

TEENAGE PROGRAMMES

Programme: **Odyssey Parenting your Teen**

Attendees: Parents/Carers

Dates: Thurs 20 Sept—Thurs 18 Nov 2018
(Halloween Break)

Times: 7.00pm - 9.00pm

Location: Space, Newry

Facilitators: Parenting NI

Referral/Enquiries:

Parenting NI 0808 8010 722 (Freephone)

Programme: **Strengthening Families**

Attendees: Parents/Carers and young people
12-16 years

Dates: Wed 12 Sept—Wed 12 Dec 2018
(Halloween break)

Times: 6.00pm -8.30pm

Location: Portadown (Location TBC)

Referral/Enquiries: Ascertain (details below)

Programme: **Strengthening Families**

Attendees: Parents/Carers and young people
12-16 years

Dates: Wed 14 Nov—Wed 27 Feb 2019
(Christmas & mid-term break)

Times: 6.00pm-8.30pm

Location: Newry (Location TBC)

Referral: Ascertain

Facilitators: Ascertain

Jamie Rea, Strengthening Families Manager

T: 0800 254 5123 / 07545928220

E: Jamie@ascertain.biz

Additional information:

Transport and evening meal provided
(for younger siblings)

For further information

please contact providers directly

or

Martina McCooey

Child Development Interventions Co-ordinator

Southern Health and Social Care Trust

Promoting Wellbeing Division

T: 028 3756 44462 / 07795 450278

E: martina.mccooey@southerntrust.hscni.net

Lorraine O'Neill

Parenting Partnership Manager

CASS Centre

Lough Road

Lurgan

T: 028 38 310920 / 07880474747

E: Lorraine.ONeill2@eani.org.uk



HSC Southern Health
and Social Care Trust
Quality Care - for you, with you

Evidence Based **PARENTING** **SUPPORT** **PROGRAMME** **DELIVERY**

*Giving every child
the best start / opportunity
in life.*



2018 / 2019

EARLY YEARS/ SCHOOL AGE PROGRAMMES

Programme: Mellow Mums (1-4)

Attendees: Mothers & children
Dates: Tues 25 Sept 2018 - Tues 22 Jan 2019
Times: 10.00am - 2.00pm
Location: Snowdrops Day Nursery, Armagh
Facilitators: Health Visiting and Parenting Partnership

Add Information: Childcare and transport available

Referral/Enquiries:

mellow.parenting@southerntrust.hscni.net

Programme: Mellow Mums (1-4)

Attendees: Mothers & children
Dates: Wed 24 Oct 2018 - Wed 27 Feb 2019
Times: 10.00am - 2.00pm
Location: Edenderry Methodist Craigavon
Facilitators: Health Visiting and Parenting Partnership

Add Information: Childcare and transport available

Referral/Enquiries:

mellow.parenting@southerntrust.hscni.net

Programme: Mellow Mums (1-4)

Attendees: Mothers and children
Dates: Wed 6 Feb – Wed 5 June 2019
Times: 10.00am - 2.00pm
Location: Newry TBC
Facilitators: Health Visiting and Parenting Partnership

Add Information: Childcare and transport available

Referral/Enquiries:

mellow.parenting@southerntrust.hscni.net

EARLY YEARS/ SCHOOL AGE PROGRAMMES

Programme: Family Links Nurturing Programme (3-12)

Attendees: Parents/Carers
Dates: Thurs 21 March -Thurs 6 June 2019
Times: 10.00am -12 noon
Location: Dungannon Teachers Centre
Facilitators: Parenting Partnership

Referral/Enquiries: Parenting Partnership 028 38 310920

Programme: Incredible Years School Age Programme (5-12)

Attendees: Parents/Carers
Dates: Thursday 20 Sept 18 - Thurs 20 Dec 2018
Times: 10.15am-12.15pm
Location: CAPS (Niacro offices) Carlton St. Portadown
Facilitators: Parenting Partnership
Add Information: Childcare and transport provided

Referral/Enquiries:

Through Early Intervention Support Service only.

Contact NIACRO 028 3833 1168

Programme: Incredible Years School Age Programme. (5-12)

Attendees: Parents/Carers
Dates: Jan - May 2019
Times: 10.30am -12.30pm
Location: CAPS (Niacro offices) Carlton St. Portadown
Facilitators: Homestart, Newry

Add Information: Childcare and transport provided

Referral/Enquiries:

Through Early Intervention Support Service only.

Contact: NIACRO 028 3833 1168

EARLY YEARS/ SCHOOL AGE PROGRAMMES

Programme: Incredible Years School Age Programme. (5-12)

Attendees: Parents/Carers
Dates: Tuesday 6th Nov 2018-Tues 12th Feb2019 (Break Christmas)
Times: 10am-12pm
Location: Newry
Facilitators: Parenting Partnership

Add Information: Childcare and transport not available.

Referral/Enquiries:

Through Parenting Partnership-028 38310920

Programme: Incredible Years School Age Programme. (5-12)

Attendees: Parents/Carers
Dates: Tues12th March-Tues 11^h June 2019 (Easter break)
Times: 10am-12pm
Location: Lurgan
Facilitators: Parenting Partnership

Add Information: Childcare and transport not available

Referral/Enquiries:

Through Parenting Partnership-028 38310920

