

**CHILDREN AND YOUNG PEOPLE STRATEGIC PARTNERSHIP (CYPSP)
MINUTES OF EMOTIONAL AND BEHAVIOURAL DIFFICULTIES SUB-GROUP
FRIDAY 7 AUGUST 2015
COMMITTEE ROOM, SOUTH TYRONE HOSPITAL**

PRESENT:

Peadar White, CAMHS Head of Service, SHSCT (Chair)
Maurice Leeson, Children's Services Planning, HSCB
Alison Foster, Children's Services Planning Support Officer
Rosemary Murray, Barnardos Sixth Sense
Paula Keenan, Participation Network
Stephen Bergin, PHA

APOLOGIES:

Phil Lindsay, Barnardos
Catriona Rooney, HSCB
Mark Rogers, Extern
Valerie Maxwell, Children's Services Planning Information Manager
Pamela Hughes, Kids Together
Michael Heaney, Youth Justice Services
Stephen Rogers, CAMHS Lead Nurse
Pauline Curran, SELB Advisor

MINUTE TAKER:

Leanne Barry

PRIORITIES FOR ACTION

Children with Disability (including Intellectual Disability and Physical) – update on actions:-

<i>Actions from previous meeting</i>	<i>Update</i>
Kieran to identify representatives from the Disability Sub-group to attend this forum.	Rosemary attending as representative of same.
Valerie and Alison to collate support services currently available from the Family Support NI website and prepare a survey for completion to identify the number of young people accessing services and their presentations.	600+ organisations have been identified from the Family Support NI website. The Step 2 definition to be used to filter services and a definition for Step 1 and Step 2/3/4 to be devised and used to filter services.

Valerie and Alison to prepare a survey monkey with the CWD Team Leaders to ascertain what support is provided to build emotional resilience.	<p>Draft questionnaires were tabled and amendments suggested. Maurice to seek further clarification re amendments with Kieran McShane on Monday 10 August. The questionnaires will be added to the CSIB agenda and Catriona will disseminate specifically to CAMHS. Questionnaire content to be agreed electronically to avoid further delay in circulation.</p> <p>Extending the questionnaires to Education was suggested and Peadar will discuss same with Cathy Bell, as there may be available statistics re engagement with the school counselling service.</p>
Maurice to liaise with Maurice Meehan to obtain statistics re PHA commissioned programmes.	A review of the parenting programmes is planned to identify how many, who funds, etc and Maurice Meehan will be happy to share this information.
Catriona and Peadar to highlight the need for better interface between services via the Step Care Model's Local Implementation Team and Regional Steering Group.	The need for better interface between services have been highlighted at both the local and regional Step Care Model meetings. In addition the Rees Report also highlights the need to address the emotional well-being and mental health needs of children with a disability, including those with Intellectual Disability.
Peadar to attend meeting with the young people aligned with the Disability Sub-group.	Next meeting is planned for Monday 21 September 2015 and Peadar will attend.

Actions:

- **Definition of a Step 1 and a Step 2/3/4 service to be drafted and used to filter services on the Family Support NI website.**
- **Maurice to clarify points from the questionnaire with Kieran McShane and content to be agreed electronically to avoid delay in circulation.**
- **Peadar to discuss circulation of the questionnaire to Education with Cathy Bell.**

Youth Justice – Maurice raised the identified issues from this group at the Offending Sub-group. David Forde has announced a review of Youth Justice Services and Declan McKeown, Sub-group Chair will take a lead role in same, using this forum as a reference group for emotional well-being and mental health issues.

Maurice added that the Youth Justice Agency are prepared to invest time in helpful services and the importance of early intervention needs to be recognised, especially in the current financial climate and Michael's role will be to explore same.

Peadar queried when/where the impact of an arrest on a young person's emotional well-being and mental health was considered. It was acknowledged that the Youth Justice Agency would refer out to specialist services if issues arose and a process map of a young person's journey through the Justice system was completed, which indicated there were sufficient services involved. Rosemary noted Autism NI developed an ID Card for young people to carry and show to the PSNI to help their understanding of the presenting communications/behaviours, which would be beneficial. It was noted that agreement is required for use of a good universal template, as several have been developed.

PARTICIPATION NETWORK

Maurice reiterated that Fionnuala McAndrew is keen to involve young people and parents in co-production of services, exploring options and giving solutions and the Participation Network has been tasked to undertake same. Peadar noted that CAMHS are to commence an engagement process and he will discuss this further with Catriona.

Paula noted a scoping exercise re how to involve young people and parents in co-production will commence to look at what is out there what works well, what doesn't, etc and will present their ideas to this forum. She added that she has met with ID CAMHS re involving young people and parents in their service design and this will be explored further. Peadar asked that Rosemary be involved in future meetings to develop a proposed model of participation. He added that any he will cover any costs incurred re same.

MEMBERSHIP

Peadar queried whether CAMHS representation from other Trust areas should be attending this forum. Maurice agreed to discuss this with Catriona and feedback to the group.

- ***Action - Maurice to clarify with Catriona whether CAMHS representatives from other Trust areas should be attending the forum.***

CYPSP OUTCOMES GROUPS

Maurice noted that the Western Trust have chosen emotional well-being and mental health to act as a "critical friend" to look at new ways of working and tabled papers re same (see attached).

ANY OTHER BUSINESS

Rosemary advised that the child in need peer coaches commence in November in partnership with CAMHS. There will be five young people trained to work with ten young people per year over three years to provide ongoing support re their emotional well-being and mental health, as a social companion/mentor. Peadar noted that CAMHS would provide support re any arising issues, recognition of risk, etc.

Dates of Next Meeting

Friday 4 September 2015 @ 10.00 am – Committee Room, STH, Dungannon
Friday 2 October 2015 @ 10.00 am – Committee Room, STH, Dungannon
Friday 6 November 2015 @ 10.00 am – Committee Room, STH, Dungannon
Friday 4 December 2015 @ 10.00 am – Committee Room, STH, Dungannon