

# **Cookstown Locality Planning Group**

## **Action Plan 2014-2016**



## **Introduction**

The following report provides a summary of the priorities identified by the Northern Locality Planning Groups as a result of outcomes based planning in their areas. Each group is made up of membership from the Statutory, Voluntary and Community Sectors. The report also sets out some of the actions taking place by each group. Details of the Northern CYPSP staff can be found at the end of the report.

## **EMERGING NEEDS**

Key discussion points which have taken place surrounding unmet need are around the following areas:

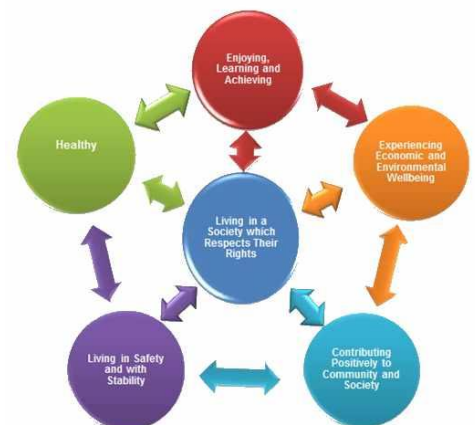
- Support for teenagers/ and families
- Support during relationship breakdown
- 0-4 support outside of Surestart areas
- 5-8 age group
- Autism Support/ ADHD
- Poverty
- Mental Health- support for parents
- Disability – Short Break for Parents and Social Activities for children

## What is a locality Planning Group?

A Locality Planning Group is a partnership of front-line staff from organisations across the statutory, voluntary and community sectors in the local area, together with children, young people and families. They are open to ALL organisations in the area and work together for ALL children.

Locality Planning Groups provide the bedrock for integrated planning: their knowledge is vital for identifying local need at an early stage and is therefore essential for planning early intervention services. By working together at a local level members of Locality Planning Groups can also avoid duplication of services and effort any by improving their knowledge of each other's services they can effectively signpost referrals to the right services.

The purpose of Locality Planning Groups is to improves outcomes for the children and young people in the local area. They do this by aiming to raise and support the social, health and educational development of children and young people in the area. Core to the work of the Locality Planning Group is the 6 high-level outcomes as laid out in the OFMDFM 10 Year Strategy for Children and Young People.



Early Intervention is critical for us to achieve long term success. The CYPSP have adopted the following broad and inclusive definition of early intervention, which has been developed by the Centre for Excellence and Outcomes for Children and Young People.

Early Intervention is 'intervening early as soon as possible to tackle problems emerging for children, young people and their families or with a population at risk of developing problems. Early Intervention may occur at any point in a child's life' ('Grasping the Nettle' Report 2009).

## Achievements of Cookstown Locality Planning Group

### Achievements in 2014

#### October

Supporting Siblings workshops – 2 workshops held to hear the voice of children and young people that have a brother or sister with Autism Spectrum Disorder (ASD)



**CYPSP**  
Children & Young People's Strategic Partnership

**Supporting Siblings Workshop**

We want to hear the voice of children and young people that have a brother or sister with Autism Spectrum Disorder (ASD)

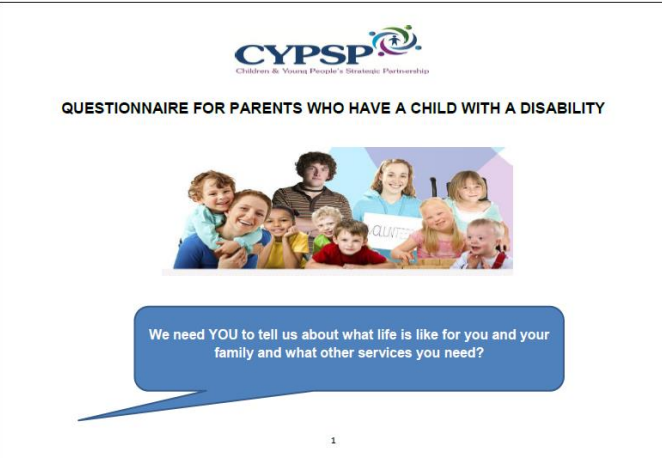
Tell us your needs at one of the workshops below;

**your voice counts**

Tuesday 21st October at 3:30pm - 4:30pm or  
Thursday 23rd October at 7:00pm - 8:00pm in  
the staff room in Cookstown Primary School  
(free refreshments will be provided)

Your voice will be used to try and make things better for siblings who live in families who have a brother or sister with an ASD diagnosis

RSVP TO:  
Sandra Anderson - Participation Development Officer  
Email: [sandra.anderson@northerntrust.hscni.net](mailto:sandra.anderson@northerntrust.hscni.net)  
Telephone: 028 2563 6609



**CYPSP**  
Children & Young People's Strategic Partnership

**QUESTIONNAIRE FOR PARENTS WHO HAVE A CHILD WITH A DISABILITY**

We need YOU to tell us about what life is like for you and your family and what other services you need?

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Questionnaires distributed to all parents whose children attend special needs schools in the Cookstown Locality. This is to identify the needs of families living in the Cookstown/Magherafelt Locality who have a child with a disability / additional need.

## Achievements in 2015

### **April**

Supporting Siblings – event held in Cookstown Leisure Centre for young people aged 10-18 who live in a family who have a brother or sister with an Autism Spectrum Disorder Diagnosis. Young people



### **April**

Top Tips Leaflet - A Top Tips leaflet was developed to give to young people with information on ASD. These have been distributed across the Northern Trust ASD teams as a resource for young people to use.



**The Cookstown LPG will endeavour to ensure that ALL children and young people are acknowledged as represented on the Locality Planning Group by the organisations working with them; and reach out to engage services that aren't currently represented.**

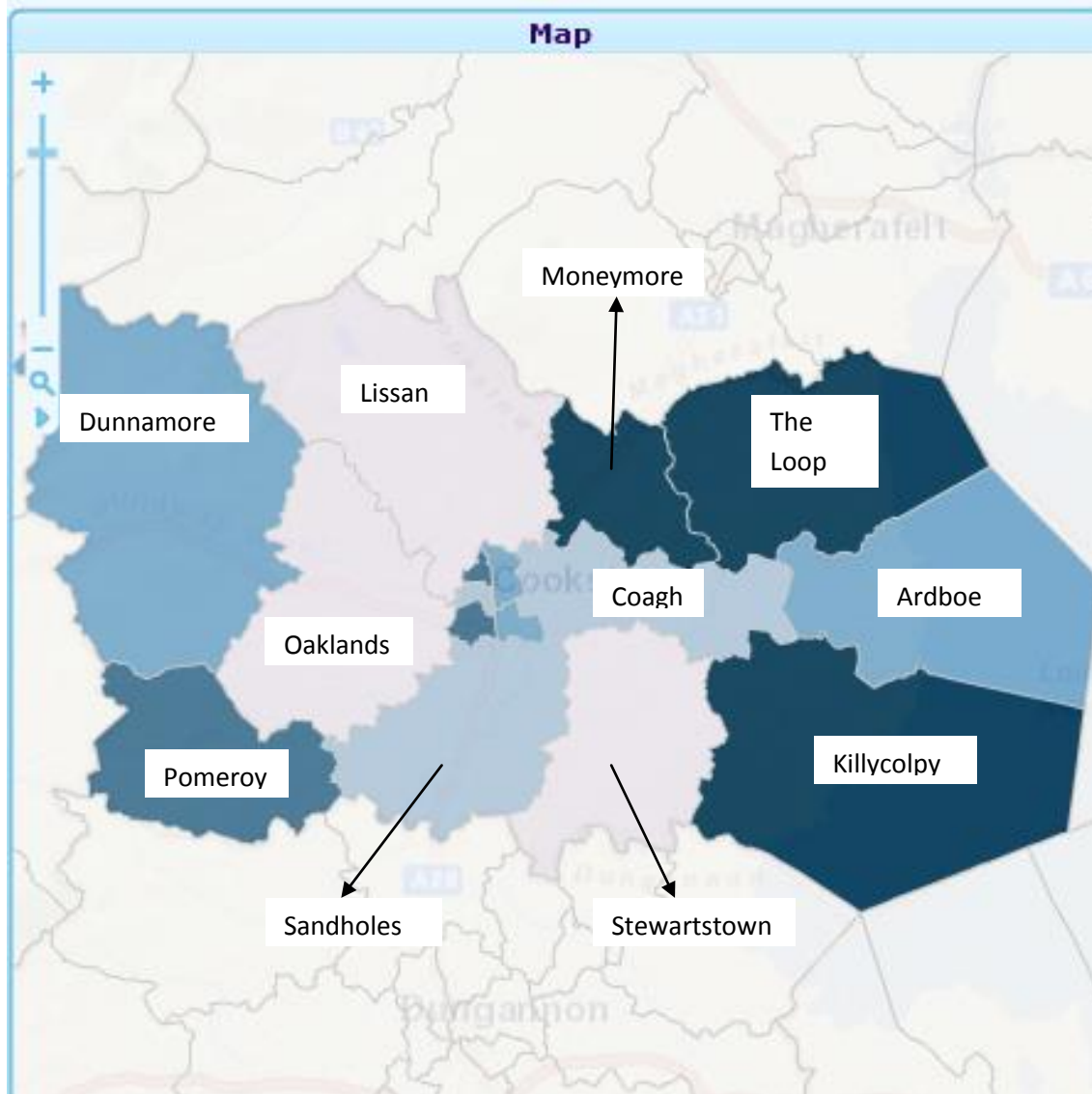
## Demographic of Cookstown LPG Area

The Cookstown Locality Planning covers the following ward areas: Ardboe, Coagh, Dunnamore, Gortalowry, Killycolpy, Killymoon, Lissan, Moneymore, Newbuildings, Oaklands, Oldtown, Oldtown, Pomeroy, Sandholes, Stewartstown, The Loop, Tullagh

Age Band	0-4	5to9	10to14	15-17	Total 0-17	Total Population	Number of families with children aged 0-18 (Census 2011)
Population in Cookstown LPG area (MYE2014)	2,870	2,692	2,420	1,566	9,548	37,871	4,918
Population of Northern Outcomes Group Area (MYE2014)	30,367	30,880	28,857	18,626	108,730	469,051	60,442
Children in Cookstown as percentage of children in Northern OG area	9.5	8.7	8.4	8.4	8.8	8.1	8.1



## Map of Wards in Cookstown LPG as of 2015



## If there were 100 children living in Cookstown...

(There are 9,548 children and young people living in Cookstown)

30 will be aged  
0-4 years

16 would  
be 15-17

25 will be 10-  
14 years old

40 will be  
breastfed

5 will have less than  
85% attendance in  
post primary school

3 will have a  
statement of special  
education needs

1 will be  
suspended  
from school

4 will have  
disabilities

3 will be a victim  
of Domestic  
Violence

24 will be  
entitled to free  
school meals

12 mothers will have  
smoked during  
pregnancy

82 will  
achieve 5+  
GCSES

9 will have less than  
85% attendance in  
primary school

26 have  
engaged in  
youth activities

1 will  
achieve no  
GCSES

6 will speak English  
as a second  
language in primary



## Background Reading

The work of the Cookstown LPG action plan is set in context of the CYPSP Children and Young People's Plan 2011-14 and 2015-18 and takes cognisance of other relevant strategies such as the following:

OFMDFM Our Children and Young People – Our Pledge 10 Year Strategy for Children and Young People in Northern Ireland 2006-2016

UNESCO Children and Youth Programme. Maternal Mental Health and Poverty. The impact on Children's Education (2013)

United Nations Convention on the Rights of the Child (UNCRC)

United Nations Convention on the Rights of Persons with Disabilities (UNCRPD)

OFMDFM Lifetime Opportunities Anti-Poverty and Social Inclusion Strategy for Northern Ireland (2006)

OFMDFM Improving Children's Life Chances the Child Poverty Strategy (2011)

DHSSPS Families Matters: Supporting Families in Northern Ireland. Regional Family and Parenting Strategy (2009)  
Delivering Social Change

Early Intervention and Transformation Programme

Bright Start

Early Years Action Plan

Bamford Action Plan

Priorities for Youth

PHA Making Life Better

## Outcome One

Young people age 16 + will have the skills, confidence and qualifications to enter employment.		
How are we going to achieve this?	Who are the Partners?	How will we know we have achieved this? How will be measure success?
Delivery of Resilience programme and encourage attendance in those already available locally.	Local Schools EA Youth Service EA Young Men's Support Worker All Members promoting service	Programmes delivered regularly locally
Emphasis on support for young men locally. Link in and refer to young men's support worker.		Young men's support worker to link with group and referrals made appropriately.
Closer links with schools and promote available programmes		Schools linked in with Locality Planning Group

## Outcome Two

<b>Young people with a disability and their parents have access to social activities and support.</b>		
<b>How are we going to achieve this?</b>	<b>Who are the Partners?</b>	<b>How will we know we have achieved this? How will be measure success?</b>
<b>All Members</b>		
<b>Social Activities in the area widely promoted for young people and families.</b>		<b>Group members promote through flyers invenues, word of mouth and social media</b>
<b>Funding sourced for a regular Saturday morning programme.</b>		<b>Programme started and families accessing support.</b>
<b>Disability Parents Forum available outside of Surestart boundaries</b>		<b>Disability Forum available and widely accessed.</b>

## Outcome Three

Families with English as a second language will be integrated into the community.		
How are we going to achieve this?	Who are the Partners?	How will we know we have achieved this? How will be measure success?
Young people will have skills, confidence and qualifications to enter employment.		School Results Employment Statistics
Young People access youth provision and integrate well.		Figures accessing compared to average.
Families have access to support when required.		Promote cultural integration project.

## Useful Contacts

**Chairperson:** Ursula Marshall  
(Cookstown Disability Forum)

Telephone: 028 8676 1805

Email: [Ursula.marshall@btinternet.com](mailto:Ursula.marshall@btinternet.com)

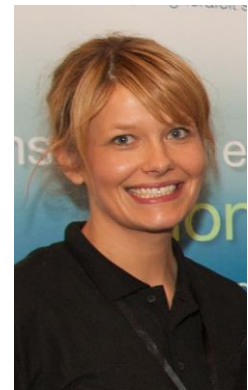


**Locality Development Coordinator:** Selena Ramsey

Selena supports and co-ordinates the work of all Locality Planning Groups within the NHSCT area and can be contacted on:

Telephone: 028 2563 6608

Email: [selena.ramsey@northerntrust.hscni.net](mailto:selena.ramsey@northerntrust.hscni.net)



**Participation Development Officer:** Sandra Anderson

Sandra supports the work of involving children, young people and parents in the planning process and can be contacted on:

Telephone: 028 2563 6609

Email: [sandral.anderson@northerntrust.hscni.net](mailto:sandral.anderson@northerntrust.hscni.net)



**Programme Support Officer:** Gemma Lutton

Gemma supports the locality and participation officer

Telephone: 028 2563 6615

Email: [gemma.lutton@northerntrust.hscni.net](mailto:gemma.lutton@northerntrust.hscni.net)



Further information on locality planning groups and how you can be involved can be found at [www.cypsp.org](http://www.cypsp.org)