

**CHILDREN AND YOUNG PEOPLE STRATEGIC PARTNERSHIP (CYPSP)
MINUTES OF EMOTIONAL AND BEHAVIOURAL DIFFICULTIES SUB-GROUP
FRIDAY 5 JUNE 2015
COMMITTEE ROOM, SOUTH TYRONE HOSPITAL**

PRESENT:

Peadar White, CAMHS Head of Service, SHSCT (Chair)
Maurice Leeson, Children's Services Planning, HSCB
Alison Foster, Children's Services Planning Support Officer
Catriona Rooney, HSCB
Mark Rogers, Extern
Kieran McShane, Chair of CYPSP Disability Sub-group
Valerie Maxwell, Children's Services Planning Information Manager
Blaine McCartney, Barnardos Sixth Sense

APOLOGIES:

Phil Lindsay, Barnardos
Stephen Bergin, PHA
Pamela Hughes, Kids Together
Michael Heaney, Youth Justice Services
Paula Keenan, Participation Network
Stephen Rogers, CAMHS Lead Nurse
Pauline Curran, SELB Advisor

MINUTE TAKER:

Leanne Barry

MEMBERSHIP

It was noted that there is no representation from Education. As children with disabilities is a priority area, attendance by Marie Louise Hughes was suggested given her involvement with ASD and Education Psychology and it was agreed that an invite would be extended.

- **Action – Invite to be extended to Marie Louise Hughes to join the forum.**

PRIORITIES FOR ACTION

1. **Children with Disability (including Intellectual Disability and Physical) –**
Kieran was welcomed to the meeting. From the presentation provided by Dr Hanna at the last meeting, clear emotional well-being and mental health issues were highlighted, which were potentially being overshadowed by the disability.

It was noted that a Disability Sub-group is already established, to which this group can link into. Kieran noted that emotional well-being and mental health issues are included on the Sub-group's Action Plan. He acknowledged that the total number of young people with a disability in Northern Ireland is unknown, but a huge number would have complex health care needs and a multitude of other traumas, complicated by communication difficulties. Kieran agreed to identify representatives from the Disability Sub-group to attend this forum.

It was agreed that the function of both groups was to ensure access to the most appropriate service at a given time, if there is an assessed need. The UN Convention on the Rights of Persons with Disabilities adopts a social model of disability and defines disability as including *those who have long-term physical, mental, intellectual or sensory impairments which in interaction with various barriers may hinder their full and effective participation in society on an equal basis with others*. All young people believe in the social model whereby systemic barriers, negative attitudes and exclusion by society (purposely or inadvertently) means society is the main contributory factor in disabling people.

It was felt that an analysis of what services are currently available to support the emotional well-being and mental health needs of young people with a recognised disability should be undertaken. Kieran noted that some services accessed by young people would fall into adult services. Valerie advised that services providing support re emotional well-being and mental health could be identified via the Family Support NI website and a survey completed to identify the percentage of young people with a disability who access these services. The survey will also collate the presentations of these young people, including Autism. In addition Maurice suggested liaising with Maurice Meehan to obtain statistics re PHA commissioned programmes available.

It was also suggested the role of the Statutory CWD Teams re supporting the emotional well-being and mental health needs of young people and their families be scoped also. Kieran acknowledged that support is improving, with expertise being sought as and when required. Valerie advised that a short monkey survey could be undertaken with Team Leaders to ascertain what support is provided by the teams to build emotional resilience.

In addition better interface between service providers should be promoted and it was suggested that this be addressed via the Step Care Model's Local Implementation Teams and the Regional Steering Group.

The service user voice was reiterated to help redesign services and develop and Integrated Care Pathway. Kieran noted that the Disability Sub-group meet with young people outside of the meeting and invited Peadar to attend, which was accepted.

Actions:

- **Kieran to identify representatives from the Disability Sub-group to attend this forum.**

- **Valerie and Alison to collate support services currently available from the Family Support NI website and prepare a survey for completion to identify the number of young people accessing services and their presentations.**
- **Maurice to liaise with Maurice Meehan to obtain statistics re PHA commissioned programmes.**
- **Valerie and Alison to prepare a survey monkey with the CWD Team Leaders to ascertain what support is provided to build emotional resilience.**
- **Catriona and Peadar to highlight the need for better interface between services via the Step Care Model's Local Implementation Team and Regional Steering Group.**
- **Peadar to attend meeting with the young people aligned with the Disability Sub-group.**

2. **Youth Justice** – Maurice noted that the next meeting of the Offending Sub-group is scheduled for next week and identified issues from this group will be raised at same and feedback provided.

Actions:

- **Maurice to table issued identified from this group at the Offending Sub-group and feedback at the next meeting.**

CYPSP OUTCOMES GROUPS

Maurice noted that the Western Trust have chosen emotional well-being and mental health to act as a “critical friend” to look at new ways of working.

ANY OTHER BUSINESS

None noted.

Dates of Next Meeting

Friday 7 August 2015 @ 10.00 am – Committee Room, STH, Dungannon
 Friday 4 September 2015 @ 10.00 am – Committee Room, STH, Dungannon
 Friday 2 October 2015 @ 10.00 am – Committee Room, STH, Dungannon
 Friday 6 November 2015 @ 10.00 am – Committee Room, STH, Dungannon
 Friday 4 December 2015 @ 10.00 am – Committee Room, STH, Dungannon