

How to join the Programme?

You can join the Community Family Support Programme by contacting People 1st.

Email: cfsp@people-1st.co.uk

Or by calling below:

Lisburn area: 07436535387

North Down area: 07436535389

Ards area: 07436535390

Castlereagh area: 07436535388

Employability Engagement Officer

Mob: 07786 272 022



Supporting you,
to help
your family.

Email: cfsp@people-1st.co.uk

www.people-1st.co.uk



Community
Family Support
Programme



People^{1st}

Community Family Support Programme (CFSP)

Support for families

If your family needs help, support is available. For instance, if you or a family member isn't in education, employment or training, you will get help and advice to address your needs and access to a range of positive opportunities.

Your family will receive help and support to address any health, social and economic issues that impact your daily lives.

Family members aged 13 to 16 years will also receive support to address their educational needs.

Family support workers will meet and speak to your family to help you find ways to tackle your own specific challenges and needs.

The support provided on the programme is directly matched to your own needs and may include help with:

- Accessing suitable education, employment and training opportunities.

- Developing skills to find work, creating CVs, job-searching and preparation for job interview.
- Self-confidence, motivation, social skills and other personal issues.
- Parenting and life skills, encouraging better relationships within families.
- Healthy living, stress management and alcohol or drug misuse.
- Money management, benefit advice, isolation, domestic abuse and housing.

Access to specialist support

Your family support worker, in partnership with specialist support organisations, will help your family get any specialist help you need, such as help for drug and alcohol misuse, debt management, family counselling, truancy at school or other health and social issues.

The Programme is funded by European Social fund and Department of Employment & Learning.

How can a family participate on the programme?

Entry to the programme is voluntary and referrals can be made by families directly contacting the programme provider or from Family Support Hubs, Health & Social Care Trusts and other family support agencies / organisations.

Taking part in the programme

Your family can take part in the programme if you:

- have a person in the family aged 16 or older not in education, training or employment.
- have health, social, economic, educational, employment and training issues .
- are committed to seeking ways to improve your lives.

Community Family Support Programme : (CFSP)

