

**Northern Area Outcomes Group Meeting held on Wednesday 14  
February 2018 at 2pm in Bretten Hall, Northern Health and Social  
Care Trust Headquarters**

**Present:**

Marie Roulston	NHSCT (Chair)
Billy McMillan	Barnardo's
Helen Dunn	HSCB
Grainne Keane	YJA
Maurice Leeson	HSCB – CYPSP
Ruth-Ann Delija	Action for Children
Sharon Crawford	NHSCT – Disability
Una Casey	HSCB – CYPSP
Maurice Meehan	PHA
Sandra Anderson	Participation Officer CYPSP
Susan Gault	NHSCT

**Apologies:**

Ivor Mitchell	Carrick YMCA
Selena Ramsey	Locality Planner CYPSP
Sharon Kirk	Dalriada Surestart
Frances Donnelly	EANI

**Presentation – Steps to Cope – Gary McMichael**

Ascertainment is a drug and alcohol service in the Northern Area they deliver life skills and youth treatment through the Daisy Service in partnership with Start 360.

The Steps to cope is a partnership between Ascertainment, Barnardo's, South Eastern Trust and AFINet and funded by the Big Lottery Impact on Alcohol fund.

Hidden Harm Action Plan was published in 2010.

Ascertainment adapted the 5-step method, originally used with adults, for young people. Steps to cope initially focused on a young person's parental alcohol addiction but then widened out to include drug misuse and mental health.

Steps to cope is a person-centred intervention to train practitioners to deliver the intervention within their own role. Currently in NI there are 250 practitioners trained. The 5-steps help to increase the young person's resilience. It will help build on the capacity of services working with young people and provides a pathway to guide young people in to other services.

The big lottery funding will end in March 2019 and it is hoped that there will be a legacy of the training left within services. There is currently a website underdevelopment to help support practitioners and young people. There is also plans to roll out train the trainer courses, which can then cascade the training internally and externally.

A discussion took place about capacity in Northern Area and what services might be best placed to do the training and delivery of Steps to cope. Discussions also took place about the monitoring and evaluation of the intervention and the time commitment involved for staff. It was agreed that it fit well with ACE agenda. Members agreed that further discussion needed to take place and a smaller group of members would meet to do this.

***Action: Una to circulate Gary McMichael's contact details.***

***Action: Una to circulate dates for small group consisting of Helen, Billy, Ruth-Ann, Sharon (or someone from the FIT Team) Ciara and someone from the Intensive Family Support Team and Maurice Meehan.***

### **Minutes of Previous meeting**

The minutes of the meeting held on 13 December 2017 were agreed as accurate.

### **Matter Arising**

The Resilience documentary has been screened in Glengormley, Carrickfergus and Causeway. Sandra noted there are plans to have screening in Ballymena, Antrim and Magherafelt-Cookstown in the coming months. Marie noted that the Western Outcomes Group is hosting an ACEs conference on 2 March.

CRUN to be invited to a future meeting to present on the Northern Area SIF project on People First; Helen Dunn to follow up. **ACTION: H Dunn**

## **Slippage**

Sharon explained that there had been £30K of slippage from the disability service available. As was discussed at the previous NAOG meeting some of this could be used for Mindfulness for parents with children with disabilities. Sharon explained that the Southern Trust had used the “Happy Warrior” to deliver this in that area and Sharon has engaged him in delivery for the Northern Area. This is costing £20K in total. The remaining £10K was put together with the £29K slippage from the Cultural Integration Service. Una explained that this funding was used for small grants. There were a total of 35 applications totalling £128K received. A panel (Una, Selena and Billy) met to adjudicate the applications and services have received their offers. Billy and Una highlighted the quality of the applications and highlighted what some of the grants have been awarded for.

***Action: Una to share table of successful projects.***

A discussion took place around the possibility of doing some mindfulness for parents of children with ADHD with the remaining slippage.

***Action: Una and Susan to discuss.***

Marie noted that she had seen the recent production of Banjaxed which is a play by the Spanner in the Works group based on Paramilitarism written by Patricia Downey. Marie noted that it was very hard hitting. Grainne explained that the play had also been hosted in Carrick YMCA with young people, PCSP, Youth Justice, Community Relations and youth forum. Maurice noted that the play is funded through EITP.

***Action: Spanners in the Work contact details to be shared with members (see cover email)***

## Locality Planning Updates

Sandra updated the members on the body image conference held on 25 January. She noted that it was a very interesting and well received event. This was led by the Magherafelt and Cookstown LPG but was open to all practitioners from the Northern area. The conference included presentations from an Education Psychiatrist who has researched Eating Disorders; a presentation about food and mood and one on steroids uses and young men's body image. Sandra noted that her and Selena were currently collating the evaluations and would share the report card soon.

Sandra also shared an update on work carried out with young people from Our Lady of Lourdes Ballymoney along with the Northern Obesity Partnership. The work included the young people designing a swim bag with healthy lifestyles messages and will be given to every year 8 pupil at their health assessments.

Sandra highlighted the recent annual Carrickfergus youth fair and how successful these youth fairs area, which is well supported by the local Area Learning Community. Maurice noted that he'd recently received an email from a principal about commending the youth fairs.

Sandra noted the change within their team and the potential impact this will have.

***Action: Marie, Maurice L and Una to meet separately to discuss further (confirmed for 18<sup>th</sup> April)***

Billy and Una noted that there had been a recent meeting to address the gap of locality planning in Newtownabbey, this meeting involved themselves, Hilary Johnstone (PHA ), Claire Humphrey (Barnardo's) and John Fenton (NHSCT). They highlighted that Claire has been doing a lot of work in the area based around improving aspiration and educational outcomes. There were a number of actions arising from this meeting, one of which was to invite Claire to the next NAOG meeting to present the work she's been doing to date and the above people would meet again after that to discuss further steps. It was noted that it would be important for r Selena to attend this.

## **Feedback from CYPSP meeting**

The CYPSP had a very constructive meeting this morning which included discussions about Family Support Hubs and how there was a need to raise the high levels of good work the hubs are achieving.

Maurice noted that a paper on membership of groups was presented and approved, this will be circulated soon. Marie noted that she found the membership paper very useful and welcomed the suggestion in it around the two stage approach to recruitment of members onto the Outcomes Group. Marie also noted that there will be a workshop on 26 February on Evaluation Tools.

Maurice explained that the Annual report was tabled at the partnership meeting, as the HSCB has a statutory duty for Children's Services Planning, this report will be available soon. He also explained that Hugh McCaughey who is the chair of CYPSP is keen to have the next partnership as a workshop in connections. Marie also noted that there is a task and finish group on Holiday Hunger led by Pauline Leeson CiNI; Marie is planning to meet with Pauline soon to have discussions focusing on Carrickfergus. There is also a task and finish group on ACEs, Maurice Leeson and Maurice Meehan are both involved in this group which is chaired by Kieran Downey (WHSCT) this links with SBNI.

Maurice also highlighted that there is an Education, Health and Disability subgroup of the CYPSP which will look at a range of issues.

Marie explained that there is a Department of Health led workshop on 11 April in Crumlin Road Gaol looking at the Family and Parenting Strategy. There is an open expression of interest.

***Action: Expression of interest to be circulated.***

## **Family Support Hub Update**

Helen informed the group that the quarter 1 and 2 report cards have now been completed at a regional level. This is for the period April – September 2017. There were 3202 referrals to the 29 hubs. Helen explained that the disability section had now been widened out to include ASD and ADHD long with physical, sensory and learning disabilities. Helen explained that the hubs are also as good as the

voluntary and community services available to the hubs, and many are facing funding pressures. Helen highlighted that the annual core members survey will be going online soon. She also noted that the bi-monthly newsletter is a great way to advertise any training or services to a wide network.

### **Any Other Business**

Susan explained that the tender for the NAOG funded ADHD service had been awarded to Barnardo's and their first monitoring/evaluation had taken place; which has been very positive. Susan and Billy were happy to inform that Barnardo's are now co-investing into the project to include parental group work. Marie invited a presentation on the project at a future meeting.

Maurice Meehan explained that the Lifeline contact will change from Contact NI to Belfast Trust on 1 April. He said that there is a press release that can be shared with NAOG members, which is to ensure confidence in the service and present an accurate picture of the service going forward. Political representatives, MLAs etc. have received the press release also.

Maurice Meehan also highlighted that there had been a lot of success from the Northern Young People's project and that this has been mainstreamed. This involves youth workers engaging with young men on 1-1 basis who have mental ill-health or in crisis. This project works with 11-23 year olds and is managed by Monica ?? from EA.

Maurice also noted that EISS is on a fixed term under EITP and has secured funding for 2018/19 from PHA, Maurice is keen to meet with Marie to discuss the northern area. **(work ongoing to identify date)**

Sharon noted that she had recently attended a Mencap event at Stormont, on Early Intervention for children with disabilities aged 0-4. The work includes E-pat work carried out with Kent University who have co-produced an 8 week programme which includes peer support. NHSCT are going to meet with Mencap to investigate further, this is very low cost which would deliver group support delivered by a parent and a practitioner. It was agreed that Sharon should contact Jenny Adair to this meeting.

***Action: Sharon to invite Jenny to meeting with Mencap.***

**Date of the next meeting:**

Due to a clash with the DoH event on 11 April Julie will circulate a new date for the NAOG meeting. *New date confirmed as 13<sup>th</sup> April at 3pm in the Boardroom, Trust HQ, Bretten Hall, AAH site.*

Marie Roulston  
**Director of WCF Division/Ext. Director of SW**