

Review of CYPSP Plan 2011-2014



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Statutory Basis for CSP Plan

- **The Children (1995 Order) (Amendment) (Children's Services Planning) Order 1998**
 - requires every Health and Social Services Board to prepare and publish plans for the provision of children's services within its area and to keep those plans under review. In preparing or updating its plans, a Health and Social Services Board is required to consult Health and Social Services trusts, education and library boards, district councils, certain voluntary organisations, the Northern Ireland Housing Executive, the Probation Board for Northern Ireland, the police and other relevant bodies. The Department of Health and Social Services may require a Health and Social Services Board's plan to be submitted to it at any time.



Children's Services Planning Guidance 1998 (DHSS/DENI/NIO)

Aims of Children's Services Planning:

- Promote the welfare of children
- Clarify strategic objectives in relation to services
- Promote integrated provision of service and effective use of available resources
- Ensure consistency of approach to planning
- Promote high standard of coordination and collaboration between *HSCB and Trusts* and between social care and health services
- Establish a high standard of coordination and collaboration between *HSCB and Trusts* and other agencies and organizations which have a contribution to make to effective provision of local services
- Facilitate joint commissioning by agencies when it is seen as appropriate to meet the needs of children



CYPSP - 4 Strategic Themes

- **Early Intervention**
 - Made a significant contribution to early intervention debate through work of planning structure and Family Support Hubs
- **Communicating with Government**
 - Core CYPSP messages of integrated planning and delivery Influenced development of Delivering Social Change and early Intervention Transformation Programme
- **Integration of Planning**
 - Developed a robust information system and established an integrated planning system across network of Outcomes and Locality Groups
- **Optimisation of Resources**
 - EITP at departmental level is a promising model but more to do at local level



Activate Integrated Commissioning to Improve Outcomes

- Developed a model for Integrated Commissioning
- Produced at Regional/Outcomes Group (5) / Locality level (27) integrated plans. Currently developing second cycle of plans
- Commissioned additional Family Support Services across the 5 Outcome Group areas
- Influenced the development of EITP
- Practical examples of integrated commissioning at local level-
Belong
- Integrated children's rights and planning

The Next Challenge

- Delivering more integrated commissioning at Outcomes Group level



Agree Strategic Direction for Early Intervention

- Position paper and definition which is now used by EIT
- Completed a strategic scan of all strategies relating to family support and early intervention
- Develop a framework for evaluation which is being piloted in a number of HSC contracts
- Model for assessing evidence base for Early Intervention services which is being piloted in CYPO regional subgroup
- **The Next Challenge**
- Mapping and evaluating existing early intervention services



Develop a Network of Family Support Hubs

- 23 Family Support Hubs now operational across NI
- Developed a set of quality standards which 65% of Hubs now work to and the others are moving to. Some interest from Primary Mental Health Hubs re adopting this model
- Dealt with 2308 families last year
- 92% of them were dealt within the timeframe established
- 90% took up the offer of help and 76% completed the programme/service offered
- 89% successful outcomes

The Next Challenge:

- Sustainability and building the evidence base



Audit Quality of Early Intervention Provision

- Developed a framework for evaluation with input from UNESCO Centre, NUI Galway
- Audit tool Worked with Centre for Effective Services (CES) to develop a model for assessing evidence base for services and have piloted this in CYPO regional subgroup. Promising interventions

The Next Challenge:

- Moving the audit and evaluation tools from pilot to implementation



Integrate Planning and Commissioning to Improve Outcomes- Regional Subgroups

- 11 thematic subgroups working on supporting vulnerable children
- Sample Regional subgroups achievements:-
 - Young carers awareness raising programme for education
 - Transition/disability engagement with young people - work on safeguarding and disability with QUB/SBNI
 - Think Family pilot programme with A falcov
 - Development of iCAMHS model of infant mental health
 - Primary mental health workers in FSH
 - Work done by CYPO group on early intervention and prevention infrastructure
 - Mapping work of services being undertaken on DV/CYPO



Integrate Planning and Commissioning to Improve Outcomes-Locality Planning Groups

- 27 Locality Planning Groups developing low cost and no cost solutions to local problems
- Raising awareness of family support service and building a local constituency of support
- Linking communities, politicians with local services
- Accessing small amounts of money to drive change
- Embedding outcomes based planning in local communities
- Dialogue with community about service planning and development - EITP



Integrate Planning and Commissioning to Improve Outcomes-5 Outcomes Groups

- 5 multi agency planning groups
- Developing integrated planning and commissioning
- Commissioned additional family support services linked to Hubs
- Support to Family Support Hubs and Locality Groups
- Linking with other planning partnerships to avoid duplication



Participation of Children and Young People

- Developed a strategy
- Moved to direct involvement in planning by children and young people
 - Disabled Children and Young Peoples Participation Project and work with chairs of Transition and Disability groups
 - Presented to Eurochild conference as model of good practice
- Built significant direct participation at Locality level

The Next Challenge:

- Increasing the direct influence of children and young people in our work



Think Family Leaflet

CYPSP

SO YOUR MUM OR DAD HAS A MENTAL ILLNESS...

Mental illness isn't talked about much but it is quite common. One in six people in Northern Ireland has a mental illness at any one time. Around the world one in four families has a family member with a mental illness. It can affect anyone, at any age, from any walk of life.

WHAT IS MENTAL ILLNESS?

It is usually fairly easy to tell if someone has a health problem - a bad cold, a broken leg or toothache. It's much harder to tell with a mental health problem. Basically it affects the way a person thinks, feels or acts. You may have noticed a change in your mum or dad.

- They may have lost interest in things they used to enjoy, and seem to be sad a lot of the time.
- Or they may seem to be very anxious and worried about small things.
- Or they may be afraid to leave the house or their room.
- Or they may drink a lot of alcohol and take drugs that don't come from the doctor.
- Or they may do the same things over and over again, much more than is normal.
- Or they may have noticeable mood swings - on top of the world for a while, then sinking into feeling sad.
- Or they may get angry more easily.
- Or they may have problems knowing what is real - seeing things that aren't there or believing that they are magical or that people are out to harm them.

Your parent's behaviour may seem weird and may be scary at times - it's important to know that their illness is making them act that way - and the illness can be treated.

WHAT CAUSES MENTAL ILLNESS?

No one knows for certain, it can happen for lots of reasons, but it is likely to be a mixture of different things.

- Sometimes it can be because the chemicals in the brain that control our emotions have got out of balance.
- It can be a result of serious worry and stress.
- It may be that something bad has happened - someone close dies, the person loses his or her job.
- It can happen because the person has been using dangerous drugs or drinking large amounts of alcohol.

The main thing to know is that you cannot cause another person's mental illness and you can't 'catch' it.



Participation of Parents

- Participation strategy developed
- Involvement of parents in our work at Outcome and locality group level
- Direct involvement in the production of CYPSP integrated plans
 - Parenting NI work with BME parents for Regional Sub Group
- Currently facilitating parental input to EITP



Communicating CYPSP Key Messages Effectively

- Effective suite of communication tools have been developed and regularly monitored
- Conference and workshop activity
- Publications on Family Support Hubs, Think Family, Participation
- Kept focus on 6 high level outcomes
- Kept focus on integrated outcomes based planning-work CSP started in 2004
- Created profile of CYPSP



Information on which planning and commissioning is based is up to date and fit for purpose?

- Developed and maintained a multi-agency planning and information system <http://www.cypsp.org/maps-demographic.html>
- Tracked indicators over time producing a suite of 'turning the curve' outcome monitoring reports <http://www.cypsp.org/publications.htm>



Information System

- Maintained 88 data sets
- Produced an ethnic monitoring system for HSC

The Next Challenge:

- Supporting a greater use of information
- Introducing the Report card system across our work
- Filtering our information system to report at level of new councils
- Working on a proposal to developing an Outcomes Unit to monitor population level outcomes of EITP



Information and Performance

InstantAtlas™ Report - Windows Internet Explorer
 http://www.outcomesforchildren.org/maps/cypsp/performance/atlas.html

InstantAtlas™ Report

Outcome: Healthy >> Percentage Mums smoking >> 2012

Performance Profile

NI Wards
 Background Mapping

Note: To Print/Export Right Click on Mouse

Indicator	Baseline08	NI Avg	Value	Trend	Performance
▼ Outcome: Healthy					
Percentage Mums smoking					
Percentage Mums who breastfed at Hospital Discharge					
Children with a Disability in receipt DLA 0-15 yrs R1000					
Percentage Dental Registrations Aged 0-2 yrs					
Percentage Dental Registrations Aged 3-5 yrs					
▼ Outcome: Enjoying, Learning, Achieving					
Percentage Primary Pupils Statemented					
Percentage Post Primary Pupils Statemented					
Percentage Primary Pupils less than 85% attendance					
Percentage Post Primary Pupils less than 85% attendance					
Percentage Primary Pupils English Additional Language					
Percentage Post Primary Pupils English Additional Language					
Percentage Achieving 5 GCSEs A*-C					
Percentage Achieving 2+ A levels (or Equiv)					
Percentage in Higher Education					
Percentage in Further Education					
Percentage School Leavers in Training/Employment					
▼ Outcome: Living in Safety, Stability					
Rate per 1000 Recorded Crimes all Offences					
Rate per 1000 Domestic Abuse Incidents and Crimes					
Rate per 1000 Violence against Person Incidents					
Violence Against the Person, Sexual Offences and Robbery R					
Rate per 1000 Criminal Damage Incidents					
Rate per 1000 Anti-Social Behaviour Incidents					
Rate per 1000 Road Traffic Casualties and Deaths					
▼ Outcome: Economic and Environmental Wellbeing					
Percentage of all Children (0-15) who are in Income Support					
Pupils with Free School Meals Entitlement % of all pupils in Pr					

Wrong Dir ↓ Wrong Dir ↑ No change — Right Dir ↓ Right Dir ↑ Good ● Poor ●
 NI avg ↓
 Poor □ Medium □ Good □
 — +



New CSP Plan

- Commitment in 2011-2014 plan to evaluate effectiveness of CYPSP
- Proposal is to do this alongside the development of the new 2015-2018 Plan

