

# DCYPPPP 2018 Newsletter



## A busy and fun year for all!

This year we have been very busy; alongside our weekly and monthly meetings and groups we have taken part in the following:

Drama with Charmaine; performed at conference at Armagh City Hotel at beginning of year. Our Young People took part in Consultations for local councils on Equality and Diversity Plans. We presented at an Inclusive Communities event in Armagh's Epi Centre in May. We ran 2 Summer Scheme's one for new young people to the service and one for existing young people from our 6th Sense Group. During the scheme we have themed days including super hero day, pirate theme day, space day and desert island day. Our young people also made visits to Armagh County Museum and Planetarium. Young People from our Peer Coaching programme went to W5 and Victoria Square, Belfast for a day out during the summer. They then held a celebration event at Market Place Theatre in September; showcasing all their great work. A small group of young people and staff attended Eurochild Conference in Croatia and delivered a workshop on our work. Young People attended a trip to see the Belfast Giants Play Ice Hockey in Belfast.



# Video Conferences with Young People in Cedar Belfast

We have used our video conferencing equipment to join with members of our Young Peoples Regional Group. We introduced ourselves to the other young people and each talked about issues that affect us as young people with disabilities. We also talked about something we would like to change in the future. We have had a few video conferences and will be planning more in the new year.



## Peer Coaching Celebration night

Young people from DCYPPP recently marked the completion of the second year of their Peer Coaching Programme funded by Children in Need.

The programme allows young people to meet in pairs once a week in local cafes and restaurants giving them the chance to socialise, discuss issues affecting them and be more independent. The young people are matched together because they face similar issues and have similar interests.

Team Manager Eugene Mone stated, "Since last September there have been over 150 meetings between the young people as part of the Peer Coaching Programme. The aim has been building confidence and making right choices. The young people have also challenged themselves to try new things like public speaking, travelling by taxi and placing orders in cafes."

Our young person Caitlyn said: "Peer coaching gives me a lot of confidence and makes me feel good. It helps me to get out and about, go to different places and I like helping my mentee with any issues."





## Eurochild Conference in Croatia

Eugene (Team Manager), Gemma (Project Worker), Shane (Young Person) and Jamie (Young Person) attended a 3 day Eurochild Conference in Croatia from Monday 29th–Wednesday 31st October. The Eurochild conference had over 300 participants from 38 countries who all contributed to discussion on child participation all across Europe. The team from DCYPPP were selected to present their workshop about our service titled, “Inclusive and meaningful participation for children and young people in Northern Ireland”. The workshop was delivered to over 40 professionals and young people! During their time they got to study a visits Opatija’s Children Council and listen to inspiring speakers , go to human library sessions/ meet new friends and eat lots of yummy food!



## School Inclusion and Participation

Gemma and Gillian have been working on the schools project since September. So far they have worked in special school's and learning support units throughout the 5 trusts areas. The pupils in each school have a chance to talk about their feelings and how to build their confidence. The also learn more about their rights as young people and have a opportunity to think about they want in their future. In the New Year they will be starting up again at 3 new schools to deliver the programme.



## Drama Group

We did two separate pieces of drama this year with Charmaine in conjunction with Youth Action. The first was about transitions and was presented at an event at Armagh City Hotel at the beginning of the year. The second ran throughout November and was just for fun! We did different exercises in the drama with music, using scarfs to do a drama piece. We also worked together in groups. We done deep breathing exercises as well to help us relax. We done the exercises before and after the drama to make our bodies nice and relaxed. Everyone enjoyed the drama and we hope to do more next year!



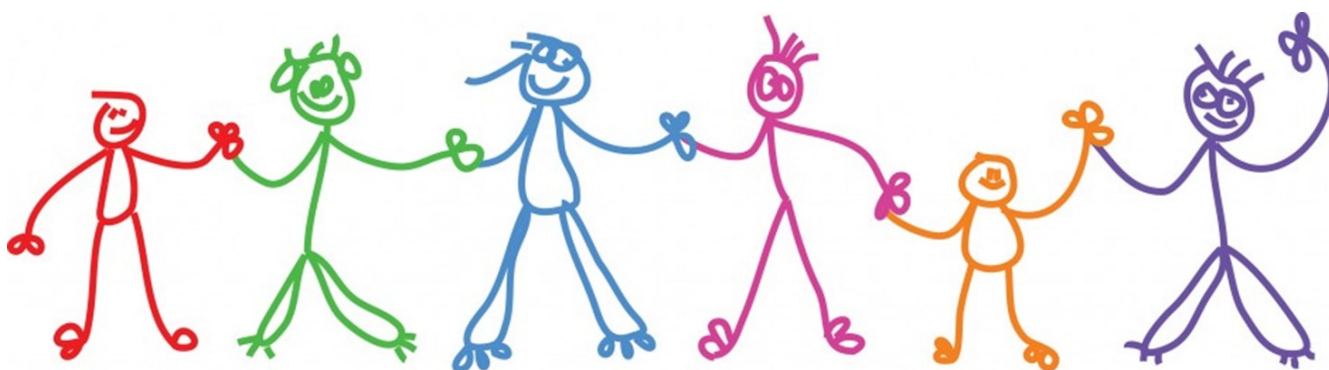
## Welcome!

We would like to welcome all the new young people who have started with us recently or who are waiting to start with us in the New Year.

If you know any other young people with a disability who live in the Southern Trust area who are between the ages of 8 and 18; please feel free to pass on our details to them as we are always happy to accept new referrals to our programmes. We have opportunities in the following programmes in 2019:

- Peer coaching
- Sixth Sense Groups ages 8-14 and 14 up
- Young People's Regional Group (video conferencing)

Contact the DCYPPP at: [eugene.mone@barnardos.org.uk](mailto:eugene.mone@barnardos.org.uk) or call 02837414541 for more details on the referral process.



This newsletter has been written and produced by Laura Powell from our Sixth Sense Group who has been on work placement with us through Southern Regional College throughout his past year.

