



Minute of Western Area Outcomes Group
held on 6 December 2017
Strabane Enterprise Agency

Present: Mr Kieran Downey, Director of Women & Children’s Services [Chair]
 Ms Muriel Bailey, Director for Family Support Services, Parenting NI
 Ms Cathy McCloskey, Early Years Organisation
 Mrs Ann McDuff, Assistant Director [Community & Public Health]
 Mr Mustapha Ben Hassine, Barnardos
 Chief Inspector Ivor Morton, PSNI
 Ms Claire Lynch, Derry City & Strabane District Council
 Mr Danny Bryce, Extern [attending for Mr Sweeney]
 Ms Una Casey, Business Support Manager, CYPSP
 Mr Barry O’Hagan, Head of Community Development & Leisure,
 Derry City & Strabane District Council
 Mr Paul Ryan, Area Manager, Youth Justice Agency [attending for
 Ms Heaney]

In attendance: Mrs Bronagh Donnelly, Family Support Locality Planning Co-ordinator
 Mrs Jacqui Meenan, Business Manager, Western Trust
 Ms Elaine Forrest, Personal Assistant, Western Trust

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| 1 | <p>Apologies Ms Monica MacIntyre, Department for Communities Ms Linda Watson, Caw/Nelson Drive Community Association Dr Pauline McClenaghan, Lifestart Foundation Ms Colleen Heaney, Youth Justice Agency Mr Paul Sweeney, Extern Dr Josephine Deehan, Local Commissioning Group Ms Orla Conway, Omagh Women’s Aid Ms Maura Mason, Western Area Child Care Partnership Mr Robert Gibson, Director of Community, Health & Leisure, Fermanagh & Omagh District Council</p> |
| 2 | <p>Notes of Previous Meeting held on 25 October 2017 Minutes of the previous meeting held on 25 October 2017 were agreed as an</p> |

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| | accurate record of the discussion. |
| 3 | <p>Matters Arising</p> <p>UNICEF Champions Mrs Donnelly reported that the expression of interest on behalf of Derry City & Strabane District Council and the Western Area Outcomes Group to join the UNICEF UK Partnership had been successful. She said an announcement would be made by UNICEF in January 2018. Ms Lynch reported that young people would be involved in the launch. Mr Downey thanked everyone involved with the submission. Mrs Donnelly reminded members to give consideration to being a Champion.</p> <p>Meetings Dates for 2018 Mr Downey shared meeting dates for 2018 and asked members to commit to attending.</p> |
| 4 | <p>Presentation – Steps to Cope Mr Downey welcomed Mr Gary McMichael, Chief Executive, ASCERT, to the meeting.</p> <p>Mr McMichael advised members that Steps to Cope was a project which supported young people aged 11 – 18 across Northern Ireland affected by parental alcohol misuse. He said ASCERT supported young people via awareness raising in schools, short term face-to-face support, providing training for practitioners in the Steps to Cope intervention, website provision and printed resources, copies of which were distributed to members. He said referrals were received from Hubs, schools, Gateway Teams, and also self referrals. Mr McMichael advised of the following five Steps to Cope:-</p> <ol style="list-style-type: none"> 1) Listen, reassure and explore concerns. 2) Provide relevant, specific and targeted information. 3) Explore coping responses. 4) Explore and enhance social support. 5) Discuss and explore further needs. <p>Mr McMichael reported that ASCERT had received funding from the Big Lottery, but this was coming to an end, although they had received an extension to operate until March 2019. He said they only had estimates for the number of young people affected across NI, but from their own research, some young people had both parents using substances and often young people had been living with this for a number of years before talking about it. He said some young people also had parents with mental health issues</p> <p>Mr McMichael reported that 249 people had been trained to use the Steps to Cope intervention. He said ASCERT wished to create a legacy after funding was due to end in March 2019 and said the PHA had agreed to become involved in a Steering Group to take this forward. He said ASCERT would continue in a limited way to</p> |

further develop online information for practitioners, but they wished to engage local partnerships to have a model of delivery and infrastructure in place to do this themselves and have pathways in place so young people could access support. He said they had good connections with Drug and Alcohol Co-ordination Teams, but wished to make connections with Outcomes Groups to build on capacity.

Mrs McDuff noted that CAMHS teams in the Trust were involved with Western Drug and Alcohol Co-ordination Team and queried about the Steps to Cope training. Mr McMichael said this was two days of training spread over an eight week period. He said there was good interest in the training, but it wasn't translating into practice.

Ms Bailey advised that the SBNI were developing an information App for young people and suggested that information from ASCERT be also included. She enquired about the Education Authority's role. Mr McMichael said work was being done with individual schools. Mr Downey said Ms Clare Mangan, Education Authority, had identified nominations for each of the each Outcomes Groups, and he agreed to follow up on attendance. Mr Downey agreed to check with Ms Cathy Mullan, PHA, to identify which organisations had staff trained in Steps to Cope. He also agreed to reflect within his Directorate on how to get the best use of this service. Mrs Donnelly agreed to check within Locality Planning Groups.

Mr Downey thanked Mr McMichael for attending and agreed to forward his presentation to members. .

5 Update from Locality Planning Groups

Mrs Donnelly reported that discussions had taken place with representatives from Derry City and Strabane District Council regarding the establishment of an early intervention co-ordinated service for young people presenting with emotional and mental health issues. She said Parenting NI were delivering training on "Parenting your Teen Programme" for eight weeks in January 2018 to help support parents manage their children's emotions.

Mrs Donnelly reported on the meeting with School Principals in Derry to discuss keeping children in a school environment, as this was a safe space for them.

Mr Downey said he was pleased to see these discussions taking place.

Mr Downey said he had received a request to meet with several Schools Principals from the Limavady/Greysteel/Dungiven areas, whom he met at the launch of the action plan. He said the meeting had been facilitated by Mrs Brenda MacQueen at the Dry Arch Children's Centre in Dungiven. Mr Downey said the School Principals were interested to pursue how they could become a resilient community of schools and advised that he had shared the Walla Walls video clips with them. Mr Downey said staff had received requests from schools to view the Resilience film and he said the Outcomes Group would consider purchasing the viewing rights.

Ms Casey and Mrs Donnelly agreed to explore this.

Chief Inspector Morton reported that PSNI staff were involved with work with the

Principal and students of Strabane Holy Cross School and said this could be built upon as the Principal was open and receptive to assistance from other agencies. Mrs Donnelly agreed to follow up on this. Mrs McDuff said School Principals were welcoming of support and wished to know of available programmes such as self care and suicide prevention for young people. She said she was trying to influence colleges and their teaching models to try to reach potential nursery leaders of the future. She said she wished to understand what they currently delivered on in relation to neuroscience and brain development.

Mr O'Hagan withdrew from the meeting.

6 **Early Intervention Updates**

Update on ACE Conference on 13 November 2017 & Next Steps

Mr Downey reported on the successful Adverse Childhood Experiences conference held on 13 November 2017 and provided members with the link below to access presentations from the conference, which were available on the CYSPS website. He said the conference had been filmed and a link was to be made available shortly which he would forward to members.

<http://www.cypsp.org/ace-conference-changing-lives-tackling-adversity-in-childhood-in-northern-ireland/>

Mr Downey said a Four Nations Celtic conference had also taken place on 14 November 2017. He noted that there had also been a workshop for PSNI staff and their colleagues in the Metropolitan Police, South Wales Police, and Scottish Police, so strategic links were being made both regionally and nationally.

Mr Downey proposed that the Outcomes Group take the lead in organising an ACE conference in March/April 2018 in the Western area. He said a wide cross section of agencies would be invited and keynote speakers secured. Members supported this proposal. Mr Downey said he would share a draft plan of the conference with members when available.

Pioneer Communities

Mrs McDuff briefed members on the work of the sub groups established under Pioneer Communities:-

Risk Assessment in Pregnancy & Support during Pregnancy

Sub Group looking at a range of programmes to see what would fit in with NI culture and which could be built upon. If any gaps were identified, see what models were available from conception to two years. Currently looking at a model called CLEAR for pregnant women in order to get an early detection on risk factors.

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| | <p><u>Mental Health Support & Substance Abuse Support</u> Linking with organisations already involved in this work and consulting with experts.</p> <p><u>Attunement</u> Solihull – building on this and looking at other models.</p> <p><u>Preventive Programmes</u> Mrs McDuff advised that Dr Angeles Cerezo had visited the Trust this week and had given a presentation on the Parent-Child Psychological Support Programme [PCPS]. She said the programme had been operating in Spain and Ballymun, Dublin, and staff were keen to how see the programme could be adapted here in the Western Trust.</p> <p>Proposed School Hub Initiative Already discussed above.</p> |
| 8 | <p>Holiday Hunger Report Card Mr Downey thanked Mrs Donnelly for providing a report card on the Holiday Hunger projects and noted that due to the investment made by the Outcomes Group a total of 824 children and young people had access to a meal during the month of August 2017. He said this had been a good outcome for the amount of funding that had been made available and said the group needed to consider rolling this forward next year.</p> |
| 9 | <p>Commissioning Plan Mr Downey said the Outcomes Group had committed a small amount of its commissioning resource to date and now needed to consider the remaining spend for the financial year 2017/18. He proposed that funding should be linked to the three obsessions and for a longer term i.e, two years. He said the obsessions were linked to Community Planning in both Derry City & Strabane and Omagh and Fermanagh District Council areas. He said members may also wish to consider setting aside funding for community planning. He said the third obsession “Work Together to Include the Voice of Children and Young People” was already actioned via the UNICEF UK participation.</p> <p>Mrs McDuff said she was meeting with colleges to look at their teaching modules and reported that Stranmillis College had expressed an interest in the work being done in the Trust. Ms McCloskey agreed to link with Mrs McDuff. Ms McCloskey proposed that the Resilience film be rolled out to a wider audience to give staff the tools to take forward this work. Mrs McDuff undertook to co-ordinate exposure of the film.</p> <p>Chief Inspector Morton proposed a pilot for a bespoke resilience programme for a catchment area of schools. Following discussion, it was agreed that the group of Principals that Mr Downey had met with recently, along with Nursery Schools from the same areas, would be invited to join a small group, to draw up a draft framework,</p> |

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| | <p>including the viewing of the Resilience film, with the potential to extend this to other areas. Chief Inspector Morton proposed that an invitation be also extended to representatives from the Parents Associations. Mrs McDuff said she would be happy to lead on this work.</p> <p>Mr Downey advised that the SBNI had secured regional funding for the next three years to deliver a professional training programme and raise general awareness of the concept and impact of Adverse Childhood Experiences. Mr Hassine said it would be important for General Practitioners to be involved in this work. Mr Downey agreed and said it would be important to involve sporting clubs, sports coaches etc.</p> <p>Mr Downey advised of a conference on 6 February 2018 “Digital Resilience Across the Lifespan” which had been planned as part of E-Safety week and agreed to share the details with members when finalised.</p> <p>Following discussion, it was agreed that Outcomes Group funding would be set aside for the local ACE conference in 2018 and the E-Safety conference in February 2018.</p> <p>Members endorsed the above plans.</p> |
| 10 | <p>UNICEF Update As discussed earlier.</p> |
| 11 | <p>Safeguarding</p> <p>SBNI Regional Core Child Protection Policy and Procedures Launch on 28 November 2017 Mr Downey advised that the SBNI had launched their revised Child Protection Policy and Procedures on 28 November 2017, but the implementation date had been deferred until 15 December 2017. He asked members to share this information within their organisations.</p> <p>Top Tips for using the SBNI Core Child Protection Policy and Procedures Mr Downey shared with members information prepared by the SBNI on using the new online policy and procedures.</p> |
| 12 | <p>CYPSP Think Family Sub Group/Hidden Harm As discussed during “Steps to Cope” presentation.</p> |
| 13 | <p>Any Other Business</p> <p>CYPSP Ms Casey advised of a celebration event to promote locality planning. She said a regional survey was to be carried out on locality planning groups with a set of standards and handbooks being developed.</p> |

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| | <p>Early Years Conference 2018 Ms McCloskey advised members that the Early Years annual conference was arranged for 7 & 8 June 2018 in Omagh and the theme was sharing and inclusion.</p> <p>Parenting NI Ms Bailey apprised members that Parenting NI had secured funding from the Big Lottery Project for a five year period to support dads who were separated from their partners/families and who were having issues with contact regarding their children. She advised that the “Dads Together” regional project was due to commence in January 2018 she agreed to keep members advised of developments.</p> <p>Infant Mental Health – 5 Key Messages Mr Hassine reported on the ongoing early intervention training for SureStart staff which reinforced the five key Infant Mental Health messages.</p> <p>Youth Zone Ms Lynch reported on the development of a business case for a Youth Zone under PEACE IV monies as follows:-</p> <ol style="list-style-type: none"> 1) Youth Worker to work with Steering Group. 2) Deliver training with young people so they can take a leading role. 3) Consultation to work with young people so they can take the leading role in the feasibility study and look at potential funding options. <p>Third Space Project Mr Bryce reported on the Third Space Project, from PEACE IV funding, for a positive learning hub for adults and advised this was at the recruitment stage.</p> <p>Mr Downey thanked members of attending today’s meeting and wished everyone a Happy Christmas.</p> |
| 14 | <p>Date, Time and Venue of Next Meeting 28 February 2018 at 10 am in the Conference Room, Strabane Enterprise Agency</p> |