, so you feel completely ready for your new role.

During the match, the Wellbeing Project Coordinator will be available to provide you and the woman you are working with ongoing support.

Expenses will also be provided, so you're not out-of-pocket for any activities, etc.

Contact

If you're interested in becoming a Wellbeing Buddy with Women's Aid Armaghdown please see the details below:

- Email: margarita@womensaidarmaghdown.org
- Phone: 0283 0250 765 (Newry Resource Centre)

e: margarita@womensaidarmaghdown.org

SOUTHERN TRUST AREA

Regional Community Resilience Group

GETTING WEATHER READY

The Regional Community Resilience Group (RCRG) Newsletter – Keeping members weather ready

Stay Well This Winter

Winter conditions can be seriously bad for our health, especially for people with long-term conditions such as COPD, bronchitis or emphysema. Older people are also vulnerable.

'Stay Well This Winter' is Health and Social Care's annual winter campaign. The campaign aims to help the public plan ahead for the winter months and take positive steps towards better health; to advise them on how to care for themselves; and to signpost where they can get advice.

Make sure you get your flu jab

For most people flu is a very unpleasant illness but, for those in 'at risk' groups, it can be very dangerous and sometimes fatal. Each year the strains of flu in circulation change, so new vaccines are formulated to reflect this. That is why it is so important that everyone who falls into an eligible category gets the vaccine every year. For more information and to see if you are eligible, visit nidirect - Flu vaccine for adults

Keep warm

Keep warm in winter to help prevent colds, flu and more serious health problems such as heart attacks, strokes, pneumonia and depression. Heat your home to at least 18°C (65°F). Keep your bedroom window closed on winter nights as breathing cold air can increase the risk of chest infections. Wear several layers of light clothes.

Look out for other people

Remember that other people, such as older neighbours, may need a bit of extra help over the winter. Icy pavements and cold weather can stop people from getting out and about. Keep in touch with friends, neighbours and family and ask if they need any help.

Self-care

Self-care is the best choice to treat minor illnesses and injuries.

Common winter illnesses such as earache, sore throat and colds can be treated with over-the-counter medicines. Your local pharmacist can provide advice and treatment without you having to visit a GP.

Prescription medicines

Make sure you get your prescription medicines before your pharmacy or GP practice closes for Christmas. If you've been prescribed antibiotics or any other medication, take them as directed. Taking antibiotics when they are not appropriate puts you and your family at risk.

You should always call 999 if someone is seriously ill or injured and their life is at risk.

For more information visit www.nidirect.gov.uk/stay-well.

Contents
Winter 2019/20

CLICK TO READ...

Stay Well This Winter
NI Water - Wrap Up Warm for Winter
NIFRS Command Support Unit
Keeping Traffic Moving Safely in Winter
Getting Ready for Winter
NIHE - Top tips for Tenants this Winter
Weather the Winter
Good Morning Ballymena, Larne & Carrick
Emergency Radio Network for NI
Atlantic Areas Floods Project
Met Office Tech Tracks Hurricanes
"BeReadyNI"
Check your flood risk at Flood Maps (NI)
Emergency Numbers
Getting Weather Ready

View full newsletter HERE

Please note only applications received **by post** will be accepted. Please ensure correct postage is paid prior to sending documents and proof of postage is retained.

Application forms and guidance notes will be available to download at www.early-years.org/pathway-fund

[1] This will be assessed using the most disadvantaged (Super Output) areas, as defined by the NI Multiple Deprivation Measure 2017 and the Education Skills and Training Deprivation ranking 2017.

To check your postcodes in Super Output Areas please visit **www.ninis2.nisra.gov.uk/public/AreaProfile.aspx?Menu=True**

[2] The principles of the Code of Practice for Reducing Bureaucracy in Grant Funding to the Voluntary and Community Sector 2015 are available from **www.early-years.org/pathway-fund**

Key Dates

Tuesday 7th January 2020 - Information Session from 4.00pm to 6.00pm in Enterprise Causeway, Sandel Village, Coleraine

Wednesday 8th January 2020 - Information Session from 6.00pm to 8.00pm in Newry Early Years Centre, Newry

Thursday 9th January 2020 - Information Sessions from
4.00pm to 6.00pm in Fermanagh Early Years Centre
6.00pm to 8.00pm in NICVA, Duncairn Gardens, Belfast

Monday 13th January 2020 – Information Sessions from
4.00pm to 6.00pm Tullyglass Hotel, Ballymena
6.00pm to 8.00pm in EBCDA, East Belfast Network Centre, Belfast

Tuesday 14th January 2020 - Information Sessions from
4.00pm to 6.00pm in The Junction, Dungannon
4.00pm to 6.00pm in Holywell Trust, Bishop Street, Derry/Londonderry

Wednesday 15th January 2020 - Information Session from 6.00pm to 8.00pm in Omagh Enterprise Centre, Omagh

For further information please contact **The Pathway Fund office** on 028 9066 2825 (option 2) or email thepathwayfund@early-years.org

The Pathway Fund 2020/21

NOW OPEN FOR APPLICATIONS

The Pathway Fund in 2020/21 will be subject to the availability of Department of Education (DE funding).

Content relates to the Pathway Fund arrangements for 2020/21. Arrangements beyond 2020/21 will be determined at a later date.

Department of Education
www.education-ni.gov.uk

early years

Download information leaflet HERE / e: thepathwayfund@early-years.org

SOUTHERN TRUST AREA

nidirect government services | tédíreach seirbhísí rialtais

Benefit Enquiry Line

Contact details for the Benefit Enquiry Line, which provides advice and information on Attendance Allowance, Disability Living Allowance, Carer's Allowance and Carer's Credit. The following applies only if you live in Northern Ireland.

Phone: Freephone - 0800 220 674 / Make the Call Helpline - 0800 232 1271
Text number: Minicom - 028 9031 1092 (for deaf and hard of hearing users only)

Opening hours:

Phone lines open

Monday, Tuesday, Wednesday and Friday 9.00 am to 5.00 pm
Thursday 10.00 am to 5.00 pm

make the call to ensure you're getting all the money and supports you're entitled to **0800 232 1271**

t: 0800 232 1271

NICTN CANCER TRIALS NETWORK

HSC Public Health Agency
Research and Development

Involving the Public in the Design and Conduct of Research: Building Research Partnerships
A workshop for Researchers & Members of the Public
2nd April 2020

What is it?
This free workshop will look at practical ways to involve patients and the public as partners (PPI) in the research process. It will explore the issues related to becoming and being a member of the public involved in research and the role of researchers in facilitating this involvement.

Who is it for?
Patients, carers and members of the public who are interested in getting involved in research and researchers interested in involving patients, carers and the public in their research.

How long is it?
1-day workshop from 9.30am until 4.00pm

What will I get out of it?

- **As a patient, carer or member of the public**, you will gain an understanding of what it means to be involved in research at each stage of the research process.
- **As a researcher**, you will gain an understanding of how patients, carers and the public can get involved in research, practical tips, the opportunity to share your research expertise and build research partnerships.

When and where?
This workshop will take place on **Thursday 2nd April 2020**, Grosvenor House, Glengall Street, Belfast

Registration:
To register your interest for this workshop please contact: cara.mcclure@hscni.net or **Tel: 028 9536 3399 by 23rd March 2020.**

Places will only be confirmed after the closing date.

e: cara.mcclure@hscni.net

SOUTHERN AREA MEN'S HEALTH STEERING GROUP

The Southern Area Men's Health Steering Group invite you to join us at our

Annual Men's Seminar

Title: DeMENtia - Men in the Middle
Date: Friday, 6th March 2020
Time: 9.30 am – 2.00 pm
Location: Tandragee Recreation Centre

Lunch will be provided

Anyone interested in attending please register using the contact details below:
(detailed seminar programme to follow)

Email: donna@youthaction.org
Telephone: 028 37511624

e: donna@youthaction.org

signs of safety

Multi-Agency Signs of Safety Awareness Training

What does this mean for your organisation when participating in the child protection process?

The SBNI is running 6, one day awareness workshops in conjunction with Signs of Safety. The day will assist you in understanding the strengths based model and how you can use this knowledge to contribute effectively to the child protection process. Spaces are limited and non-transferrable.

The Braid Centre, Ballymena	The Junction, Dungannon	The Mellon Country Hotel, Omagh
20th & 21st January 2020	26th & 27th February 2020	6th & 7th April 2020

Event Agenda

- Context
- Signs of Safety Framework and Analysis Process
- My 3 Houses
- Safety Network
- Words and Pictures
- Safety Plan
- Fit between Signs of Safety and ACEs
- Broad Expectations of Partner Agencies
- What you can expect from Trusts
- Your role in: referrals, CP conferences & safety networks

To book onto this course please email directly to lia.mckenzie@hscni.net and emer.downey@hscni.net.

For further information please contact the SBNI office on 028 9536 1810.

e: lia.mckenzie@hscni.net / emer.downey@hscni.net

SOUTHERN TRUST AREA

Good Beginnings

An Infant Mental Health Strategy for the Southern Area: 2020 to 2025

What?

This Strategy is a commitment by statutory, voluntary and community organisations to promote positive infant mental health from before birth through to children aged three years of age.

Why?

"At least one loving, sensitive, responsive relationship with an adult caregiver teaches the baby to believe that the world is a good place and reduces the risk of them facing disruptive issues in later life."

(The 1001 Critical Days, 2013)

How?

This Strategy is about:

Evidence and Policy: Everything we do will be based on up to date research.

Workforce Development: Those who work with children and families will have knowledge of the importance of infant mental health and how best to support families.

Service Development: Appropriate services will be available for families at the right time.

For further information Email:
Corporate.HQ@southerntrust.hscni.net

Find the full Strategy:
www.southerntrust.hscni.net/services/4302.htm

Published November 2019

Vision

That all children have the best start in life by prioritising and supporting the development of positive, social and emotional wellbeing.

Aims

- Children will have the best start in life and the wellbeing of their parents/carers is central to this.
- Parents and those who work with families in the Southern area recognise the importance of infant mental health and how to best respond to the young child's needs.
- Parents are informed, feel able to ask questions and can put the parenting advice they are given in place to support the development of their child.
- Future parents and other family members know the importance of baby brain development and responsive nurturing care.

'Infant mental health is everybody's business'

View leaflet (available in various languages) HERE

Southern Health and Social Care Trust
Quality Care - for you, with you

Promoting Wellbeing DIVISION

REIM

Digital and Online Safety awareness training

Monday 3rd February 2020
2.00pm – 4.30pm
Drumalane House Newry
Or

Tuesday 10th March 2020
10.00am – 12.30pm

Brownlow Health Education Room, Craigavon

Please return your application to: pwb.training@southerntrust.hscni.net **before Friday 17th January 2020**

REIM Training Solutions

This workshop encompasses the key aspects of digital and online safeguarding.

It is designed to provide professionals who work with children and young people with up-to-date information and knowledge on the issues that young people may be facing in their on-line life and the potential dangers of using the Internet.

The workshop will cover:

- How the use of social media and the internet by professionals can have an impact on their professional and personal lives.
- Social media, gaming and apps – the risks.
- Child sexual exploitation.
- Privacy.
- Digital consent, sexting, sending and receiving messages.
- Digital laws and safeguarding.

The format will be a combination of real life case studies, group work and presentations.

The workshop is open to all services, organisations and individuals working to support parents and young people.

The course can facilitate teams, for further information contact: lorraine.savage@southerntrust.hscni.net

e: pwb.training@southerntrust.hscni.net

SAVE THE DATE

'A New Life for Me':

The experiences of refugee and newcomer children in Northern Ireland

Tuesday 24th March 2020, Stormont Hotel, Belfast

This conference will explore the experiences of refugee children coming to Northern Ireland. It will highlight the need for refugee integration and asylum policy, legislation and services to be child-centred and trauma informed, drawing on the knowledge from our services working with newcomer, refugee and trafficked children.

Please save the date; more details to follow.

www.barnardos.org.uk

www.facebook.com/BarnardosNI / @BarnardosNI

Barnardo's Registered Charity Nos: 216250 and SC037605

Believe in children

Barnardo's Northern Ireland

e: trasa.canavan@barnardos.org.uk

Workshop Options:
Please choose 1 date

Wednesday 29 January 2020
Brownlow Health Centre, Craigavon

Thursday 13 February 2020
Ranfurly House, Dungannon

Tuesday 25 February 2020
Ballybot House, Newry

10am – 12.30pm

To book a place return your application form before Friday 10 January 2020 by emailing: pwb.training@southerntrust.hscni.net

For additional queries please contact: lyndsey.hasson@southerntrust.hscni.net

PANTS helps children understand that their body belongs to them, that they have the right to say no, and that they should always talk to an adult they trust if they are upset or worried.

These workshops are being offered as part of a multi-agency campaign supported by the **Public Health Agency** and **Promoting Wellbeing Division** in partnership with **NSPCC**, to enable multi-agency practitioners to effectively use the PANTS resources.

These workshops are FREE to anyone working with or supporting families and children in the community.

HSC Public Health Agency

Promoting Wellbeing DIVISION

HSC Southern Health and Social Care Trust
Quality Care - for you, with you

e: pwb.training@southerntrust.hscni.net

SOUTHERN TRUST AREA

Cedar

Opportunity Choice Inclusion

VARIOUS PROGRAMMES CURRENTLY OPEN ACROSS THE SOUTHERN TRUST AREA

Youth Matters -

The Youth Matters services offers access to a wide variety of group activities and personal development programmes for children and young people with disabilities, autism and brain injury up to the age of 18.

the objective of the Youth Matters Service is to support young people to have opportunities to engage in weekly personal development and social activities to develop their resilience, confidence, self-esteem and build new friendships through engagement.

For more information about the programme, please call Matthew - 07912391513 or email - M.Matchett@cedar-foundation.org

e: m.matchett@cedar-foundation.org

AVAILABLE TO TEENAGERS WITH A VISUAL IMPAIRMENT THROUGHOUT ALL OF NORTHERN IRELAND

Spectrum Centre, Belfast

Teen Hub

Angel Eyes NI

Open Arts

Social club for 13-19 year olds

Join Angel Eyes NI & Open Arts for this exciting new social group.

Thursday 7pm-8.45pm

13th Feb, 12th March, 16th April
21st May & 18th June

e: kerrie.cartmill@angeleyesni.org

Click HERE, to check out our video highlighting how ParentLine can support parents as they navigate key milestones…

#HereForYou

FREE Local Helpline: 0808 8020 400 / w: www.ci-ni.org.uk / e: parentline@ci-ni.org.uk

SOUTHERN TRUST AREA

Services Available Through The Hub May Include...

Practical Support

Drug & Alcohol Support

Signposting to Other Supports

Emotional Health & Wellbeing

Advice & Guidance

Family Support

Education Support

Youth Support

Parenting Programmes

Behaviour Support

Parenting Support

"The hub linked me with services I didn't know existed"

"It was so simple to make a referral and I got the help I needed"

"After a friend recommended that I contact the hub, I rang and spoke to the hub co-ordinator who helped me to make a self-referral"

There Are 3 Family Support Hubs In the Southern Trust Area

ARMAGH & DUNGANNON HUB
Pat McGeough
Young People's Partnership Barnardos
39A Abbey Street, Armagh
BT61 7DY
T: 028 37522380
E: familysupporthub@barnardos.org.uk

CRAIGAVON & BANBRIDGE HUB
Lisa Grant
NIACRO
26 Carleton Street, Portadown Co. Armagh
BT62 3EP
T: 028 38331168
E: familysupporthub@niacro.co.uk

NEWRY & MOURNE HUB
Allison Slater
SPACE
24 Monaghan Street, Newry
BT35 6AA
T: 028 30835764
E: familysupporthub@space-ni.com

Believe in children Barnardo's

niacro

space

Southern Area FAMILY SUPPORT HUB

Many families need a little extra help sometimes

Information for Families

family support HUB

HSC Southern Health and Social Care Trust

CYPSP

Download a Family Support Hub **Referral Form**, HERE

What is the Family Support Hub?

- The Family Support Hub is a meeting of representatives from community, voluntary and statutory organisations who deliver services for children and families in your area.
- Each Family Support Hub has a lead body who co-ordinates the meeting and receives the referrals.
- The members of the Family Support Hub are from a range of statutory and community/voluntary agencies who offer services in your area. These agencies include; Education Welfare, Health Visiting, Womens Aid, Homestart, Social Services Surestart and Child and Adolescent Mental Health Services.
- Referrals will not be accepted without your consent. If the young person you are seeking support for is over 16, they must also sign the referral form.
- For more information follow this link https://vimeo.com/216493917

Your Family Support Hub Will

- Meet once a month to discuss referrals to identify and connect you and your family to the service you need at a time when you need it.
- Work in partnership with you and your family.
- Act professionally ensuring all information is treated in a confidential manner.

How The Hub Works

A referral form is submitted to your local hub-coordinator.

The Hub Co-ordinator may contact you for more information prior to the Hub meeting.

Hub Co-ordinator will present all referrals received to the monthly meeting. The Hub members will then discuss your referral and aim to match your family to the best service for you.

Only core Hub Members attend the meeting, you will not need to attend.

You will receive a letter from the Hub Co-ordinator to let you know what service was identified as most appropriate to meet your needs.

The service that was identified as most appropriate will then contact you directly.

You can choose whether or not you wish to accept the support that has been offered. You are in control.

What Are The Criteria For Making A Referral To The Hub?

- Your family would like support - this is a voluntary process and you can withdraw your referral at any time.
- You are a family with children aged 0 -17 years.
- No social worker currently involved with your family.

Some of the challenges the Hub can help with

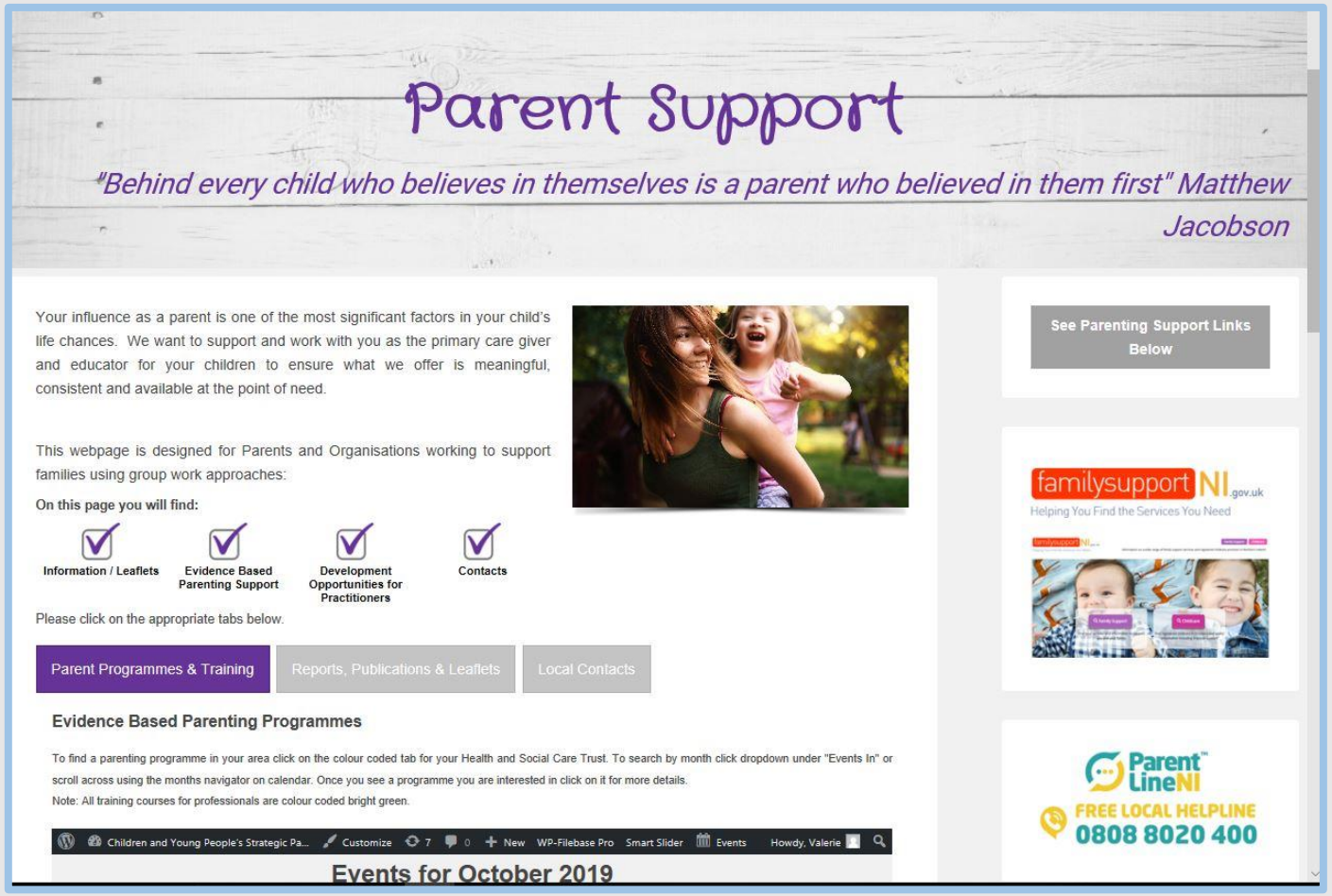
- Children's wellbeing
- Managing behaviours
- Social isolation
- Family routines
- Domestic violence
- Change of family situation
- Support with young children
- Alcohol / drug misuse
- Establishing boundaries i.e tech
- Teen issues

Who Can Refer To The Hub?

- You can make a self-referral to the family support hub or a referral can be made by anyone working on your behalf i.e. teacher, doctor, health visitor or community group.
- You can download a referral form from http://www.cypsp.hscni.net/family-support-hubs/ or just pick up the phone and call your local family support hub co-ordinator. Details can be found on the back of this leaflet.

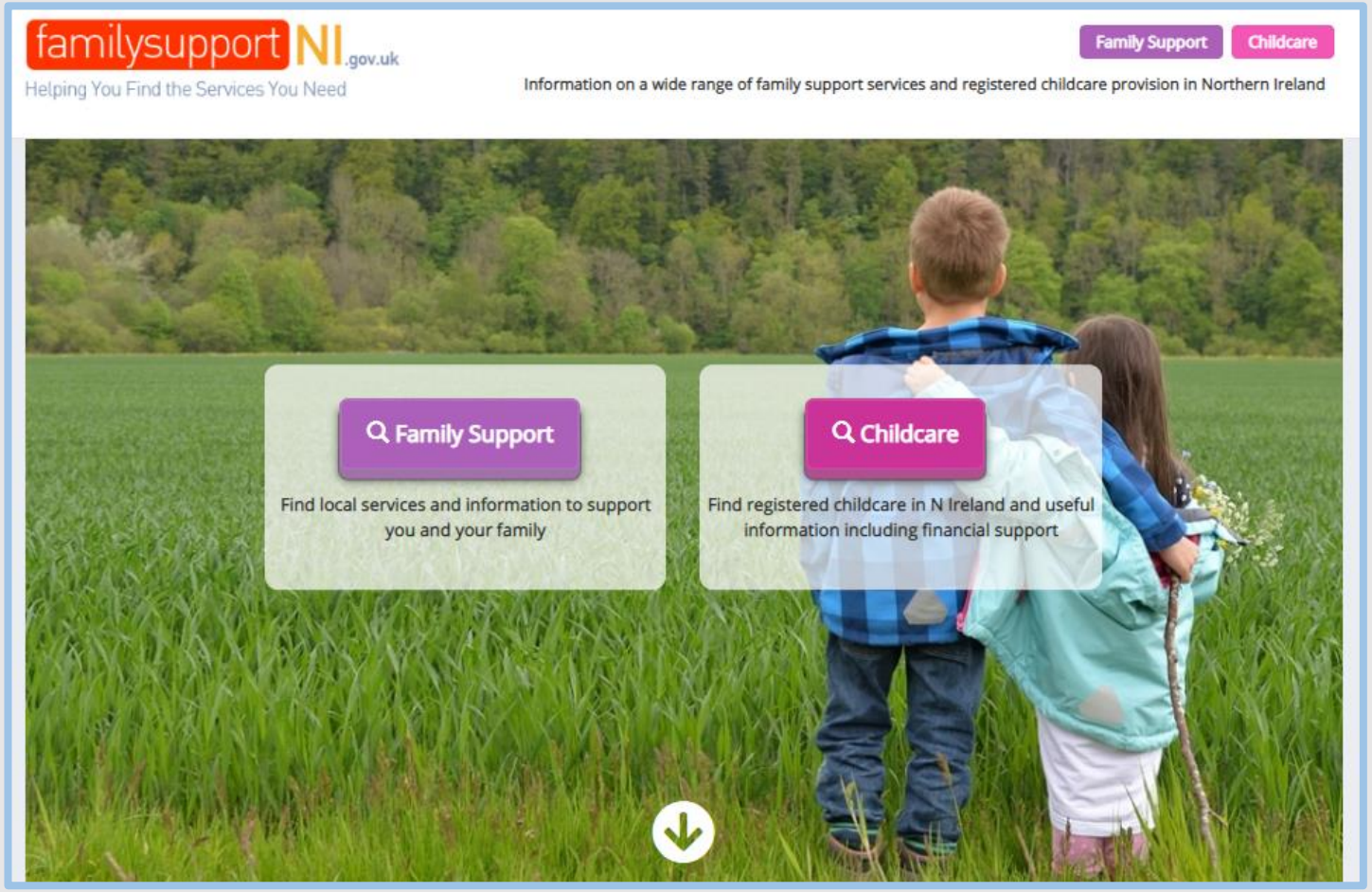
Watch the Family Support Hub **Promotional Video** HERE

SOUTHERN TRUST AREA



Check out CYPSP's Parent Support webpage, specifically designed for parents and organisations working to **support families** using group work approaches, HERE.

This resource also provides the details of current and forthcoming **evidence-based parenting programmes** across Northern Ireland.



Check out the www.familysupportni.gov.uk website, making it easier for people in NI to find out about **family support services** and ALL REGISTERED **childcare providers** in NI.

If you require any more information about the website or would like some leaflets / posters, please contact info@familysupportni.gov.uk or tel. 0845 600 6483.

NMANDD COUNCIL AREA

t: 028 302 66139 / Find us on Facebook HERE

To request a nomination form, e-mail Lynsey or Katrina

CYPSP Children & Young People's Strategic Partnership

SUBMIT YOUR FORTHCOMING EVENT / PROGRAMME TO: localityplanning@ci-ni.org.uk

NMANDD COUNCIL AREA

Newry

Youth Resource Centre

AVAILABLE FOR CHILDREN & YOUNG PEOPLE WITH DISABILITIES, AUTISM AND BRAIN INJURY UP TO THE AGE OF 18

8 Week Project dates + Trips TBC

Week One – 14th January
Week Two – 21st January
Week Three – 28th January
Week Four – 4th February
Week Five – 11th February
Week Six – 18th February
Week Seven – 25th February
Week Eight – 3rd March
Week Nine – 10th March
Week Ten – 18th March

Additional Trips – Monthly Cinema or Bowling Trip
13/02/20 - Cinema - Cost £5
26/03/20 - Bowling - Cost £6

Coffee morning for parents –
6th Feb 11am
Costa Coffee – Buttercrane

Cedar
Opportunity Choice Inclusion

For more information about the program, please call Matthew - 07912391513 or email - M.Matchett@cedar-foundation.org

e: m.matchett@cedar-foundation.org

PLEASE JOIN US FOR ANGEL EYES NI

Early Years Group

Music & Movement with Open Arts Bonding-Communication-Development

Angel Eyes NI

10.30am- 12noon Newry, Belfast & Newtownards
Newry Gateway Club Wednesday 5th Feb, 4th March, 8th April, 6TH May, 3rd June
Belfast Stand Presbyterian – Thursday 20th Feb, 19th March, 16th April, 7th May, 18th June.
Newtownards Thursday 27th Feb, 26th March, 23rd April 28th May, 25th June.

e: kerrie.cartmill@angeleyesni.org

NEWRY & SOUTH ARMAGH

e: sarah.hillen@clanryegroup.com

t: 028 308 30022

ARMAGH

To All Newcomer Families (BME)

Black Minority and Ethnic Families

A Support Clinic

Will be available

Every Friday for 10 weeks

starting 24th January

In

Dobbin St Community Centre

11A Dobbin St, Armagh BT61 7QQ

11am – 2pm

Advice on registering for Schools, Health Services and information on Benefits and Housing & Employment issues

e: info@armaghfoodbank.org.uk

Armagh/Dungannon

TBC

8 Week Project dates + 2 Planned Trips - Project (6-8pm)

Week One - 3rd February
Week Two – 10th February
Week Three – 17th February
Week Four – 24th February
Week Five – 2nd March
Week Six – 9th March
Week Seven – 16th March
Week Eight – 23rd March
Week Nine – 30th March
Week Ten – 6th April

AVAILABLE FOR CHILDREN & YOUNG PEOPLE WITH DISABILITIES, AUTISM AND BRAIN INJURY UP TO THE AGE OF 18

Additional Trips – Monthly Cinema Trip

23/01/20 - Thursday - Cost £5

19/03/20 - Thursday - Cost £5

For more information about the programme, please call Matthew - 07912391513 or email - M.Matchett@cedar-foundation.org

e: m.matchett@cedar-foundation.org

DUNGANNON

REIM Training Solutions

FREE INTERNET SAFETY WORKSHOP FOR TEACHERS

Monday 10th February

Dungannon Teachers' Centre

REIM Training Solutions is delighted to once again support Safer Internet Day by offering this free 2 hour workshop to all teachers and professionals who work with children and young people throughout Northern Ireland, which will provide insight into the dangers that the children in their care may face, along with helpful tips and advice on how to teach young people to be better digital citizens. The workshop will also cover the importance of being aware of your own online presence and how to protect yourself.

Places are limited so book early to avoid disappointment.

https://www.eventbrite.co.uk/e/free-internet-safety-workshop-for-teachers-tickets-89962792133

Safer Internet Day 2020

Together for a better internet

www.saferinternetday.org.uk

Click HERE to book

CRAIGAVON

Prince's Trust | Get Started

Photography

Are you 16-30? Want to gain new skills?

Get Started With Photography

Monday 17th to Friday 21st February, Portadown
Taster/selection day: Thursday 13th February

Meet new people, learn new skills and tricks of the trade in different styles of photography. At the end of the week you will use what you've learned to create an exhibition that will give you the skills to get ahead!

- Doesn't affect your benefits
- Travel expenses paid on programme
- Up to three months support after programme
- Childcare costs covered

To join the course or find out more:
Search 'Prince's Trust'
Call for free on 0800 842 842
Email: outreachni@princes-trust.org.uk

Economy | Prince's Trust Northern Ireland | European Union | YOUTH CAN DO IT

"This project is part funded through the Northern Ireland European Social Fund Programme 2014 – 2020 and the Department for the Economy"

e: outreachni@princes-trust.org.uk

ymca portadown

AVAILABLE FOR CHILDREN & YOUNG PEOPLE WITH DISABILITIES, AUTISM AND BRAIN INJURY UP TO THE AGE OF 18

8 Week Project dates + 2 Planned Trips – Trips TBC

Week One - 22nd January	Week Two – 29th January
Week Three – 5th February	Week Four – 12th February
Week Five – 19th February	Week Six – 26th February
Week Seven – 4th March	Week Eight – 11th March
Week Nine – 18th March	Week Ten – 25th March

Additional Trips – Monthly Gaming trip
– Game Rushmere

16/01/20 - Thursday 6pm-9pm
20/02/19 - Thursday 6pm-9pm
Cost - £10pp

Cedar – Opportunity Choice Inclusion

For more information about the programme, please call Matthew - 07912391513 or email - M.Matchett@cedar-foundation.org

e: m.matchett@cedar-foundation.org

SOUTHERN AREA LOCALITY PLANNING GROUPS

CYPSP
Children & Young People's Strategic Partnership

ISSUE 25 | 6TH FEBRUARY 2020

FYI

For Your Information

Some friendly guidance to those who are submitting information to **FYI**:

1. Submit the information in the format you would like it to be included. We won't transform a word-heavy document into a flyer, please make it easy for us!
2. Less words, bigger pictures!
3. We do not advertise or endorse those events or programmes which are privately funded as a business.
4. Information will usually be included for x2 editions (1 month), unless requested or if your event takes place sooner.
5. FYI will be issued every fortnight, on a Thursday afternoon. Please send your articles for inclusion by 5pm of the Tuesday prior to this.
6. We may have to decline to advertise information which is not applicable to better outcomes for children and young people.
7. Your feedback is welcome. (We are not perfect, but will strive to be as good as we can.)
8. Please let us know if FYI has helped your service, event or activity in any way.

Upcoming 2020 LPG Meetings

South Armagh:	Tue 18th Feb @ Newtownhamilton Community Centre
Dungannon:	Thur 27th Feb @ Gardener's Hall
Armagh:	Thur 5th Mar @ Epicentre
Newry:	Wed 11th March @ Newry Youth Resource Centre
Banbridge:	Tue 24th Mar @ Banbridge Youth Resource Centre
Craigavon:	Tue 7th Apr @ Brownlow Community Hub

All LPG meetings start at 10am | Everyone welcome!

For general newsletter information, contact:

Tel: Darren Curtis (028 9536 3966) / Joanne Patterson (028 9536 3216)

E-mail: localityplanning@ci-ni.org.uk

CYPSP, 2nd Floor, Health & Social Care Board, Tower Hill, Armagh. BT61 9DR