



REPORT TO NORTHERN OUTCOMES GROUP

UPDATE FROM LOCALITY PLANNING GROUPS AND PARTICIPATION OF CHILDREN, YOUNG PEOPLE, PARENTS AND COMMUNITIES

June 2016

INTRODUCTION

The following report provides a summary of the priorities identified by the Northern Locality Planning Groups as a result of outcomes based planning in their areas. Each group is made up of membership from the Statutory, Voluntary and Community Sectors.

EMERGING NEEDS IDENTIFIED BY LOCALITY PLANNING GROUPS

NEED	GROUP IDENTIFIED	NORTHERN OUTCOMES GROUP PRIORITY OUTCOME	EVIDENCE	ACTIONS IN PROGRESS/REQUIRED
Mental Health	All	Outcome 1	<ul style="list-style-type: none"> - CAMHS Stats - Young People - Schools - Family Support Hubs 	<ul style="list-style-type: none"> - Support for parents - Services for children, young people
ASD/ ADHD / Disability	ALL	Outcome 4	<ul style="list-style-type: none"> - Family Support Workers - Homestart/ Surestart - Youth Workers 	<ul style="list-style-type: none"> - Increase training - 1-2-1 support - Respite - Short breaks for Parents - Social Activities
Obesity	Ballymoney, Larne, Carrickfergus, Moyle, Cookstown	Outcome 1	<ul style="list-style-type: none"> - School Nurses - Hearty Lives - Schools 	<ul style="list-style-type: none"> - Target Families 0-4 - Prevention and Early Intervention- Family Support
Internet Safety/ Bullying	ALL	Outcome 1	<ul style="list-style-type: none"> - Teachers - Youth Workers - Parents - Young People 	<ul style="list-style-type: none"> - Plan event for parents - Promote available resources and produce local DVD
School Attendance/ Achievement/ Aspirations	Ballymoney, Ballymena, Bushmills, Carrickfergus, Newtownabbey	Outcome 2	<ul style="list-style-type: none"> - Statistics - Community - Schools - EWO 	<ul style="list-style-type: none"> - Joined up approach - Support for community education
Poverty	All	Outcome 3	<ul style="list-style-type: none"> - Schools - Surestart - EWO - Health Visiting - Parents 	<ul style="list-style-type: none"> - Co-ordination of food banks - Recycling school uniform initiatives

0-4 Support outside of Surestart	All	Outcome 3	<ul style="list-style-type: none"> - Health Visiting - Parents 	<ul style="list-style-type: none"> - Parenting support required
Support for 5-8 ages group	All	Outcome 3	<ul style="list-style-type: none"> - Schools - Youth Workers - Parents 	<ul style="list-style-type: none"> - Increase support for parent
Parental Breakdown	All	Outcome 3	<ul style="list-style-type: none"> - Social workers - Schools 	<ul style="list-style-type: none"> - Family Mediation Support

LOCALITY PLANNING GROUPS PRIORITIES 2015/2016

Locality Planning Group	Priority Areas
Antrim	Mental Health and Resilience Poverty Early Years
Ballyclare	Parent Programmes i.e. Resilience /Cook it Drop in for young people Mental Health
Ballymena	Social Media Life Skills Emotional Health and Wellbeing (body awareness)
Ballymoney	Mental Health- YP and Parents Obesity Education

Bushmills	Education Young People 14 +
Carrickfergus	Education 13 + Mapping and coordination Overarching- Young People ready for adult life
Cookstown	Young People – Skills, Confidence, Qualifications, Employment Disabilities- Social Inclusion and Support BME groups supported and intergraded within the community
Larne	Support for Parents Young People – Skills, Qualifications, Education Young people support and risk aware
Magherafelt	Early Intervention / Attachment Cohesive Signposting and Referral Mentoring & Role Modelling for young people
Moyle	Community Planning Event in partnership with youth councils ASD engagement and next steps Parental Engagement

RECENT ACTIVITIES, ACHIEVEMENTS AND FORTHCOMING EVENTS

Antrim Locality & Magherafelt Locality

Outcome
1

Outcome 3

Supporting Siblings Sessions in Antrim & Magherafelt Locality's



Supporting Siblings Events

Do you have a Brother or Sister with an Autism Spectrum Disorder Diagnosis and are you aged 10 years or older?

➡ If YES, then come to our supporting siblings event for Information, Support and Top Tips



Wednesday 15th June 2016, 6-8pm
in Antrim Forum, Lough Road Antrim
BT41 4DQ

Free Dinner, Fun Activities, Goody Bags

Booking is essential so reserve your place and [contact](#):

Sinead Brady
Empower Project Officer
Email: sinead.brady@nrc.ac.uk
Telephone: 028 79 395245
Website www.empowernetwork.co.uk
www.facebook.com/empowerprojectlotteryfunded



Supporting Siblings Events

Do you have a Brother or Sister with an Autism Spectrum Disorder Diagnosis and are you aged 10 years or older?

➡ If YES, then come to our supporting siblings event for Information, Support and Top Tips



Monday 27th June 2016, 6-8pm
in Magherafelt Parish Centre, 26 King
Street Magherafelt BT45 6AR

Free Dinner, Fun Activities, Goody Bags

Booking is essential so reserve your place and [contact](#):

Sinead Brady
Empower Project Officer
Email: sinead.brady@nrc.ac.uk
Telephone: 028 79 395245
Website www.empowernetwork.co.uk
www.facebook.com/empowerprojectlotteryfunded



Northern Health
and Social Care Trust

Autism Spectrum Disorder Diagnosis Information Leaflet for Siblings



TOP TIPS FOR ME

NAME: _____

Supporting Parents

Outcome 1

Outcome 4

Outcome 6

Fourteen parents attended the parent programme and crèche facilities were provided for 13 children aged 0-4 years.

Parent's mornings took place over 4 consecutive weeks and included Paediatric First Aid, Mental Health-Looking after Me, Behaviour Management, and Time out for Me. These sessions were all oversubscribed with a waiting list and evaluation showed significant improvement in;

- parents knowledge and confidence in being able to cope with difficult situations,
- parents more confident in managing their child's behaviour,
- parental self-esteem and confidence
- parents enhanced awareness of the importance of having time out for themselves
- parental skills in being able to deliver Emergency Paediatric First Aid.

Paediatric First Aid Certification

All parents received a certificate for completion of their Paediatric Emergency First Aid course.



Ballyclare Locality

Outcome 1

Outcome 4

Outcome 6

Parent Mornings

13 Parents in Ballyclare have come together in Ballyclare community concerns to take part in sessions which will cover first aid, dealing with difficult situations, mental health and time out for me. Feedback upon completion of was very successful and brought parents together from a range of groups who previously would not have mixed together. Parents have identified and requested further support covering a variety of topics. This is something that is being considered by the locality planning group.



Ballymena Locality

Outcome
1

Outcome 6

Pastoral Care Information & Networking Event

On Monday 6th June a Pastoral Care Information & Networking event was held in Cambridge House Grammar School for Ballymena schools pastoral care staff to find out information about what support services they can access for their pupils. The event included;

- Nadine Kane, Child & Adolescent Mental Health Service
- Conor McCafferty, Zest – Self Harm
- Networking – Information from a range of organisations providing support for children and young people
- Wayne Denner – Online reputation and digital presence

100+ pastoral care staff from 9 post primary schools in the area and 4 primary schools attended the event. Early evaluations highlighted a huge success with clear learning evident. Comments included;

- *'Conor's talk was brilliant, one of the best presentations I ever heard – Many Thanks'*
- *'Learnt strategies to adapt when dealing with pupils who are self-harming'*
- *'Information about the hub very useful to gain support for vulnerable in need students'*
- *'An excellent idea that should be attended by every school – so much information on how we can support our pupils'*



Ballymoney Locality

Outcome
1

Outcome 2

Outcome 6

The Ballymoney Locality Group launched two initiatives in September 2015. Both initiatives are operating very successfully and have a range of external agencies attending on a weekly basis. Examples include EA Youth Service, ASCERT, NI anti bullying forum, Lifeline, Fixers etc.

Below is an update on both initiatives:

Scream Shout and Let it all out in Ballymoney High School

Co-ordinated by CYPSP and led by Gerry McVeigh from Start 360 and supported by Think Drink Peer Support Educators.

Operatives every Monday Lunchtime.

The recent funding from the Northern Outcomes Group provided Scream Shout and Let it Out Initiative the opportunity to revamp and personalise their room. The school enabled all pupils involved to have a day out of school to be involved in this piece of work. It was a fun and very enjoyable day for all pupils involved.



Discuss with no Fuss in Our Lady of Lourdes High School

Co-ordinated by CYPSP and led by Geraldine Connelly from Simon Community and support by Think Drink Peer Support Educators. Operatives every Wednesday Lunchtime. Unfortunately Geraldine is no longer in post and the LPG members are currently hoping to find another agency to take on the coordination of this. This will be supported by CYPSP in the interim.



Next Steps for the Ballymoney Initiatives

Due to the success of the Ballymoney Initiatives, the schools wish to continue and build on them for another year. To facilitate this we are currently looking for an organisation that can provide a member of staff to co-ordinate the programme in Our Lady of Lourdes.

Outcome 2

Outcome 1

Bushmills Locality Group

The young people in The Den have agreed to take on a social media project in partnership with The Nerve Centre. This will involve the production of a DVD to showcase the benefits and the risks. It is thought this could be a resource for schools and community groups throughout the NHSCT.

The Education Project.

The focus of The Education Project this year is Reading. Further developments on this project will be developed over the coming months. A session took place on Tuesday 23rd February to invite other people into the discussion about reading. The project has purchased reading libraries to support the project and keep reading alive through the village.

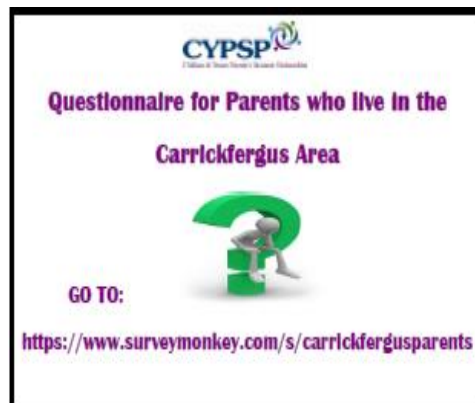
Carrickfergus Locality Group

Outcome
1

Outcome 2

Outcome 6

The Carrickfergus Locality Planning Group wants to obtain feedback from parents to be able to better plan services better accordingly. In June 2015 a sub group was set up to take this forward. To date an online survey and a paper based questionnaire have been developed to obtain further feedback. Feedback from the survey's will be used to plan services with the aim of improving outcomes for children, young people, parents in the Carrickfergus area.



Questionnaires have been completed by 744 parents.

The sub group have detailed two areas to take forward; engagement with children and young people and organising an event to open the discussion further with local parents and community representatives.

1. Engagement with Children and Young People

A survey is also being circulated throughout all of the schools involved to gain feedback from children and young people from primary 6 upwards to determine their views on education and aspirations. This engagement will be completed via a survey monkey questionnaire and is being supported by the Carrickfergus Learning Together Partnership. To date 289 questionnaires have been completed.

2. Community Education Engagement Event

A community engagement event was held on Tuesday 19th April at 6pm. The purpose of this engagement event is to share feedback from the surveys, showcase best practice and to bring together community representation who wish to be involving in the planning of improving outcomes for Children and Young People living within their locality area. Speakers included Jackie Redpath from the Greater Shankill Partership and Derwyn Brewster from Bushmills Education Partnership.

The engagement event was very successful with over 60 people attending. Attendees included; parents, community members, voluntary and statutory representatives.



3. Next steps

Partnership working with Northern Regional College, People Plus, Mid and East Antrim Council and Community members to work together with the aim of improving communication and provide educational and recreational opportunities for parents, children and young people.

Cookstown Locality

Outcome 5

Members have identified the need to provide support to Black & Minority Ethnic Groups living within the Cookstown & Magherafelt Locality.

A needs assessment of the emerging needs arising from BME families is currently being completed. Engagement is being completed with BME young people, parents, health visitors, social services, St Vincent de Paul, Steps This will be shared with the Northern Outcomes Group and inform the Locality Action Plan.

Networking Information Event in Partnership with Start 360

On Thursday 2nd June a networking information event was held in the Burnavon Cookstown. This event was organised in Partnership with Start 360 and provided an opportunity for organisations and members representing both the Cookstown and Magherafelt locality groups to come together and network about the information and support their service provides to children and young people. Feedback from members was that this was a very successful event which provided very worthwhile and beneficial information to everyone working with children, young people and families and should be something that happens on a more frequent basis.

Larne Locality

Outcome 3

Outcome 1

Engagement that has been completed with parents within rural localities of Larne such as Carnlough/Glenarm has identified a need to provide parent support to parents living within their rural localities. This need has arose due to parents highlighting that all the parents support programmes are generally based in Larne or Ballymena and frequently parents are unable to access these.

Due to this unmet need a parents programme has been arranged to provide support to parents living within the rural areas of Larne.

This 4 week programme has been completed and included a good mix of parents from both areas. Feedback from the programme was very positive and parents highlighted that they would feel more confident in a crisis situation as well as managing challenging behaviour.



Magherafelt Locality

Outcome 3

Outcome 4

Outcome 6

An Early Intervention/ Attachment event for the Northern area has been arranged for Thursday 23rd June in Walsh's hotel Maghera. The aim is to provide support to health professionals who are working in this area with up to date information and research on the benefits of early attachment and to highlight the support that is available for them in this area. The training will be facilitated by Barnardos covering 'People Need People training.'

Furthermore members from the locality group are also keen to link in with Tony Humphreys and bring this training to their area to support professionals working with parents with mental health issues. DVDs have been purchased on attachment which will be circulated around members to assist staff in discussing the topic and to keep it current.

Moyle Locality

Outcome 5

Outcome 6

Members are in the early stages of planning a Community Planning Event in partnership with young councils from the new Causeway Coast and Glens council areas.

Networking Information Event in Partnership with Start 360

On Friday 13th May a Networking information event was held in Loughiella Millenium Centre. This event was organised in Partnership with Start 360 and provided an opportunity for organisations and members representing both the Ballymoney and Moyle Locality groups to come together and network about the information and support their service provides to children and young people. This was a very successful event which provided very worthwhile and beneficial information to everyone working with children, young people and families.

ASD Passports

Outcome 4

ASD and Me App was launched on Wednesday 1st June. This project has been supported by EA Inclusion Officer and NHSCT ASD Coordinator. This app currently available to download from app stores and has been designed by young people with autism to promote social inclusion. These young people have worked closely with the EA inclusion worker over a 2 year period and have completed a number of activities including puppet show, DVD production and a summer residential.



Obesity Engagement Pilot

CYPSP Participation officer in Partnership; with Sabrina Lynn, Northern Trust Obesity Partnership Co-ordinator, Pamela McBride Public Health Nursing, working together with schools to facilitate a pilot of engagement and interventions with Year 8 pupils and parents, and parents of Year 1 pupils. It is anticipated that engagement will commence with schools in the Ballymoney Locality and then extend out to other areas within the Northern Trust. Further details will be provided at the next meeting.

Locality Planning Group Chairs

Antrim: Councillor Mervyn Rea (Antrim & Newtownabbey Council)

Ballyclare: Adelyn Carr (Ballyclare Community Focus)

Ballymena: Gerry McVeigh (N-GAGE/ Start 360)

Ballymoney: Iain McAfee (Parent/ Community Rep)

Bushmills: Derwyn Brewster (BREF)

Carrickfergus: Roy Beggs MLA

Cookstown: Ursula Marshall (Cookstown Disability Forum)

Larne: David McAllister (Mid & East Antrim Council)

Magherafelt: Interim - Michael McCory (Mid Ulster Council)

Moyle: Brenda McAteer (NHSCT Early Years Team)

More detail about the work of the individual groups, their membership, and the plans they have for each area and how you can become involved can be found at www.cypsp.org or by contacting Selena Ramsey.

Selena supports and co-ordinates the work of all the Locality Groups and can be contacted at:-

Selena Ramsey
CSP Locality Development Officer
NHSCT, Naomi Centre
2 Cullybackey Road
Ballymena BT43 5DF
028 2563 6608
selena.ramsey@northerntrust.hscni.net

Sandra Anderson supports the work of involving children, young people and parents in the planning process. Sandra can be contacted at:-

Sandra Anderson
CSP Participation Officer
NHSCT, Naomi Centre
2 Cullybackey Road
Ballymena BT43 5DF
Tel: 028 2563 6609 Mob: 07789260676
Email: sandraL.anderson@northerntrust.hscni.net

KEY: NORTHERN OUTCOMES GROUP PRIORITY OUTCOMES

Outcome 1	Children and young people and their parents will have the support they need with regard to their emotional wellbeing, mental and physical health
Outcome 2	Children and young people are ready to learn at all transitional stages: strengthening the capacity of parents and schools to support their children to learn and achieve their full potential
Outcome 3	Family support is available for parents, children and young people across all areas and at an early stage
Outcome 4	Children with disabilities have access to practical social and emotional support services
Outcome 5	All children and young people will enjoy good relations/equality and diversity
Outcome 6	Children, Young People and parents will be involved in the planning process