



Minute of Western Area Outcomes Group
held on 19th December 2018 at 10 am
Strabane Enterprise Agency

Present:

Ms Deirdre Mahon, Director for Women and Children (Chair) Western Health and Social Care Trust
Ms Laura Boyle, Graduate Intern Women and Children Services Western Health and Social care Trust
Ms Claire Lynch, Derry City & Strabane District Council
Ms Una Casey, Business Support Manager, CYPSP
Ms Bronagh Donnelly, Family Support Locality Planning coordinator Western Health and Social care Trust
Ms Priscilla Magee, Family Support Locality Planning Co-coordinator Western Health and Social care Trust
Ms Shauna Houston, PHA Lead for Children & Young people
Ms Jacqui Meenan, Business Manager for Community and Public Health Western Health and Social care Trust
Mr Maurice Leeson, Professional advisor HSCB
Chief Inspector Johnathon Hunter PSNI Strabane
Mr Robert Gibson, Director of Community Health and Leisure, Fermanagh & Omagh District Council
Ms Monica McIntyre, Department for Communities
Ms Carrie Tracey, Rainbow Child and Family Centre
Ms Catherine McCloskey, Operations Manager, Early Years Organisation
Ms Linda Watson, Caw/Nelson Drive Community Association
Ms Joanne Sweeney, Families Support Manager, MENCAP
Mr Paul Sweeney, Programme Manager Extern Charity
Mr Barry O'Hagan, Derry & Strabane District Council
Ms Brenda MacQueen, Director Dry Arch Childrens Centre
Ms Sheena Funston, Acting Head of Service for Health Improvement, Equality and Involvement Department Western Health and Social care Trust

Presentations:

11.30am: Ms Sonia Montgomery Suicide Prevention & Emotional Health
12:00am: Mrs Marie Dunne Mental Health Promotion Specialist

1	<p>Apologies Ms Ann McDuff, Assistant Director Community and Public Health Western Health and Social care Trust Mr Kevin Duffy, Head of Service of Family Support services Western Health and Social care Trust Ms Patricia Devine, Education Welfare Service, Education Authority Mr Paul Kellagher, Action for Children Ms Helen Dunn, CYPSP Regional Hub coordinator Health & Social Care Board Ms Lilian Seenoi Director of Programmes North West Migrants Forum Ms Muriel Bailey, Director for Family Support Services, Parenting NI</p>
2	<p>Notes of Previous Meeting held on 24 October 2018 Members agreed that the draft minutes were an accurate and true reflection of discussions-approved.</p>
3	<p>Matters Arising Ms Deirdre Mahon introduced herself to the group informing members that she is the new Director of Women and Children’s Service and Executive Director of Social Care, informed members that she will be chairing future Western area outcome meetings.</p> <p>Ms Claire Lynch advised members that she will deliver a joint presentation with Stephen Quigley and Bronagh Donnelly in the April meeting.</p> <p>Action</p> <ul style="list-style-type: none"> • Update on joint work between Derry City and Strabane District council Western Trust presentation to be listed on the next agenda. <p>Ms Donnelly reported that Mr Sean McCrory from the MACE project has left post and recruitment will be out within the next few weeks. Ms Priscilla Magee informed members that she is continuing work regarding the anti-poverty framework and increasing awareness to others. This will launch in the Fermanagh and Omagh area.</p> <p>Action</p> <ul style="list-style-type: none"> • Ms Mahon asked for the anti-poverty framework to be listed on the agenda for the next meeting. • Ms Priscilla Magee agreed to deliver an informal presentation about the anti-poverty framework lasting 10-15 minutes at the next meeting. <p>Ms Donnelly explained the Holiday Hunger project to members. Ms Donnelly confirmed that she had received the Holiday Hunger reports which were extremely positive.</p> <p>Action</p> <ul style="list-style-type: none"> • Ms Donnelly agreed that this would be disseminated to Ms Laura Boyle who would send this out to all WAOG members. Ms Donnelly also reported that there is a grown interest from councillors following the Holiday hunger reports.

Ms Donnelly said she had met with Ms McDuff to discuss Trauma-informed approaches and a sub-group is currently being arranged to explore this within the Trust. Ms Donnelly also informed members that Ms Karen Treisman has been invited to deliver training to various schools and organisations in the Western area over a four day period in the new year.

Ms Sheena Funston reported that a training package Mental health and Connections is being developed within colleges which will enable staff working with young people to be trauma-informed.

Mr Jonathon Hunter informed members about the training in Wales. It is hoped that after Christmas the training package will be up and running. A pilot will run for the Derry and Strabane area and will be rolled out across organisations.

- **New Members**

Ms Cat Heeley, Ms Orla Conway and Ms Paula McClenaghan have left the Western area outcomes group and were commended for their efforts and contribution to the WAOC meetings.

Ms Casey said the members' template is regional-based. It was suggested that a member coming from Womens aid would be valuable as it would focus on the issue of domestic violence. Ms Mary McCann from the partnership in Fermanagh was also recommended as a new member in WAOG. Ms Una Casey will contact Ms Mary McCann or the partnership itself.

It was suggested that it would be important that the various partnerships - Domestic and Sexual violence, Western area Safeguarding panel & Adult Safeguarding forum and WAOC should meet again to discuss planning, inter-connectedness and working together. It was agreed this should be planned for later in the year.

Action:

- Ms Una Casey agreed to update the membership list for Ms Elaine Forrest.

4 Update from Locality Planning Groups (Ms Donnelly and Ms Magee to report)

Ms Bronagh Donnelly provided an update regarding the locality planning groups. Workshops may be proposed in January to discuss what is needed within specialised and universal services with five people being appointed.

Ms Donnelly reported that the MACE project targets children and young people between the ages of 0-3years old and 11-13 years old across the Derry, Strabane and Fermanagh area, however Limavady and Omagh are not included.

A coordinator is to be replaced due to Mr Sean McCrory leaving post. It was reported that there are three workers based with Ms Magee and two based with Ms Donnelly. Mental health and poverty will be the main focus. Their aim is to have frontline

	<p>services on the ground and the locality planning groups will take on the role of focusing on the location of services.</p>
5	<p>Early Intervention Updates</p> <p>Ms Carrie Tracey reported that she had a meeting with the Hubs, reporting that ASD services are a rising issue due to lack of support and early intervention services being available. Schools are aiming to have a greater understanding of children’s mental health. Ten people are trained within ASD services with staff running up to ten sessions for children with a diagnosis. The RISE NI team will also be delivering on this.</p> <p>Sleep Scotland is a charity which focuses on early intervention by promoting healthy sleep in children and young people through sleep awareness, sleep counselling and education. They aim to look at the emotional health & wellbeing regarding sleep deprivation on all family members. Ms Casey added that the Northern trust have explored potential issues resulting from sleep deprivation. It was advised that from a health improvement view it is important to be mindful about this charity, with the hopeful prospect that other voluntary communities will become involved.</p> <p>Ms Priscilla Magee informed members about the organisation FareShare which aims to tackle food poverty in Northern Ireland. FareShare collects excess food from industries and distributes to charities which cater for vulnerable or disadvantaged groups. If funding is provided, FareShare aims to deliver to the Fermanagh and Omagh areas. Ms Magee reported that the Summer scheme provision will be early this year.</p> <p>The Emotional health and wellbeing compass is currently being compiled. The cost of hiring venues for this is currently an issue. Members were asked to explore venues which can offer a cost-effective provision. There is an aim to keep families within their communities. Need to explore possible organisations which may offer free use of their premises.</p> <p>Omagh and Fermanagh held a Craft fair. Leaflets with information on available support for families over the Christmas period were issued out.</p> <p>Members discussed the major issue around Universal credit with “Make the call” having had a major negative effect. Members agreed that training on Universal credit should be delivered. It was reported that mitigations have been rolled out across different areas. Local resource centres and Advice NI were commended for their efforts in dealing with those affected by this.</p> <p>Ms Priscilla Magee informed members that she has helped deliver digital safeguarding to assist those in their work and home lives.</p>
6	<p>Update on Joint Work between Derry City & Strabane District Council, Western Trust & Education Authority- Ms Lynch [attached]</p> <p>Previously discussed in Matters Arising. Ms Claire Lynch will deliver this presentation at the next meeting in February.</p>

7	<p>In Year Funding Proposal 2018/19 [attached]-Ms Casey to update 50k was approved. Proposal to use £10,000 for Karen Treisman to deliver the Trauma-Informed Practice conference over a period of four days. This will cover flights, accommodation, venue hire and travel expenses. Proposal to use £3,000 towards the Period poverty campaign. This funding will come from WAOG, specifically for Secondary schools. Schools are to be contacted individually to sign up for this. Ms Mahon agreed to contact the Education authority to raise awareness of the Period poverty campaign, with the option to make avail of this.</p> <p><u>Action</u></p> <ul style="list-style-type: none"> • Ms Donnelly to draft letter to the Education Authority for Ms Mahon. • This item is to be kept on the agenda. <p>It was reported that £37,000 will be available for the small grants schemes and proposals have been discussed which require approval. Ms Casey said this is ready to be issued out to all members, SLAs and Locality members advising that Ms Dorothy Taggart who will do the administration work. Mr Kevin Duffy, Ms Sheena Funston and Ms Jacqui Meenan were nominated as the panel members. The panel agreed to meet Friday 18th January 2019.</p>
8	<p>Interim Guidance on the Childrens Services Co-operation Act [Northern Ireland] 2015 [attached]</p> <p>Ms Monica McIntyre reported that community planning cannot operate without commissioning and there needs to be a conversation about putting a budget towards this. Ms Deirdre Mahon informed members of the legislation about working together and asked members to revise this document.</p>
9	<p>Regional Locality Planning Group Members Survey- Ms Casey to update Defer to next meeting.</p>
10	<p>Communities in transition-Mr Duffy to update Mr Duffy was not in attendance to comment. Defer to next meeting.</p>
11	<p>Course Qualification Launch-Infant Mental Health [attached] Ms Sheena Funston discussed the short-course qualification launch and provided information about this. Members to take note.</p>
12	<p>Digital Safeguarding Work and Training-Ms Montgomery & Ms Greaves Ms Debbie Greaves gave a presentation on Digital Safeguarding which covers the entire lifespan i.e. early years, post primary to adulthood and involves various organisations within the Western trust. The aims and aspirations of the Digital Safeguarding steering group are to increase digital resilience to become aware of emerging harms.</p> <p>Ms Greaves informed members about the different themes covered in the training</p>

	<p>and the reported feedback from those who previously attended. Current statistics and trends in the year 2018 were reported regarding age groups who spend the most time online and how often adults check their phone on a daily basis etc.</p> <p>She also mentioned the approaches parents should take regarding the internet and online, saying parents need to become engaged and involved with their child's online activities to encourage "Digital optimism" rather than dismissing and banning technology completely.</p> <p>Ms Greaves asked members to encourage staff especially within social work to attend future training sessions and to spread the message and bring awareness through social media e.g. Digital Wednesday Facebook message. It was suggested that registered childminders undertake mandatory training in digital safeguarding and members agreed.</p> <p>Following the meeting, Respectful Sharenting booklets and pens with helplines were to be issued out to services.</p>
13	<p>Hopeful minds-Mrs Dunne Ms Dunne informed members about the Hopeful minds project. Research studies have shown that hopelessness has been a primary predictor of suicide; therefore the hopeful minds project focuses on early intervention and increasing resilience among children and young people by teaching hope. Ms Dunne talked about growing hope among communities with a model being developed involving co-ownership. Hope is to be built into the curriculum in a number of schools. Young people can become hope ambassadors by attending 12 sessions lasting 1 hour per week. Parents and classroom assistants can also become hope facilitators which involve attending schools and sharing the message of hope.</p> <p>Ms Dunne also said they that are incorporating residential care for children and young adults leaving CAMHS into the project. This will support parents when their child is coming out of therapy services. The Hopeful minds project is aiming to get to bigger venues and bring voluntary and statutory organisations together.</p>
14	<p>Community Planning Discussed in Item 8.</p>
15	<p>Safeguarding No comments.</p>
16	<p>CYPSP Think Family Sub Group/Hidden Harm No comments.</p>
17	<p>Any Other Business Ms Sheena Funston said from a safeguarding aspect; we need to have discussions about sexual health and relationships and being aware of the campaign "it's ok to say no." Important to explore advice and information that can be offered to young adults about relationships including the difficulties that can arise, potentially impacting their future which could be part of the trauma-informed approach.</p>

	Higher increase of transgender young people of 3 rd and 4 th year age. Schools have reported difficulties in dealing with the issue of male and female toilets in schools which can have a major issue in mental health for pupils. Ms Claire Lynch suggested that specialised organisations could inform schools about this.
18	Date, Time and Venue of Next Meeting 27th February 2018 at 10am, Conference room Strabane enterprise agency