Family Support Hub

• Strategic Context
• What is a Family Support Hub?
• Purpose of Hubs
• Hub Host Agencies
• How to make a referral to a Hub
• Supporting families
Strategic Context to Development of Family Support Hubs

- Focus on early intervention
- Focus on Family Support
- Intervening early and as soon as possible to tackle problems emerging for children, young people and their families... early intervention may occur at any point in a child or young person’s life’ (C4EO, 2010)

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<th>Families Matter 2009</th>
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<tr>
<td>OFMDFM Delivering Social Change Programme</td>
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<td>CYPSP – Southern Outcomes Group &amp; HSCB</td>
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<td>Transforming Your Care 2011</td>
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What is a Family Support Hub?

Hub Membership includes:

SHSCT Gateway Service, CAMHS, Young Peoples Partnership Health Visiting, NIACRO Caps Project, Women's Aid, Education Welfare Service, Homestart, Surestart, South Down Family Health Initiative

Early Intervention and Family Support Services

Statutory Voluntary & Community Partners

Joint Collaboration

Solution Focused

Informal and Flexible

Multi-Agency network
What is the Purpose of a Family Support hub?

• To help Families access the support services they need
• To know what services are in our community and know how to access them
Objectives of the Hub

• To identify and help families to access appropriate family support services at the earliest point;
• To coordinate existing early intervention family support services across the statutory, community and voluntary sector;
• To support stronger collaboration between key agencies who provide family support services;
• To improve awareness and increase knowledge about family support services in the local community;
• To identify and address unmet need with partner agencies
Hub Host Agencies

- Three family support hubs were established in the Southern Area in April 2012
- Three interim host agencies from community and voluntary sector
  - Armagh Hub – Barnardos (Young People’s Partnership)
  - Portadown Hub – NIACRO (CAPS)
  - Newry Hub – (South Down Family Health Initiative)
- The hub host agency facilitate a hub meeting once per month in each locality
How to make a referral

- Referrals can be made by completing the family support hub referral form and forwarding this to familysupporthubs@southerntrust.hscni.net
- All referrals should have signed consent;
- Referrals are presented to a hub meeting which takes place once per month in each locality;
- Information treated confidentially;
- Following multi-disciplinary discussion, appropriate support services for the family are identified;
- Family and referrer informed of supports to be offered.
Some needs of families referred to Hubs

Presenting Issues

• Family Breakdown
• Parenting Difficulties
• Emotional & Behavioural Difficulties
• Isolation
• Mental Health
• Unemployment and Debt
• Domestic Violence.

Referral by Age of Children

Approx 30 families referred per month

• 0-4 yrs 24%;
• 5-11yrs 36%;
• 12-15 yrs 22%;
• 16-17yrs 20%;
Case Study

- Mum presented to GP – 13 Year old daughter behavioural difficulties. Mum finding it difficult to cope.

- Moved to new area due to marital breakdown and stigma of older siblings criminal record.

- GP referred to Gateway – no child protection concerns so redirected to Hub.

- Hub recommended – Caps Support 12 year old, YPP for 13 year old, CAMHS assessment for both children.
Support provided & Outcomes:

- 1-1 weekly support for 12 & 13 year olds
- Parenting support for mum
- Housing Advice – Damp, wanted to move area, unhappy in home.
- Budgeting / Debt Advice – SVP & Buttle Trust referral
- Education Support for children – Linked in with EWO & Behaviour Support Team
- Mum – referral to CPN through GP
- Positive engagement with Services – previously reluctant
- Increased confidence/emotional well-being for mum & girls
- Financially budgeting better
- Increased school attendance
- Behaviour at home settled
- Children better linked to community supports
- Support to continue for another 3-6 months
It takes a whole village to rear a child
Keeping families centre stage!
Developing confidence and self-esteem

Collective responsibility - empowering families
Knowledge of services available
Best use of resources, purpose of our work

Family based, non-stigmatising service
Holistic response - one support leads to another
Thanks for listening... Any Questions?

Interactive Session - Four groups
How do we work together to achieve better outcomes for children and young people of Craigavon?

What are the needs of children and young people in Craigavon?