

**CYPSP**  
Children & Young People's Strategic Partnership



family  **HSB**  
Support  
SHSCT Area



# Family Support Hub

- *Strategic Context*
- *What is a Family Support Hub?*
- *Purpose of Hubs*
- *Hub Host Agencies*
- *How to make a referral to a Hub*
- *Supporting families*

# Strategic Context to Development of Family Support Hubs

- Focus on early intervention
- Focus on Family Support
- *Intervening early and as soon as possible to tackle problems emerging for children, young people and their families... early intervention may occur at any point in a child or young person's life' (C4EO, 2010)*

Families Matter 2009

OFMDFM Delivering Social Change Programme

CYPSP – Southern Outcomes Group & HSCB

Transforming Your Care 2011

# What is a Family Support Hub?

*Hub Membership includes:*

*SHSCT Gateway Service, CAMHS,*

*Young Peoples Partnership*

*Health Visiting, NIACRO Caps Project,*

*Women's Aid, Education Welfare Service,*

*Homestart, Surestart,*

*South Down Family Health Initiative*

*Early Intervention and Family  
Support Services*

*Statutory Voluntary &  
Community Partners*

*Joint Collaboration*

*Solution Focused*

*Informal and Flexible*

*Multi-Agency network*



# What is the Purpose of a Family Support hub?

- To help Families access the support services they need
- To know what services are in our community and know how to access them



# Objectives of the Hub



- To identify and help families to access appropriate family support services at the earliest point;
- To coordinate existing early intervention family support services across the statutory, community and voluntary sector;
- To support stronger collaboration between key agencies who provide family support services;
- To improve awareness and increase knowledge about family support services in the local community;
- To identify and address unmet need with partner agencies

# Hub Host Agencies

- Three family support hubs were established in the Southern Area in April 2012
- Three interim host agencies from community and voluntary sector
  - Armagh Hub – Barnardos (Young People's Partnership)
  - Portadown Hub – NIACRO (CAPS)
  - Newry Hub – (South Down Family Health Initiative)
- The hub host agency facilitate a hub meeting once per month in each locality

# How to make a referral

- Referrals can be made by completing the family support hub referral form and forwarding this to [familysupporthubs@southerntrust.hscni.net](mailto:familysupporthubs@southerntrust.hscni.net)
- All referrals should have signed consent;
- Referrals are presented to a hub meeting which takes place once per month in each locality;
- Information treated confidentially;
- Following multi-disciplinary discussion, appropriate support services for the family are identified;
- Family and referrer informed of supports to be offered.



# Some needs of families referred to Hubs

## Presenting Issues

- Family Breakdown
- Parenting Difficulties
- Emotional & Behavioural Difficulties
- Isolation
- Mental Health
- Unemployment and Debt
- Domestic Violence.

## Referral by Age of Children

Approx 30 families referred per month

- 0-4 yrs 24%;
- 5-11yrs 36%;
- 12-15 yrs 22%;
- 16-17yrs 20%;

## Case Study

- Mum presented to GP – 13 Year old daughter behavioural difficulties. Mum finding it difficult to cope.
- Moved to new area due to marital breakdown and stigma of older siblings criminal record.
- GP referred to Gateway – no child protection concerns so redirected to Hub.
- Hub recommended – Caps Support 12 year old, YPP for 13 year old, CAMHS assessment for both children.

# Support provided & Outcomes..

- 1-1 weekly support for 12 & 13 year olds
- Parenting support for mum
- Housing Advice – Damp, Wanted to move area, unhappy in home.
- Budgeting / Debt Advice – SVP & Buttle Trust referral
- Education Support for children – Linked in with EWO & Behaviour Support Team
- Mum – referral to CPN through GP
- Positive engagement with Services – previously reluctant
- Increased confidence/emotional well-being for mum & girls
- Financially budgeting better
- Increased school attendance
- Behaviour at home settled
- Children better linked to community supports
- Support to continue for another 3-6 months





*It takes a whole village to rear a child*

*Keeping families centre stage!*

*Developing confidence and self-esteem*



*Collective responsibility, - empowering families*

*Knowledge of services available*

*Best use of resources, purpose of our work*



*Family based, non-stigmatising service*

*Holistic response - one support leads to another*





*Thanks for listening... Any Questions?*