



**BELFAST AREA OUTCOMES GROUP
COMMISSIONED
FAMILY SUPPORT SERVICES**

2015/2016 (2018)

FOREWORD

As Co Director of Family & Childcare with the Belfast Health & Social Care Trust and Chair Person of the Belfast Outcomes Group, I am pleased to present this directory of family support services. A broad range of family support interventions which have been commissioned by the Belfast Outcomes Group are outlined in this booklet

These support services will be delivered across the Belfast Trust area through the newly established Family Support Hub referral mechanisms. Family Support Hubs established in Belfast illustrate the commitment to and value of partnership working between the statutory, community and the voluntary sectors.



There are many challenges facing us all in developing and delivering services that work towards improving the lives of many children, young people and their families. It is important that we recognise and avail of opportunities for learning from each other, in striving to meet the needs of local families.

The Belfast Outcomes Group alongside the Belfast Health and Social Care Trust is committed to enabling the improvement of support and services for parents in the care of their children and seeks to provide new opportunities through its Family Support funded initiatives.

I hope that you find this directory to be of benefit to you, and that the services provided benefit the children, young people and families with whom you work.

Lesley Walker

Co Director of Family & Childcare

Belfast Health & Social Care Trust

Chair

Belfast Outcomes Group

INTRODUCTION

Belfast Outcomes Group has recently approved an allocation of funding to a range of community and voluntary sector service providers within the BHSCT area. This funding will facilitate the delivery of family support interventions and the development of supportive networks within local communities, which will strengthen and empower families and develop the resilience of children and young people.

Services funded will target children and young people defined as falling within the Hardiker 'Tier 2' level of need and will be accessed via the Family Support Hub Networks.

The following priority areas have been, identified and agreed by the Belfast Outcomes Group;

Belfast Outcomes Group Priority Areas for Intervention

Priority1 (Child focused interventions)

To engage vulnerable school age children (4 -18 years), who are at risk of poor outcomes, with a focus on improving resiliency.

- Interventions should be designed to focus specifically on:
- Children / Young People engaged in anti-social behaviour
- Children / Young People engaged in drug / alcohol misuse and experimentation
- Children / Young People presenting with behavioural / disability issues

Priority 2 (Family focused interventions)

To engage vulnerable families with school age children (4 – 18 years) to support the development of resiliency within those families who are at risk of poor outcomes due to pressures on family relationships.

- Interventions should be designed to focus specifically on:
- Families experiencing difficulty in managing children's and young people's behavioural issues
- Families experiencing difficulty with familial conflict
- Families experiencing social isolation due to issues of disability, race, ethnicity or poverty

The Belfast Outcomes Group is committed to enabling the improvement of support and services for children and young people. I hope that you find this directory of funded services useful and that the associated interventions will enhance the lives of children, young people and families within local communities.

Information on all services can be found on the Family Support NI website:
www.familysupportni.gov.uk

The Organisations outlined below will offer services under 4 key categories of delivery:

- Facilitated Programmes (for Parents and Young people)
- Mentoring packages
- Home Visiting
- School age children activity/programmes

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Organisation Name:	Ardmonagh Family & Community Group
Contact Person:	Mary McGlade
Telephone:	028 90 245943
Email:	mary.mcglade@ardmonagh.org
Hub/ Area of Service Delivery	Belfast City Wide

Services Provided

HOME VISITING PROGRAMMES

Ardmonagh Family & Community Group will deliver Home Visiting programmes, 10 short term packages of 10 sessions @ 2.5 hour per session to individual families (25 hours per package). Ardmonagh Family & Community Group will also deliver 5 longer term packages of 18 sessions @ 2.5 hours which is 45 hours per package.

Ardmonagh Family Support approach will join up services, (working and liaising with every agency involved); dealing with the families issues as a whole, assessing and identifying the needs of each individual and recognising how their issues impact on the family; appointing a key worker who will develop a relationship of trust and coordinate services around the family based on the priorities identified by the family, work intensively with them, being persistent and consistent and enabling families to be empowered and move forward.

Organisation Name:	Artillery Youth Services
Contact Person:	Harry Murphy
Telephone:	028 90 741565
Email:	artilleryyc@hotmail.co.uk
Hub/ Area of Service Delivery	Lower North Belfast Family Support Hub

Services Provided

SCHOOL AGE PROGRAMMES

Artillery Youth Services will run a range of programmes and activities to address needs including:

- Training and education programmes for young adults to address the issues around alcohol and drugs.
- Workshops and targeted training for young people to build capacity and resilience to tackle alcohol and drug misuse and its impact.
- Engagement and diversionary programmes at key times with young people at risk to provide alternatives to alcohol.
- We will create links with professional services to ensure coordination between agencies working with young people around health alcohol and family support.
- The creation of a network of volunteers and peer educators who can deliver services, cooperate on intervention and evaluate the impact of the programme.

Each session will last up to 3 hours per week for 18 weeks, Artillery Youth Service will run four programmes throughout the year. There will be 10 young people per group and they will receive 3 hours of sessional work as well as on on-going support throughout the year when needed.

Programmes and delivery services will be targeted at young people aged 12 – 16 and will be delivered at times when young people are at most risk. Services will be provided on a weekly basis, training will be on-going and clearly identified and agreed targets will ensure that the activities and services will happen weekly and that support for individuals will be on-going throughout the year.

Organisation Name:	Ashton Community Trust
Contact Person:	Katrina Newell
Telephone:	028 90 75 1358
Email:	katrina@newlodgears.com
Hub/ Area of Service Delivery	Lower North Family Support Hub Area
<p><u>Services Provided</u></p> <p>Ashton Community Trust will deliver two interventions aimed at children, young people and families from across the Lower North Belfast Hub area.</p> <p><u>FACILITATED PROGRAMMES:</u></p> <p>Ashton Community Trust will deliver 7 'Facilitated Programmes'; six of which will be aimed at children and one of which will be aimed at parents. The programmes will be delivered in a group setting with the aim of achieving change in behaviour or outlook. This will include:</p> <ul style="list-style-type: none"> • two 12 hour interventions with children aged 8 – 10 years, • two 18 hour interventions with children aged 11 – 13 years, • two 24 hour interventions with children aged 14 – 17 years and one 12 hour intervention with parents. <p><u>SCHOOL AGE PROGRAMMES:</u></p> <p>Ashton Community Trust will deliver four 'Children's Activity Programme Initiatives'. Programmes will focus on behavioural issues, involvement in anti-social behavior and drug/ alcohol misuse, depending on the age of participants. Initiatives will provide children and young people with skills that will build resilience to help them deal with the daily challenges and adversities they might face to help them navigate successfully into adolescence.</p> <p>This will include:</p> <ul style="list-style-type: none"> • two 24 session interventions with primary school aged children – • one intervention will target children aged 4 – 7 years and the other will one intervention will target children aged 8 - 11 years. • The proposal will also include two 60 hour interventions with secondary school aged children • one intervention will target young people aged 12 – 14 years and the other will target young people aged 15 – 17 years. 	

Organisation Name:	Barnardos - East Belfast Family Connections
Contact Person:	Claire Humphrey
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Email:	claire.humphrey@barnardos.org.uk
Hub/ Area of Service Delivery	East Belfast & Outer South East Belfast
<p><u>Services Provided</u></p> <p><u>FACILITATED PROGRAMMES:</u></p> <p>7 x Take Five Parent Programmes. Each programme consists of 7 x 2 hour sessions dealing with topics that promote the capacity and resilience of parents with nursery and primary school age children. (98 hours of activity in total). Each week parents will be introduced to five simple actions to maintain and improve their emotional well-being with related activities for parents to practise these actions e.g. walking treasure trails in east Belfast, taster sessions for developing new skills or to return to learning, challenges to tackle and linking with other community organisations and local services etc.</p> <p>1x Programme will be delivered in 7 schools located within the Inner East and Outer South & East Family Support Hub areas –namely Elmgrove PS, Euston Street PS, Victoria Park PS, Sandbrook Nursery, Dundela Nursery and Infants, Cregagh PS, St Matthews PS, Tullycarnet PS, Gilnahirk PS.</p> <p>Five to Thrive Parent Programme</p> <p>7x Five to Thrive Parent Programmes. Each programme consists of 7 x 2 hour sessions dealing with topics that promote the resilience and emotional capacity of parents with nursery and primary school aged children. (98 hours of activity in total). Parents will be introduced each week to five key elements of positive parent-child relationship. Central to the Five to Thrive approach is the set of five key activities: respond, cuddle, relax, play, talk. These are based on 'building blocks for a healthy brain'. They are drawn from research into the key processes of attachment that forge bonds between young children and their parents/carers.</p> <p>1x Programme will be delivered in 7 schools located within the Inner East and Outer South & East Family Support Hub areas –namely Elmgrove PS, Euston Street PS, Victoria Park PS, Sandbrook Nursery, Dundela Nursery and Infants, Cregagh PS, St Matthews PS, Tullycarnet PS, Gilnahirk PS</p>	

Organisation Name:	Blackie River Community Group
Contact Person:	Jim Girvan
Telephone:	028 90 319634
Email:	jim@blackieriver.ie
Hub/ Area of Service Delivery	Greater West Belfast
<p><u>Services Provided</u></p> <p><u>MENTORING PROGRAMMES:</u> The purpose of the intervention is to work with young people who are aged between the ages of 13 – 16 year olds. The young people will be within the tier 2 category and in need of a short term intervention to help support them to raise their aspirations and put in place milestones for success. The young people will also be at risk of moving towards the NEET category and who schools may identify the young people as being Pre-NEET.</p> <p>Blackie River Community Group will be the main site of service delivery. There will be 16 interventions per year offering 25 sessions per individual intervention. Each session will offer 1 young person a 1 hour session</p> <p><u>SCHOOL AGE PROGRAMMES:</u> Blackie River Community Group will run an autism programme for school aged children to help support them to reach their potential and reach milestones. Blackie River Community Group will offer 82 sessions. Each session will run for 3 hours and have a maximum of 6 participants, it will run on Saturday's (10am – 12pm and 1pm – 3pm) and also during school holiday periods which will help support both the child and the rest of their families.</p>	

Organisation Name:	Cedar Foundation- Youth Matters Service
Contact Person:	Gillian Boyd
Telephone:	02890 461834
Email:	g.boyd@cedar-foundation.org
Hub/ Area of Service Delivery	Belfast City Wide
<p><u>Services Provided</u></p> <p><u>FACILITATED PROGRAMMES:</u></p> <p>The existing Youth Matters Service by Cedar Foundation provides social activities and personal development programmes for young people with disabilities up to 18 years old. Young people will have improved access to inclusive and positive activities within their local area which will impact on their general health and wellbeing. The 'ACT-UP!' Personal Development programmes are designed to address any needs or issues identified by the young people who participate and allow them to challenge themselves in a safe and supported environment. Through learning about themselves they are able to become 'active citizens in society.'</p> <p>The 'ACT-UP!' programme will provide opportunities for young people across the Belfast Trust to participate in a resilience building programme facilitated by the Youth Matters Youth Officer and Act-Up Facilitator. The programme is developed around the 'Take-5' campaign steps and delivered using a person-centred youth work approach.</p> <p>Cedar Foundation will provide 6 'ACT-UP!' programmes. Each programme will have 12 participants attending 16 sessions, each session 3 hours in duration.</p> <p>On completion of the programme young people will have access to the wide range of personal and social development initiatives offered through the wider Youth Matters Service and is designed to promote the 7Cs of resilience.</p> <p>This service is delivered on a Belfast wide basis and sessions will be held at a range of locations including Cedars Balmoral and Ravenhill Centres, Belfast Activity Centre and city centre venues.</p>	

Organisation Name:	Manor Street/Cliftonville Community Group (known as Cliftonville Community Centre)
Contact Person:	Sheila Rice
Telephone:	02890 749332
Email:	sheila.ccc@btconnect.com
Hub/ Area of Service Delivery	Greater North Belfast
<u>Services Provided:</u>	
<p><u>MENTORING PROGRAMMES:</u> Mentoring programmes will be delivered in the Cliftonville Community Centre at times that suit the children and young people (aged 8-14) who will require a mentoring service. (Mostly evenings and Saturdays). We will deliver 8 individual short-term packages of 12 hours and 7 group (4 Participants max) long-term packages of 24 hours.</p> <p>The contents of the mentoring programmes will be tailored to suit the needs of those receiving individual mentoring. Group mentoring plans will be drawn up jointly by Mentor and those being Mentored.</p>	
<p><u>SCHOOL AGE PROGRAMMES:</u> The Transition programme will be delivered twice weekly (for 25 weeks per year) in the Cliftonville Community Centre , from 6-7.15pm, to children aged 9 to 11 to help towards the transition from afterschool into youth. We will facilitate 15 children in each intervention session. The 2.5 hour session will be divided into 2 x 1 ¼ hour sessions to meet the needs of the children.</p> <p>Members of the youth staff team will be introduced to the children at various stages in the programme to familiarise the children with them in preparation for them joining the youth programme the following year.</p>	
<p><u>CCC Soccer Academy</u> will be delivered twice weekly (for 50 weeks per year) on a 3G Floodlit, all-weather pitch. 1 session on a Tuesday evening from 6-7.15pm and 1 session on a Wednesday evening 6.00 pm – 7.15 pm. Each session will be for 1 ¼ hours. Cliftonville Community Centre will facilitate 20 children in each intervention session (aged 5 -8 on Tuesday evening and 9 to 12 on Wednesday evening). The sessions will include warm-ups, with specific physical exercises to enhance football training: Each child will receive a certificate of excellence at the end of the programme.</p>	
<p><u>Once Upon A Time Drama and Dance Programme</u> will be delivered twice weekly (for 25 weeks per year) to children aged 5-7 and 7-8 from 3 pm to 4.15pm (weekdays to be decided) in the Cliftonville Community Centre. The drama and dance workshops will enhance the children's development, through increased self-esteem, self-confidence, self-awareness, development of communication skills, etc</p>	

Organisation Name:	CRJI; Youth and Family Support
Contact Person:	Andrea McAuley
Telephone:	02890301521
Email:	amcauleycrji@yahoo.ie
Hub/ Area of Service Delivery	Belfast City wide
<p><u>Services Provided</u></p> <p><u>MENTORING ; YOUTH SUPPORT</u></p> <p>CRJ Ireland will offer mentoring and support to young people who require additional help as they are experiencing issues and have needs at a tier two level. 15 mentoring packages will be offered City wide . Each young person will be offer 12 three hours sessions where Youth workers will work with young people on a one to one basis; addressing issues, creating a personal plan and supporting youth towards positive change via a tailored intervention programme. This aims to reduce “at risk” levels of youth, encourage young people to make positive and healthy choices, whilst increasing their personal and social development through the support of a youth mentor and participation in diversionary activities.</p> <p>This is aimed at young people aged 13-17 years old.</p> <p><u>HOME VISITING:</u></p> <p>CRJ Ireland will provide 12 family support packages Citywide offering 16 Home Visiting sessions per programme each session will be 2.5 hours to support each family. Families will be allocated a key worker, who will work closely with each family to address issues. Again the key worker will be working with the family directly on a tailored intervention and the programme offered includes a number of allocated home visits, a day trip (needs led; for example team building/ repairing relationships) and a family support group, (which will be focused around skill building, advice and support etc.).</p> <p>This project aims to reduce conflict within the home setting, address issues, and create a more stable and happy home environment, in which families feel supported.</p> <p>Each family can avail of both services, or can engage with just one of the services, i.e. family support or youth mentoring; emphasis is placed on voluntary engagement.</p>	

Organisation Name:	Divis Joint Development Committee
Contact Person:	Jane Sellar
Telephone:	02890200346 / 07714685054
Email:	sarahannjanesellar@gmail.com
Hub/ Area of Service Delivery	Greater Falls
<u>Services Provided</u>	
<u>FACILITATED PROGRAMMES:</u>	
<p>The aim of this programme is to engage vulnerable families with school age children 4-18yrs.</p> <p>Divis Joint Development Committee will deliver 3 medium term packages of support in the Frank Gillen Centre (although open to alternative venues across the Greater Falls to maximise flexibility to families).</p> <ul style="list-style-type: none"> • Packages will be delivered over an 11 week period in a 2hr session, amounting to 22 hrs of intervention per individual and delivered 3 times per year, amounting to a total of 9 packages. • Each package will have 4 hours of non-direct contact time. • Packages will be delivered from: June - August, Oct – Dec 2015, Jan – March. • 10 parents per package X 3 packages = 30 parents (June-Aug 15) • 10 children per package X 3 packages = 30 children (Oct-Dec 15) 	
<u>HOME VISITING PROGRAMMES</u>	
<p>Divis Joint Development Committee will deliver 30 short term packages and 3 long term packages of home visitation from June 2015 – March 2016 which will be facilitated in the home.</p> <p>The short term package will be 2 weekly visits in the home lasting 2 hrs amounting to 20 hrs of intervention with the individuals receiving 10 weeks of support on the visitation scheme for 10 families.</p> <p>Divis Joint Development Committee will deliver 3 longer packages of home visitation. This package will take place in the home with 2 weekly visits lasting 2 hrs, amounting to 36 hours of intervention over the period of 18 weeks with 3 families.</p>	
<u>SCHOOL AGE PROGRAMMES</u>	
<p>Divis Joint Development Committee will deliver 3 medium term Behaviour Management Issue packages from June 2015 – March 2016 which will be delivered in the Frank Gillen Centre.</p> <p>Packages will be delivered once a week lasting 1 ½ hrs over a period of 40 weeks per year, totalling 60hrs per year.</p>	

Organisation Name:	Employers For Childcare
Contact Person:	Natalie McConnell
Telephone:	02892678200
Email:	Natalie.mcconnell@employersforchildcare.org
Hub/ Area of Service Delivery	Belfast-City Wide
<p><u>Services Provided</u></p> <p><u>HOME VISITING PROGRAMME</u></p> <p>Employers for Childcare will offer a childcare service that will be available for families managing a child between the ages of 4-18 years old with a disability at tier 2. Employers For Childcare will provide support to 23 families managing a child with a disability, by delivering specialist childcare in their homes, tailored to suit the family needs, for the child with a disability and/or special needs to enable parents to avail of respite from their caring responsibilities and spend quality parenting time focusing on their other children. This would also be an opportunity to provide childcare for the siblings of the child with a disability, allowing the parents to spend quality one to one time with this child. This will strengthen their family relationships, enabling both parents and children to participate in social and community activities to overcome their sense of isolation.</p> <p>Each family will receive 36 hours of service with each session being in excess of 3 hours dependent on the needs and requirement of each family.</p> <p>Each family availing of the package will also get access to our Family Benefits Advice Service which would support them by raising their awareness of the potential financial support available to them.</p>	

Organisation Name:	Greater Shankill Partnership
Contact Person:	Sarah Jane Waite
Telephone:	02890311455
Email:	Sarahjane.waite@greatershankillpartnership.org
Hub/ Area of Service Delivery	Greater Shankill Hub area (to include parts of North Belfast)

Services Provided

MENTORING PROGRAMMES

On behalf of Belfast Outcomes Group, Greater Shankill Partnership will be delivering Family Support Mentoring throughout the Greater Shankill and Outer North catchment area

Greater Shankill Partnership will deliver 24 Short Mentoring packages to 24 vulnerable school age children (11 -18 years), who are at risk of poor outcomes, with a focus on improving resiliency. Each package will offer 18 two hours sessions. Focusing also on those engaged in anti-social behaviour, drug / alcohol misuse and experimentation and those presenting with behavioural / disability issues.

HOME VISITING PROGRAMMES

Greater Shankill Partnership will deliver 25 Home Visiting packages (15 Short & 10 Long Term). The families availing of the short term programme will receive 10 two hour sessions with the long term programmes receiving 12 three hour sessions. The programme will benefit 15 families per week.

Each family will have a designated Key Worker acting as the main coordinator/facilitator and contact (to/from family and with other agencies). This ensures the family is provided with a dedicated worker who conducts home visits on a weekly basis. The role of the worker is to provide 'hands on' practical help and supports whilst agreeing common purpose and agreed actions with the family, other agencies and the worker. The service is persistent, assertive and challenging in order to move towards change and develop skills, confidence and resilience within the family. The service ensures the whole family is included and aims to look at and understand the dynamics of the family.

Organisation Name:	Holy Trinity Centre
Contact Person:	Bernie Toner/ Patricia Willoughby Counselling
Telephone:	02890200557
Email:	btoner@holytrinitybelfast.org
Hub/ Area of Service Delivery	Belfast City Wide
<p><u>Services Provided</u></p> <p>To engage vulnerable school age children (4 -18 years), who are at risk of poor outcomes, with a focus on improving resiliency.</p> <p><u>MENTORING PACKAGES:</u> Holy Trinity Centre will deliver services across the Belfast Trust area for 4 to 18 year olds.</p> <p>24 short term mentoring packages plus 5 long term mentoring packages; 29 children and young people to receive one to one mentoring to build resilience, confidence and self-esteem.</p> <ul style="list-style-type: none"> • Short term mentoring packages will consist of 24 individual services users receiving 15 sessions of support lasting 1 hour each. • Long term mentoring packages will consist of 5 individual service users receiving 28 sessions of support lasting 1 hour each. • The venue will be flexible to fit service user needs. <p>Strengths-based approaches will be used to look at the value, capacity, skills, knowledge, connections and potential in individuals and communities. The focus will be on the strengths of the service user which will enable the Mentor to work alongside external practitioners to help people to do things for themselves.</p> <p><u>SCHOOL AGE CHILDREN ACTIVITY/PROGRAMMES</u></p> <p>Holy Trinity Centre will deliver a programme across the Greater West Belfast area for 12 to 18 year olds.</p> <p>5 groups made up of 16 young people, each will receive support via activities and mentoring for 3 hours per week over a 12 week period.</p> <p>An example of the group work will include, Colour therapy, Personal development, Music therapy Stress management, Art therapy, Stress management which will look at trans generational trauma Surf and be safe (how to keep safe when using the internet) and Anger Management</p>	

Organisation Name:	Ionad Uíbh Eachach
Contact Person:	Sue Pentel
Telephone:	02890 329180
Email:	sue@ionad.eu
Hub/ Area of Service Delivery	Primarily West Belfast – available Belfast Wide
<p><u>Services Provided</u></p> <p>Family support services: Taca Teaghlach project</p> <p><u>HOME VISITING:</u></p> <p>Ionad Uíbh Eachach will provide 15 families with 8 two hour home visiting packages which deal broadly with the following priority areas – families supporting children with disability/behaviour management, families going through familial conflict /crisis, parents isolated in the home due to poverty, ill health, or ethnicity. Programmes will aim to build self-esteem, develop coping strategies and provide support to better deal with challenges and tensions. If appropriate they may also offer play at home packages for children with additional requirements supporting parents to develop practical strategies in the home that improve family relationships and support learning and build resilience.</p> <p><u>SCHOOL AGED CHILDREN ACTIVITY PROGRAMME:</u></p> <p>The Ionad Taca Teaghlach project is to provide play support sessions throughout the year to 14 children diagnosed with autism in age appropriate groups i.e. children aged 4-7 and children aged 8-12 yrs. Each session provided will be 2 hours. These play support sessions take place fortnightly in Ionad Uíbh Eachach and during the summer and it is proposed to provide 2 support sessions for 12 -14 children who will be organised into 2 groups. Each session provided will be 2 hours.</p>	

Organisation Name:	Kids Together Belfast
Contact Person:	Mairead McCrea
Telephone:	02890611034
Email:	Maireadmccrea.kidstogether@yahoo.co.uk
Hub/ Area of Service Delivery	West and North Belfast

Services Provided

FACILITATED PROGRAMMES

Kids Together Belfast will provide support and activities for children and young people with disabilities and complex health problems. Those who will benefit often have experienced isolation and exclusion in the community, and are in need of services that give them a sense of belonging, stability, acceptance, equality, reduce isolation, increase social interaction, encourage friendships and relationships. This programme has 1 key strand:

Kids Together Belfast **youth engagement programme** will provide a social outlet to confront marginalisation due to their disabilities. Sessions will involve:

- Outdoor and physical activities, Dance classes, Gym sessions, Cookery, Golf lessons and Healthy Living Programmes

The focus is on play, recreation and leisure within a learning environment and increases, socialization and improves social and communication skills. Kids Together Belfast provides a safe structured environment which is designed for the young people's needs with qualified staff to support them.

Group Youth Engagement Project will provide the following programmes with 10 young people attending each programme.

- 2 Short programmes: 10 sessions for 12 – 16 year olds (Mondays and Wednesdays 6pm – 8.30pm)
- 2 Long Programmes: 24 Sessions for 14 – 18 year olds (Mondays, Wednesdays, Fridays 6pm – 9pm)

The services will be delivered from Oasis Family Centre 134 Stewartstown Road BT11 9JQ

HOME VISITING

Through the home visiting intervention programme Kid's Together Belfast aim to empower and assist parents / carers of children and young people with a disability in coping with the issues that arise which have an impact on family life. Staff members attend the homes of the families to provide support around; Communication difficulties; Emotional and behavioural difficulties; Transition issues; Housing support; Benefits support (applications); Illness and bereavement - changes to daily routines; Support to appointments.

Each family will be offered 12 x 1.5 hour sessions of home support. Family Home / Appointments (Dependent on the location of beneficiaries)

Organisation Name:	Lagan Village Youth and Community Group
Contact Person:	Julie Leeman or Leslie Norrie
Telephone:	028 90 453253
Email:	julielaganvillage@hotmail.com
Hub/ Area of Service Delivery	Inner East Belfast
<p><u>Services Provided</u></p> <p><u>SCHOOL AGE PROGRAMME:</u></p> <p>In this package we are delivering 5 needs based programmes to children aged 8 to 11 years old. These topics are as follows:</p> <ul style="list-style-type: none"> • Risk Taking behaviour/ Anti-social behaviour • Healthy Lifestyles- Fitness, healthy eating, dental care and smoking. • Photography project- capturing the community and exhibition. • Cyber bullying- Dangers and effects • Culture and diversity programme- Exploring the different cultural backgrounds in inner East Belfast. <p>This service will be delivered within Lagan Village Youth and Community Group's centre and will deliver 5 separate interventions (as seen as above). Each session will be 3 hours long twice a week with 2.5 hours face to face contact in each session. There will be space for up to 20 young people to attend each session.</p> <p><u>Young person Intervention package:</u></p> <p>In this package we are delivering 6 needs based programmes to young people aged 11 to 16 years old. These topics are as follows;</p> <ul style="list-style-type: none"> • Sexual health- Age appropriate • Anti-social behaviour- causes and effects • All things mental health • Drugs and alcohol misuse • Conflict management • Photography project and exhibition. • <p>This service will be delivered within Lagan Village Youth and Community Group centre. We will deliver 6 separate interventions (as seen as above), each session will be 1.5 hours long twice a week with 1 hour face to face contact each session.</p> <p>There will be space for up to 15 young people attending each session</p>	

Organisation Name:	Lenadoon Women's Group
Contact Person:	Ciara Dunlop/Renee Crawford
Telephone:	02890 611205/02890615319
Email:	lenadoon.women@outlook.com
Hub/ Area of Service Delivery	West Belfast
<p><u>Services Provided</u></p> <p><u>HOME VISITING PROGRAMMES</u></p> <p>Lenadoon Home Visiting programme will be delivered as part of an outreach early intervention initiative and will be provided in the service users own home (or within the Lenadoon Womens Group building should this be deemed more appropriate).</p> <p>Lenadoon Womens Group will support 14 Families referred to the project by the Outer West Family Support Hub and other West based Family Support Hubs. Each Family will receive a minimum of 36 hours direct contact through home visiting. This support will be supplemented by at least 1 hour of non-direct support via telephone - advocacy – sign posting to a range of organisations and agencies.</p>	

Organisation Name:	Lower Ormeau Residents Action Group
Contact Person:	Natasha Brennan
Telephone:	028 90 312377
Email:	nbrennan@lorag.org
Hub/ Area of Service Delivery	South Belfast
<p><u>Services Provided</u></p> <p><u>FACILITATED PROGRAMMES</u></p> <p>Intercultural Parenting Programme outside of Sure start with children aged 4 - 18 This programme will engage families from a diverse range of cultural backgrounds. Each programme will be delivered to 10 participants.</p> <p>The Long term programme has 62 hours of activity within it. 30 hours of programme delivery. (10 x 3 hour group sessions). 30 hours engagement with individual families</p> <p>The short term has 46 hours of activity within it. 15 hours of programme delivery (5 x 3 hour group sessions). 30 hours engagement with individual Total: 46 hours</p> <p>Dealing with Challenging Behaviour This intervention targets parents that have children Primary school. These programmes are aimed at creating age specific techniques and strategies to aid parents in feeling supported in managing their children's behaviour.</p> <p>Each programme will be delivered to 10 families in various centres across South Belfast.</p> <p>The short term has 48 hours of activity within it. 18 hours of programme delivery (9 group sessions x 2 hours). 30 hours engagement with individual families (1 x 3 hour family engagement session x 10 families)</p> <p>The medium term has 57 hours of activity within it. 24 hours of programme delivery (12 group sessions x 2 hours). 30 hours engagement with individual families(1 x 3 hour family engagement session x 10 families)</p> <p>Positive Parenting support programme This programme will be delivered to 10 parents who have children aged 4-18. This long term programme has 66 hours of activity within it. 32 hours of programme delivery (16 sessions x 2 hours). 30 hours engagement with individual families (1 x 3 hour family engagement session x 10 families)</p>	

Young parents support programme outside of Sure start areas

This programme will work with 8 young parents aged 16-18 to develop key parenting skills. The facilitated workshops will build parents resilience and skills to cope with difficult behaviour.

This Medium term programme has 51 hours of activity within it. 24 hours of programme delivery(12 sessions x 2 hours) 24 hours engagement with individual families (1 x 3 hour family engagement session x 8 families)

MENTORING PROGRAMMES

4-11 year old challenging behaviour

Direct mentoring to 20 children that presented as having significant behavioural issues, 1-1 support will be provided to build resilience, develop routines and coping strategies and re motivate participants and establish aspirations.

Each intervention will offer 12 two hour sessions per individual intervention + 3 hours engagement with individual and family

Youth mentoring (12 – 18 year olds),

This programme will target 20 young people with family breakdowns, behavioural difficulties, isolation and at risk of anti-social behaviour. The programme will provide direct 1-1 mentoring support to attempt to reengage young people in positive activity and participate in existing community based services.

Each intervention will offer 12 two hour sessions per individual intervention + 3 hours engagement with individual and family

*All of the above programmes will be delivered at the Shaftesbury Recreation Centre

HOME VISITING PROGRAMMES

Home visitation service for 25 families with children aged 4-11 years old. Each family will receive 12 two hour sessions

Home visit support for 13 parents and young people aged 12-18 years old presenting with issues. The programme will be needs led and designed with the family to encourage individuality linked to needs. Each family will receive 12 two hour sessions

*These services will be delivered in identified family homes across the target area

Organisation Name:	Newhill Youth & Community Association
Contact Person:	Jacqui Russell – Centre Manager
Telephone:	02890236243
Email:	jrnewhill@hotmail.com
Hub/ Area of Service Delivery	Upper Springfield/Whiterock
<p><u>Services Provided</u></p> <p><u>SCHOOL AGE PROGRAMMES</u></p> <p>‘Out of school’ Respite Care Programme. This service will be delivered in-house within the Newhill Youth and Community centre complex, on an outreach basis within the community and include cross community activities and events. The interventions will support the children within the overall monthly programme at an age appropriate level which is needs based.</p> <p>Our respite intervention helps promote participation and access to positive co-operative play and leisure activities for children, young people and their families. The informal learning intervention will support the children and family carry informal learning into the formal setting in a seamless way. This will alleviate stress and promote parental competencies and behaviours that will increase the ability of families to successfully nurture their children.</p> <p>Each programme will have 4 participants offering them three 3 hour face to face session for 8 weeks</p> <p>Sibling programme – Respite Care Programme The service will be delivered in house within the Newhill youth and community centre complex, on an outreach basis within the community and include cross community activities and events. These will be needs based programmes.</p> <p>Each programme will have 10 participants offering them a 3 hour face to face session for 12 weeks</p>	

Organisation Name:	New Lodge Duncairn Community Health Partnership
Contact Person:	Julie Jamieson
Telephone:	02890745588
Email:	nldcommunityhealthpartnership@hotmail.com
Hub/ Area of Service Delivery	Greater North Belfast
<p><u>Services Provided</u></p> <p><u>SCHOOL AGED PROGRAMMES</u></p> <p><u>Self Esteem programme for primary aged children with behavioural difficulties:</u></p> <p>This service will be delivered in conjunction with St Patricks Primary School/Currie Primary School Number of Sessions per individual intervention: 48 Duration of each session: 1.25 hours Number of Participants per session (estimated): 8-10 participants</p> <p>Junior Health Programme for primary aged children with learning/physical disabilities. This service will be delivered in conjunction with 174 Trust Disability projects:</p> <p>Number of interventions proposed (1 full year effect): 360 Number of sessions per individual intervention: 30 Duration of each session: 2 hours Number of participants per session (estimated): 10-12 participants</p> <p><u>Senior Health Programme for young people aged 12-18 years with learning and physical disabilities:</u></p> <p>This service will be delivered in conjunction with 174 Trust Disability projects.</p> <p>Number of session per individual intervention: 30 Duration of each session: 1 hour Number of participants per session (estimated): 12-15 participants</p>	

Organisation Name:	Niamh (Northern Association for Mental Health)
Contact Person:	Karen McCorry
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Email:	k.mccorry@beaconwellbeing.org
Hub/ Area of Service Delivery	Belfast City Wide
<p><u>Services Provided</u></p> <p><u>FACILITATED PROGRAMMES</u></p> <p>Programmes will be delivered where there is a need identified by the Family Support Hubs, Belfast wide.</p> <p>Each Programme will be delivered over a 6 week period with one module per week. The programme consists of 6 modules, one of which will include the children and involve parents and children working together. In the final session participants will reflect upon the learning experience, discuss how to take forward the peer support element and evaluate the programme.</p> <p>The modules delivered may include; Introduction to Positive Parenting, Positive Discipline, Experiential Workshop (with the parents and children), Raising Children: the Power of Communication, Parenting Matters, and Positive Futures</p> <p>Each session will be 3 hours in duration. The total number of hours per programme will be 18. As we plan to run 8 programmes over the course of the year, the total number of hours for this intervention will be 144.</p> <p>There will be 12 participants per programme, though this figure could rise to 15 if required.</p>	

Organisation Name:	Northern Ireland Alternatives
Contact Person:	Debbie Watters
Telephone:	028 90 311420
Email:	debbie@alternativesrj.co.uk
Hub/ Area of Service Delivery	Belfast Citywide
<p><u>Services Provided</u></p> <p>NIA will deliver two different programmes through its family support programme with the Belfast Outcomes Group.</p> <p><u>FACILITATED PROGRAMMES</u></p> <p>The aim of this project is to provide support for vulnerable young people (aged 11-18 years) and their families through a range of tailored Youth Development/Engagement Programmes. These will include diversionary initiatives in response to community and statutory agency concerns about anti-social behaviour, bonfire sites, substance abuse, underage sexual issues, sectarianism and racism, and other risk-taking behaviours.</p> <p>Programmes will be time-bound, and involve one session (2-3 hours per session) per week for a minimum of 8 weeks. Activity examples ;</p> <ul style="list-style-type: none"> Addressing at risk behaviours, Building self-esteem/confidence, Anger management, Consequences of crime and anti-social behaviour, Rebuilding family relationships/Parenting skills, Intensive Youth/Family Support Programme and Anti-sectarianism/anti-racism. <p>These programmes will be delivered Monday – Friday in the evenings (2-3 hours per session), working with groups of 10 or more young people.</p> <p><u>MENTORING PROGRAMMES</u></p> <p>This is an intensive package of support for young people (aged 11-18 years) and their families, who have been identified as 'at risk' or vulnerable. It will include models of practice such as intensive support/mentoring, action planning, school support, parental and sibling support where appropriate, family group conferencing, counselling, mediation where required, and signposting. The family will be assigned a support worker who will help the young person to draw up, develop and complete an action plan orientated towards positive change. The support worker will provide a level of consistency, structure and support within the family's life, while also challenging negative behaviour and promoting opportunities for change.</p> <p>The project will involve intensive weekly contact with a minimum of 5 contacts each week (both in person and by telephone) for each individual case. These programmes will be delivered Monday – Friday at a suitable time for the young person/family (2-3 hours per session), with weekend and out of hours support as required</p>	

Organisation Name:	Oasis Caring In Action
Contact Person:	Louise Kennedy – Family Support Manager
Telephone:	028 90 872277
Email:	louise.kennedy@oasis-ni.org
Hub/ Area of Service Delivery	Greater East Belfast Area

Services Provided

FACILITATED PROGRAMMES

Parenting Support Package

A cocktail of facilitated programmes will be delivered to parents of children aged 5-18 years old with a focus on those families experiencing familial conflict, experiencing difficulty managing their children's behavioural issues or who are socially isolated due to issues of disability, race, ethnicity or poverty.

Time for Me

The group will engage a minimum of 8 parents weekly and will deliver:-

Week 1 – Getting to Know You – Games and Storytelling

Week 2 – Look Good, Feel Good

Week 3 - Jewellery Making workshop

Week 4 – Me and My thoughts – Learning to Journal

Week 5 - Healthy Eating – Connecting Food to Mood

Week 6 Bouncing Back – Group work on resiliency

Week 7 – Keeping Your child safe online

Life and Laughter

The group will engage a minimum of 8 parents weekly and will follow the following outline:

Week 1 Managing Stress

Week 2 Managing Stress

Week 3 Healthy Lifestyle

Week 4 Walking

Week 5 Beating the Blues

Week 6 Bouncing Back

Week 7 Bouncing Back

Week 8 Sleeping Well

Week 9 Show and Tell – Peer Learning

Time Out

A facilitated mix of programme's delivered to parents of children age 5-11 years old who are experiencing difficulties in managing their children's and young people's behavioural issues.

This programme will run in tandem with the #Inbetweeners Group – a primary school age facilitated

activity group for 8-11 year olds.

#INBETWEENERS PROJECT for young people 8-11 years old

This project is targeted at reaching those children who are at risk of engaging in anti-social behaviour, are engaged in drug and alcohol misuse and experimentation and children presenting with behavioural and disability issues. An outline of the project is provided below:

- Engaging 12 young people aged 8-11 years old for 12 weeks (4 x per year) on a Thursday evening from 6.30-9.00pm.

Time Out for Parents with children with Additional Needs namely ADHD and ASD x 1

Delivered Thursday evenings in Avoniel Drive Afterschool Centre June-July for 7 weeks

The group will engage a minimum of 8/10 parents weekly and will focus specifically on the issues surrounding understanding and parenting children with additional needs.

Time Out for Health x1

Delivered Thursday evenings in Avoniel Drive Afterschool Centre Sept-Oct for 7 weeks

The group will engage a minimum of 8/10 parents weekly and will focus on issues of living a healthy lifestyle including physical and mental health

Time Out for Budgeting x1

Delivered Thursday evenings in Avoniel Drive Afterschool Centre Nov-Dec for 5 weeks

The group will engage a minimum of 8/10 parents weekly and will focus on budgeting, learning to cook on a budget, avoiding loan sharks, using food banks etc

Time Out for Relationships x1

Delivered Thursday evenings in Avoniel Drive Afterschool Centre Jan-March for 10 weeks

The group will engage a minimum of 8/10 parents weekly and will look at communication, familial conflict, conflict in communities, conflict resolution.

HOME VISITING PROGRAMMES

18 Home Visiting based Intervention Packages based around #Inbetweeners and Time Out.

This home visiting package will deliver a minimum of 18 hours face to face to each family accessing the #Inbetweeners group and the Time Out Interventions. All these intervention packages can be accessed through the Family Support Hubs for East Belfast.

This project is targeted at reaching Priority 1 Children specifically those children who are at risk of engaging in anti-social behaviour, are engaged in drug and alcohol misuse and experimentation and children presenting with behavioural and disability issues.

SCHOOL AGED PROGRAMMES

This project has been designed to achieve a number of key objectives to engage 12 young people aged 8-11 on a weekly basis. Whilst there will be a maximum of 12 young people involved at one time the project has potential to engage approx. 24 young people in total as participants may be referred on or signposted to specialist support services during the programme.

Project activities will be delivered on a Thursday evening between June and March. Activities will take place between 6.30-9.00pm once per week throughout the duration of the project with the exception of some holiday times. Some of the activities may be delivered on Saturdays if they involve a trip. Six of the activities will be delivered as group work with parents. Activities will be

based in East Belfast Network Centre where Oasis currently rent a childcare unit.



Supporting the Work of
Belfast Outcomes Group



Organisation Name:	Roden Street Community Development Group/Grosvenor Community Centre
Contact Person:	Christina Black
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Email:	rscdg@hotmail.co.uk
Hub/ Area of Service Delivery	Greater Falls Area

Services Provided

FACILITATED PROGRAMMES

Facilitated programmes delivered by RSCDG will be responsive to the needs of local young people (11-16 years) and their parents with a focus on supporting and empowering them to play a positive role in community life.

Programme	Ager Group	Sessions	Participants
World View of You	11 – 13 years	8 x 2 hours	10
World View of You	14 – 16 years	8 x 2 hours	10
World View of You Parents	11 – 13 years	8 x 2 hours	10
	14 – 16 years	8 x 2 hours	10
Place and Future		8 x 2 hours	10
Learning Support	11 - 13 years	10 x 2 hours	10
Learning Support	14 – 16 years	10 x 2 hours	10
Learning Support Parents	11 – 13 years	10 x 2 hours	10
	14 – 16 years	10 x 2 hours	10
Because We Are Happy	11 – 13 years	28 x 2 hours	15
Because We Are Happy	14 – 16 years	28 x 2 hours	15

MENTORING PROGRAMME

The WISH mentoring support offered will provide a mutually beneficial and supportive relationship for children and young people particularly in instances where family relationships are difficult.

Each programme will offer 10 children aged 8 – 11 years and 10 young people age 11 – 18 years 3 sessions per week for 20 weeks.

SCHOOL AGED PROGRAMMES

WISH will be focused around raising aspiration levels through actual formation of vision plans. WISH will offer a menu of packages to choose from

Programme	Age Group	Participants
Round 1,	5-7 years	7
Round 2,	5- 7 years	8
Round 1,	8 – 11 years	7

Round 2,	8 – 11 years	8
Round 1,	11 – 18 years	7
Round 2,	11 - 18 years	8



Supporting the Work of
Belfast Outcomes Group



Organisation Name:	Sólás
Contact Person:	Joan Henderson
Telephone:	02890 247600
Email:	joan@solasbt7.com
Hub/ Area of Service Delivery	South Belfast 1 and South Belfast 2 – Home Visiting City Wide – Facilitated Programmes
<u>Services Provided</u>	
<u>FACILITATED PROGRAMMES</u>	

Delivering Champ Youth Programmes on a Tuesday and another on a Friday evening, supporting two separate groups of 8 young people per programme; one group aged 11 to 13 years with autism and one group aged 14 to 16 years with autism. The programme is designed to provide a supported environment in which youths can mix with others of similar age and experience. Support is provided to develop self-esteem and self-awareness skills. Through age appropriate activities, we encourage youths' to be self-aware and self-regulate whilst giving consideration to others around them.

Youth attending each club would have a diagnosis of autism and many would have complex behavioural difficulties. Each Programme will be activity based working on behavioural skills.

Those young people on the short programme (2 x 6 weeks) will be higher functioning autism and will achieve progress against the programme aims within a 6 week period. Those young people with lower functioning autism in either group 1 or group 2, will need access to a long term 12 week programme, where we spend 2 weeks on each activity in order to experience some small step improvements in their development (4 x12 weeks).

Solas 'Parents' Programme is designed for parents of children / young people on the autistic spectrum with mild or moderate learning disabilities. The focus of this programme is to support parents through information sharing, peer support and offering practical advice.

The programme will run on a Monday morning for 8 weeks and will be supported by a crèche which will allow 15 parents/ primary carers with siblings and young children to access it. Each session will run for 2.5 hours. Service will be delivered at CRI Building, Donegall Pass.

HOME VISITING PACKAGES

7 programmes of 15 weeks per family and 8 shorter packages of 8 weeks per family supporting a total of 15 families in the South Belfast Family Hub area each year. These are targeted at those families experiencing difficulties coping with the behaviour of their disabled child or who struggle to cope themselves as a family with the stress and isolation brought about by disability. Through the Home Visiting programme, Sólás will build relationships with parents, and becomes aware of the wider family issues impacting on family life.



*Supporting the Work of
Belfast Outcomes Group*



Organisation Name:	Streetbeat Youth Project
Contact Person:	Steve Morrison
Telephone:	02890310010
Email:	info@streetbeatyouthproject.com
Hub/ Area of Service Delivery	Shankill, Upper North Belfast Hub Areas

Services Provided

FACILITATED PROGRAMMES

- 9 facilitated packages to support 8 young people per package with behavioural issues or at risk of engaging in anti-social behaviour. The programmes will run for 4 to 8 weeks with each

sessions lasting 3.5 hours

The programmes will focus on early intervention and will engage 8 young people aged 11-18 years old in the Greater Shankill and North II Family Support Hub areas within programmes in order to increase resiliency, build capacity, reduce behavioural issues and work towards removing them from engaging anti-social behaviour. An overview of the programmes are provided below:

MENTORING PROGRAMMES

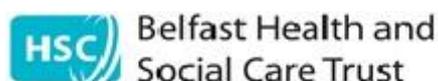
- 16 short mentoring packages and 14 long mentoring packages to support young people with behavioural issues or at risk of engaging in anti-social behaviour.

The programme will focus on early intervention and will engage young 30 people aged 11-18 years old in the Greater Shankill and North II Family Support Hub areas within a dedicated mentoring programme in order to increase resiliency, build capacity, reduce behavioural issues and work towards removing them from engaging anti-social behaviour. Streetbeat will partner with YEHA Project, based in Ardoyne to identify and engage young people in the North Belfast Family Support Hub area in need of mentoring support. The short mentoring packages will offer 16 young people a one hour session for 7 weeks, with the long packages offering 14 young people a one hour session for 13 weeks.

SCHOOL AGE PROGRAMMES

- 7 packages to support families with school aged young people with behavioural issues or at risk of engaging in anti-social behaviour. Each package will have 8 participants attending ten sessions each lasting 3.5 hours.

Streetbeat will hope to partner with Belfast Activity Centre (BAC) to provide experiential learning opportunities using the vehicle of outdoor adventure activities. All BAC adventure learning activities are set against one or more learning outcomes that are agreed with the organisation or group leader in advance of each activity programme delivery. These include: Communicating, Managing Feelings, Problem Solving, Working Together, Planning, Reviewing, Understanding Social Values, Understanding and Identifying With Others.



Supporting the Work of
Belfast Outcomes Group



Organisation Name:	USDT Youth Team
Contact Person:	Niall Enright
Telephone:	02890236677
Email:	niall@usdt.co.uk
Hub/ Area of Service Delivery	Upper Springfield / Whiterock
<u>Services Provided</u>	

MENTORING PROGRAMME

The Upper Springfield Youth Intervention & Mentoring Support Programme aims to provide young people aged 11 to 18 from the Upper Springfield Whiterock Family Support hub area with the skills, knowledge and resilience to cope with life's challenges, by supporting and enhancing their personal development, health and well-being, educational achievement and social inclusion.

The project has 2 core pillars of work:

The first is the provision of informal education through group work support.

The second is the provision of 1 to 1 youth mentoring support. The 10 week programme will raise the knowledge, awareness and skills of young people by enhancing their personal and social development. The programme will also increase take up of relevant additional community services via linkages with the Family Support Hub.

This programme will be delivered 4 times per year and will involve 5 young people per programme. A total of 20 young people will complete the programme per year.

The facilitated group work element of this programme will involve 10 x 3 hour facilitated sessions. These sessions will use experiential learning techniques, team building activities, and discussion based workshops to explore the issues that impact on the lives of young people. Specifically the programme will enhance the awareness of young people, build resilience and self-esteem and support young people to take control of their own lives while becoming more active citizens.

Each young person will complete 10 x 1 hour mentoring support sessions.

Organisation Name:	Vine Centre/North Belfast Advice Partnership
Contact Person:	Stephen Reid
Telephone:	028 90 351020
Email:	sreid@vinecentre.org
Hub/ Area of Service Delivery	North Belfast and Shankill Hub Areas
<u>Services Provided</u>	
<p><u>HOME VISITING PROGRAMMES</u></p> <p>75 packages of Home visiting based family support each consisting of 18 hours of activity over 40 weeks that will focus on the financial pressures facing families.</p> <p>Each package will consist of the following main elements:</p> <ul style="list-style-type: none"> • Initial assessment, Debt advice , Financial Capability/ Planning <p>Packages will also include:</p> <ul style="list-style-type: none"> • Back office work to process information and progress issues identified through the engagements above. • Follow up appointments to deal with any issues, as needed. • Administrative tasks including preparation recording etc. • Benefit Entitlement Check & and completion of any relevant forms on behalf of family. <p><u>SCHOOL AGE PROGRAMMES</u></p> <p>To deliver a programme of activity to 12 children aged 5-11 year, as a weekly 'club' from 1st September, the programme will operate from 6.00pm to 9.00pm on Tuesdays/Thursdays at the Vine Centre for 26 weeks.</p> <p>The programme will be play focused, and at a basic level is intended to offer a positive alternative to children who might not have other opportunities to interact with other children and adults in a non-school setting, and whose families may be experiencing pressures. However, over the duration of the programme, as our knowledge of the children grows, we hope to address a number of issues which will promote the personal development of those taking part, including: anti-social behaviour such as bullying, sexual health, relationships, body image, nutrition, basic understanding around health issues, and online safety. Our aim is to build the confidence and resilience of those children taking part, to improve their capacity to interact positively with other children and adults, raise awareness of issues which impact on their lives, build their capacity to begin making informed decisions about their own behaviour, and to articulate their own feelings and views in a constructive way.</p>	

Organisation Name:	Whiterock Children's Centre
Contact Person:	Deirdre Walsh
Telephone:	028 90 438438
Email:	uswfamilyhub@outlook.com
Hub/ Area of Service Delivery	Greater West Belfast Area
<p><u>Services Provided</u></p> <p><u>HOME VISITING PROGRAMMES</u></p> <p>Whiterock Children's Centre will support Black and Minority ethnic families settled or settling in West Belfast, to access services. This will be done on a one to one basis with each family or individual and will include supporting families with, registering with doctors, schools, housing issues, form filling etc. Families who are eligible for his service will not have a child under 4 years.</p> <p>Whiterock Children's Centre will work with 20 Black and Minority Families settled or settling in West Belfast who needs support. This is a family support / orientation programme. Whiterock Children's Centre will offer programmes like "Living in Northern Ireland" that is about the structures that are in place for living here. They will offer the Nurture parenting programmes. Routine building and support if required within the home to ensure children are getting out in time in the morning for school or nursery.</p> <p><u>The service will be provided in the service users own home (or Whiterock Children's Centre if requested by the family).</u></p> <p>We will offer 15 Home Visiting sessions of 2 hours per visit to 20 families.</p>	