

**CHILDREN AND YOUNG PEOPLE STRATEGIC PARTNERSHIP (CYPSP)
MINUTES OF EMOTIONAL AND BEHAVIOURAL DIFFICULTIES SUB-GROUP
THURSDAY 15 SEPTEMBER 2016
COMMITTEE ROOM, SOUTH TYRONE HOSPITAL**

PRESENT:

Peadar White, CAMHS Head of Service, SHSCT (Chair)
Mark Rogers, Extern
Maurice Leeson, Children's Services Planning, HSCB
Rosemary Murray, Barnardos Sixth Sense

APOLOGIES:

Valerie Maxwell, Children's Services Planning Information Manager
Pamela Hughes, Kids Together
Stephen Rogers, CAMHS Lead Nurse
Mary McCarthy, CAMHS Step Care Model Project Lead
Phil Lindsay, Barnardos
Gillian Cuthbert, SELB Advisor
Paula Keenan, Participation Network
Catriona Rooney, HSCB
Siobhan Rogan, ID CAMHS
Alison Foster, Children's Services Planning Support Officer
Stephen Bergin, PHA
Michael Heaney, Youth Justice Services

MINUTE TAKER:

Leanne Barry

Attendance

Peadar again noted a large number of apologies and agreed to write to all members to ascertain their continued commitment to the group. Maurice noted that a couple of the groups have already ceased, however, support will be provided to this group as actions are outstanding. Peadar added that the future of the meeting and frequency of same will be discussed at the next meeting.

- **Action – Peadar to formally write to forum members to ascertain their continued commitment.**

Survey Monkeys

The Family Support questionnaires were disseminated to a list of 200+ providers from a search of the Family Support NI website with 36 questionnaires returned and a report was tabled for reference. Both Mark and Rosemary noted that they had not received this on behalf of their organisations and agreed to follow this up. It was felt that it should be re-circulated to the list, with the exclusion of the 36 who have already responded with a two week turnaround. The information will then be analysed and

themes identified. Maurice added that a small number can be sampled via telephone to a few agreed questions.

- **Action – Family Support questionnaire to be re-circulated to all who did not respond initially and consideration given to sampling a small number of responses via the telephone.**
- **Action – Rosemary and Mark to follow up receipt of questionnaires for their respective organisations.**

The Trust questionnaires are currently in the process of being reviewed to collate the amount of work required, however, no difficulties are expected.

Service User Participation

Rosemary advised that she has been unable to make contact with Paula re the service user group, however, will follow this up and an update provided at the next meeting.

- **Action – Rosemary to contact Paula and provide an update at the next meeting.**

Peadar noted that ID CAMHS will be working with the Educational Shakespeare Company and the parents/service users to produce a documentary on the service that can be used as a training aid.

Rosemary noted that six young people have been trained in Peer Coaching and will start individual sessions next week. The Peers have been matched with young people with similar conditions/experiences and will meet them in a more social environment.

Update re Outcome Groups

Maurice noted that the Regional Outcome Group and Sub-group Chairs met last week and better ways of disseminating the information from the different groups was discussed, which is all available on the website. Those groups not working on Action Plans have now been stood down.

Mark advised of a six week programme, which will be ran in one school per Trust area, aimed at building capacity and resilience, getting young people's views of services provided and recognising where support can be sought, etc. It is hoped that someone from each Trust will attend the feedback session, which can also be fed back into this forum. It was acknowledged that consideration needs to be given to surveying young people to ascertain their views.

Maurice noted that the new Child Strategy is being developed, which will be linked with CYPSP to ensure the delivery of the high level outcomes. This is to be discussed further at the next CYPSP meeting and direction given on how to move forward.

It was felt that representation from the Western Outcomes group should again be invited to a future meeting, given their interest in emotional well-being and mental health, to see if any priorities were identified.

- **Actions - Maurice to invite the Western Trust to a future meeting.**

ASD Service Review

Peadar advised that Paediatrics are to meet with the local Co-ordinators next week with regard to the review.

Regional Review ID Pathway

The next meeting is scheduled for Tuesday 20 September and feedback will be provided at the next meeting.

Managed Care Network

Deferred until the next meeting.

Restrictive Practice

Peadar acknowledged that there is a greater understanding with more training provided across all services and with parents/carers. However, there is no Legislation within Northern Ireland re same and discussion ensued re how this could be addressed. Maurice noted that a recommendation could be made from this group, but it may result in an internal policy as opposed to Legislation and agreed to look at how this could be achieved. Issue to be further discussed at the next meeting.

- ***Actions – Maurice to follow up the potential of an internal policy re Restrictive Practice.***

Youth Justice

Peadar noted that a job description has been finalised for the one year pilot post. He added that the post will include a research element to explore what other services are available, look at new ways of working, etc.

Rosemary enquired if CAMHS link with the 16+ Teams. Peadar noted there is a dedicated PMHW in the 16+ Team, supervised by Scaffold, who would have ongoing contact with the teams.

AOB

None noted.

Dates of Next Meeting

Wednesday 12 October 2016 @ 10.00 am – Committee Room STH

Wednesday 9 November 2016 @ 10.00 am – Committee Room STH

Thursday 15 December 2016 @ 10.00 am – Committee Room STH