



FINAL CALL !
Unique Learning Event
Trauma Informed Yoga in Practice
28th September 2018 - 10am to 1pm (lunch provided)
Lough Neagh Discovery Centre, Craigavon

This learning event is co-produced with the young people who took part in the Award Winning Yoga Programme for Looked After Children and Young People with Autism Spectrum Disorder.

KEY LEARNING:

- The impact of yoga on children and young people's physical and mental well being .
- Transfer of the programme for use in different settings.

WHO SHOULD ATTEND:

- For anyone working with children and young people .
- For those interested in implementing the programme with other service users.
- For young people.

CLOSING DATE: 11th September 2018

Please confirm attendance and any dietary requirements as soon as possible with
Irene.McClure@southerntrust.hscni.net

