

**CHILDREN AND YOUNG PEOPLE STRATEGIC PARTNERSHIP (CYPSP)  
MINUTES OF EMOTIONAL AND BEHAVIOURAL DIFFICULTIES SUB-GROUP  
WEDNESDAY 9 NOVEMBER 2016  
COMMITTEE ROOM, SOUTH TYRONE HOSPITAL**

**PRESENT:**

Peadar White, CAMHS Head of Service, SHSCT (Chair)  
Mark Rogers, Extern  
Maurice Leeson, Children's Services Planning, HSCB  
Rosemary Murray, Barnardos Sixth Sense  
Paula Keenan, Participation Network  
Alison Foster, Children's Services Planning Support Officer  
Stephen Bergin, PHA

**APOLOGIES:**

Valerie Maxwell, Children's Services Planning Information Manager  
Stephen Rogers, CAMHS Lead Nurse  
Mary McCarthy, CAMHS Step Care Model Project Lead  
Gillian Cuthbert, SELB Advisor  
Catriona Rooney, HSCB  
Siobhan Rogan, ID CAMHS  
Michael Heaney, Youth Justice Services

**MINUTE TAKER:**

Leanne Barry

**Membership**

Following Phil's resignation, another representative is being identified. In addition Katy Pedlow has expressed an interest in joining the group and her contact details will be shared with Maurice.

➤ **Action – Katy Pedlow's contact details to be shared with Maurice.**

**Children with Disability (including Intellectual Disability and Physical)**

The ID Pathway including Iveagh group is ongoing with Iveagh reporting better use of services. The Southern Trust's model was presented to the group and each Trust are to advise how their services are designed. An Action Plan will be drafted at the next meeting on 6 December 2016 with a view to having work completed by March 2017. Peadar reiterated that young people with an Intellectual Disability have a right to access services with sufficient supports in the community preventing admissions to Iveagh. He added that ID CAMHS were showcased at a recent International Conference in Dublin.

Maurice noted that the HUBS in the Southern Area should be made aware of the service and asked for information re same to include in the HUB Newsletter. In addition Maurice noted that the HUBs can support the wider family supports needs.

- **Action – Siobhan to provide information re ID CAMHS for inclusion in the HUB Newsletter.**

Rosemary noted that there can be a different emphasis on diagnosis within each Trust area, with young people diagnosed with a Learning Disability in Children's Services being reassessed and diagnosed as not having a Learning Disability in Adult Services. She added that for many young people the main problem is their environment and there is a need for parenting skills. Peadar acknowledged that services should be designed to meet need and not be predicated on diagnosis. Maurice advised that parenting programmes have been funded within each Trust area, which can be availed of. He added that Martina McCooey is the Coordinator in the Southern Trust and suggested that she be invited to a future meeting.

- **Action – Martina McCooey to be invited to a future meeting.**

### **Survey Monkeys**

Alison advised that the Trust questionnaires have been circulated and are to be returned by 25 November 2016. A summary of responses to date was tabled for information. She added that the telephone sampling suggested with the Family Support questionnaire is not possible, as contact details for the person completing same was not requested, however, if a specific person can be identified within an Organisation they will be contacted.

Rosemary confirmed that Michele Janes will circulate the questionnaire across Barnardos services.

- **Action – Responses to be collated for the next meeting.**

### **Youth Justice**

Peadar advised that Michael Heaney and Mary McCarthy will meet before the next meeting to finalise the pilot post. The recommendations from the scoping exercise completed have been presented to the new Minister for consideration and feedback will be provided.

### **Service User Participation**

Paula advised that a proposal paper was previously tabled. To date a parent questionnaire has been agreed, focus groups have been scheduled to ascertain service satisfaction and to engage service users in co-production, which will hopefully be completed by Christmas. Peadar noted to be mindful of the baseline and to be measured in judging positives reported, given families may have nothing previous to compare the service to.

Peadar noted the Educational Shakespeare Company is working with service users to create a film about the service, which can be used as a training aid for new families.

Rosemary noted that Barnardos could facilitate a reference group to ascertain the views of young people attending CAMHS. She added that Peer Coaching could be used as a support, as the young people currently involved are flourishing from same. In addition two young people will be launching their digital stories around the emotional needs of young people with disabilities at QUB on 16 November 2016.

### **Western Outcome Groups Submission**

Paper received from Western Trust group, which will be circulated for discussion at the next meeting (see attached).

### **IMH Strategy**

Maurice noted that there has been a successful bid via CAWT to deliver a project titled Adverse Childhood Experiences, which may link into this group. Maurice to share information re same.

- **Action – Maurice to share information on the project.**

Stephen noted that groups have been established to implement the new IMH Strategy with a view to developing an Action Plan for completion by June 2017. Maurice noted that he would re-circulate the IMH Strategy and invite Maurice Meehan to a future meeting.

- **Action – Maurice to invite Maurice Meehan to a future meeting.**

### **ASD Service Review**

Peadar advised that a regional workshop is planned for Monday 14 November 2016. Trusts continue to return information on spend to date of the new funding allocation. Peadar noted that the main issue is around providing intervention and an assessment, diagnosis and intervention service for adults. In the Southern Trust assessment, diagnosis and intervention is provided to the 0-18 population and intervention only to the 18-30 population. Regionally there is significant disparity re waiting times and prevalence and concern that core services cease while awaiting an Autism assessment. In addition structures across Trusts are different, difficult and complex and a change of ethos is required to deal with all presentations and needs.

### **Managed Care Network**

Deferred until the next meeting.

### **AOB**

Maurice noted an issue raised by Catriona within CAMHS in relation to 16+, however, he had no specific details re same. It was noted that this may relate to the 16+ Teams, who work out to 25 years and Peadar advised that CAMHS in the Southern Trust are a 0–18 service and priority is given to managing the corporate responsibility. He added that Scaffold is a dedicated service which is also available to LAC.

Peadar acknowledged that the 18-25 population are a vulnerable grouping and agreed that there needed to be clear policies and procedures around the transition from CAMHS to AMHS.

### **Dates of Next Meeting**

It was agreed that that group would meet bi-monthly. Therefore the next meeting scheduled for Thursday 15 December 2016 will be cancelled.

Thursday 26 January 2017 @ 10.00 am – Committee Room, STH, Dungannon

Thursday 23 March 2017 @ 10.00 am – Committee Room, STH, Dungannon

Wednesday 24 May 2017 @ 10.00 am – Committee Room, STH, Dungannon

Wednesday 26 July 2017 @ 10.00 am – Committee Room, STH, Dungannon

Wednesday 20 September 2017 @ 10.00 am – Committee Room, STH, Dungannon

Wednesday 22 November 2017 @ 10.00 am – Committee Room, STH, Dungannon