

**MINUTES OF LARNE CHILDREN AND YOUNG PEOPLE'S  
LOCALITY PLANNING GROUP MEETING**

**WEDNESDAY 5<sup>th</sup> June 2019 AT 10.30AM  
IN SMILEY BUILDINGS, LARNE**

<b>Attending:</b>	David McAllister (Chair)	<i>Mid &amp; East Antrim Borough Council</i>
	Andrew Millar	<i>Start 360</i>
	Samantha Morrison	<i>NHSCT</i>
	Beth Gibb	<i>Action Mental Health</i>
	Ronan McCaffrey	<i>Start 360</i>
	Michelle McGlade-Buick	<i>Parenting NI</i>
	Joy McNally	<i>Larne YMCA</i>
	Mary Johnston	<i>Women's Aid</i>
	Aideen Johnson	<i>PHA</i>
	Andrew Woodside	<i>NRC/Princes Trust</i>
	Jerry Drake	<i>NRC</i>

**Apologies:**

	Valerie McKenzie	<i>EA Youth Service</i>
	Deirdre Marley	<i>Princes Trust</i>
	Grace McCann	<i>CHIP</i>

**MINUTES OF PREVIOUS MEETING**

The minutes were agreed as being a true and accurate recording of the previous meeting held on **Wednesday 17<sup>th</sup> April 2019**.

## **MATTERS ARISING**

None

## **SPEAKERS**

### **Parenting N.I (Michelle McGlade Buick):**

Fed back on the results of the Parenting NI Participation Survey. A discussion was held around the results.

## **CHAIRPERSON:**

Chairperson event had taken place at Dunsilly on the 24<sup>th</sup> May with the NHSCCT Health and Wellbeing Team.

Take 5 and Aspirations were highlighted as overarching themes to cover the groups work moving forward. A brief explanation of same was provided by Samantha Morrison to those present. It was agreed that the Take 5 and Aspiration approach was applicable to current group aims.

Collaboration: The Chair emphasised the need to promote good collaborative working practices within the locality especially during the action planning phase with strong partnership approaches in relation to meeting the need of the plan. It was felt that this would promote good will and a positive image. Some members had recently attended a collaborative working workshop and acknowledged the benefits highlighting that they felt this was a positive direction for Locality planning in relation to sharing resources.

Budget: The chairperson fed back that the Northern trust would be willing to provide the group with a yearly budget from which they can direct spending as appropriate within their locality, the details of which should be available at the next meeting in September.

Group focus: Action planning for the incoming year is to be discussed at the next meeting. Chairperson requested that all interested members bring potential ideas and issues to be addressed within the locality at this time.

## **HUB UPDATE**

None available

## **MEMBER UPDATES**

### **Connections 360 (Andrew Millar):**

Alcohol awareness week is coming up on the 17<sup>th</sup> June.

Connections Teams are happy to come out and deliver any sessions for groups/staff or support any events etc. with information stands.

We still offer our free Awareness Raising sessions around drugs and alcohol. Feel free to get in contact if anyone would like us to come out.

### **Action Mental Health (Beth Gibb):**

PHA funded: Mind-set programme running until March 2020 (5<sup>th</sup> Year) targeting 14-17 year olds and Adults Mental health awareness and resilience – circa 3 hours duration.

Provoking thought, shorter sessions: Mental health awareness, self-esteem and confidence, bullying, resilience, body image, exam stress – individual sessions bespoke to suit need.

Currently, involved in a pilot with Sports N.I supporting their recently launched, 'Wellbeing in Sport' action plan by delivering bespoke workshops to sports clubs regionally. Currently, para badminton and wheelchair athletics as well as GAA and boxing clubs have been recipients.

### **Larne YMCA (Joy McNally):**

YMCA M- Power programme (17-24 years) underway in Larne, participants have had their first residential at Greenhill YMCA, a new experience for all. Group working on community projects as part of citizenship element.

Afterschools – gearing up for a full time operation over the summer.

Youth work – Youth club continues 4 sessions per week with a total weekly engagement of over 300 young people.

Autism support – Funding applications prepared to hopefully secure future beyond 2019 Dec.

Youth at Risk project - Recruitment underway for staff to work across Larne and Carrick areas.

### **Women's Aid; Voices Co-ordinator (Mary Johnson):**

Voices group: Ongoing every Monday in the Larne office from 4-6 pm for teens. We have completed 1 OCN and will have completed another by the end of the Term.

Schoolwork: Busy within primary schools in the area but finding it difficult to get into Secondary schools to deliver programmes.

Play ranger training has been completed and a Pod will be based in a park in Larne and Carnlough.

**PHA (Aideen Johnson):**

Northern area working group for Take 5 meets on a regular basis. We have established a short term Task and Finish group to look at Take 5 resources for teachers/youth leaders. I will update the group as developments progress.

**Northern Regional College (Jerry Drake):**

Princes Trust team Programme

12 week (Mon-Friday) personnel development programme

Open to 16-24 year olds

Free no cost involved in studies

Transport reimbursed

Childcare support available

Locations: Newtownabbey, Antrim and Coleraine

Currently interested in bring the course back to Larne.

**ANY OTHER BUSINESS**

Grants are available via the Good relations department and PCSP.

**DATE AND TIME OF NEXT MEETING**

Group agreed to continue to meet and share information, Smiley Buildings on Wednesday 18th September 2019 at 10.30am.