

SOUTHERN AREA LOCALITY PLANNING GROUPS

ISSUE 22 | 19TH DECEMBER 2019

Welcome to the final 2019 edition of our information bulletin, **FYI** (*For Your Information*).

22 issues of the newsletter have now been published and, from all of the positive feedback we have received, it is a valuable resource for the Southern Trust area.

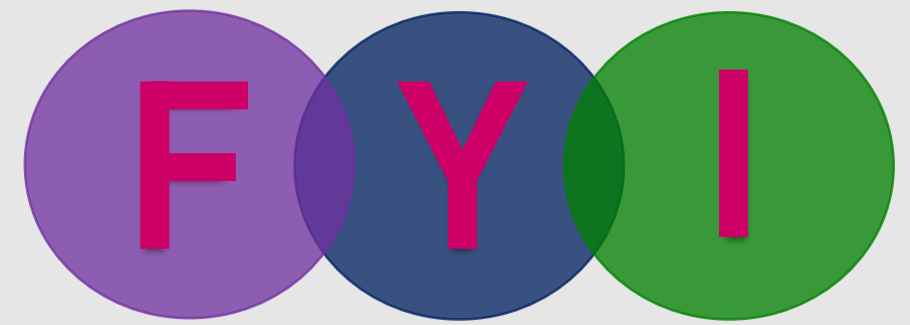
The first 2020 issue of FYI will be circulated on Thursday 9th January, so please keep your information flyers coming over the next few weeks...

In the meantime, we would like to take this opportunity to wish everyone a Happy Christmas and a Happy New Year (in advance)!

Darren Curtis and Joanne Patterson
Locality Development Team, Southern Trust Area

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For Your Information



www.cypsp.hscni.net



Southern Area Safeguarding Panel Case Management Reviews (CMRs)-Dissemination of Learning Seminar

Date: Friday 31st January 2020,
9.00 am – 1.30 pm (lunch included)

Venue: Craigavon Civic Centre
66 Lakeview Rd, Craigavon BT64 1AL

This event is aimed at all staff who have statutory
responsibility and duty to care for the welfare and
protection of children.

Please reply to this invitation by sending your response
and nominations to Mary O'Neill:

maryp.oneill@southerntrust.hscni.net

By Monday 6 January 2020.

e: maryp.oneill@southerntrust.hscni.net



Workshop Options:
Please choose 1 date

Wednesday 29 January 2020

Brownlow Health Centre,
Craigavon

Thursday 13 February 2020

Ranfurly House, Dungannon

Tuesday 25 February 2020

Ballybot House, Newry

10am – 12.30pm

To book a place return your
application form before Friday 10
January 2020 by emailing:

pwb.training@southerntrust.hscni.net

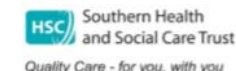
For additional queries please
contact:

lyndsey.hasson@southerntrust.hscni.net

PANTS helps children understand
that their body belongs to them,
that they have the right to say no,
and that they should always talk to
an adult they trust if they are upset
or worried.

These workshops are being offered
as part of a multi-agency campaign
supported by the **Public Health
Agency** and **Promoting
Wellbeing Division** in partnership
with **NSPCC**, to enable multi-
agency practitioners to effectively
use the PANTS resources.

These workshops are FREE to
anyone working with or supporting
families and children in the
community.



e: pwb.training@southerntrust.hscni.net



YOUTH CAN DO IT PROGRAMMES JAN - MAR '20

Security 8th Jan, Belfast  19th Feb, Ballymena, ages 18-30 Two week course / SIA License	Retail M&S 10th Feb, Belfast, Lisburn and Derry/Londonderry, ages 16-25 Four weeks in store work experience / placements available in various locations
Enterprise 15th Jan & 20th Feb, Belfast 4th March, Newtownabbey and Lurgan, ages 16-30 Business idea? Free ongoing support / mentoring / low interest loans	Fire Service  12th Feb, Belfast 26th Feb, Derry/Londonderry, ages 16 - 30 Meet new people / learn new skills
Fairbridge + 21st Jan, Belfast, ages 16-25 Boost confidence / learn new skills / one to one support	Retail  3rd March, Belfast 4th March, Newry, ages 18-30 Four weeks in store work experience / placements available in various locations
Make-up 22nd Jan, Belfast 12th Feb, Antrim, ages 16-30 Meet new people / learn new skills	Team programme Ongoing, across NI, ages 16-25 12 week personal development programme
Ready to work  23rd Jan, Belfast, 16-30 Two day employability programme / job opportunities	Development Awards Ongoing, across NI, ages 16-30 Grants to help young people into education, training or employment
Wellbeing 5th Feb, Lurgan, ages 16-30 Wellbeing and nutrition workshop	

We also offer one to one support to help young people live, learn and earn.
 For more info, call 0800 842 842 or email outreachni@princes-trust.org.uk.
 Support for travel and childcare is also available.




www.princes-trust.org.uk



This project is part funded through the Northern Ireland European Social Fund 2014 - 2020 and the Department for the Economy

W: www.princes-trust.org.uk



Young Adults Carers Service

Action For Children have launched a new service for young adults in a caring role.

The Young Adult Carers Service will be running throughout the 5 trust areas for any young person between 18-25 in a caring role.

We will be delivering services in a range of formats including one to ones, group work, information sessions and much more, all of which will be planned and organised following consultation with the young adult carers themselves.

We accept referrals from family members, social workers, health professionals, teachers, tutors, voluntary sector professionals and young adult carers themselves.

For more information about the practical and emotional support we offer young adult carers, or to make a referral, please contact us.

Young Adult Carers Referral Form can also be downloaded, [HERE](#).

e: youngadultcarers@actionforchildren.org.uk



Download the principles in full, [HERE](https://maternalmentalhealthalliance.org/psp)



Find the full strategy and summary, along with translated version, [HERE](#)

**Do you need urgent help?
Please contact one of
these agencies:**

Lifeline
**Freephone 24/7 crisis
counselling service**
0808 808 8000
www.lifelinehelpline.info

ChildLine
0800 1111
www.childline.org.uk

Addiction NI
028 90 664434
www.addictionni.com

Mind Your Head
www.mindingyourhead.info

**Drugs and Alcohol
Northern Ireland**
www.drugsandalcoholni.info

Helplines Network NI
listen • support • inform
www.helplinesnetworkni.com

For further advice on any of the information
provided in this leaflet or to book any of the
services listed please contact:

Marie-Therese Higgins
Des Jennings
028 9038 3809
wellbeinginsport@sportni.net

Sport Northern Ireland
House of Sport, 2a Upper Malone Road
Belfast BT9 5LA
www.sportni.net

**Programmes to improve
mental health and wellbeing
for people involved in sport
in Northern Ireland**



#WellbeinginSport

HSC Public Health
Agency
Project supported by the PHA

sport
Northern Ireland

e: wellbeinginsport@sportni.net



Action Mental Health

Sport Northern Ireland, in partnership with Public Health Agency, has engaged with Action Mental Health to offer a 90 minute interactive session that supports the mental health and emotional wellbeing of those involved within Sport Clubs and the wider sporting community.

Content:

- Explores attitudes, challenging stigma and misconceptions
- Mental ill health
- Pressure vs Stress
- Identifying positive coping strategies
- Identifying support networks
- Signposting to sources of support

This session can be tailored and delivered to:

- 14-17 year olds and/or
- Adults

Aware

Sport Northern Ireland in partnership with Public Health Agency has engaged with Aware NI to offer a 90 minute session based on understanding how our thoughts, feelings, behaviours and physical wellbeing can be affected when we face a setback. It will focus on how to build our resilience to allow us to:

- Enjoy our successes
- Enjoy the good things in life
- Deal with the difficult things as and when they happen
- Build on our ability and capacity to bounce back

This is a light and Interactive session focusing on the 'Take 5 Steps to Wellbeing'. It teaches this through physical activity, group interaction and information that will support education around resilience and factors that affect our mental health.

This session can be tailored and delivered to:

- 14-17 year olds and/or
- Adults
- Under 13 years

Sporting Chance

Sport Northern Ireland has engaged with Sporting Chance (Established by former Arsenal and England football captain Tony Adams to provide a specialist addiction and recovery facility for athletes) to offer a Lifestyle Education Seminar. This session will introduce athletes to the information and tools they need to avoid the pitfalls and destructive behaviour patterns that can develop in sport.

Content:

- Alcohol, other substance use (non-prescribed and illegal) and gambling (as well as other examples of addictive behaviours)
- Warning signs of addiction and what to do if players recognise these signs in themselves or others
- What defines addiction? Progressive illness and vicious circle
- Coping differences
- Emotional wellbeing and mental health
- Identifying the danger signs in you and in others
- How and where to seek help

This session can be tailored and delivered to suit both males and females across a range of age groups, and is facilitated by an ex player (male or female) featuring the 'Players' story.

e: wellbeinginsport@sportni.net

It's been 8 months since we launched ParentLine NI.
Click [HERE](#), to watch a short film showcasing some of our work to date...



PARENTLINE PODCAST
EPISODE 7 -TOP TIPS
FOR SURVIVING
CHRISTMAS AS A
FAMILY IS NOW LIVE!
WATCH IT [HERE](#)

Free Local Helpline: 0808 8020 400 / w: www.ci-ni.org.uk / e: parentline@ci-ni.org.uk

Services Available Through The Hub May Include...



There Are 3 Family Support Hubs In the Southern Trust Area

ARMAGH & DUNGANNON HUB

Pat McGeough
Young People's Partnership Barnardos
39A Abbey Street, Armagh
BT61 7DY
T: 028 37522380
E: familysupporthub@barnardos.org.uk

CRAIGAVON & BANBRIDGE HUB

Lisa Grant
NIACRO
26 Carleton Street, Portadown Co. Armagh
BT62 3EP
T: 028 38331168
E: familysupporthub@niacro.co.uk

NEWRY & MOURNE HUB

Allison Slater
SPACE
24 Monaghan Street, Newry
BT35 6AA
T: 028 30835764
E: familysupporthub@space-ni.com

Believe in
children
Barnardo's



Southern Area **FAMILY SUPPORT HUB**

*Many families need a little extra
help sometimes*

**JUST
NEWLY
RELEASED!**



Information for Families



MSG Southern Health
and Social Care Trust



Download a Family Support Hub **Referral Form**, [HERE](#)

What is the Family Support Hub?

- The Family Support Hub is a meeting of representatives from community, voluntary and statutory organisations who deliver services for children and families in your area.
- Each Family Support Hub has a lead body who co-ordinates the meeting and receives the referrals.
- The members of the Family Support Hub are from a range of statutory and community/voluntary agencies who offer services in your area. These agencies include; Education Welfare, Health Visiting, Womens Aid, Homestart, Social Services Surestart and Child and Adolescent Mental Health Services.
- Referrals will not be accepted without your consent. If the young person you are seeking support for is over 16, they must also sign the referral form.
- For more information follow this link <https://vimeo.com/216493917>

Your Family Support Hub Will

- Meet once a month to discuss referrals to identify and connect you and your family to the service you need at a time when you need it.
- Work in partnership with you and your family.
- Act professionally ensuring all information is treated in a confidential manner.

How The Hub Works

A referral form is submitted to your local hub-coordinator.

The Hub Co-ordinator may contact you for more information prior to the Hub meeting.

Hub Co-ordinator will present all referrals received to the monthly meeting. The Hub members will then discuss your referral and aim to match your family to the best service for you.

Only core Hub Members attend the meeting, you will not need to attend.

You will receive a letter from the Hub Co-ordinator to let you know what service was identified as most appropriate to meet your needs.

The service that was identified as most appropriate will then contact you directly.

You can choose whether or not you wish to accept the support that has been offered. You are in control.

What Are The Criteria For Making A Referral To The Hub?

- Your family would like support - this is a voluntary process and you can withdraw your referral at any time.
- You are a family with children aged 0 -17 years.
- No social worker currently involved with your family.

Some of the challenges the Hub can help with



Who Can Refer To The Hub?

- You can make a self-referral to the family support hub or a referral can be made by anyone working on your behalf i.e. teacher, doctor, health visitor or community group.
- You can download a referral form from <http://www.cypsp.hscni.net/family-support-hubs/> or just pick up the phone and call your local family support hub co-ordinator. Details can be found on the back of this leaflet.

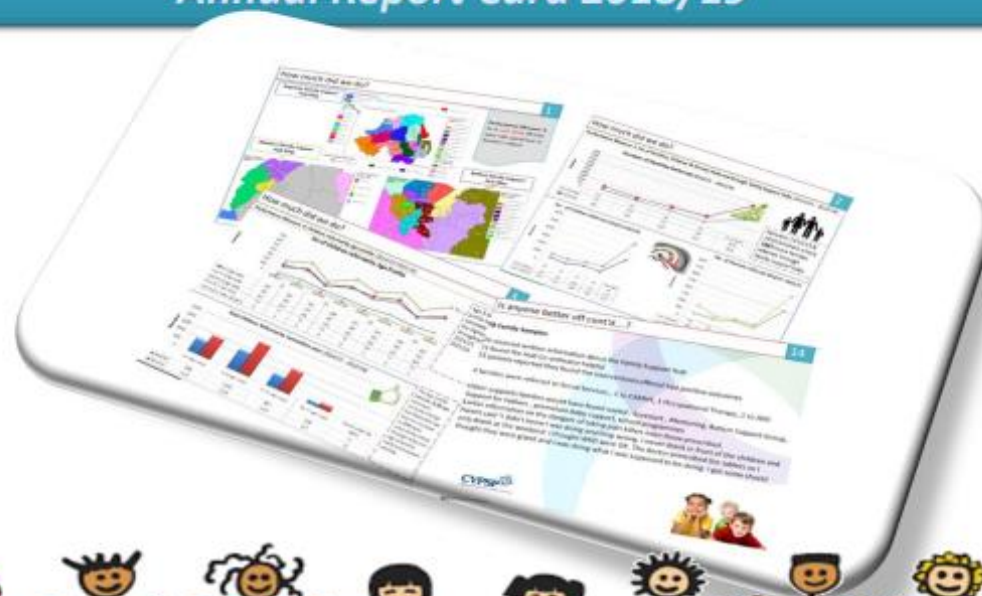


Download a Family Support Hub Referral Form, [HERE](#)

SHSCT Family Support Hubs Report Card

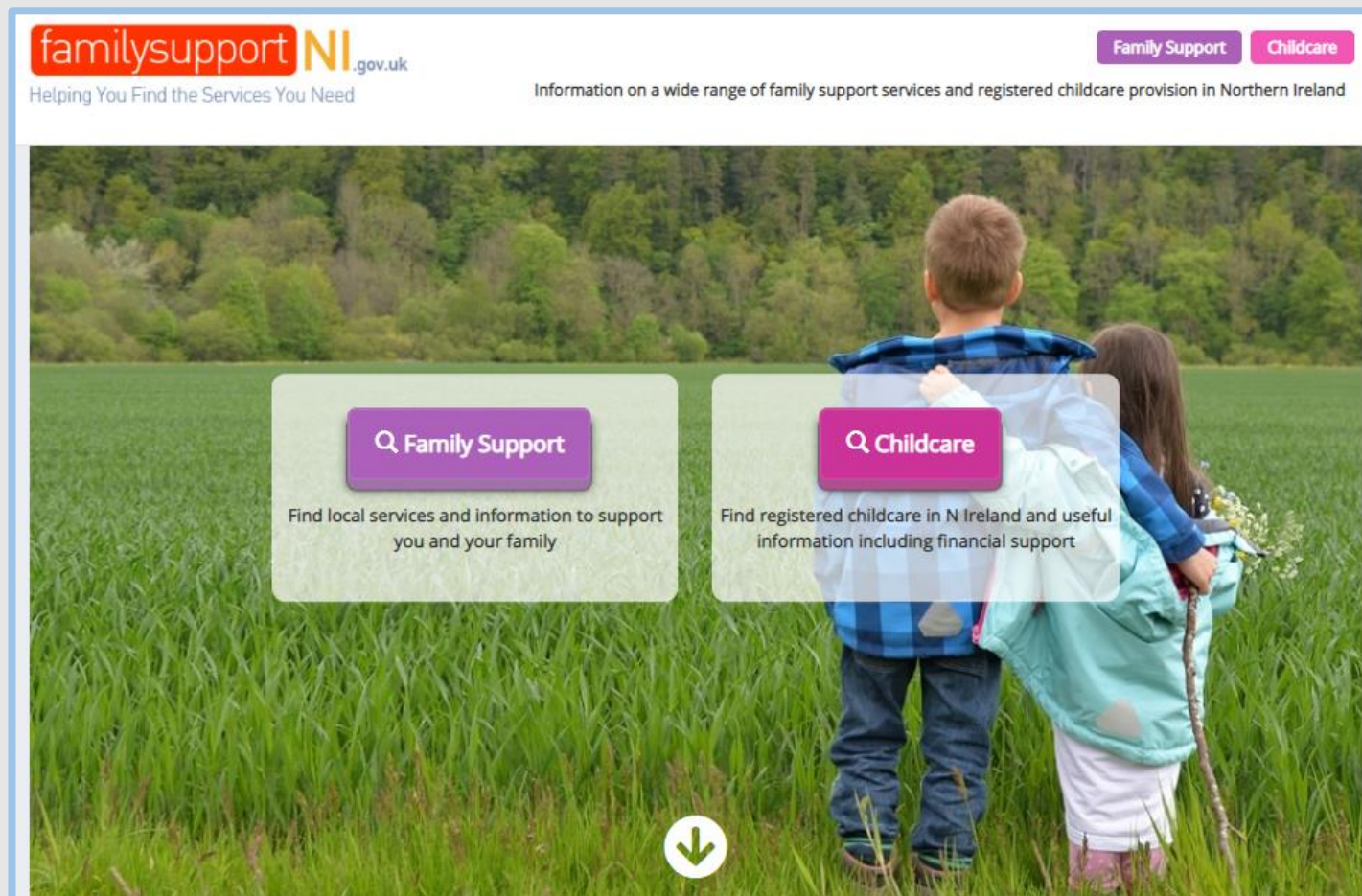
Annual Report Card 2018/19

RECENTLY
RELEASED!



July 2019

View the recently published SHSCT Family Support Hubs **Report Card**, [HERE](#)



Check out the www.familysupportni.gov.uk website, making it easier for people in NI to find out about **family support services** and ALL REGISTERED **childcare providers** in NI.

If you require any more information about the website or would like some leaflets / posters, please contact info@familysupportni.gov.uk or tel. 0845 600 648.

Parent Support

"Behind every child who believes in themselves is a parent who believed in them first" Matthew Jacobson

Your influence as a parent is one of the most significant factors in your child's life chances. We want to support and work with you as the primary care giver and educator for your children to ensure what we offer is meaningful, consistent and available at the point of need.

This webpage is designed for Parents and Organisations working to support families using group work approaches:

On this page you will find:

- Information / Leaflets
- Evidence Based Parenting Support
- Development Opportunities for Practitioners
- Contacts

Please click on the appropriate tabs below:

Parent Programmes & Training | Reports, Publications & Leaflets | Local Contacts

Evidence Based Parenting Programmes

To find a parenting programme in your area click on the colour coded tab for your Health and Social Care Trust. To search by month click dropdown under "Events In" or scroll across using the months navigator on calendar. Once you see a programme you are interested in click on it for more details.

Note: All training courses for professionals are colour coded bright green.

Children and Young People's Strategic Partnership | Customize | 7 | 0 | + New | WP-Filebase Pro | Smart Slider | Events | Howdy, Valerie |

Events for October 2019

See Parenting Support Links Below

familysupport NI.gov.uk
Helping You Find the Services You Need

Parent Line NI
FREE LOCAL HELPLINE
0808 8020 400

Check out CYPSP's Parent Support webpage, specifically designed for parents and organisations working to **support families** using group work approaches, [HERE](#).

This resource also provides the details of current and forthcoming **evidence-based parenting programmes** across Northern Ireland.

ODYSSEY PARENTING YOUR TEEN PROGRAMME

I HATE THIS
HOUSE!

You do
my head
in!

Get out of
my room!

I DON'T
WANT TO
TALK ABOUT
IT. LEAVE ME
ALONE!

SOUND FAMILIAR?

Helping you deal
with the reality of
living with
teenagers

Call to register:

0808 8010 722

Mon-Thurs 9.30am-3.30pm

Fri 9.30am - 12.30pm

ParentingNI

Odyssey
ParentingNI

New ry

Thurs 30th Jan -
Thurs 19th Mar 2020

Every Thursday
for 8 weeks

7.00 pm - 9.00 pm

t: 0808 8010 722



Everybody Active 2020

Getting people more
active more
often through sport
and physical activity
in NI

Free sports and
activities for:

- Women and girls (specifically aged 14-25 years)
- Older people aged >65 years
- People with a disability
- People living in areas of greatest social need

If you would like further information on
the EBA 2020 programme, contact us
our Coaches on 028 3089 8119
or email Leah on
leah.stuttard@clanryegroup.com



sport
Northern Ireland

Comhairle Ceantair
an Iúir, Mhúrn
agus an Dúin
Newry, Mourne
and Down
District Council

e: leah.stuttard@clanryegroup.com



REGENER8



Recruiting
Jan
2020

Living in
Newry City
or South
Armagh?

Aged
16-24?

FREE PROGRAMME

Not in employment, education or training?

Avail of a one year programme providing:

- Fun Activities / Trips
- Community Development Level 1
- Diversity Level 1
- Personal Development Level 1
- Work Experience
- Volunteering
- Employability Level 2
- Vocational Qualifications Level 2

Free Driving Lessons, Provisional Licence and Driving Test
Assistance with Childcare, Travel and Lunches provided

Contact Sarah Hillen today on 028 3089 8119
or email sarah.hillen@clanryegroup.com



INTERNATIONAL FUND FOR IRELAND



www.clanryegroup.com

e: sarah.hillen@clanryegroup.com

Behaviour, is it just a phase or is it a problem?



FREE TALK For Parents

The psychologist with The Changing Lives Initiative is delivering a free talk for parents who are concerned about their child's attention, impulsive and hyperactive behavior.

Check our Facebook page or email us at

changinglives@cllp.ie

for dates in Newry & Armagh in the New Year

Tickets on www.eventbrite.com or call (042) 9502220



e: changinglives@cllp.ie



e: info@armagh.foodbank.org.uk



New-Bridge Integrated College
The school for all the family

Celebrating 25 Years 1995-2020

OPEN DAY

Saturday
18th January 2020
9.30am to 12.30pm



Principal's Welcoming Address in the Assembly Hall at 9.30am

Mission Statement
"New-Bridge College is an integrated all-ability school. We are committed to ensuring that all our pupils are provided with the opportunity to achieve to their full educational potential in a challenging and stimulating environment in which they all feel cherished and valued."

We offer an extensive range of GCSE and A-Level Subjects including Enrichment Programme and a Supervised 6th Form Study.



We look forward to welcoming Primary 5/6 & 7 pupils and students interested in Sixth Form Provision for September 2020.

25 Donard View Road, Banbridge BT32 3LN
Phone: **028 4062 5010**
www.newbridgeintegrated.org




t: 028 4062 5010 / w: www.newbridgeintegrated.org

**CURRENTLY RECRUITING
IN THE CRAIGAVON &
SURROUNDING AREA
FOR JANUARY
PROGRAMMES**

Futures Project

Personal Development
Good Relations
Citizenship
Health and Wellbeing
Team Building
Outdoor Activities
Residential
New Skills
Qualifications

Are you aged 16-24?
Are you looking for some direction?
Do you want to find your future?

Futures Project is a new and exciting 6-month youth programme for young people aged 16-24. Contact the Futures team to find one near you!

Executive Office
Housing Executive
START360
belfast met
Peace4Youth
The Belfast Council
Northern Ireland - Ireland

What's in it for me? (subject to eligibility)

£8 per day for taking part

Free travel

Opportunities to get involved in your community

Student card and access to Belfast Met facilities

Payments will not affect benefits

Participation in fun and interactive sessions

Meet new people from different communities and backgrounds

OCN Level 2 Qualification

More confidence and new skills

A Mentor to support you through the programme

Assistance with childcare

How do I join?
You need to be available during the day for 3 days per week for 6 months
Email: futures@belfastmet.ac.uk
Phone: 02890 265 212

Executive Office
Housing Executive
START360
belfast met
Peace4Youth
The Belfast Council
Northern Ireland - Ireland

e: ronan.mccaffrey@start360.org / Chris.Hughes@start360.org

The Incredible Years®

Developed by Dr Carolyn Webster-Stratton, Director of the Parenting Clinic at the University of Washington, in 1984. Incredible Years® aims to reduce behaviour problems and to promote problem solving skills, social competence and emotional regulation. Programmes are aimed at parents or teachers of children aged from birth to 12 years. The Incredible Years® series is a set of thirteen developmentally based training programmes for parents, children and teachers. This series includes an Autism and Speech and Language Delay programme and a 'Teacher' programme for day-care providers.

Who is it for?

Age: Parents, carers or teachers of children aged from birth to 12 years

Classification: Universal, Targeted and Specialist

Need: Moderate and High



Evidence base:

Core programmes have been evaluated globally by independent researchers using Randomised Controlled Trials (RCT), and have been shown to be highly effective. In the UK and Ireland, studies have been completed by Kings College London, Bangor University, and Trinity College Dublin amongst others. The Incredible Years® pre-school basic parent programme is listed as a Level 1 Programme in the Graham Allen report.

Early Intervention Foundation (EIF) ratings of the Incredible Years® programmes range between 3 or 4+. In the 2016 EIF report 'Foundations for life: What works to Support Parent Child Interaction in the Early Years' the Incredible Years® Preschool BASIC Programme is one of only two programmes that receives a 4+ rating and is the only one with a 4+ rating that help parents manage their children's behaviour.

Outcomes included:

- Reduction in anti-social behaviour and aggression
- Increased praising behaviour and positive affirmation by parents and teachers
- Positive change in emotional and behavioural difficulties
- Increase in pro-social behaviours and problem solving
- Improved
 - social competence
 - positive family communication
 - parent interaction with teachers and classroom
 - school readiness and engagement in school activities.

COMING TO
DRUMNAMOE NURSERY
SCHOOL IN MARCH 2020!

FURTHER DETAILS TO
FOLLOW IN THE NEW
YEAR...

e: fmcdonald838@drumnamoens.craigavon.ni.sch.uk

PEACE IV & The Play Strategy

PLAY

IN THE COMMUNITY PROGRAMME



Register for Banbridge
FREE play sessions

Register online @ getactiveabc.com/book

COME ALONG AND ENJOY **FREE INDOOR & OUTDOOR PLAY**

Through the PEACE IV Programme and Play Strategy, Armagh City, Banbridge and Craigavon Borough Council are delighted to provide a traditional play and events programme.

This programme provides you, your family and your community the opportunity to build positive relationships through play. We are providing play for children up to 16 years old, regardless of ability, along with parents. You are invited to come and take part in the **FREE** play sessions and events.

We are offering parents and family members the opportunity to volunteer and be supported to train in Playwork and gain qualifications - all **FREE** of cost.

Banbridge Leisure Centre

Play sessions

DATE	TIME	DATE	TIME
Friday 10 January	3.15pm - 5.45pm	Friday 14 February	3.15pm - 5.45pm
Friday 17 January	3.15pm - 5.45pm	Friday 28 February	3.15pm - 5.45pm
Friday 24 January	3.15pm - 5.45pm	Friday 6 March	3.15pm - 5.45pm
Friday 31 January	3.15pm - 5.45pm	Friday 13 March	3.15pm - 5.45pm
Friday 7 February	3.15pm - 5.45pm	Friday 27 March	3.15pm - 5.45pm

Final Celebratory Event in Gilford
Saturday 28 March 12.00pm - 4.00pm

For more information please contact
Play in the Community Team - Caoilin, Evia or Joan
● PTTC@armaghbannbridgecraigavon.gov.uk

 Armagh City Banbridge & Craigavon Borough Council

 **Peace**
Northern Ireland - Ireland
peace represents

This project is supported by the European Union's PEACE IV Programme, managed by the Special EU Programmes Body

Register for Banbridge FREE Play Sessions, [HERE](http://getactiveabc.com/book)

PEACE IV & The Play Strategy

PLAY IN THE COMMUNITY PROGRAMME



Register for Gilford
FREE play sessions

Register online @ getactiveabc.com/book



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We are offering parents and family members the opportunity to volunteer and be supported to train in Playwork and gain qualifications - all **FREE** of cost.

Gilford Community Centre

Play sessions

DATE	TIME	DATE	TIME
Tuesday 14 January	3.00pm - 5.30pm	Tuesday 25 February	3.00pm - 5.30pm
Tuesday 21 January	3.00pm - 5.30pm	Tuesday 3 March	3.00pm - 5.30pm
Tuesday 28 January	3.00pm - 5.30pm	Tuesday 10 March	3.00pm - 5.30pm
Tuesday 4 February	3.00pm - 5.30pm	Thursday 24 March	3.00pm - 5.30pm
Tuesday 11 February	3.00pm - 5.30pm		

Final Celebratory Event

Saturday 28 March 12.00pm - 4.00pm

For more information please contact
Play in the Community Team - Caoilin, Evia or Joan
✉ PTTC@armaghbanbridgecraigavon.gov.uk



Armagh City
Banbridge &
Craigavon
Borough Council



Peace
Northern Ireland - Ireland

This project is supported by the European Union's PEACE IV Programme, managed by the Special EU Programmes Body



Register for **Gilford** FREE Play Sessions, [HERE](#)



Register for PITC Volunteer Training, [HERE](#)

ODYSSEY PARENTING YOUR TEEN PROGRAMME

I HATE THIS
HOUSE!

You do
my head
in!

Get out of
my room!

I DON'T
WANT TO
TALK ABOUT
IT. LEAVE ME
ALONE!

SOUND FAMILIAR?

Helping you deal
with the reality of
living with
teenagers

Call to register:

0808 8010 722

Mon-Thurs 9.30am-3.30pm

Fri 9.30am - 12.30pm



Portadown

Weds 29th Jan -
Weds 18th Mar 2020

Every Wednesday
for 8 weeks

7.00 pm - 9.00 pm

t: 0808 8010 722



Giants Gaelic Football

An inclusive Gaelic Football programme aimed at children aged 7-14 years with additional needs including mild learning disabilities or Autism. Come along and develop your Gaelic Football skills in a fun, welcoming and inclusive setting.

Dates: 7th & 21st Nov, 5th Dec 2019,
16th & 30th Jan, 13th & 27th Feb,
12th & 26th Mar 2020.


Times: 6pm-7pm

Venue: St Ronan's College, Lurgan
(Junior site)
Entry via Arthur Street, Lurgan, BT66 6ER

Please register in advance with:
Ryan on rmcquillan@liveactiveni.co.uk
or 077 9913 7291



e: rmcquillan@liveactiveni.co.uk



The poster features a teal background with a silver whistle hanging from a rope. The title 'Coach Education & Club Development Programme 2019/2020' is written in white. Below the title are three small images: a group of children in green sports uniforms, two girls smiling, and a coach interacting with a child in a swimming pool. The logo for Armagh City Banbridge & Craigavon Borough Council is at the bottom right.

Coach Education & Club Development Programme 2019/2020

Summary

Course	Date	Venue	Time	Cost
Safeguarding Children & Young People In Sport	23/10/19	Ardmore Recreation Centre	6.30pm - 9.30pm	£15.00
Delivering Engaging Sessions for Adults	8/11/19	Craigavon Community Hub	6.30pm - 9.30pm	FREE
Disability Inclusion Training	13/11/19 & 20/11/19	Craigavon Leisure Centre & Gilford Community Centre	6.30pm - 9.30pm	FREE
Emergency First Aid for Sport	18/11/19 & 25/11/19	Ardmore Recreation Centre	6.30pm - 9.30pm	£20.00
Safeguarding Children & Young People In Sport	28/1/20	Craigavon Civic Centre	6.30pm - 9.30pm	£15.00
Coaching Children & Young People Children 5-12 years	5/2/20	Tandragee Recreation Centre	6.30pm - 9.30pm	FREE
Action Mental Health & Wellbeing for People Involved In Sport	19/2/20	Old Town Hall, Banbridge	6.30pm - 9.30pm	FREE
Emergency First Aid for Sport	26/2/20 & 4/3/20	Old Town Hall, Banbridge	6.30pm - 9.30pm	£20.00
Designated Officer	2/3/20	Craigavon Civic Centre	6.30pm - 9.30pm	£15.00
Safeguarding Children & Young People In Sport	26/3/20	Old Town Hall, Banbridge	6.30pm - 9.30pm	£15.00

Book [HERE](#) / e: Laural.OHagan@armaghibanbridgecraigavon.gov.uk



WHAT'S ON

In Dungannon Library

Children's Activities

Rhythm and Rhyme (0-4yrs)

Friday 10.30am & 11.15am

Saturday 11.00am

Pagetumers Junior Book Club (9-12yrs)

2nd Thursday of the month

Lego Club 3rd Thursday of the month



Adult Activities

Adult Book Club 1st Thursday of the month

Irish Conversation Group 1st Saturday of the month

Knit & Natter (drop in) Thursday morning from 10.00am

Tea & Newspapers (drop in) Thursday morning from 10.00am

Enjoy a chat over a cup of tea/coffee, all welcome

Keep up to date by liking us on our Facebook page

Remember FREE Wi-Fi for all Library members

Non members £1 per day

Support Dungannon Library by becoming a member.

Membership is free to all (ID required)

For all enquiries please contact

Dungannon Library, 32 Market Square, BT70 1JD

t:028 8772 2952 e: dungannon.library@librariesni.org.uk



The Education Authority Youth Service is currently recruiting a JNC qualified youth worker to join the Dungannon Area team with a remit of covering Clogher Valley.

This a full-time permanent post with a remuneration package of £29,724 and expenses relating to travel away from base and subsistence where appropriate.

The closing date for applications **Friday 10th January 2020** and all applications must be made online via the EANI Taleo System accessed via:

<https://eani.taleo.net/careersection/external/jobsearch.ftl?lang=en>

The job listing can also be currently found on the Job Centre Online Website, [HERE](#).

e: dungannon.library@librariesni.org.uk



The EU-funded H2020 WYRED project has, for the last 3 years been developing an approach to the empowerment of young people through research. Our methodology focuses on helping young people to surface their concerns and find a voice so that policy can hear them.

In the last 18 months the focus has been the digital society and a range of recommendations have been generated by the research the young people have done in 7 different EU countries, and their online discussions.

These will be collected in our yearly WYRED Insights report, which will be available in December. This video provides a small selection of these, as a taster.

<https://youtu.be/i1CPzrtZqf8>

The WYRED Association has been set up to carry on the work of the project and support other organisations in using our approach.

Membership of the association for 2020 is free for organisations that sign up before the end of 2019, and provides access to the WYRED Insights Report and the other outputs of the project.

Join the **WYRED Association** by clicking link below and completing your details:

<https://association.wyredproject.eu>

w: <https://association.wyredproject.eu>

AMPLIFY

Are you 16-24 years old and from the Dungannon area?

- Free lunch, travel and childcare. **Develop new personal and social skills**
- Meeting 18 hours per week for 6 months.
- Develop a better understanding of YOUR community.**
- Incentive payments of £8 per day. **Gain skills and qualifications.**

For more information please contact Brenda at YouthAction N.I. on (028) 66328534/07597901057/email brenda@youthaction.org or find us on facebook YouthAction NI Brenda McElroy.

An Roinn Leanaí agus Gnóthaí Óige
Department of Children and Youth Affairs

Peace4Youth

Northern Ireland Executive
www.northernireland.gov.uk

LIMITED SPACES
STILL AVAILABLE ON
DUNGANNON AREA
PROGRAMME
STARTING IN MID
JANUARY 2020

e: brenda@youthaction.org

Contact our STEP Community Support Team

All our support staff can be contacted through the STEP office in Dungannon at The Junction, 12 Beechvalley Way, Dungannon, Co Tyrone BT70 1BS Tel: 028 877 50211



Charlene Corrigan, Floating Support Services Manager
charlene.corrigan@stepni.org



Joanne Dougan, Family Support Services Manager
joanne.dougan@stepni.org



Virginija Kuizinaite, Family Support Worker
virginija.kuizinaite@stepni.org



Bernadetta Kepa, Family and Floating Support Worker
bernadetta.kepa@stepni.org



Gintare Silvestre, Floating Support Worker
gintare.silvestre@stepni.org



The greatness of a community is most accurately measured by the compassionate actions of its members – Coretta Scott King

e: joanne.dougan@stepni.org

What is Community Support?

Community Support is a package of support provided to individuals or families in a one-to-one or group basis. There is a defined criteria for inclusion in a Community Support programme with specific outcomes and goals to work towards, i.e. it is not one-off support but rather a progressive series of contact between staff and participants.

Why does STEP care about Community Support?

Community Support relate to the STEP's overall ethos of empowerment. Through the support work we do, the individuals and families receive specific advice and guidance to develop the confidence to work through issues impacting their lives. Support helps build confidence and capacity to independently address difficulties, share solutions and actively participate in the socio-economic life of the community.

Who funds our Community Support work?

At present our specialist Community and Family Support work is supported by Supporting People (NI Housing Executive); Community Fund (formerly Big Lottery Fund) and Northern Health & Social Care Trust.

What Community Support work does STEP currently do?**STEP Floating Support Programme**

This is a free, individual housing support service that enables you to take control of your life, by assisting you to develop the knowledge and skills needed to set up or keep your home and live independently within the community.

Who can use this service?

This service prioritises

- Those aged over 18 years
- Those who live within the Cookstown or Dungannon area
- Those from a Black and Minority Ethnic Community background
- Those at risk of losing your home, preparing to move into new accommodation, or have issues related to their housing
- Those considered to need housing support for another reason

What you can expect from our Floating Support Service?

Through the floating support service and work with our staff participants will be enabled to achieve a number of outcomes including:

- Developing skills to ensure they can live independently in their home
- Find and move into alternative accommodation if they want and to set up and furnish your home
- Sustain their current home to prevent homelessness
- Manage their own finances, benefit claims, bill payments, and paperwork
- Find out about and deal with other services and agencies and link in with employment, training, voluntary work or other meaningful occupation
- Develop new skills and grow in confidence

How can you apply for our Floating Support Service?

You can apply directly to STEP or be supported by a friend/family member. Referrals can also be made on your behalf by a representative from an agency/organisation such as Social Services, Health Visiting, Northern Ireland Housing Executive, etc...

All applications are made by contacting STEP for a Referral Form on 02887750211 or by emailing reception@stepni.org. Referrers and applicants are welcome to speak informally to Charlene Corrigan STEP Floating Support Services Manager on 02887750211

STEP Family Support Programme

All families need support at some point. Our support service helps families turn things around in difficult times with practical and emotional support. Together with a Support Worker the client identifies need and puts in place a developmental plan to achieve agreed outcomes.

Who can use this service?

This service prioritises

- Those who have children under the age of 12 years
- Those from a Black and Minority Ethnic Community/Traveller Family background and living within the Mid-Ulster (Dungannon, Cookstown & Magherafelt) and Armagh area
- Those in need of family support for crises intervention/multiple problems, parenting, reducing isolation and stress.

What to expect from our Family Support Service?

Working with our service can enable the following outcomes for parents and families

- Greater confidence with parental role
- Better understanding of parental rights and responsibilities
- Better ability to seek appropriate help and find timely solutions to improve current situation
- Find out about and deal with other services and agencies

How can you apply for our Family Support Service?

Parents can apply directly to STEP themselves. Referrals can also be made by a representative from an agency/organisation such as Social Services, Sure Start, Vineyard Church, St. Vincent de Paul, Barnardos, An Tearmann or from our STEP Floating Support Service, GP, Health Visitor or school staff.

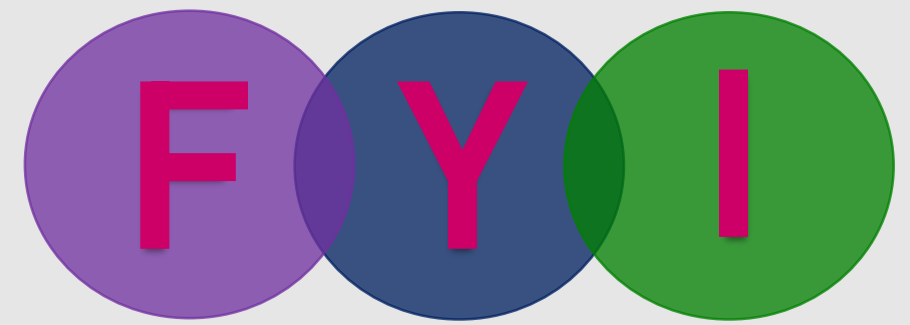
All applications are made by contacting STEP for a Referral Form on 028 877 50211 or email reception@stepni.org

Referrers and applicants are welcome to speak informally to STEP Family Support Services Manager, Joanne Dougan on 028 877 50211

e: joanne.dougan@stepni.org

SOUTHERN AREA LOCALITY PLANNING GROUPS

ISSUE 22 | 19TH DECEMBER 2019



For Your Information

Some friendly guidance to those who are submitting information to **FYI**:

1. Submit the information in the format you would like it to be included. We won't transform a word-heavy document into a flyer, please make it easy for us!
2. Less words, bigger pictures!
3. We do not advertise or endorse those events or programmes which are privately funded as a business.
4. Information will usually be included for x2 editions (1 month), unless requested or if your event takes place sooner.
5. FYI will be issued every fortnight, on a Thursday afternoon. Please send your articles for inclusion by 5pm of the Tuesday prior to this.
6. We may have to decline to advertise information which is not applicable to better outcomes for children and young people.
7. Your feedback is welcome. (We are not perfect, but will strive to be as good as we can.)
8. Please let us know if FYI has helped your service, event or activity in any way.

Upcoming 2020 LPG Meetings

Armagh:	Thur 9 th Jan @ Training Room, Promoting Wellbeing Team, St. Luke's
South Armagh:	Tue 14 th Jan @ Newtownhamilton Community Centre
Dungannon:	Thur 16 th Jan @ Gardener's Hall
Banbridge:	Tue 21 st Jan @ Banbridge Youth Resource Centre
Newry:	Wed 29 th Jan @ Newry Youth Resource Centre
Craigavon:	Tue 4 th Feb @ Brownlow Community Hub
All LPG meetings start at 10am Everyone welcome!	

For general newsletter information, contact:

Tel: Darren Curtis (028 9536 3966) / Joanne Patterson (028 9536 3216)

E-mail: localityplanning@ci-ni.org.uk

CYPSP, 2nd Floor, Health & Social Care Board, Tower Hill, Armagh. BT61 9DR