

## Update report to Belfast Outcomes Group from Locality Planning Groups

**December 2016**

<p>Issues/gaps in services/Emerging need being raised at the Locality Planning Group:</p>	<p><b>WEST</b></p> <ul style="list-style-type: none"> <li>• Mentoring for primary school age children</li> <li>• Impact of Welfare Reform / rising poverty rates</li> </ul> <p><b>NORTH</b></p> <ul style="list-style-type: none"> <li>• The Family Fund event took the place of the last North Belfast Locality Planning Group on Tuesday 29<sup>th</sup> November- See attached report card for details</li> </ul> <p><b>SOUTH</b></p> <ul style="list-style-type: none"> <li>• Nursery school application process</li> <li>• Nursery schools voluntary contribution fees often not being treated by schools as “voluntary”</li> <li>• High levels of anxiety in transition stages from Primary- Post-Primary school</li> <li>• Support for ethnic minority families e.g. culture changes (starting school here at an earlier age than in country of origin)</li> <li>• High rates of less than 85% attendance at school</li> </ul> <p><b>EAST</b></p> <ul style="list-style-type: none"> <li>• Lack of services age 0-3 in non- Sure Start areas</li> <li>• Counselling for ethnic minority families with translation</li> <li>• Services for children with a disability</li> <li>• Alternative therapies for anxiety etc</li> </ul>
<p>Recent Achievements by the Locality Planning Group:</p>	<p><b>WEST</b></p> <ul style="list-style-type: none"> <li>• Input into West Belfast ‘Health for All’ 10 year strategy</li> </ul> <p><b>NORTH &amp; WEST</b></p> <ul style="list-style-type: none"> <li>• Family Fund event on Tuesday 29<sup>th</sup> November in Girdwood Community Hub- See report card</li> </ul> <p><b>SOUTH</b></p> <ul style="list-style-type: none"> <li>• Practical workshop on Nursery School Applications held on the 24<sup>th</sup> November @11- 12.30pm in Sandy Row Community Centre</li> <li>• Leaflet with key points from the workshop being distributed to Locality Planning members and their contacts</li> </ul>

	<p><b>EAST</b></p> <ul style="list-style-type: none"> <li>• Themed meetings taking place in anticipation of the new action planning cycle to form the action plan</li> <li>• Leaflet with East Belfast counselling and translation services compiled and circulated</li> </ul> <p><b>ALL Locality Planning Groups:</b></p> <ul style="list-style-type: none"> <li>• Liz Brown (NICMA) presented the new child minding procedures to all LPG members.</li> </ul>
Engagement with Children and Young People/ Parents/Carers:	<p><b>NORTH</b></p> <ul style="list-style-type: none"> <li>• CYPSP funding Parenting NI to carry out parental participation - Engagement process currently taking place with groups of parents with different ages of children. This will lead to co-design co-production of next action plan.</li> </ul> <p><b>NORTH &amp; WEST</b></p> <ul style="list-style-type: none"> <li>• Engagement at Family Support and Information Day- Questionnaires for families and stall holders who attended- See report card</li> </ul>
Upcoming Events:	<p><b>WEST</b></p> <ul style="list-style-type: none"> <li>• Inclusion Charter launch- to be discussed at the next meeting in December</li> </ul> <p><b>NORTH</b></p> <ul style="list-style-type: none"> <li>• Lowwood Primary School Health Day event- January 2017</li> <li>• Inner North Belfast Neighbourhood Renewal Partnership are hoping to run an event to make people aware of the services that are available in the local area- this will include schools, parents and young people.</li> </ul> <p><b>SOUTH</b></p> <ul style="list-style-type: none"> <li>• Una and Kelly have completed the CEOP Train the Trainer course and will deliver this to the Locality Planning Group for free</li> </ul>
Additional Information:	<p><b>ALL Locality Planning Groups:</b></p> <ul style="list-style-type: none"> <li>• 2017 dates have been set</li> <li>• Hub presentations have been given in South, West and East Locality Planning Groups in November/ December.</li> <li>• Report cards have been completed for the Autism Awareness Training, Steps to Cope Training and Family Fund Information and Support Day</li> <li>• Steps to Cope training delivered – See report card</li> </ul>

# Belfast Locality Planning Groups Autism Awareness Training

## Background

Members of the Locality Planning Groups and Family Support Hubs reported high levels of families who are affected by Autism and require support around this.

As one of the main priorities in all 4 Locality Groups, Autism NI agreed to deliver 3 Autism Awareness sessions for members, hosted by NIACRO. This enabled over 100 front line staff, including health visitors, social workers and other practitioners to participate in the sessions.

These sessions took place in February and April 2016.

### North Belfast LPG-

All children, young people and families will be supported to build resilience

### Outcome 3

### West Belfast LPG-

All children and young people will have access to inclusive community services & social activities

### Outcome 3

### South Belfast LPG-

Families in South Belfast are more resilient

### Outcome 1

## Outcomes of the training:

1. Improve/challenge attitudes and inform people of Autism through awareness raising sessions.
2. Increase front line staff knowledge about how to support families who have a child with Autism.
3. Introduce strategies and tips which can be implemented.





## How much did we do?

- In total, over 100 Practitioners attended the Autism Awareness Training over 3 sessions
- Presentation/session led by Autism NI trainer
- The workshop included interactive activities, visual resources and group discussions

## How well did we do it?

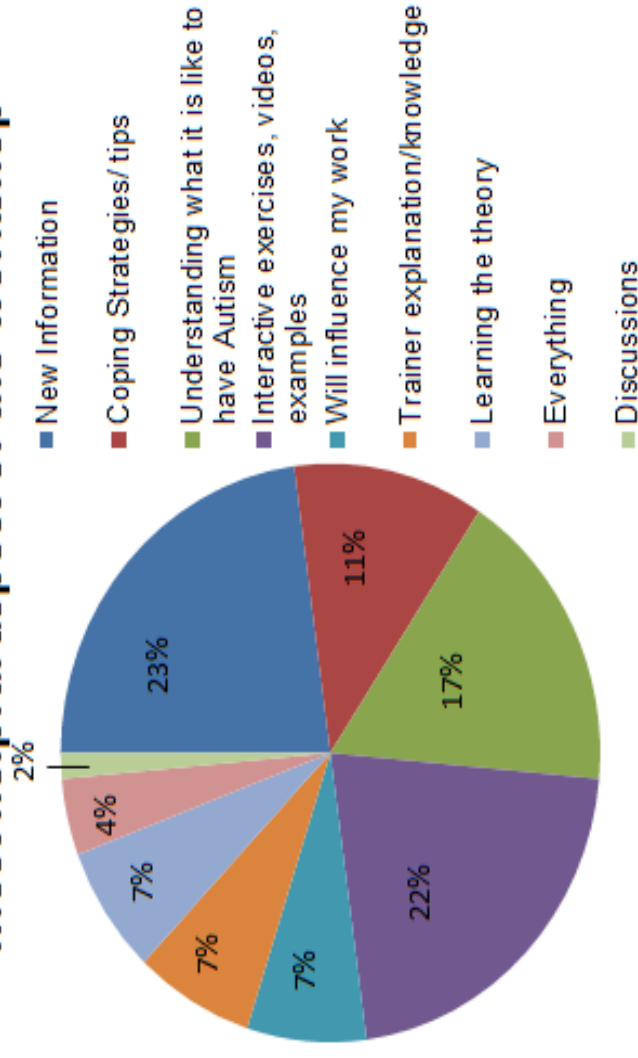
- There was no financial cost to LPG-Autism NI provided trainer and NIACRO provided the venue
- 80% of those attending completed evaluation forms
- 98% of attendees rated the training as good or excellent
- 78 out of 80 respondents gave the content of the workshop 4/5 or 5/5 for meeting their expectations

## Is anyone better off?

In the evaluation forms practitioners commented on how they would change their practice as a result of the session. Some examples are as follows:

- Ideas and tips of effective communication, environment and behaviour management
- Will help my work with parents to help their understanding of their child's needs
- Will use clearer instructions and take more time
- Will use more visual aids, depend less on oral communication
- More aware of how to communicate

## Most helpful aspect of the workshop



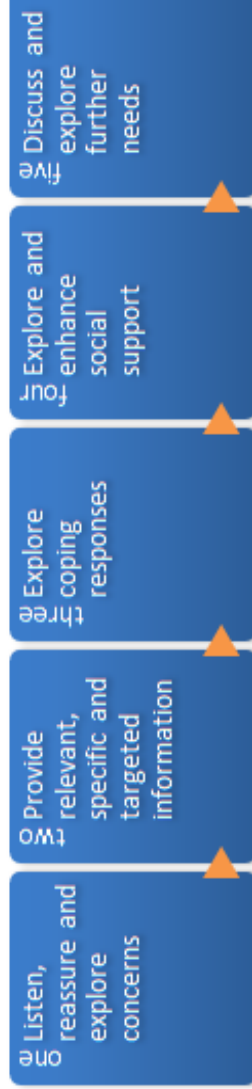
# Belfast Locality Planning Groups Steps to Cope Training- October 2016

## Background **STEPS COPE**

The Steps to Cope service was presented to all 4 Locality Groups in 2015. As a result of this Locality members agreed it would be useful to avail of the 'Train the Trainer' training which Steps to Cope provides for those who would be interested. The course was offered on a Belfast wide basis, through all 4 LPGs.

The Steps to Cope training is a 2 day training for practitioners who work with young people, who may need support in relation to a parent who uses alcohol. This will be done by using the 5 Step Intervention method.

### 5 Step Intervention



#### Outcome 3

##### North Belfast LPG-

All children, young people and families will be supported to build resilience

#### Outcome 2

##### West Belfast LPG-

All children and young people have good family lives

#### Outcome 1

##### South Belfast LPG-

Families in South Belfast are more resilient

#### Outcome 3

Young people in South Belfast make better choices

### Outcomes of the training:

1. Introduce participants to theory around resilience and parental alcohol misuse
2. Provide the opportunity for in-depth knowledge and skills practice using the Steps to Cope 5 step intervention
3. Enable attendees to train other practitioners in the Steps to Cope 5 step intervention

## How much did we do?

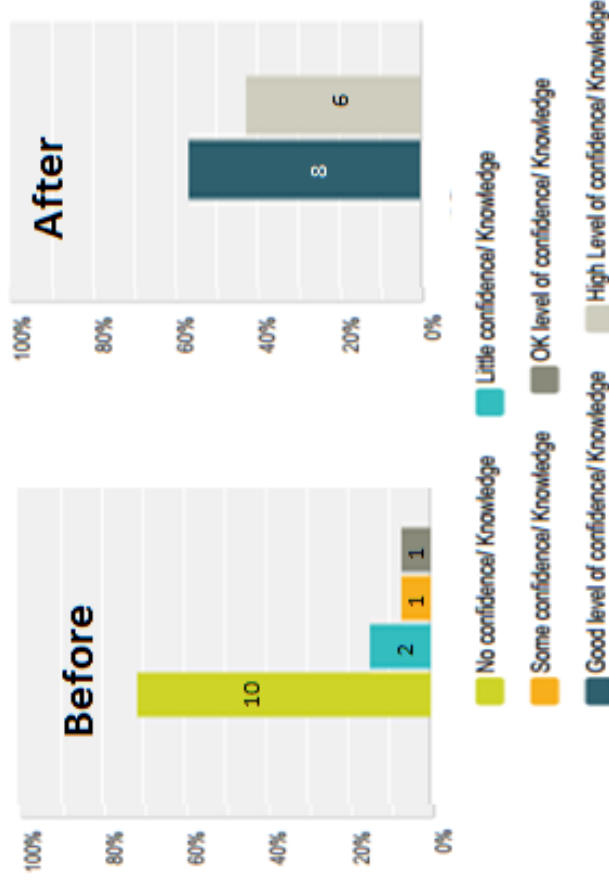
- In total, 17 attended the Steps to Cope Training
- Presentation/ session led by Steps to Cope practitioner
- The training included interactive exercises, video and audio clips, group work and theory around the 5 Step Intervention.

## How well did we do it?

- There was no cost to Locality Planning as Steps to Cope project provided the trainer and venue for the training
- Out of 14 respondees, 12 rated the training as 'very relevant', the other 2 said 'relevant'
- 100% of the responses rated the content as appropriate

## Is anyone better off?

### Knowledge/ confidence in using the Steps to Cope Intervention to support young people



In the evaluation forms practitioners commented on the most useful part of the course, these included:

- Steps to Cope handbook/ other resources
  - Sharing of information
  - Staff support and back up
  - Knowledge of trainer
  - The structure of the course
- How easy the information is to apply to my work
  - Lots of interaction/ practise



## Belfast Locality Planning Groups Family Fund Information and Support Day November 2016



### Background

As part of the North and West Locality Planning Group Action Plans, the Family Fund and CYPSP held an Information and Support Day on Tuesday 29<sup>th</sup> November from 10-2.30pm in Girdwood Community Hub.

Family Fund is a UK wide organisation who provide grants for families raising disabled or seriously ill children. The event provided Family Fund with an opportunity to raise awareness of their services in Northern Ireland.

#### Outcome 3

##### North Belfast LPG-

All children, young people and families will be supported to build resilience

#### Outcome 3

##### West Belfast LPG-

ALL children and young people will have access to inclusive community services and social activities

### Outcomes of the event:

1. Families to make links with local services that will be able to support them
2. Let parents/carers have their say on local services they would find beneficial
3. Increased co-operation and collaboration of local organisations



## How much did we do?

- Over 60 families attended the Family Fund event
- 24 local organisations attended the event with a stall.
- Families attended from all over Belfast, Lisburn, Ballymoney and Coleraine.

## How well did we do it?

- 100% of parents who completed evaluation said they learned something new
- Families said the best part of the best part of the event was:
- Getting information
  - Finding out about grants available
  - Seeing there is support out there
  - The fact it is actually happening

## Is anyone better off?

20 Parents took part in participation with Parenting NI

25 families learned about the services provided in Autism NI

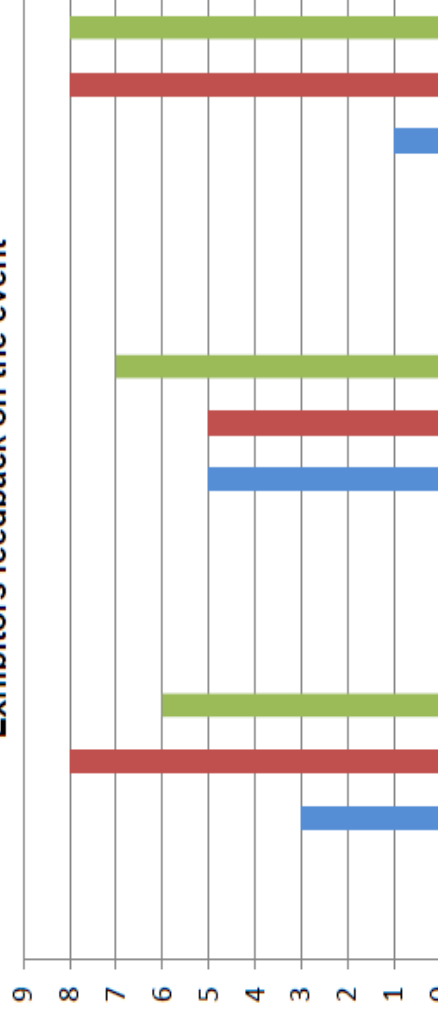
15 families engaged with Libraries NI

30 Families received information about the Family Support Hubs

5 people were informed about the services Women's Aid provides

50 Families were informed about /how to use FamilySupportNI

Exhibitors feedback on the event



	Increased co-operation across organisations?	Greater understanding of needs?	Likelihood of improved outcomes for families?
Strongly Agree	6	7	8
Agree	8	5	8
Neutral	3	5	1



## **Supporting Families in Belfast**

Parents and carers of children and young people with a disability or additional needs from across Northern Ireland recently attended an information support day at the Girdwood Community Hub in Belfast.

The aim of the event was to ensure parents and carers were aware of services available locally to help them better support their child and families.

The free event was organised by the Family Fund in partnership with the Children & Young People's Strategic Partnership (CYPSP) North and West Belfast Locality Planning Groups. The event was supported over thirty family support organisations who attended the event and shared information about the services they offer to support families in need including Sure Start, Carers NI, Tiny Life, Libraries NI, Extern and many more.

Speaking from the event, Family Fund stated 'we are delighted to host an Information and Support Day at the Girdwood Community Hub and have been overwhelmed by the numbers of families that have come along to meet us. It has also been great to have so many NI sector organisations join us to inform families of the sterling work they are doing'.

Over 70 families attended the event and one parent shared their experience of support for their child waiting for an ASD diagnosis, 'I found the event very useful and a great fact finding mission for me, it was nice to have one-to-one conversations and learn about the services available to my family'.

Katrina Newell, from New Lodge Arts Belfast and Chair of the CYPSP North Belfast Locality Planning Group reflected on the information support morning and stated; 'It was overwhelming to hear about the very complex issues faced by families with a child with a disability and the difficulties they face accessing services. The information we gathered today will feed in to our next Locality Planning Group Action Plan 2017-2020 to work towards improving outcomes for all children, young people and families across the area. I am extremely grateful to The Family Fund for organising the event today and would like to thank the families and the organisations that came along to provide information about their services'.

**ENDS**

For further information, contact the Health and Social Care Board Communications Office on 028 9536 3278.

The Children and Young People's Strategic Partnership (CYPSP), led by the Health and Social Care Board, is a multi-agency partnership that includes the leadership of key statutory agencies and community and voluntary organisations that have a responsibility for improving the lives of children and young people in Northern Ireland.

Family Fund is a UK-wide charity that has been providing grants to families on a low income raising a disabled or seriously ill child aged 17 and under for over 40 years. In 2014 in Northern Ireland, we were delighted to be able to support over 4,000 families with over £1.4 million in grants for essential items such as washing machines, sensory toys, family breaks, bedding, clothing and computers.

For more information about the CYPSP visit [www.cypsp.org](http://www.cypsp.org)