

**CHILDREN'S SERVICES PLANNING
LARNE LOCALITY PARTNERSHIP**

**MINUTES OF THE MEETING HELD ON TUESDAY 12TH JANUARY
2016 AT 10.30AM IN SIR THOMAS DIXON BUILDINGS, LARNE**

PRESENT:	David McAllister	<i>Mid & East Antrim Council</i>
	Bill Sheridan	<i>BACCS</i>
	Deborah Neill	<i>LCDP</i>
	Gemma Lutton	<i>CYPSP (Minute Taker)</i>
	Grainne Hughes	<i>Larne Parental Support</i>
	Liz Brown	<i>NICMA</i>
	Patricia Harte	<i>Action Mental Health – MensSana</i>
	Sandra Anderson	<i>CYPSP</i>
	Selena Ramsey	<i>CYPSP</i>
	Shirley Loughlin	<i>NHSCT</i>
	Tracey Colgan	<i>PHA</i>

APOLOGIES:	Leigh Whittley	<i>EA NI Youth Service</i>
	Helen Hargy	<i>PSNI</i>
	Maria Martin	<i>Women's Aid ABCLN</i>
	Maureen Morrow	<i>Mid & East Antrim Council</i>
	Nicola Johnston	<i>Network Personnel</i>

WELCOME AND INTRODUCTIONS

David welcomed the group to the meeting and apologies were noted. A round of introductions took place from all members present.

MINUTES OF PREVIOUS MEETING

The minutes were agreed as being a true and accurate recording of the previous meeting held on **Tuesday 12th November 2015**.

MATTERS ARISING

No matters arising.

PATRICIA HARTE – ACTION MENTAL HEALTH

Patricia works for Action Mental Health for a project called MensSana which supports all ages in the area of mental health and emotional wellbeing through a range of activities tailored to suit group needs. This existed in Southern Trust for over 10 years before being introduced into the Northern area. AMH MensSana operates across all Northern Ireland. A range of training programmes can be delivered through Action Mental Health MensSana. These programmes include:

- Mindset – Mental and Emotional Health & Wellbeing Awareness programme
- Provoking Thought Workshop
- Healthy Me programme
- Mental Health First Aid
- Safetalk
- ASSIST

Patricia distributed a hand-out to the group with detailed information on these programmes. Patricia agreed to send Selena information to circulate to the group.

Mindset

Patricia provided information on this programme which is a mental health and emotional wellbeing project to target Mindset. This is for community groups aged 14-17 years with the session time of 3.5 hours. This can be delivered in one session or split over a number of sessions. This is a 3 year funded project and aims to promote self-help/resilience techniques, raise awareness and signs and symptoms of mental ill health and highlights the mental health support organisations.

Healthy Me Programme

Patricia noted this is a project for primary schools and will be available to be delivered soon. The target group is 8-11 year olds within a primary school setting. This programme aims to improve the emotional and social wellbeing of children amongst other things and problem solving, coping skills, conflict management and managing feelings are covered during the session.

Discussions took place on the programmes that were explained. Patricia is keen to get programmes into all Schools. Sandra provided information on the Larne High School initiative 'Relax and Chillax' and noted it would be a good avenue to link in. For further information on any programmes contact Beth Gibb by email at bgibb@amh.org.uk

UPDATE – BELIEVE IN YOUTH PROJECT

Selena provided an update on the Believe in Youth project. There is a new worker in post in place of Maurice and it was noted there have been challenges in Maurice's absence. Nar was appointed in December and will be attending the Locality Groups as a steer for the direction of the Project.

RELAX AND CHILLAX – UPDATE

Selena provided information on Relax and Chillax delivered in Larne High School. The initiative started from discussions in the Locality Group and continues to run once a week at lunch time for Year 11 pupils within the school.

LARNE / CARRICKFERGUS HUB UPDATE

John Clements attended the previous meeting and provided an update. Selena noted if further updates are received she will circulate to the group.

ACTION PLANNING – REVIEW

At the last meeting members looked at achievements as a locality group and had discussions on challenges faced individually as an organisation. Priorities were set and an action plan was complete. Discussions took place in relation to the 3 outcomes set within the action plan.

Outcome One

Parents in the Larne area will be aware of the support available for them

Outcome Two

Young People from Larne area will leave School with the skills and qualifications to enter employment

Outcome Three

Yong People from Larne area will be aware of risks and where to obtain support of necessary

Information and further points under each outcome from today's meeting will be added to the action plan. For anyone wishing to receive a copy of the action plan email Gemma Lutton - gemma.lutton@northerntrust.hscni.net

UPDATE – RURAL PARENTS MORNINGS

Sandra noted funding was received through Northern Outcomes Group to deliver parental support to parents. After completed engagement with parents 4 key areas will be addressed which will cover Paediatric First Aid, Challenging Behaviours, Mental Health and Stress Management. Sandra has linked with Maureen Morrow and secured a venue in Glenlough Community Centre. Information sessions will be delivered from 10am – 12noon over 4 weeks and will take place on 1st February, 8th, 22nd and 29th February.

Sandra is hopeful to get a good number of parents attending. Crèche will be provided for those who need to avail of this. A flyer will be sent to the group for circulating to any parents.

ACTION: Sandra

UPDATE FROM MEMBERS

Liz Brown - Nicma

Refresher training is being rolled out for all registered childminders. NICMA have put together a refresher pack which is very interactive. Liz distributed the NICMA Training Bulletin with information on all courses running.

Bill Sheridan – BACCS

Going through a rebranding process. Funding was secured for this purpose and to change logo and staff uniform. Bill is hoping to get this finalised and in place in the New Year and will be contacting local press when complete to advertise. Greenland meets fortnightly in Glenlough Community Centre from 10am -12noon. Bill is working with 7 families at present and is looking to advertise to build up the service.

Tracey Colgan – PHA

Tracey noted she works with other partners and funds a number of programmes running throughout the Northern Trust. Within Larne there are a number of initiatives currently being provided. Energy Efficiency is provided through the council and funding has been granted for some keep warm packs. Schools Programme is taking forward energy efficiency and getting young people involved in energy efficiency. Information was given on Advice for Health project running through the 4 Citizen Advice Bureaus. A strand of the project supports clients with drugs and alcohol addictions.

Shirley Loughlin - Health Visiting

New Mums groups are running. These started in Larne last year. Hoping to plan for the next 6 months. Information has been provided to groups

on safety, baby massage, first aid, resuscitation and choking and all are very well attended. School Nursing has completed all Flu Vaccinations to Primary School children. There was a good uptake in the area and within the Northern area over 75% uptake of this.

Deborah Neill – Larne Community Development

Have 50-60 groups on a database and help is given to plan projects, access funding and Deborah is also involved in the community planning process. Deborah noted LCD are continuing to support community groups. Have a feedback page and website. Deborah also noted they have a meeting room that could be available for use. If anyone would like information contact Deborah.

David McAllister – Mid & East Antrim Borough Council

David noted number of young people has declined and he thinks this is due to the bus being out of service and won't be replaced. Looking at the provision for the area and pulling this together. David noted the bus was a good resource in the area and it is causing difficulties. A meeting is due to take place to identify if this will be replaced. The Bus was a result of engagement a number of years ago and no funding and no bus is having an impact on numbers and causing a lot of difficulties.

AOB

Nothing noted.

DATE OF NEXT MEETING

It was agreed that the next meeting will be held on **Tuesday 1st March 2016** at **10.30am** in **Sir Thomas Dixon Buildings, Larne.**

Please note start time for meetings will be 10.30am.