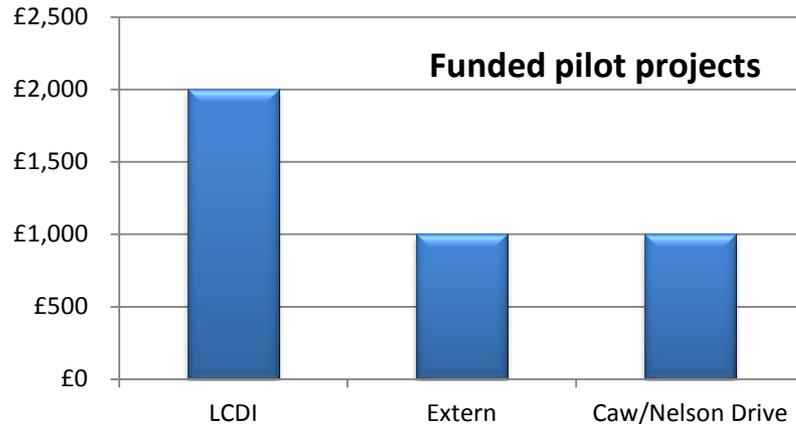


Western Outcomes Group – Holiday Hunger Pilot Programmes

How much did we do?



LCDI - This project saw the community café at LCDI working with the local community houses to provide a simple non-identifiable LCDI silicone wristband for use by children within the Limavady neighbourhood renewal area to access a nutritious two-course lunch from the daily lunch menu during the month of August 2017.

Caw Nelson Drive - For some children, their free school meals through the week may be the only good meal they get, and we know that hungry children struggle to concentrate and feel less motivated.

We have found that during the school holidays many of these families find it difficult to feed their children. As breakfast is one of the main meals of the day we believe that breakfast clubs are therefore incredibly important but certainly necessary in the most deprived communities.

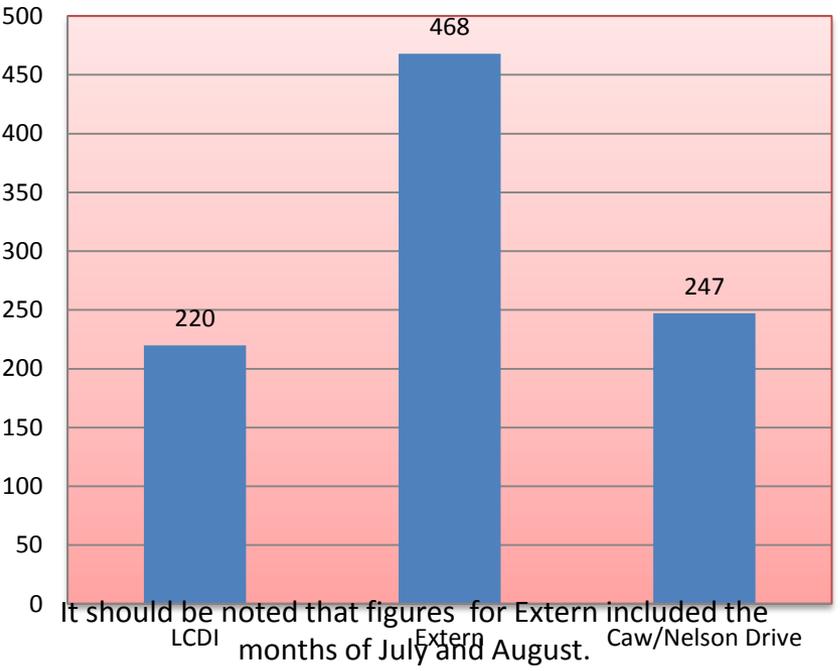
In June 2017 it became apparent in discussions during the Western Outcomes meeting, that there was growing concern that there will a considerable number of children that will go hungry over the school holiday period. It was agreed that given the knowledge of local programmes, that locality planning coordinators would identify 3 possible pilot programmes that would benefit from additional funding. This funding will focus on areas of social deprivation and provide nutritional food either breakfast, lunch or dinner to children over the month of August of the summer of 2017.

Extern - Roscor Youth Village, Extern recognise that during school holiday times there are added pressures for families and children in need. Extern provide summer residential breaks for some of the most vulnerable children & young people at the Roscor Youth Village site. For some of their young people who benefit from free meals during the school term, summer hunger is a reality. There is a growing awareness of this issue and these summer breaks ensure all children and young people referred have access to healthy, nutritional and balanced meals during their stay.

How much did we do?

Is anyone better off ?

Number of Children availing of Holiday Hunger projects



Due to the investment by WAOG a total of 824 children and young people had access to a meal during the month of August.

95% of parents (**20/21**) consulted said that the scheme reduced the holiday hunger experienced by their children

95% of parents (**20/21**) consulted said that the scheme reduced the holiday hunger experienced by their children

Each young person thrived and a lot of fun and social interaction was injected into mealtimes

We noticed that hand, eye and fundamental skills improved after receiving breakfast/snack

86% of parents (**18/21**) consulted said that the scheme improved their own mental health and wellbeing

100% of parents (**21/21**) said that this scheme reduced their anxiety regarding food budgets

93% of children (**39/42**) consulted said the meal they ate at LCDI was usually their first meal of the day

Staff & volunteers noted changes in mood, stamina and levels of participation in our games.