

**MINUTES OF THE NORTHERN OUTCOMES GROUP  
HELD ON 8<sup>th</sup> February 2017 IN THE BOARDROOM, TRUST HQ**

<b>Present:</b> - Marie Roulston	NHSCT
Susan Gault	NHSCT
Ivor Mitchell	YMCA
Helen Dunn	HSCB
John Fenton	NHSCT
Grainne Keane	YJA
Una Casey	CYPSP
Pamela Sweeney	Action for children
Billy McMillan	Barnardos
Sharon Kirk	Surestart
Sandra Anderson	CSP Participation Officer
<b>Apologies:</b> - Maurice Meehan	PHA
Selena Ramsey	Locality Dev. Officer
Hugh Nelson	NHSCT
Pamela Woods	EA
Jenny Adair	NCP

Mrs Roulston welcomed member of the MidUlster Disability forum to the meeting.

Those in attendance included:

- Mary Tennyson
- Ursula Marshall
- Mark Farquhar
- Allen Fleming
- Ellen McConville

Presentation given by Mr Allen Fleming re Cookstown Youth included project. The project currently meets on a weekly basis with an average attendance of 13/14 young people. The project engages with young people with moderate learning difficulties included – ADHD, ASD and various individuals on different scales of the Autism spectrum. Funding is received through the NHSCT via the Mid Ulster District Disability forum and this has assisted in developing the project over the past number of years. Focus of project would include inclusion, raising awareness within the local area re disability issues, integration with able bodied young people to reduce the stereotyping of young people with learning difficulties - outcome for young people being an increased level of confidence and self-esteem, sense of belonging, increase self-discipline and commitment, improved abilities to articulate and express feelings/opinions. As a result of bullying and the impact on group members, they wanted to create something visible for everyone to see and be able to watch – Respect DVD was developed (launched November 2015) available on YouTube. It was agreed that the NOG would support further development of the Respect DVD to

use as a resource tool for youth worker to assist in exploring bullying and learning difficulties other young people. Referrals can be made to the project with respect to young people aged 11 to 19 years who would have the ability to attend a basic youth club. Referrals can be made through schools and social services to the Cookstown office 02886727168. Noted the lack of resources for this cohort of young people once they attain 19 years of age. Current catchment area would be Cookstown/Magherafelt and Dungannon with young people being responsible for their own travel arrangements, to create a degree of independence and commitment. It was agreed that it would be beneficial to replicate this project in other areas if possible and would be discussed at locality planning groups. (See attached presentation)

### **Previous Minutes and matters arising**

- The previous meeting was held on the 14<sup>th</sup> December - minutes agreed and signed off.

### **FSH**

- Funding secured for the incoming year.
- Paper submitted to the Department with respect to the role out of FSH programme as outlined in the minister vision.
- Core member interagency survey undertaken of the 587 members surveyed, 220 responses received. Overall positive feedback- Helen to provide detail with respect to any negative feedback.

### **Edges Programme**

- Presentation shared with forum following December meeting.

### **Review of Membership**

- EA rep confirmed as Pamela Woods

### **PHA funded programmes for schools**

- Information shared re upcoming training courses – to be circulated to forum following today`s meeting.

### **SBNI**

- Bernie McNally appointed as interim Chair of SBNI.
- Noted number of documents/strategies out for consultation, i.e. Adoption Bill, CYPSP strategy. Reference made to SBNI and CYPSP in the Adoption Bill, need to ensure input through stakeholder agencies.

### **Specifications**

- Due to potential conflict of interest for forum members details cannot be shared at this stage. Work remains ongoing – update to be provide at next meeting.

### **Slippage**

- Proposal developed around small grant scheme process completed and 14 applications for funding received totaling £55,891. Remaining £19k to be used to fund resilience training for teachers, programme to be delivered by Barnardos.

## **AGENDA**

### **Locality planning and Participation update (see attached paper)**

Update provided by Sandra Anderson - New format report shared (see attached)  
Emerging Needs/Issues and Gaps identified by a number of local groups -

- Resilience programmes for young people Early Intervention/Prevention, limited programme available and adhoc approach to delivery.
- Mental Health Support for Young people – lack of support for young people requiring tier 2 intervention. Statutory services will only provide support to young people at high end tier 3, having a huge impact on the voluntary and community sector who don't have the capacity to deal with the number of referrals.
- Parenting support – Early years outside of Surestart/Teenagers – ***useful to link in with Arena Gault and John Fenton re childcare provision to allow parents to partake in programmes***, noted difficulty specifically in the Glenarm area.
- Online safety/exploitation and Bullying
- Disability Social Outreach
- Poverty / welfare issues
- Body Image
- Obesity – pilot currently being progressed in Our Lady of Lourdes Secondary school in Causeway Coast and Glens area to target unhealthy diet and exercise in children, young people and parents. Susan highlighted the input from the school nurse for the area in the pilot. Steering group involving Y8 pupils established and will develop resource to be shared with other Y8 pupils in the area.
- Rural Isolation

### **Overview from LPG**

- Magherafelt/Cookstown groups have merged, Ballymoney and Moyle LPG due to merge March 2017. Noted Empower project in Magherafelt – fun day for families with children with Autism and siblings – 66 children in attendance, good day for all involved (0-12 years). Positive feedback from parents and children, keen to replicate this event in other areas.
- Carrick – OBA training scheduled for the 22<sup>nd</sup> March. Youth Fair held will attended (450 Y11 pupils) with 20 exhibitors, well established group with good partnership working with local schools.

**ACTION: Selena/Sandra**

### **Family Nurse Partnership update - Susan Gault**

Programme established within NHSCOT for past 18 months, delivering a Trust wide service. The team consists of 1 full time supervisor and 4 full time nurses, currently working with 64 young mums and mums to be on the programme. The team would

work closely with LAC, FIST and Child health colleague with many of the young people enrolled on the programme have very complex needs and have been brought up in the care system or themselves subject to safeguarding procedures as a child. The aim of the programme would be to break the intergenerational cycle of dependence. The FNP visits the family on a weekly or 2 weekly basis from early pregnancy up to until the child reached 2 years of age. Within the NHSCT 8 of the children on the programme were placed on the CPR at birth, 4 of the children have been deregistered from the CPR as a direct result of FNP intervention. 3 of the young mums have completed PATT placements and returned to independent living with the babies with support of the FNP service. One of the PATT foster carers highlighted the big difference between girls coming into her care who are involved with the FNP programme compared to those who are not. With respect to on-going support once the child reaches 2 years of age - transition into core services is actioned to ensure on-going support for the family.

### **Impact of service.**

The Service has been delivered in line with the FNP licence and at this early stage it has not been possible to measure the effectiveness of the service in terms of medium or long term goals, however evaluations from other Trusts where the service has been established longer have been very positive.

The control trials in the USA deemed that the biggest impact was made to those with the highest levels for deprivation. Given the different societal structure in the USA and NI the Public Health Agency has commissioned a study on the value of the Family Nurse Partnership (FNP) in Northern Ireland. This will be conducted by a research team from England based on a methodology called Reevaluation. This is welcomed.

Mrs Roulston noted presentation at Trust Board by young mum currently involved in the programme.

### **Action plan 2017-20**

WHSCT 'plan on a page' shared which can be used to inform discussions within the NHSCT. Trust keen to reduce the level of bureaucracy linked to the high-level action plan. ½ day workshop to be scheduled for the 29<sup>th</sup> March 2017 am, to take forward work around NHSCT plan on a page with invitations to be widened out to other stakeholders including chairs of Locality Planning groups, Councils and Community planner, EA, EWO, PSNI/PPU and youth service. Plan to be based around the 8 high level outcomes within the CYPSP strategy. It was agreed that it would be useful to cross reference the emerging needs highlighted in the LPG report to the high level strategies which will help identify priorities for the area, need to ensure priorities are achievable. Noted recent RQIA Child protection inspection and the emerging theme of Domestic Violence which would be a significant issue across

the province, specifically the impact this has on children and the trauma to the family, may be a trend that could be addressed in plan. ACTIONS:

1. John to extend invitation to Tracy Magill, chair of the Domestic Violence forum to the workshop.
2. Selena and Sandra to engage with cohort of young people to come up with a graphic design for the plan.
3. Una to provide detail of recurrent emerging needs which will information discussion around priorities.
4. Una to progress invitations to wider stakeholders.
5. Helen Una and Ivor, to take forward preparatory work in advance of the workshop and information to be shared in advance of the workshop. Meeting schedule for the 27<sup>th</sup> February at 2pm Carrickfergus, YMCA.
6. Venue to be confirmed by Mrs Roulston`s office.

#### **AOB**

- Locality /outcome and regional subgroups – TORs shared
- DVD produced by Women`s aid titled `the good, the bad and the ugly` focusing on Domestic Violence.

#### **Date of next meeting**

Workshop scheduled for the 29<sup>th</sup> March 2017 9am to 1pm, in conference suite Holiday Inn express.

12<sup>th</sup> April 2017 at 2pm in the Boardroom, NHSCT HQ, Bretten Hall



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Marie Roulston  
**Director Women, Children and Families Division**