

Thematic Group: Health and Wellbeing

Priority Area: Early Years Update from 25 May 2018 – Refer all this Priority Area to Southern / South Eastern Outcomes Groups

Key Activities	Success =	Milestones	Lead agency	Person responsible	First steps	Start date	Finish date
Promoting equality of access to parenting programmes and organisations for all parents.	Parenting programmes being available across all Trust geographies. Parents having access to these and knowledge of what is available and when they are available	Development of menu of programmes as well as pathways for referral into programmes. Key will also be the pre engagement with families, to prepare them for these interventions	SE Trust via CYPSP Locality Planning Groups	Joanne Garrett/		Apr 20-17	Open ended
		Down LPG parents' support guide for children in transition in the early years	CYPSP Down LPG	Noelle Holywood / Stephanie Thompson	-Down Additional Needs Subgroup established -Mapping of support services currently available	Mar 18	Late 2019
		Information marketplace for parents of a child with additional needs in Down Sector	CYPSP Down LPG	Noelle Holywood / Stephanie Thompson	Date TBC	TBC	TBC
		Ballynahinch Back to School Fair and Wellbeing Day for Parents locally	CYPSP Down LPG	Noelle Holywood / Stephanie Thompson	As part of the Back to School Uniform Initiative in Ballynahinch Event 3 August & Report Card will be available	Apr 18	August 2018
Identify gaps in early years' provision through existing partnerships.	Mapping provision across area, identifying gaps	Completion of tender for needs analysis Letting tender and appointment of delivery	SE Trust	Ralston Perera		Feb 2018	Aug 2018

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Key Activities	Success =	Milestones	Lead agency	Person responsible	First steps	Start date	Finish date
		agent Completion of assignment and production of document setting out provision Directory of Services for the Down locality for agencies, families and schools.	CYPSP Down LPG				
Explore the potential for alternative models of provision and identify barriers to uptake (such as connectivity) in identified areas	Identification of alternative models for delivery Review of feasibility of implementation Plan in place for implementation Parental Participation Report for parents of a child with Autism and ADHD in Down Sector	Down Additional Needs Subgroup agreed engagement process and audience	CYPSP Down LPG	CYPSP Down LPG Partnership CYPSP Down LPG & Parenting NI	Parental Participation Project with parents of a child with Autism and ADHD	TBD May 18	TBD Sept 18
Increase access to Early Years support and pre-school places through improved signposting.							

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Key Activities	Success =	Milestones	Lead agency	Person responsible	First steps	Start date	Finish date
Advocate for the improved provision of funded pre-school places within the district.							
Promote dental registrations for those children under 5 years of age.	Improved rates of registrations for under 5's compared with baseline data		SE Trust and Down Surestart	Marion Milligan, SEHSCT	Ongoing developments across the SE area via Sure Starts to increase dental registrations 2017/18 report card to be developed and circulated OGs/LPGs and Councils	Ongoing July 2018	Rolling
Promote the role of the 'Family support hubs' across the district.	Increased knowledge of FSH among voluntary and community partners Increased participation in FSH by voluntary and Community partners	Promoting FSH at locality meetings and events Greater percentage of participation and Communication among FSH partners should be reflected in annual FSH core members survey 2017/18	SE Trust CYPSP Outcomes Group and Locality Planning Groups	Joanne Garrett/ Ralston Perera	Circulate the CYPSP quarterly and annual family support hub report cards for SE Area Circulate the CYPSP bi-monthly family support newsletter across partnerships and networks	April 2017	Ongoing
Support improved literacy, within early years							

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Priority Area: Family Support <u>Update from 25 May 2018</u> – Refer all this Priority Area to Southern / South Eastern Outcomes Groups							
Key Activities	Success =	Milestones	Lead agency	Person responsible	First steps	Start date	Finish date
Promote linkages that support the Extended Schools Programmes							
Promote better linkages between existing family support programmes	<p>Circulation of the CYPSP Bimonthly Family Support Hub Newsletter</p> <p>Present the findings of the annual family support hubs core members survey 2017/18</p> <p>Facilitate the family support NI website team at local engagement events</p> <p>Down Sector Directory of Family Support Services</p>		<p>CYPSP / HSCB</p> <p>SEHSCT & CYPSP Down LPG</p>	<p>Helen Dunn</p> <p>Noelle Hollywood</p>	<p>Regular presentations at the CYPSP South Eastern OG meetings on findings</p> <p>Members including council to share the reports with community planning partners</p> <p>Local presentations can be arranged as required on findings</p>	Ongoing	Ongoing
Promote the role of the 'Family support hubs' across the district	<p>Increased knowledge of FSH among voluntary and community partners</p> <p>Increased participation in FSH by voluntary and Community partners</p>	<p>Promoting FSH at locality meetings and events</p> <p>Greater percentage of participation and Communication among FSH partners should be reflected in annual FSH core members survey</p>	<p>SE Trust</p> <p>CYPSP Outcomes Group and Locality Planning Groups</p>	<p>Joanne Garrett/ Ralston Perera</p>	<p>Karen Otley attended all LPGs to promote role of FSHs in Down Sector and raise emerging trends with members</p> <p>Karen Otley has met with the coordinator of the Lecale Learning Community of post primary school principals of the Down Sector to promote role of</p>	<p>April 2017</p> <p>Nov 17</p>	<p>Ongoing</p> <p>Ongoing</p>

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Priority Area: **Family Support** Update from 25 May 2018 – Refer all this Priority Area to Southern / South Eastern Outcomes Groups

Key Activities	Success =	Milestones	Lead agency	Person responsible	First steps	Start date	Finish date
		2017/18			FSHs		
Promote greater engagement between schools, Community/Voluntary sector, parents and children to address child welfare and well-being	South Eastern Partnerships Conference – number of partners attending, improved awareness of partnerships responding to child welfare/wellbeing	South Eastern Partnerships Conference	CYPSP South Eastern Outcomes Group	Stephanie Thompson	Range of partners involved in the conference Report card to be circulated post event	April 2018	June 2018
	Defining area of concern through joint collaboration between partners locally	Presentation to the Lecale Area Learning Community of Post Primary Principals	CYPSP Down LPG /Lecale learning Community/ PSNI	CYPSP Down LPG Partners	Completion of the Downpatrick School Uniform Initiative in August 2017 – report card available	April 2017	Rolling
	Partners involved in initiatives	Develop an engagement plan between LPG and post primary schools for 2017/18			Completion of a Presentation to Lecale Area Learning Community of Post Primary Principals – December 2017		
	Number of initiatives run	Support Down LPG members to engage with schools re support services for children and teachers			Scoping assessment with post primary principals – May 2018		
		Back to School Uniform Initiative with over 20 primary and post primary schools across	CYPSP Down LPG with Lecale Learning	Noelle Holywood	Action for Children Beating the Blues Programme delivering in 3 post primary schools in Down Sector 3 Back to School Projects and Fairs have been established in Downpatrick, Castlewellan/Newcastle and	April 18	Ongoing
						April 18	Aug 18

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Priority Area: **Family Support** Update from 25 May 2018 – Refer all this Priority Area to Southern / South Eastern Outcomes Groups

Key Activities	Success =	Milestones	Lead agency	Person responsible	First steps	Start date	Finish date
		Down Sector	Community		Ballynahinch with NMDDC DEAs		
Identify and explore community approaches to addressing poor school attendance	Improved rates of School attendance against baseline data Partners involved in initiatives	Delivery of support with schools Action for Children Beating the Blue Programme - Impact reports will be shared via Down LPG	EA/ CYPSP Down LPG/ Lecale Learning Community/ PSNI	CYPSP Down LPG Partners	Action for Children Beating the Blues Programme in 3 Post Primary Schools in Down Sector to date to build mental health and resilience of young people in education	April 2017	Rolling
Promote life skills programmes for children, young people and adults	Steps to Cope Training for practitioners to support young people with a parent who misuses drugs or alcohol or has a mental health issue	Two day training session delivered in Jan/Mar 2018 Range of partners took part in the training	SEHSCT	Ed Sipler	Day 1 of training has been delivered to date 5 staff from member agencies of the CYPSP South Eastern outcomes Group availed of this training and will implement in practice	Jan 2018	Onward

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Priority Area: **Physical Activity Support** Update from 25 May 2018 – Roland Moore (NMDDC) to re-word / further populate

Key Activities	Success =	Milestones	Lead agency	Person responsible	First steps	Start date	Finish date
Baseline and map the numerous programmes and assets associated with physical activity (relative to target groups across the district)	EA to gather information on what courses are being run in schools across NMDDC area Collate these with other activities being done		EA NMDDC Play and Leisure Partnership				
Create a physical activity forum for co-ordinated working to help address the barriers to physical activity.	Play and Leisure Partnership Committee already in existence – Use this as the forum		NMDDC play and Leisure Partnership		Email Conor Haughey, NMDDC for TOR, schedule and membership and email details to group. EA and other partners encouraged to input Identify Missing partners, eg. Outdoor Recreation NI (Park Run)		
Explore the possibility of introducing a rewards based programme at school and community level.			S / SE Health Trusts, within P&L P'ship		Work up 'Daily Mile' with schools		
Promote the role of play and the strategic management of relevant assets within the district.			NMDDC PHA SEHSC Trust SHCT Trust		Best Practice conference re Physical activity by March 2018 - ABC area interested		

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Priority Area: **Physical Activity Support** Update from 25 May 2018 – Roland Moore (NMDDC) to re-word / further populate

Key Activities	Success =	Milestones	Lead agency	Person responsible	First steps	Start date	Finish date
	No. of Pop Up Play Spaces for Children and families across the NMDDC Area	Down Sector Pop Up Play Space for Children and Young People	CYPSP Down LPG with NMDDC	Coleen Morrison and Stephanie Thompson	Pop Up Play Session has been planned for 1 August in line with National Day of Play	April 18	Aug 18
	Come and Try It Disability Hub Taster Session for children with a disability and their families	Launch of the Disability Hub in new Down LC with a series of come try it sessions for children and families	NMDDC and CYPSP Down LPG	CYPSP Down LPG Additional Needs Subgroup with NMDDC	Initial planning meeting between partners outlined to scope dates	June 18	Oct 18
	No. of physical activity sessions for children and young people with additional needs across the Down Sector	Swim Lessons for Children with Autism in Down Sector Balance Ability for children with learning disabilities aged 5-12yrs	SEHSCT, NMDDC & CYPSP Down LPG	CYPSP Down LPG			
	Understand and Promote the summer programmes available in the Down Sector for children with ASD to families locally	Mapping of the summer programmes/schemes for children with ASD in Down Sector	CYPSP Down LPG				

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Priority Area: Physical Activity Support <u>Update from 25 May 2018 – Roland Moore (NMDDC) to re-word / further populate</u>							
Key Activities	Success =	Milestones	Lead agency	Person responsible	First steps	Start date	Finish date
<i>Implement the 'Age Friendly Strategy' to improve participation, health, active living and independence of older people</i>					Update 22/11/17: Move this activity to ' KPA ' Supporting Healthy Living' as wider than Physical activity Follow up with NMDDC Age Friendly Coordinator on this		

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Priority Area: Supporting Healthier Living							
Key Activities	Success =	Milestones	Lead agency	Person responsible	First steps	Start date	Finish date
Map all alcohol outlets across the district to aid in the future design and targeting of alcohol interventions	Up to date map available		NMDDC	E Devlin	Work being undertaken		
Jointly promote healthy eating <i>?options?</i> across the district			?		Update 22/11/17: Amend wording?		
Map all existing smoking cessation support services across the district to better signpost those in need			PHA		SE Drugs and Alcohol Coordination Team (SEDACT) Connections Service holding information session on Icelandic model of prevention , 26		Mapping completed

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Priority Area: Supporting Healthier Living

Key Activities	Success =	Milestones	Lead agency	Person responsible	First steps	Start date	Finish date
	Smoke Free Homes Initiative in Down Sector	Subcommittee established Representatives CYPSP Down LPG trained in initiative Roll out of the programme in no. of homes and report card developed	SEHSCT	Noelle Hollywood / Lisa Harding	September 2017 Training to take place in late 2018 with HomStart, Sure Start, NMDDC home prevention team and CDRCN	Late 2018	Ongoing
Explore the opportunities for the development of community based 'grow your own' healthy eating initiatives			NMDDC	Eoin Devlin			
<i>Explore the opportunity for a peer support initiative to support healthier living across the district</i>					Update 22/11/17: Move to KPA 'Mental and Emotional Wellbeing' under 'Take Five' (PHA Lead)		
Implement the 'Age Friendly Strategy' to improve participation, health, active living and independence of older people					Update 22/11/17: Move this activity to 'KPA 'Supporting Healthy Living' as wider than only Physical Activity Follow up with NMDDC Age Friendly Coordinator on this		

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Priority Area: Mental and Emotional Wellbeing

Key Activities	Success =	Milestones	Lead agency	Person responsible	First steps	Start date	Finish date
Profile the mental and emotional wellbeing of the population across the district as a precursor to exploring the potential to develop an Emotional Resilience Strategy	Identified District mapped information / District profile (actions below subject to / follow from this initial key activity)	.	PHA	Colette Rogers	Planned approach: 1. Other surveys? – existing and planned, eg. Sport NI, NMDDC? 2. Current data 3.How to get to population? (68,000 households in NMDD) - Postal / Online / C & V sector / Schools/ Existing staff 4.Promotion: 5.Identify others for Task and Finish group 6. Share questionnaire and findings from Belfast experience with T and F group - timeline – proposed March / April 2018 for survey completion - detailed proposal - costings		
Create greater linkages between mental health programmes, providers and potential service users			PHA		Update 22/11/17: Consolidate under 'Take Five' (PHA Lead)		

Comment [s1]: DH Emotional Mental Health Framework for NI is out for consultation & Belfast Strategic Partnership developed their own local Emotional Resilience Strategy and Toolkit – check out for further info at <http://www.makinglifebettertogether.co.uk/emotional-resilience/emotional-resilience-resources/>

Comment [s2]: DE have commissioned NCB to complete a mapping of mental health and emotional wellbeing programmes in schools – Claire dorris - NCB

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Priority Area: Mental and Emotional Wellbeing

Key Activities	Success =	Milestones	Lead agency	Person responsible	First steps	Start date	Finish date
Support greater awareness and understanding of preventative and treatment programmes/ training for potential service users and their families, and the wider community			PHA		Update 22/11/17: Consolidate under 'Take Five' (PHA Lead)		
Explore the opportunity for a peer support initiative to support healthier living across the district			PHA		Update 22/11/17: Moved to KPA 'Mental and Emotional Wellbeing' under 'Take Five' (PHA Lead)		
Map/profile existing programmes/initiatives that seek to reduce social isolation			PHA		Update 22/11/17: Consolidate under 'Take Five' (PHA Lead)		

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Priority Area: Emergency Response							
Key Activities	Success =	Milestones	Lead agency	Person responsible	First steps	Start date	Finish date
Explore the potential to identify additional areas for the 'First Responder' Scheme			NIAS NIFRS		Invite Southern Division FR coordinator to H&WB TG meeting CYPSP Down LPG will nominate minimum of 2 agencies to attend this training as local Down Sector first responders		
Support the NIAS/Strategic Investment Board Scheme relating to its asset mapping and the distribution of ambulances and crew			NIAS SIB				
Explore the potential of adopting the Lurgan scheme where NIFRS enhances NIAS First Response Scheme		Need agreement on conditions for implementation (at national level)	NIAS NIFRS				
Support further awareness, and roll-out, of defibrillators in the community			NIAS NMDDC				

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Priority Area: Emergency Response							
Key Activities	Success =	Milestones	Lead agency	Person responsible	First steps	Start date	Finish date

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Priority Area: Sustainable Schools <u>Update from 22 Nov 2017</u> – Kieran Shields (EA) to consolidate / re-word activities							
Key Activities	Success =	Milestones	Lead agency	Person responsible	First steps	Start date	Finish date
Support the role of schools in the community, particularly those identified as 'at risk' under the EA's locality planning			EA NMDDC		EA (Kieran Shields) to research Community use of schools, including funding ,models used, how obstacles can be overcome eg. current volunteer driver licence issues Partners to check 'Schools Local Campaign' on ways to use schools within the community		
Explore the potential of using 'at risk' schools as community hubs			NMDDC				

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Priority Area: Sustainable Schools <u>Update from 22 Nov 2017 – Kieran Shields (EA) to consolidate / re-word activities</u>							
Key Activities	Success =	Milestones	Lead agency	Person responsible	First steps	Start date	Finish date
Support the sustainability of our local schools, in line with the Sustainable Schools Policy							

Other / related issues:

- Transport needs - Bring to Environment and Spatial Development Thematic Group
- SE Trust (working across 4 Council areas) has identified five key actions that will translate into 'on the ground action':

The five actions the SE Trust proposes to lead on are:

- 1) Big Brother Big Sister – an evidence-based youth mentoring scheme – SE Trust lead: Ralston Perera
- 2) Looked After Children (LAC) SERC taster programme to improve education outcomes for children in care – Lead for SE Trust Rosaleen Murphy and for SERC Paul Walsh
- 3) Looked After Children (LAC) Wellbeing Activity Programme- Lead for SE Trust Lynda Vladeneau, with NMDDC Council and Sport NI potential key partners

- 4) Increasing the numbers of volunteer befrienders for isolated older people across the Ards and North Down (AND) area – lead for SE Trust Sandra Glover, with Age Friendly – Jeff Scroggie and Council partners
- 5) Diabetes Prevention – both a pathway for obese children and their families and a pre-diabetes pilot in AND.

Proposed to consider these actions at next H & WB Thematic Group meeting and how plans can link.