

You are invited by the Western Area Outcomes Group to a showing of

The Film:

**“Resilience: The Biology of Stress & The Science of Hope”**

This invite is to all staff, practitioners and social partners to encourage a wider awareness about ACEs (Adverse Childhood Experiences) and their impact on health and behaviour.

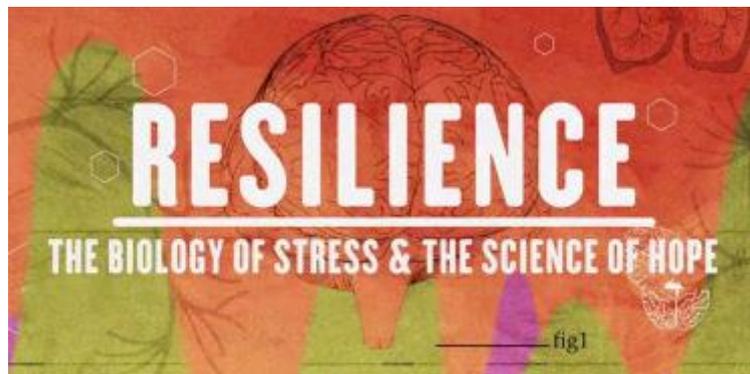
The film is followed by group and panel discussion to explore the ACEs agenda adding to the growing momentum within the committed workforce and networks to families across the Western Area

**10am-12pm**

**Lecture Theatre, South West Acute Hospital**

**Thursday 14th June 2018**

**Contact Priscilla Magee to book a free place:  
[priscilla.magee@westerntrust.hscni.net](mailto:priscilla.magee@westerntrust.hscni.net)**



The CDC-Kaiser Permanente ACE Study measured 10 types of childhood adversity, physical, verbal and sexual abuse; physical and emotional neglect; a family member with mental illness, or has been incarcerated or is abusing alcohol or other drugs; witnessing a mother being abused; losing a parent to divorce, separation or death. This film looks at the birth of the CDC-Kaiser Permanente ACE Study and how it's spawned a movement across the U.S. It focuses on the work of paediatricians, therapists, educators and communities. It features interviews with several leaders in the ACEs movement nationally and in

communities, including Laura Lawrence and Laura Porter, and Drs. Robert Anda, Vincent Felitti, Nadine Burke Harris, Victor Carrion, Jack Shonkoff and David Johnson.

Resilience chronicles the promising beginnings of a national movement to prevent childhood trauma, treat toxic stress, and greatly improve the health of future generations.

Here is the description, from the producers of Resilience:

Resilience opens with Dr. Robert Anda from the CDC in the 1990s, who explores a hunch that a difficult childhood led to greater risk for things like smoking and heart disease in adulthood. Three thousand miles away at Kaiser Permanent in San Diego, a preventive medicine doctor discovers that more than half of his obesity patients had been sexually abused as children. By chance, the two doctors meet, and collaborate on the Adverse Childhood Experiences (ACE) Study. Although it was controversial to even think of asking patients about taboo subjects such as divorce, child abuse and neglect, the ACE Study produced a public health revelation. ACEs are now understood to be one of the leading causes of everything from cancer to diabetes and addiction to depression. And with it, a new way of thinking about health and social problems. It's not, "What's wrong with you?" It's "What happened to you?"