

# The Incredible Years Parenting Programme

**Promoting Positive Behaviours for Primary Aged Children.**

Delivered by Barnardo's, East Belfast Family Connections

**7<sup>th</sup> April – 30<sup>th</sup> June 2016**  
**10.00 – 12.00**  
**Venue – Belfast City Centre**

**The programme is designed to strengthen parenting skills, prevent and treat behaviour problems in children.**

## Topics Covered -

- ❖ Strengthening Children's Social Skills, Emotional Regulation, and School Readiness Skills
- ❖ Using Praise and Incentives to Encourage Cooperative Behaviours
- ❖ Household Rules, Routines, and Effective Limit Setting
- ❖ Positive Discipline, Handling Misbehaviour

**For more information please contact Judith on 029 9041 9069.**

To register your interest return the attached application/referral form to [judith.searle@barnardos.org.uk](mailto:judith.searle@barnardos.org.uk) or  
East Belfast Family Connection  
Tullycarnet Primary School  
Kings Road, Belfast BT5 7EH

Closing date Fri 11<sup>th</sup> March.

