CHILDREN’S SERVICES PLANNING
MINUTES OF MAGHERAFELT LOCALITY GROUP

FRIDAY 14TH NOVEMBER 2014 AT 10.00AM
NORTHERN REGIONAL COLLEGE, MAGHERAFELT

<table>
<thead>
<tr>
<th>Attending</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Marie Donaghy</td>
<td>NRC (Chair)</td>
</tr>
<tr>
<td>Clare McKay</td>
<td>NICMA</td>
</tr>
<tr>
<td>Sandra Anderson</td>
<td>CYPSP</td>
</tr>
<tr>
<td>Selena Ramsey</td>
<td>CYPSP</td>
</tr>
<tr>
<td>Gerry Lynch</td>
<td>CWSAN</td>
</tr>
<tr>
<td>Gerry McDonald</td>
<td>Think Drink, NHSCT</td>
</tr>
<tr>
<td>Gemma Lutton</td>
<td>CYPSP (Minute Taker)</td>
</tr>
<tr>
<td>Fiona Scullion</td>
<td>Early Years</td>
</tr>
<tr>
<td>Linda Wylie</td>
<td>PHA</td>
</tr>
<tr>
<td>Marietta Duffin</td>
<td>Newlife Counselling</td>
</tr>
<tr>
<td>Martina Watson</td>
<td>Mid Ulster Women’s Aid</td>
</tr>
<tr>
<td>Mary Tennyson</td>
<td>Gold Surestart</td>
</tr>
<tr>
<td>Maurice McLaughlin</td>
<td>Believe in Youth</td>
</tr>
<tr>
<td>Michael McCrory</td>
<td>Magherafelt District Council</td>
</tr>
<tr>
<td>Zara Campbell</td>
<td>Early Years</td>
</tr>
<tr>
<td>Ruth McDowell</td>
<td>Smoking Cessation, NHSCT</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Apologies</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Terry Hamill</td>
<td>NEELB</td>
</tr>
<tr>
<td>Martin McCann</td>
<td>TIPSA</td>
</tr>
<tr>
<td>Lindsay Cunningham</td>
<td>PSNI</td>
</tr>
<tr>
<td>Lisa Montgomery</td>
<td>MASTS</td>
</tr>
<tr>
<td>Vicky Boland</td>
<td>NHSCT</td>
</tr>
<tr>
<td>Phil Lindsay</td>
<td>Barnardos</td>
</tr>
<tr>
<td>Teresa O’Kane</td>
<td>NHSCT</td>
</tr>
<tr>
<td>Deirdre Keenan</td>
<td>NHSCT</td>
</tr>
</tbody>
</table>

WELCOME AND INTRODUCTIONS

Marie welcomed the group and apologies were noted. A round of introductions took place from all present.
MINUTES OF PREVIOUS MEETING

The minutes were agreed as being a true and accurate recording of the previous meeting held on Friday 12\textsuperscript{th} September 2014.

MATTERS ARISING

Obesity

Selena noted Clare McKeown has been invited to attend a future meeting to present the report on obesity statistics to the group.

PRESENTATION – CLARE MCKAY, NICMA

Clare provided some background to NICMA, a child-minding association working to support and develop registered home-based childcare. The organisation is currently supporting over 2400 child-minders in Northern Ireland.

The services provided by NICMA were outlined with some being - support for home-based childcare, training for existing child-minders, online vacancy service, publications and policy packs.

Clare noted the biggest selling resource for child-minders is the cash book and register. Child-minders use this resource to record everything in this book for end of year tax returns. Receipts also have be kept and returned for proof of purchases. This proves to be a really useful resource.

Another resource NICMA provides is a policy pack. This details all 29 policies child-minders are required to have in place. This is available to NICMA members for free and non-members for £25. Child-minders have to review their policies every year. Support services available to child-minders were also outlined by Clare.

Clare provided information on an app which has been developed.

- Child Development 0-6
  This app provides instant access to high quality information on child development norms relevant to the 0-6 year’s age group. This is free and available to download now.

NICMA provide a number of training courses and information was given on the various courses provided. There is an option for most of these, to complete online and print off your own certificate.

A resource pack was given to everyone present containing information on everything presented by Clare.
Anyone wishing to receive further information please contact Clare McKay, Child-minding Development Officer.

Telephone: 077 3975 3188  Email: clare.mckay@nicma.org

PRESENTATION – GERRY MCDONALD, THINK DRINK

Gerry McDonald is the Impact of Alcohol Portfolio Manager covering the Northern Trust area. This is a Big Lottery funded programme with the aim to reduce the harm to individuals, families and communities directly affected by alcohol misuse. It was noted NI has a serious problem with alcohol. 72% of people in NI drink alcohol.

Gerry distributed a new leaflet ‘Think Drink’ which has been developed since rebranding of the project has taken place. The leaflet has a self-assessment questionnaire and if answered correctly will identify what at risk category the person completing scores. Gerry noted he will be developing further resources around this leaflet and a website will be up and running in coming months.

Gerry also distributed a copy of a presentation to the group. The presentation highlighted that the Northern Trust wants to leave a legacy after the portfolio has ended of empowered communities who will deliver the vision:

- “That individuals, families and communities throughout its area will confidently take the initiative to reduce the impact of alcohol misuse”.

Statistics were noted in the presentation with one given: it is estimated that alcohol misuse in Northern Ireland costs 900 million every year to areas such as healthcare, policing, prison and social services.

Gerry explained the 4 projects which form the Impact of Alcohol Portfolio.

- Believe in Youth
  Peer education and specialised alcohol intervention programmes delivered directly when and where young people congregate and socialise.

- Relationships and Alcohol Misuse
  Supporting and improving family relationships through counselling and reducing financial, work pressures and poverty: through advice and advocacy for families most affected by these issues.

- Healthy Body, Healthy Mind
  Recognise, understand and support individuals and families affected by both mental health and alcohol problems through mentoring, education and targeted support interventions.
• Older Focus

Increasing recognition, understanding and skills around the hidden problem among care providers and families and providing specialist intervention support for older people.

For more information on this Initiative contact Gerry McDonald on 028 8672 3937 or 028 2563 6606. Email gerry.mcdoanld@northerntrust.hscni.net

Gerry introduced Maurice to the group who will be providing information on the Believe in Youth Project. Maurice provided information on the peer education programme. 8 peer educators are involved in this work and there are 3 main elements to the project.

• Intervention element – engaging with young people already using alcohol

• Signposting – signpost to other services

• Preventative – one goal is to delay the onset of drinking behaviour. Targeting 10-12 year olds for early intervention.

Peer Educators are currently working in communities around Ballymena. Maurice is involved in mapping and consultation to extend the project and wants to widen to areas throughout the Northern Trust. Feedback has been received from TIPSA as they are currently delivering services in the Magherafelt area. Maurice stated he is keen to work in the Magherafelt area through TIPSA primarily so services are not being duplicated.

Maurice provided information on Community Champions. Community Champions are interested in reducing the harm of alcohol to young people. The Community Champions will go through a range of training programmes, OCN Drug and Alcohol training in order to build their knowledge. They will be supervised when completing work with young people.

Maurice provided details for anyone wanting to get in touch for further information or to link with. Contact Maurice McLaughlin on 075 8788 0386.

PRESENTATION – RUTH MCDOWELL, SMOKING CESSATION

Ruth McDowell is the Smoking Cessation Nurse covering the Northern Trust area. Ruth is currently running clinics in Antrim and Newtownabbey and wants to bring a clinic to Mid-Ulster.

Ruth provided information to the group on the services delivered as part of Stop Smoking Service. A confidential stopping smoking service is provided to each referral received from a person wishing to stop smoking. Contact will be made with
each person, their particular needs will be identified and each person will be set up on their own medication therapy. Ruth noted the average person will take up to 8 times to successfully quit smoking. The service is tailored to individuals needs and group therapy can be delivered or one to one support.

Ruth distributed referral forms to the group for anyone wishing to make referrals. Referrals can come from anyone and the referral criteria is explained on the hand-out.

For more information on this service contact Ruth McDowell on 028 2563 5470. Email RuthE.Mcdowell@northerntrust.hscni.net

UPDATE – SUPPORTING FAMILIES

Sandra provided information regarding the engagement that has been completed in the Cookstown and Magherafelt locality and also the Supporting Siblings Workshops carried out to date.

Engagement has been completed with parents who have a child with a disability / additional need within the Cookstown and Magherafelt Locality in the form of a paper based questionnaire.

Parents whose children with disability / additional needs who attend the following schools where asked to complete the questionnaire provided;

- Cookstown Primary School ASD / Learning Disability Class
- Sperrinview Special School Dungannon
- Kilronan Special School Magherafelt
- Magherafelt High School Learning Disability Class

Questionnaires asked parents what support their child with a disability was receiving and what additional support their child, them as parents and their family would benefit from. A response of 60 questionnaires has been received.

The purpose of questionnaires is to try and source funding to meet the needs of the child with disability / additional needs and the family.

ASD Supporting Siblings Workshops

Sandra noted CYPSP together with the NHSCT ASD Team have arranged workshops across the Northern Trust area to identify the needs of siblings who live in families were a brother or sister has an ASD diagnosis. These workshops have currently been held in the Cookstown and Carrickfergus Locality
To date engagement has been completed with 15 young people aged from 7 years to 14 years. It is anticipated that additional workshops will be scheduled throughout the Northern Trust area in December / January.

The purpose of the engagement workshops is to obtain evidence of the needs of siblings who live in families were a brother or sister has an ASD diagnosis and to apply for funding to meet the needs of these young people as a result of this.

**ACTION PLAN – DEFINING PRIORTIES FOR ACTION**

Michael, Marie and Selena had a meeting to discuss the action plan ensuring the needs of the people in the community are being met.

The outcomes and actions identified to be completed were outlined to the group and discussed.

**Communication**

- The importance of information sharing was envisaged and to continue this.
- Food banks – link with Heather Boyd who is running food bank in the town centre of Maghera.
- Cookstown set up a food bank forum who meets every quarter.

**Obesity**

- Clare McKeown invited to future meeting to provide statistics
- Smoothie bike to be purchased
- Cooking courses to be delivered for young people

**Health Fair**

Marie is organising a health fair and is planning this for February 2015. The Schools are interested in the event being for teachers and parents, providing information on all issues and who to contact. 5 Schools agreed to promote it to their parents in support. Marie noted she would also like 2-3 speakers at this health fair and to focus on issues such as Mental Health/Internet Safety and Online Reputation. The health
fair will be held in Magherafelt High School from 4pm – 7pm and once a date is confirmed Marie agreed to send out details.

**Action: Marie**

**Dyslexia Programme**

An email was circulated for funding opportunities and funding is available up to £2000. An application will be submitted to run this programme again.

**Youth Fair**

- A youth fair for Year 11’s was discussed.

Members were invited to form a subgroup in order to move these actions forward. Members wishing to participate and who will make up the subgroup are:

Ann Marie McStocker
Marie Donaghy
Michael McCrory
Sandra Anderson
Selena Ramsey
Terry Hamill

**UPDATE – FAMILY SUPPORT HUBS**

It was noted the next Family Support Hub meeting will take place on 26th November at 10am in Barnardo’s office. Bigger numbers are attending the meetings and more referrals are coming in for the area. Selena noted she will meet with Claire McKay regarding linking with the Magherafelt Locality Planning group.

**MEMBER UPDATES**

**Michael McCrory – Magherafelt District Council**

Michael provided information on a number of community planning events currently taking place. One was held last night with 70 people attending. The purpose of these events is to give people the opportunity to help develop the first Mid Ulster Community Plan and for people attending to have their say on how services are and will be delivered in the future.
Terry Hamill – NEELB

Information on ‘Create and Perform’ will be circulated to the group. This is an 18 week course starting on 26 January 2015 and is aimed at young people aged 13-19 years.

Linda Wylie - PHA

Linda noted a number of training courses will be coming up in January. A Cook It programme will also be starting. The NICHI project are currently developing a Health Alliance Website.

ANY OTHER BUSINESS

Nothing Noted.

DATE AND TIME OF NEXT MEETING

It was agreed that the next meeting would take place on Friday 9th January 2015 at 10.00am in Northern Regional College, Magherafelt Campus.