

**CHILDREN AND YOUNG PEOPLE STRATEGIC PARTNERSHIP (CYPSP)  
MINUTES OF EMOTIONAL AND BEHAVIOURAL DIFFICULTIES SUB-GROUP  
FRIDAY 8 MAY 2015  
COMMITTEE ROOM, SOUTH TYRONE HOSPITAL**

**PRESENT:**

Peadar White, CAMHS Head of Service, SHSCT (Chair)  
Maurice Leeson, Children's Services Planning, HSCB  
Phil Lindsay, Barnardos  
Alison Foster, Children's Services Planning Support Officer  
Stephen Bergin, PHA  
Pamela Hughes, Kids Together  
Michael Heaney, Youth Justice Services  
Paula Keenan, Participation Network  
Stephen Rogers, CAMHS Lead Nurse

**APOLOGIES:**

Pauline Curran, SELB Advisor  
Catriona Rooney, HSCB  
Mark Rogers, Extern

**ALSO IN ATTENDANCE:**

Dr Heather Hanna, ID CAMHS Consultant

**MINUTE TAKER:**

Leanne Barry

Michael was welcomed to the meeting to provide expertise re Youth Justice. Paula was also welcomed to the meeting and her remit will be to how best to engage the voices of young people on the areas of work identified.

**PRESENTATION FROM DR HANNA – ID CAMHS**

Heather was welcomed to the meeting, as Lead Consultant for ID CAMHS, who provided a presentation of the service. (see attached)

It was noted that from the presentation there are clear emotional well-being and mental health needs for these young people and the CYPSP have a responsibility to clearly identify what actions are required. An action from the group will be to take advice from staff within the area and ensure the message is spread as wide as possible.

Maurice acknowledged that there will be implications for LAC and information re demand would be a good starting point, as often short breaks are provided to alleviate

pressures, however, the cause of the issues are not really addressed. In addition links with the SBNI were suggested with regard to arising Child Protection issues. Heather noted that the aim would be to work with young people during short breaks to proactively problem solve, develop skills, etc for use at home, however, this would require facilities to amend their Statement of Purpose. The incorporation of the experiences of young people is also vital when developing services and ways of hearing their message considered in accordance with their disability.

## **PRIORITIES FOR ACTION**

1. ***Children with Disability (including Intellectual Disability and Physical)*** – It was noted that the group can co-opt additional representatives onto the group and it was felt that Catriona and Kieran McShane should consider same. In addition the forum to consider further representation from the Voluntary Sector, Education, etc and suggestions forwarded to Leanne by 20 May 2015.

A scoping exercise was suggested to collate all dedicated emotional well-being and mental health services currently available. It was felt that Catriona and Kieran McShane could identify these, however, it was noted that a form of words would be required to exclude ADHD / ASD services and to include only those services recurrently funded.

### **Actions:**

- ***Maurice to liaise with Catriona and Kieran McShane to identify a CWD representative for this group.***
  - ***The group to suggest additional representatives via Leanne by 20 May 2015.***
  - ***Catriona and Kieran McShane to identify current available services providing emotional well-being and mental health services to young people with disabilities. However, a form of words to exclude ADHD / ASD services, but include only those recurrently funded to be drafted.***
  - ***Kieran McShane will attend the June meeting.***
2. ***Youth Justice*** – Michael noted that young people within the system are three times more likely to have a mental health issue. A number of workshops have been organised with representatives of the Youth Justice system with regard to the implementation of the Step Care Model and specific interface issues have been identified. Some issues are at a local level, however, some have a regional application. The issues have been shared with local colleagues, who advise similar issues in all other Trust areas. The police are often the first interface and training around understanding the presentation of ADHD, ASD, etc has been suggested. However, drugs and alcohol continue to be a big factor and further discussion/debate is required re same.

Michael also sits on the CYPSP Offending Sub-group and it was acknowledged that connections between both groups would be beneficial. In addition the need for a common assessment tool is on the agenda for the Offending Sub-group and CAMHS will be involved in the development of same.

Given that there are already two regional groups addressing issues of offending, it was felt that there was no need for an additional work group, but issues identified by this group would be fed into both groups.

**Actions:**

- ***Maurice and Michael to feed back issues from this group to the CYPSP Offending Sub-group.***
- ***Catriona to feed back issues form this group to the Regional Step Care Model Steering Group.***

**SERVICE USER PARTICIPATION**

Paula noted that work in commencing re service user participation and ways of engaging young people are being addressed.

**CYPSP OUTCOMES GROUPS**

Maurice noted that each group were asked to review an area of work from the sub-groups to look and consider outcomes from a multi-agency perspective. The Western Trust has expressed an interest in preventative emotional health and well-being. The purpose of the group is to act as a “critical friend”, given that there is no new money and new ways of working need to be considered.

The Southern Area has chosen BME and all Voluntary providers have been brought together with a view to using a particular model to improve service user outcomes with what resource currently exists.

**ANY OTHER BUSINESS**

None noted.

Peadar highlighted that the group are moving into uncharted territory and the need to plan and communicate was stressed. It was agreed that a further set of monthly meetings would be arranged for the next six months.

**Dates of Next Meeting**

Friday 5 June 2015 @ 10.00 am – Committee Room, STH, Dungannon  
Friday 10 July 2015 @ 10.00 am – Committee Room, STH, Dungannon  
Friday 7 August 2015 @ 10.00 am – Committee Room, STH, Dungannon  
Friday 4 September 2015 @ 10.00 am – Committee Room, STH, Dungannon  
Friday 2 October 2015 @ 10.00 am – Committee Room, STH, Dungannon  
Friday 6 November 2015 @ 10.00 am – Committee Room, STH, Dungannon  
Friday 4 December 2015 @ 10.00 am – Committee Room, STH, Dungannon